THE WHOLE BOOKE OF PSALMES

BIBL. CANT. ACAD.

Collected into Englisſh meeter, by Thomas Sternhold, Iohn Hopkins, *and others: conferred with the Hebrew; with apt Notes to ſing them withall.*

Set forth and allowed to be ſung in all *Churches, of all the people together, before and after Morning and Euening Prayer, as alſo before and* after Sermons: and moreouer in priuate houſes, for their godly ſolace and comfort, laying apart all vngodly Songs and Ballads, which tend only to the nourißing of vice, and corrupting of youth.

IAMES. V.

If any be afflicted, let him pray: and if any be merry, let him ſing Pſalmes.

LONDON,
Printed for the COMPANY of Stationers. 1623.

CVM PRIVILEGIO.

1028:94

A TREATISE MADE BY
Athanasius the great, concerning the vse and vertue of the *Psalmes*.

ALL holy Scripture is certainely the teacher of all vertue and of true Faith: but the Booke of the Psalmes doth expresse after a certaine manner, the very state and condition of the Soule. For as he which intendeth to present himselfe to a King, first will compound with himselfe to set in good order both his gesture & his speech, least else he might be reputed rude & ignorant: euen so doth this godly Booke informe all such as be desirous to leade their life in vertue, and to know the life of our Sauiour, which hee led in his conuersation, putting them in mind in the reading thereof, of all their affections and passions whereof their soule is inclined.

Moreouer, the Psalmes informe and teach euery man with diuers instructions, whereby he may not only espie the affections & state of his Soule, and to winne a good patterne and discipline, how hee may please God; but also with what forme of words he may amend himselfe, and how to giue God due thankes, least if he should speake otherwise then were conuenient, should fall into impiety, by his vnreuerent estimation of God, for wee must all make an account to the Iudge, as well of our euill deedes, as of our idle words.

IF therefore thou wouldest at any time describe a blessed man, who he is, and what thing maketh him to be so, thou hast the 1. 32. 41. 112. 128. Psalmes.

2 If thou wouldest rebuke the Iewes for their spight they haue to Christ: thou hast the second Psalme.

3 If thine owne familiars pursue thée, & if many rise against thée, say the 3. 143. Psalmes.

4 If thus in trouble thou hast called on God, and hast tarried vpon his helpe, and wouldest giue him thankes for that he heard thée, with his helpe, sing the 4. 40. 116. Psalmes.

5 If that thou séest that euill men lay snares for thée, and therefore desirest Gods eares to heare thy prayer, sing the 5. Psalme.

6 If thou séelest Gods dreadfull threates, and séest thy selfe afraid of them, thou mayst say the 6. 38. 88. Psalmes.

7 If any take counsell against thée, as Achitophell did against Dauid, if thou be admonished thereof, sing the 7. Psalme.

8 If thou in the beholding the grace of our Sauiour spread on euery side, especially for the restoring of mankind to saluation, and wouldest speake thereof in meditation to God: sing the 8. Psalme.

9 If so againe, thou wilt sing in giuing thankes to God, for the prosperous gathering of thy fruits, vse the 8. Psalme.

10 If thou wouldest haue thine aduersarie kept backe, and the soule saued, trust not in thy selfe, but in the Sonne of God, singing the 9. Psalme.

11 If thou perceiuest God to bée wroth with his people, as though hee regarded them nothing, thou hast to pacifie him to complaine thereof, 10. 60. 74. Psalmes.

12 If any man would put thée in feare, haue thou thy hope in God, & sing the 11. Psalme.

13 If thou beholdeſt the pride of any man, and ſeeſt malice to abound, ſo that there is no godlineſſe among men, repaire then to God, and ſay the 12. Pſalme.

14 If thine aduerſarie lie long in waite againſt thée, deſpaire not, as though God had forgotten thée, but call vpon the Lord, and ſing the 13. 22. 61. Pſalmes.

15 If thou heareſt any to blaſpheme God in his prouidence, be not partaker with them in wickedneſſe, but make haſt to God, and ſay the 14. 55. Pſalmes.

16 If thou deſireſt to know who is a Citizen of heauen, ſing the 15. Pſalme.

17 If thou haſt néed of prayer for ſuch as be againſt thée, & haue cloſed thy Soule on euery ſide, ſing the 16. 17. 86. 141. Pſalmes.

18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thée, ſing thou the 18. 89. Pſalmes.

19 If thou doeſt wonder at the order of things created by God, conſidering the grace of the diuine prouidence, ſing the 19. 24. Pſalmes.

20 If thou ſeeſt a man in aduerſity, comfort him, & pray for him with the 20. Pſalme.

21 If thou perceiueſt thy ſelfe to be defended & fed by God, and to liue proſperouſly, reioyce therein, and ſing the 23. Pſalme.

22 If thine enemies conſpire againſt thée, lift vp thy ſoule to God, and ſay the 24. Pſalme, and thou ſhalt eſpy them to labour but in vaine againſt thée.

23 If thine enemies clutter againſt thée, and goe about with their bloudy hands to deſtroy thée, goe not thou about by mans helpe to reuenge it, for all mans Iudgements are not truſty: but deſire God to be Iudge, for hée alone is Iudge, and ſay the 26. 35. 43. Pſal.

24 If they preſſe more fiercely on thée, though they be in number like an armed hoaſt, feare them not which thus reiect thée, as though thou wert not annoynted & elected of God, but ſing the 27. Pſalme.

25 If they be yet ſo impudent that lay waite againſt thée, ſo that it is not lawfull for thée to haue any vocation by them, regard them not, but ſing to God the 28. Pſalme.

26 If thou wilt exhort & prouoke Kings & Princes to ſubmit their powers to God, and to regard his honour, ſing the 79. 82. Pſalmes.

27 If thou renue & build thine houſe, both of thy ſoule, whereto thou receiueſt God to hoſt, and of thy temporall habitation, ſing the 30 48. 127. Pſalmes.

28 If thou ſeeſt thy ſelfe had in hate for the truths ſake, of thy friends & kinſfolkes, leaue not off thy purpoſe, nor feare them which bée againſt thée, but thinke on them which follow, and ſing the 31. Pſalme.

29 If thou beholdeſt ſuch as be baptized, & ſo deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32. Pſalme.

30 If thou delighteſt to ſing among many, call together righteous men of Godly life, and ſing the 33. Pſalme.

31 If by chance thou falleſt among thine enemies, and yet haſt fortunately eſcaped them, if therefore thou wilt giue thankes, call together méeke men, and ſing the 35. Pſalme.

32 If thou ſeeſt wicked men contend amongſt themſelues to doe miſchiefe, thinke not that their nature doth impell them by neceſſity to worke ſin againſt their will, as certaine heretickes ſuppoſe, but conſider the 36. Pſalme, and thou ſhalt ſée that they bee to themſelues their owne occaſion of ſinning.

33 If thou ſeeſt how wicked men doe much wickedneſſe, & that yet ſimple folke praiſe ſuch, when thou wilt admoniſh any man not to follow them, nor to belike vnto them, becauſe they ſhall be ſhortly rooted out & deſtroyed, ſpeake to thy ſelfe & to the other the 37. Pſalme.

34 If thou haſt decréed to take héede to thy ſelfe, and ſeeſt thine enemies approach nie thée, as to ſuch the aduerſarie is more prouoked to come with aſſault, and therefore wilt prepare thy ſelfe, ſing the 39. Pſalme.

35 If thou ſeeſt many poore men to beg, and wilt ſhew pitty to them, thou maieſt both thy ſelfe receiue to mercy, & alſo exhort others to doe the ſame, ſaying the 41. Pſalme.

36 If thou haſt a deſire to God-ward, and heareſt thine enemies to vpbraid thée, bée not troubled, but conſider what fruit of immortalitie riſeth to thée for this deſire, comfort thy ſoule with hope to God, and ſo therein relieuing and aſſwaging the heauineſſe of thy life,

ſay

ſay the 42. Pſalme.

37 If thou wilt remember Gods benefits which hée did to their Fathers, both in their out going from Egypt, and in the deſart, and how good God was vnto them, but they vnthanke full to him. Thou haſt the 44.78.89.102.106.114.117. Pſalmes.

38 If thou haſt made thy refuge to God, and haſt eſcaped ſuch trouble as was prepared againſt thée, if thou wilt giue thankes and ſhew out his kindnes to thée, ſing the 46. Pſal.

39 If thou wilt know how to giue thankes to God, when thou doſt reſort to him with vnderſtanding ſound, ſing the 47.48. Pſalmes.

40 If thou wilt exhort men to put their truſt in the liuing God, who miniſtreth all things abundantly to good mens vſe: and blameth the madneſſe of the world, which ſerueth their God Mammon ſo inordinately, ſing the 49. Pſalme.

41 If thou wouldeſt call vpon the blind world for their wrong confidence of their brute ſacrifices, and ſhew them what ſacrifice God hath moſt required of them, ſing the 50. Pſal.

42 If thou haſt ſinned, and art conuerted & moued to doe penance, deſirous to haue mercy, thou haſt words of confeſſion in the 51. Pſalme.

43 If thou haſt ſuffered falſe accuſation before the King, and ſéeſt the Diuell to triumph thereof, goe aſide and ſay the 52. Pſalme.

44 If they which perſecute thée with accuſations, would betray thée, as the Phariſies did Ieſus, and as the Aliants did Dauid: diſcomfort not thy ſelfe therewith, but ſing in good hope to God the 45.69 57. Pſalmes.

45 If thine aduerſaries which trouble thée, doe vpbraid thée, and that they which ſéeme to be thy friends, ſpeake moſt againſt thée: whereupon if in thy meditation thou art ſomewhat grieued thereat, thou maieſt call on God, ſaying the 55. Pſalme.

46 If perſecution come fierce on thée, and vnawares chaunce to enter into the Caue where thou hideſt thy ſelfe, feare not, for in this ſtraite thou ſhalt haue expedient words both to comfort thée, and put thée in old remembrance with the 57. 142. Pſalmes.

47 If thou wilt confound Hypocrites which make glorious ſhewes outwardly, ſpeake their conuerſion with the 58. Pſalme.

48 If thy purſuers command thy houſe to bée watched, when thou art eſcaped, giue thanks to God, and graue it in the tables of thy heart, for a perpetuall remembrance, and ſay the 59. Pſalme.

49 If thine enemies cruelly aſſault thée, and would catch thy life, offer thy ſubiection to God againſt them, and bée of good comfort: for the more they rage, the more ſhall God ſubdue them, and ſay the 62. Pſalme.

50 If thou flyeſt perſecution, and getteſt thée into a wilderneſſe, feare thou not, as though thou wert alone, but hauing God nigh vnto thée, riſe vnto him earely in the morning, ſinging the 63. Pſalme.

51 If thine enemies would put thée in feare, and neuer ceaſe to lay traines for thée, and picke al manner of quarrels againſt thée, though they be very many, giue no place to them, for the darts of babes ſhall bée their deſtruction, if thou ſaiſt the 61.68.70.71. Pſalmes.

52 If thou wilt laud God with a Pſalme or Himne, ſing the 65.66. Pſalmes.

53 If thou askeſt mercy of God, ſing the 67. Pſalme.

54 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96.98. Pſalmes,

55 If thou haſt néed to confeſſe God with thankes, ſing the 71.75.92.108.111.118.136. 138.195. Pſalmes.

56 If thou ſéeſt wicked men proſper in peace, be not offended thereat, but ſay the 73. Pſal.

57 If thine enemies haue beſet the waies whither thou fleeſt, and art thereby in great anguiſh, yet in this trouble deſpaire not, but pray, and if thy prayer be heard, giue GOD thankes, and ſay the 77. Pſalme.

58 If thy perſeuere ſtill, and defile the houſe of God, kill the elect, and caſt their bodies to the foules of the ayre, feare not their cruelty, but ſhew pitty to them which be in ſuch agony, and ſay the 79. Pſalme.

59 If thou wilt informe any man with the myſtery of the reſurrection, ſing the 81. Pſalme.

60 If thou wilt ſing to the Lord, call together Gods ſeruants on the feaſtuall day, and ſing the 81.95.134. Pſalmes.

61 If thy aduerſaries flock together on euery ſide, and threate to deſtroy the houſe of God,

and make their conſpiracies againſt the religion, let not the number & power trouble thée, for thou haſt an anker of the words of the 83. Pſalme.

62 If thou callеth an eie to Gods houſe and to his eternall Tabernacles, and haſt a deſire thereto as the Apoſtle had, ſay thou alſo the 84. Pſalme.

63 If Gods wrath be ceaſed, and the captiuity ended, thou haſt cauſe how to giue thankes to God with Dauid, recounting his goodneſſe to thée & others, with the 76. 85 116. Pſal.

64 If thou wilt rebuke Paynims & Heretikes, for that they haue not ỹ knowledge of God in them, thou maieſt haue an vnderſtanding to ſing to God the 86. 115. Pſalmes.

65 If thou wilt ſée & know the diſſent that the Catholike Church hath from Schiſme, and wouldeſt conuert them, or to diſcerne the Church concerning the outward appearance and formes thereof, thou maieſt ſay the 87. Pſalme.

66 If thou wouldeſt know how Moſes prayed to God, and in his meditation recounting the brittle eſtate of mans life, deſired God to direct ſo his ſhort life, that hée might follow wiſedome, reade the 90. Pſalme.

67 If thou wouldeſt comfort thy ſelfe & others in true Religion, and teach them that hope in God, hée will neuer ſuffer a ſoule to be confounded, but make it bould without feare, for Gods protection, ſing the 91. Pſalme.

68 If thou wilt ſing on the Sabboth day, thou haſt the 92. Pſalme.

69 If thou wilt ſing on the Sunday in meditation of Gods holy word, deſiring to bé inſtructed therein, whereby thou maieſt reſt in Gods moſt holy will, and ceaſe from all the workes and doctrines of vaine men, reuolue that noble Pſalme 119.

70 If thou wilt ſing the Second day of the Sabboth, thou haſt the 95. Pſalme.

71 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.

72 If thou wilt ſing the Fourth day of the Sabboth, ſing the 94. Pſalme, for then when the Lord was betrayed, he began to take vengance on death, & to tryumph ouer it: therefore when thou readeſt the Goſpell, wherin thou heareſt the Iewes to take counſell againſt the Lord, and that he ſtandeth boldly againſt the diuell, then ſing the foreſaid Pſalme.

73 If thou wilt ſing on good Fryday, thou haſt a commendation of the Pſalme 93. for then was the houſe of Gods Church builded, and grounded ſoundly, though the enemies went about to hinder it: for which cauſe ſing to God the ſongs of triumphant victory, with the ſaid pſalme, and with the 98. and 129. Pſalmes.

74 If there be any captiuitie wherein thy houſe is laid waſt, and yet builded againe, ſing the 96. Pſalme.

75 If the land be vexed with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore, ſing the 97. Pſalme.

76 If thou conſidereſt the prouidence of God in his gouernance ſo ouer all, and will inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100. 147. Pſalmes.

77 If thou doeſt acknowledge in God his iudiciall power, & that in iudgement he mixeth mercy, if thou wilt draw nigh vnto him, thou haſt the words of the Pſalme 101. to the end.

78 If for the imbecility of thy nature, thou art weary with the continuall miſeries and griefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102. Pſalme.

79 If thou wilt giue thankes to God, as it is moſt conuenient & due for all his gifts: when thou wilt ſo doe, thou haſt how to reioyce thy ſelfe therevnto with the 103. 104. Pſalmes.

80 If thou wilt prayſe God, and alſo know how, and for what cauſe, and with what words thou maieſt beſt doe it, conſider the 113. 117. 133. 145. 147. 148. 149. 150. Pſalmes.

81 If thou haſt faith to ſuch things as God ſpeaketh, and beléeueſt that which in prayer thou vtteréſt, ſay the Pſalme 116. to the end.

82 If thou feeleſt thy ſelfe to riſe vpward in degrées of well working, as though thou ſayeſt with Saint Paul, I forget thoſe things which be behind me, and ſet mine eyes on thoſe things which be before me, thou haſt the 120. Pſalme.

83 If thou béeſt holden in thraldome vnder ſtraying and wandering thoughts, and feeleſt thy ſelfe drawne by them, whereof thou art ſorry, then ſtay thy ſelfe from thenceforth, and tarrry where thou haſt found thy ſelfe in fault, ſet thée downe and mourne thou alſo as the Hebrew people did, and ſay with them the 137. Pſalme.

84 If thou perceiueſt that temptations be ſent to proue thée, thou oughteſt after ſuch temptations to giue God the thankes, and ſay the 139. Pſalme.

85 If yet thou be in bondage by thy enemies, and wouldeſt faine be deliuered, ſay the 140. Pſalme.

86 If thou wouldeſt pray and make ſupplication, ſay the 141. 142. 143. Pſalmes.

87 If any tyrannous enemie riſe vp againſt the people, feare thou not more then Dauid did Goliah, but beléeue like Dauid, and ſing the 144. Pſalme.

88 If thou art elect out of low degrée, ſpecially before other to ſome vocation to ſerue thy bretheren, aduance not thy ſelfe to high againſt them in thine owne power, but giue God his glory, who did chooſe thée, and ſing the 145. Pſalme.

89 If thou wilt ſing of obedience, praying God with Alleluia, thou haſt the 105. 106. 107. 111. 112. 113. 114. 115. 117. 135. 146. 148. 149. 105. Pſalmes.

90 If thou wilt ſpecially of our Sauiour Chriſt, thou haſt of him in euery Pſalme, but moſt chiefly in the 25. 45. 110. Pſalmes.

91 Such Pſalmes as ſhew his lawfull generation of his Father, and his corporall preſence, be the 11. 69. Pſalmes.

92 Such as doe prophecie before of his moſt holy croſſe and paſſion, telling how many deceitfull aſſaults he ſuſtained for vs, and how he ſuffered, be the 2. 119. Pſalmes.

93 Such as expreſſe the malicious enemie of the Iewes, and the betraying of Iudas, are the 21. 50. 55. 69. 72. 109. Pſalmes.

94 Such as deſcribe his agony in his paſſion, death, ſepulcher, be the 22. 88. Pſalmes.

95 For his dominion and preſence in the fleſh, read the 116. Pſalme.

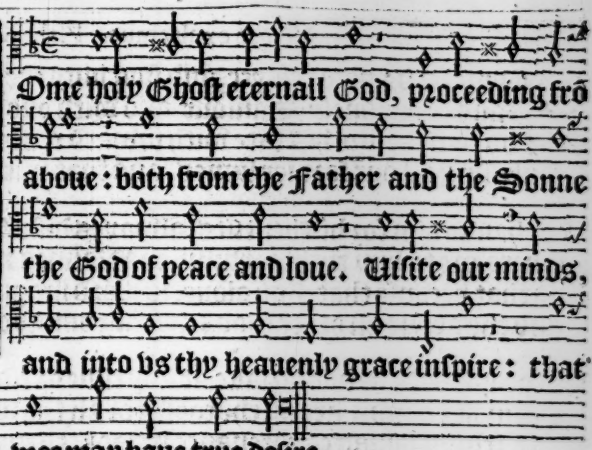
96 Such as ſhew his glorious reſurrection of body, be 44. 47. Pſalmes.

97 Such as ſet out his aſcention into heauen, are the 93. 96. 98. 99. Pſalmes.

98 And that he ſitteth at the right hand of his Father, the 110. Pſalme maketh manifeſt.

99 Such as ſhew that hée hath authority of his Father to iudge, expreſſing his iudiciall power, both in condemning the diuell, and all wicked nations, are the 56. 72. 82. Pſalmes.

FINIS.



Thou art the very Comforter in all woe and distresse:
the heauenly gift of God most hie, which no tongue can expresse.
The fountaine and the liuely spring of ioy celestiall,
the fire so bright, the loue so cleare, and vnction spirituall.

Thou in thy gifts art manifold, whereby Christs Church doth stand:
in faithfull hearts writing thy Law, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace,
that through thy helpe, the praise of God may stand in euery place.

O holy Ghost into our wits send downe thy heauenly light,
kindle our hearts with feruent loue, to serue God day and night:
Strength and stablish all our weaknes, so feeble and so fraile:
that neither flesh, the world, nor diuell, against vs doe prenaile.

Put back our enemies farre from vs, and graunt vs to obtaine
peace in our hearts with God and man, without grudge or disdaine.
And graunt (O Lord) that thou being our leader and our guide,
we may eschew the snares of sinne, and from thee neuer slide.

To vs such plenty of thy grace, good Lord graunt we thee pray,
that thou maist be our comforter at the last dreadfull day.
Of all strife and dissention, O Lord dissolue the bands:
and make the knots of peace and loue throughout all Christian Lands.

Grant vs (O Lord) through thee to know, the Father most of might,
that of his deare beloued Sonne we may attaine the sight:
And that with perfect faith also we may acknowledge thee,
the spirit of them both alway, one God in persons three.

Laud and praise be to the Father, and to the Sonne equall,
and to the holy Spirit also, one God coeternall:
And pray we that the onely Sonne vouchsafe his Spirit to send
to all that doe professe his name, vnto the worlds end.

Venise

Venite exultemus. Pſal. XCV.

O Come let vs now reioyce, and ſing vnto the Lord,
and to our onely Sauiour alſo with one accord.
O let vs come before his face with inward reuerence,
confeſſing all our former ſinnes, and that with diligence.

To thanke him for his benefits, alwayes diſtributing:
wherefore to him right ioyfully, in Pſalmes now let vs ſing.
And that becauſe that God alone, is Lord magnificent,
and eke aboue all other Gods, a King omnipotent.

His people doth he not forſake at any time or tide,
and in his hands are all the coaſts of all the world ſo wide.
And with his louing countenance he looketh euery where:
and doth behold the tops of all the mountaines far and neare.

The ſea, and all that is therein are his, for he them made:
and eke his hand hath faſhioned the earth, which doth not fade.
O Come therefore and worſhip him, and downe before him fall,
and let vs weepe before the Lord, the which hath made vs all.

He is our God, our Lord and King, and we his people are:
his flocke, and ſheepe of his paſture, on whome he taketh care.
This day if ye will heare his voyce, yet harden not your heart,
As in the bitter murmuring, when ye were in Deſert.

Which thing was of their negligence, committed in the time
of trouble in the wilderneſſe, a great and grieuous crime.
Where as your fathers tempted me, and tride me euery way:
they proued me, and ſaw my workes, what I could do or ſay.

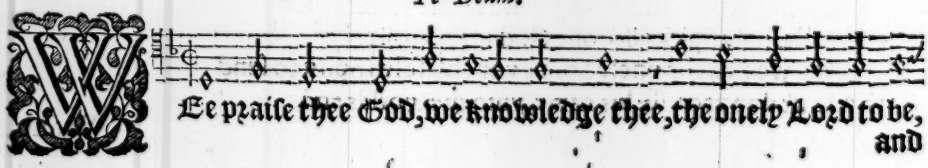
This forty yeares I haue been grieu'd with all this generation,
and euermore I ſaid they erred in their imagination.
Wherewith their hearts were ſore combred, long time and many dayes:
wherefore I know aſſuredly, they haue not knowne my waies.

To whome I in mine anger ſwore, that they ſhould not be bleſt,
nor ſee my ioy celeſtiall, nor enter in my reſt.

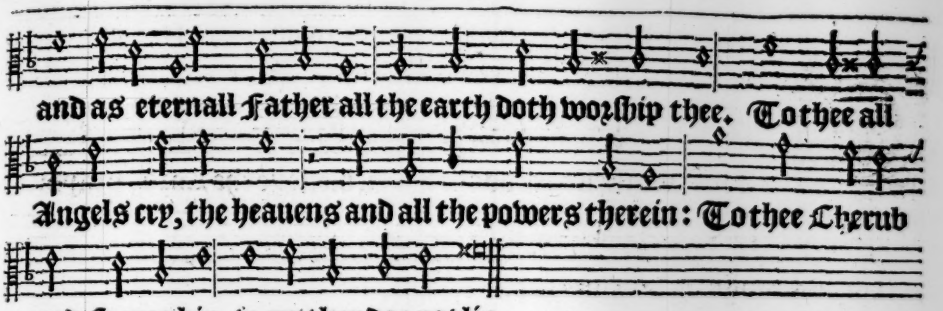
Gloria Patri.

All laud and prayſe be to the Lord, O that of might art moſt,
to God the Father, and the Sonne, and to the holy Ghoſt.
As in the beginning was, for euer heeretofore:
as is now as this preſent time, and ſhall be euermore.

The ſong of Saint *Ambroſe*, called
Te Deum.



WE praiſe thee God, we knowledge thee, the onely Lord to be,
and



O Holy, Holy, Holy Lord, of Sabboth Lord the God:
through heauen and earth thy prayse is spread, and glory all abroad.
The Apostles glorious company, yeeld prayses vnto thee:
the Prophets goodly fellowship, prayse thee continually.

The Noble and victorious hoast of Martyrs sound thy prayse:
the holy Church throughout the world, doth knowledge thee alwaies.
Father of endlesse Maiesty, they doe acknowledge thee:
thy Christ, thine honorable, true, and onely Sonne to be.

The holy Ghost the Comforter, of glory thou art king:
O Christ, and of the Father art the Sonne euerlasting.
When sinfull mans decay in hand thou tookest to restore,
to be inclosde in Virgins wombe thou diddest not abhore.

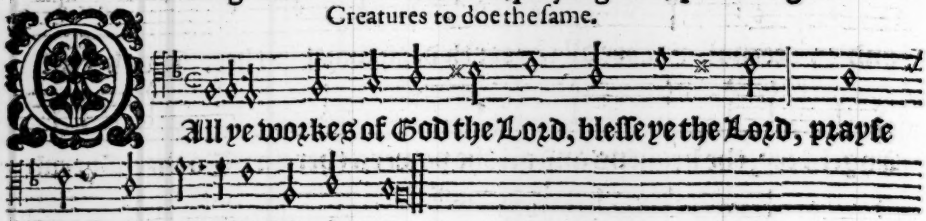
When thou hadst ouercome of death, the sharpe and cruell might:
thou heauens kingdome didst set ope to each beleeuing wight.
In glory of the Father thou doest sit on Gods right hand:
wee trust that thou shalt come our Judge, our cause to vnderstand.

Lord helpe thy seruants, whom thou hast bought with thy precious blood
and in eternall glory set them with thy Saints so good.
O Lord doe thou thy people saue, blesse thine inheritance:
Lord gouerne them, and Lord doe thou for euer them aduance.

We Magnifie thee day by day, and world withouten end
adore thy holy Name, O Lord, vouchsafe vs to defend
From sinne this day. Haue mercy Lord, haue mercy on vs all:
and on vs as wee trust in thee, Lord let thy mercy fall.

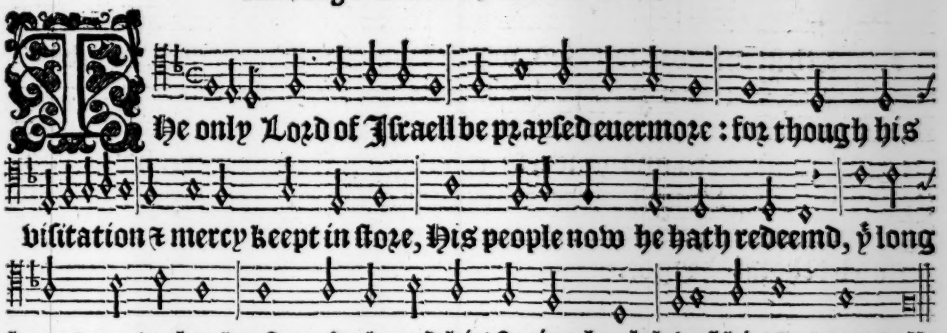
O Lord, I haue reposed all my confidence in thee:
put to confounding shame therefore, Lord let me neuer be.

The Song of the Three Children, prayſing God, prouoking all Creatures to doe the ſame.



2 O ye the Angels of the Lorꝛd, bleſſe ye the Lorꝛd,
prayſe him and magnifie him forꝛ euer.
3 O ye the ſtarry heauens hie, bleſſe ye the Lorꝛd,
prayſe him and magnifie him forꝛ euer.
4 O ye waters aboue the skie, bleſſe ye the Lorꝛd, &c.
5 O ye the powers of the Lorꝛd, bleſſe ye the Lorꝛd, &c.
6 O ye the ſhining Sun and Moone, bleſſe ye the Lorꝛd, &c.
7 O ye the gliſtring Starres of heauen, bleſſe ye the Lorꝛd, &c.
8 O ye the ſhowers and dꝛopping dew, bleſſe ye the Lorꝛd, &c.
9 O ye the blowing winds of God, bleſſe ye the Lorꝛd, &c.
10 O ye the fire and warming heate, bleſſe ye the Lorꝛd, &c.
11 Ye Winter and Summer tide, bleſſe ye the Lorꝛd, &c.
12 O ye the dews and binding frosts, bleſſe ye the Lorꝛd, &c.
13 O ye the frost and chilling cold, bleſſe ye the Lorꝛd, &c.
14 O ye congealing Iſe and Snow, bleſſe ye the Lorꝛd, &c.
15 O ye the nights and lightſome dayes, bleſſe ye the Lorꝛd, &c.
16 O ye the darkeneſſe and the light, bleſſe ye the Lorꝛd, &c.
17 O ye the lightnings and the clouds, bleſſe ye the Lorꝛd, &c.
18 O let the earth eke bleſſe the Lorꝛd, yea bleſſe the Lorꝛd, &c.
19 O ye mountaines and the hils, bleſſe ye the Lorꝛd, &c.
20 O all ye greene things on the earth, bleſſe ye the Lorꝛd, &c.
21 O ye the euer-ſpꝛinging Wels, bleſſe ye the Lorꝛd, &c.
22 O ye the ſeas, and ye the flouds, bleſſe ye the Lorꝛd, &c.
23 Whales, and all that in the waters moue, bleſſe ye the Lorꝛd, &c.
24 O all ye flying Fowles of the ayꝛe, bleſſe ye the Lorꝛd, &c.
25 O all ye beaſts and cattle eke, bleſſe ye the Lorꝛd, &c.
26 O ye the childꝛen of mankind, bleſſe ye the Lorꝛd, &c.
27 Let Iſraell eke bleſſe the Lorꝛd, yea bleſſe ye the Lorꝛd, &c.
28 O ye the pꝛieſts of God the Lorꝛd, bleſſe ye the Lorꝛd, &c.
29 O ye the ſeruants of the Lorꝛd, bleſſe ye the Lorꝛd, &c.
30 Ye ſpirits and ſoules of righteous men, bleſſe ye the Lorꝛd, &c.
31 O ye holy and ye meeke of heart, bleſſe ye the Lorꝛd, &c.
32 O Ananias bleſſe the Lorꝛd, bleſſe thou the Lorꝛd,
prayſe him and magnifie him forꝛ euer.
33 O Azarias bleſſe the Lorꝛd, bleſſe thou the Lorꝛd,
prayſe him and magnifie him forꝛ euer.
34 And Miſaell bleſſe thou the Lorꝛd, bleſſe thou the Lorꝛd,
prayſe him and magnifie him forꝛ euer.

The Song of *Zacharias*, called *Benedictus*.



In Dauids house his seruant true, according to his mind,
and also his annoynted King as we in Scripture find.
As by his holy Prophets all, oft times he did declare,
the which were since the world began, his waies for to prepare.

That we might be deliuered from those that make debate,
our enemies, and from the hands of all that doe vs hate.
The mercy which he promised our Fathers to fulfill,
and think vpon his couenant made according to his will.

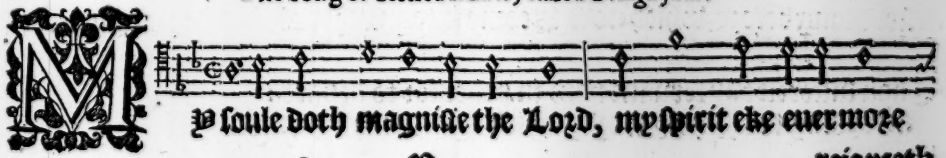
And also to performe the oath, which he before had sworne
to Abraham our Father deare, for vs that were forlorne.
That he would giue himselfe for vs, and vs from bondage bring,
out of the hands of all our foes, to serue our heauenly King.

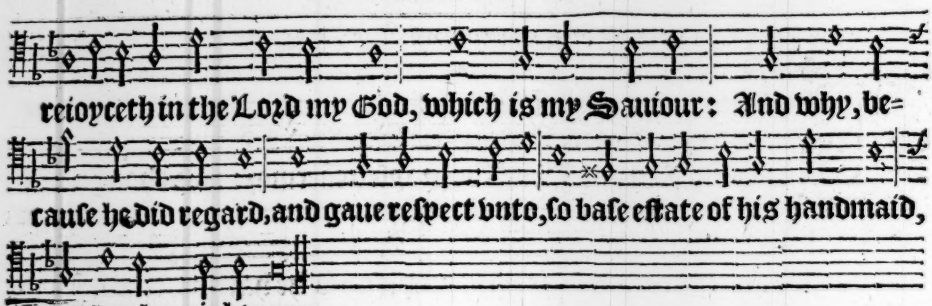
And that without all manner feare, and eke in righteousnesse,
and also for to leade our liues in steadfast holinesse.
And thou O Child which now art borne, and of the Lord elect,
shall be profit of the highest, his waies for to direct.

For thou shalt goe before his face for to prepare his waies,
and also for to teach his will, and pleasure, all thy dayes.
To giue them knowledge how that their saluation is neere,
and that remission of sinnes is through his mercy meere.

Whereby the Dayspring from on hye, is come vs for to visite:
and those for to illuminate, which doe in darkenesse sit.
To lighten those that shaddowed be with death, and eke oppresst:
and also for to guide our feete the way to peace and rest.

The Song of blessed *Marie*, called *Magnificat*.





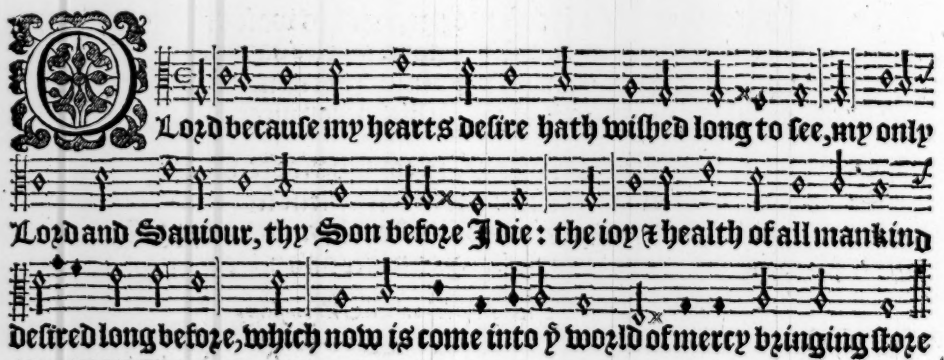
For now behold all nations, and generations all,
from this time forth for euermore, shall me right blessed call.
Because he hath me magnified, which is the Lord of might:
whose name be euer sanctified, and praysed day and night.

For with his mercy and his grace all men he doth inflame,
throughout all generations, to such as feare his Name.
He shewed strength with his great arme, and made the proud to start,
with all imaginations, that they beare in their heart.

He hath put downe the mighty ones from their surpernall seat,
and did exhort the meeke in heart, as he hath thought it meete.
The hungry he replenished with all things that were good:
and through his power, he made the rich oft times to want their food.

And calling to remembrance his mercy euery deale,
hath holpen vp assistantly, his seruant Israell.
According to his promise made to Abraham before,
and to his seede successiuely, to stand for euer more.

The Song of *Simeon*, called *Nunc Dimittis*.



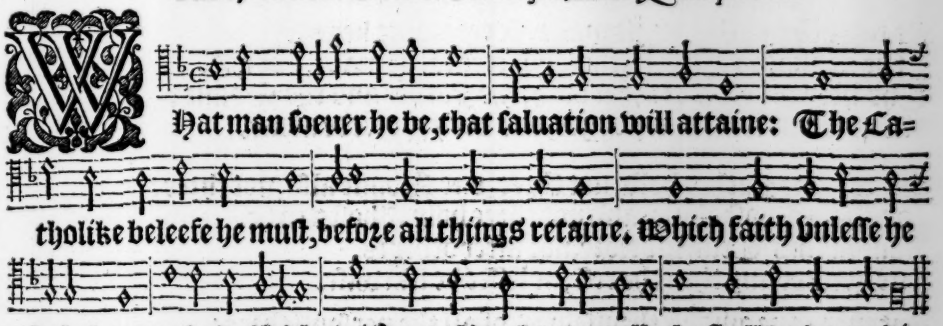
Thou sufferest thy seruant now in peace for to depart:
according to thy holy word, which lighteneth my heart.

Because

Because mine eyes which thou hast made to giue my body light,
haue now beheld thy sauing health, which is the Lord of might.

Whome thou mercifully hast set, of thine abundant grace,
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Sathan ouerquell:
and eke to be the glory of thy people Israell.

The Symbole or Creed of *Athanasius*, called *Quicunque vult*.



The Catholike beleefe is this, that God we worship one
in Trinitie, and Trinitie in Unitie alone.
So as we neither doe confound, the persons of the three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, another of the Sonne:
another person proper of, the holy Ghost alone.
Of Father, Sonne, and holy Ghost, but one the God-head is:
like glory coeternall eke, the Maiestie likewise.

Such as the Father is, such is the Sonne in each degree:
and such also we doe beleeue, the holy Ghost to be.
Uncreate is the Father, and vncreate is the Sonne:
the holy Ghost vncreate, so vncreate is each one.

Incomprehensible Father is, incomprehensible Sonne:
and comprehensible also is, the holy Ghost of none.
The Father is eternall, and the Sonne eternall so:
and in like sort eternall is, the holy Ghost also.

And yet though we beleeue, that each of these eternall be:
yet there but one eternall is, and not eternals three.
As ne incomprehensible, ne yet vncreate three:
but one incomprehensible, one vncrate hold to be.

Almighty so the Father is, the Sonne almighty so:
and in like sort almighty is, the holy Ghost also.
And albeit that euery one of these almighties be:
yet there but one Almighty is, and not Almighties three.

The Father God is, God the Sonne, God holy Ghost also:
yet are there not three Gods in all, but one God, and no moe.
So likewise Lord the Father is, and Lord also the Sonne:
and Lord the holy Ghost, yet are there not three Lords, but one.

For as we are compel'd to graunt, by Christian verity:
each of the persons by himselfe, both God and Lord to be.
So Catholike religion, forbiddeth vs alway:
that either Gods be three, or that there Lords be three to say.

Of none the Father is, ne made, ne create, ne begot:
the Soune is of the Father, not create, ne made, but got.
The holy Ghost is of them both, the Father and the Sonne:
ne made, ne create, nor begot, but doth proceede alone.

So we, one Father hold, not three, one Sonne also, not three:
one holy Ghost alone, and not three holy Ghosts to be.
None in this Trinity before, nor after other is,
ne greater any then the rest, ne lesser be likewise.

But euery one among themselues, of all the persons three:
together coeternall all, and all coequall be.
So Unity in Trinity, as said it is before:
and Trinitie in Unitie, in all things we adore.

Therefore what man soeuer that saluation will attaine,
this Faith touching the Trinitie, of force he must retaine.
And needefull to externall life, it is that euery wight,
of the incarnating of Christ our Lord, beleeue aright.

For this the right Faith is, that we beleeue, and eke doe know,
that Christ our Lord the Sonne of God, is God and man also:
God of his Father substance got, before the world began:
and of his Mothers substance borne, in world a very man.

Both perfect God, and perfect man in one, one Jesus Christ:
that doth of reasonable soule, and humane flesh subsist.
Touching his God-head, equall with his Father God is he:
touching his man-hood, lower then his Father in degree.

Who though he be both very God, and very man also,
yet is he but one Christ alone, and is not persons two.
One not by turning of God-head, into the flesh of man,
but by taking man-hood to God, this being one began.

All one not by confounding of the substance into one:
but onely by the vnity, that is of one person.
For as the reasonable soule, and flesh but one man is:
so in one person God and man, is but one Christ likewise.

Who suffered for to saue vs all, to hell he did descend:

the

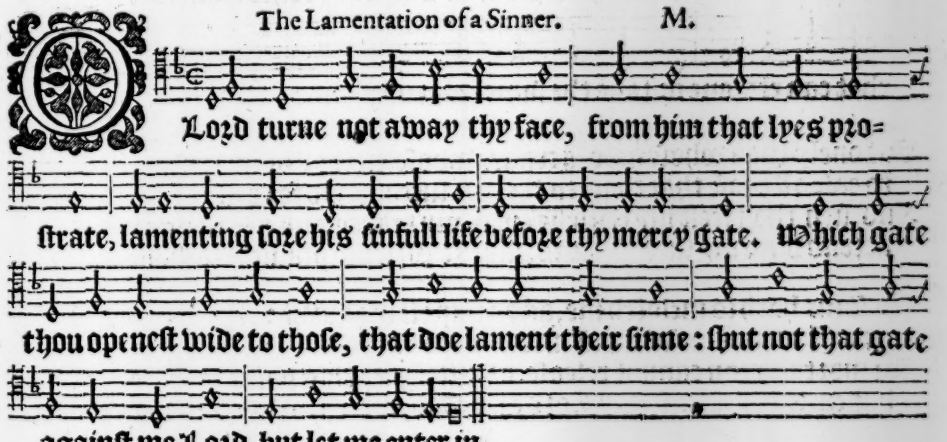
the third day roſe againe from death, to heauen he did aſcend,
He ſits at the right hand of God, the almighty Father there:
from thence to iudge both quicke and dead, againe he ſhall retire.

At whoſe returne all men ſhall riſe with bodies new reſtorde:
and of their owne workes they ſhall giue account vnto the Lord.
And they into eternall life ſhall goe, that haue done well:
who haue done ill, ſhall goe into eternall fire to dwell.

This is the Catholike beliefe, who doth not faithfully
beleeue the ſame, without all doubt he ſaued cannot be.

To the Father, Sonne, and holy Ghoſt, all glory be therefore:
As in beginning was, is now and ſhall be euer more.

The Lamentation of a Sinner. M.



And call me not to my accounts, how I haue liued heere:
For then I know right well O Lord, how vile I ſhall appeare.
I needе not to confeſſe my life, I am ſure thou canſt tell
what I haue beene, and what I am, I know thou knoweſt it well.

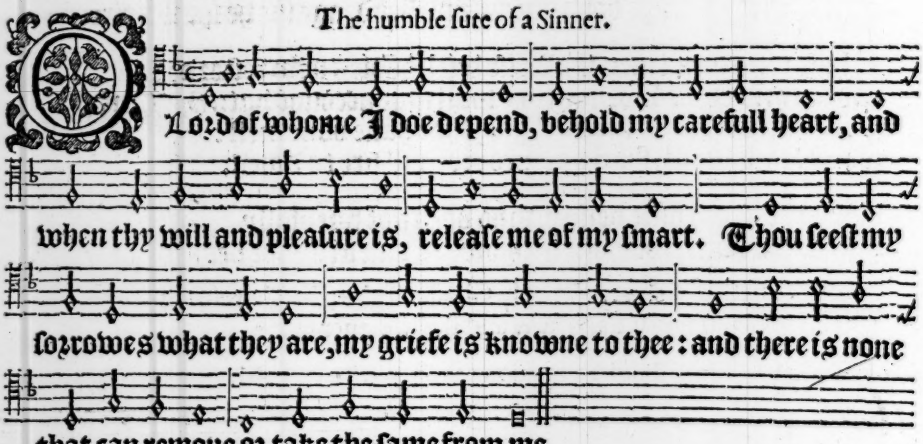
O Lord thou knoweſt what things be paſt, and eke the things that be:
thou knowſt alſo what is to come, nothing is hid from thee. (then:
Before the heauens and earth were made, thou knoweſt what things were
as all things elſe that haue beene ſince, among the Sonnes of men.

And can the things that I haue done, be hidden from thee then:
nay, nay, thou knoweſt them all O Lord, where they were done, & when.
Wherefore with teares I come to thee to beg and to intreate,
euen as the Child that hath done euill, and feareth to be beat.

So come I to thy mercy gate, where mercy doth abound,
requiring mercy for my ſinne, to heale my deadly wound.
O Lord, I needе not to repeate what I doe beg or craue:
thou knoweſt O Lord before I aske, the thing that I would haue.

Mercy good Lord, mercy I aske, this is the totall ſumme:
for mercy Lord is all my ſute, Lord let thy mercy come.

The humble ſute of a Sinner.



But onely thou whoſe aide I craue, whoſe mercy ſtill is preſt,
to eaſe all thoſe that come to thee for ſuccour and for reſt.
And ſith thou ſeeſt my reſtleſſe eyes, my teares and grieuous grone:
attend vnto my ſute O Lord, marke well my plaint and mone.

For ſinne hath ſo incloſed me, and compaſt me about:
that I now remedileſſe, if mercy helpe not out.
For mortall man cannot releaſe, or mittigate this paine:
but euen thy Chriſt, my Lord and God, which for my ſins was ſlaine.

Whoſe bloody wounds are yet to ſee, though not with mortall eie:
yet doe thy Saints behold them all, and ſo I truſt ſhall I.
Though ſinne doth hinder me a while, when thou ſhalt ſee it good,
I ſhall enioy the ſight of him, and ſee his wounds and blood.

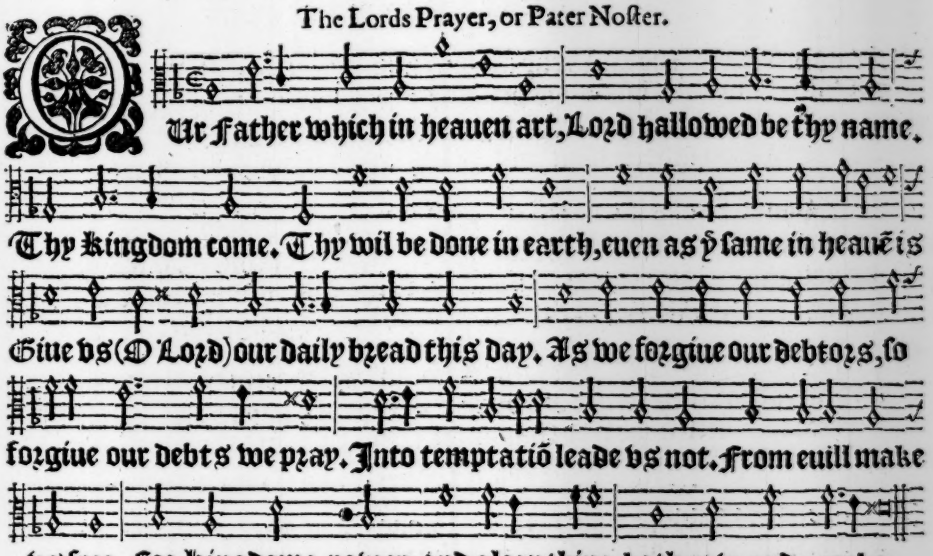
And as thine Angels and thy Saints doe now behold the ſame:
ſo truſt I to poſſeſſe that place, with them to prayſe thy name.
But whilſt I liue heere in this vale, where ſinners doe frequent:
aſſiſt me euer with thy grace, my ſinnes ſtill to lament.

Leaſt that I tread in ſinners trace, and giue them my conſent
to walke with them in wickedneſſe, whereto nature is bent.
Onely thy grace muſt be my ſtay, leaſt that I fall downe flat:
and being downe, then of my ſelfe cannot recouer that.

Wherefore this is yet once againe, my ſute and my requeſt:
to graunt me pardon for my ſinne, that I in thee may reſt,
Then ſhall my heart, my tongue, and voyce, be inſtruments of prayſe:
and in thy Church and houſe of Saints, ſing Pſalmes to thee alwaies.

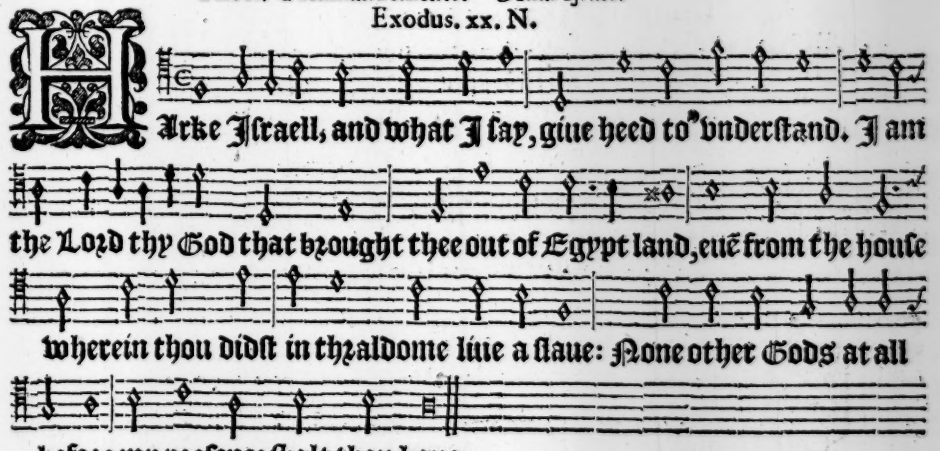
The

The Lords Prayer, or Pater Noſter.



OUr Father which in heauen art, Lord hallowed be thy name.
Thy kingdom come. Thy wil be done in earth, euen as ỹ ſame in heauẽ is
Giue vs (O Lord) our daily bread this day. As we forgiue our debtors, ſo
forgiue our debts we pray. Into temptatiõ leade vs not. From euill make
vs free. For kingdome, power, and glory thine, both now and euer be.

The X. Commandements. *Audi Iſrael.*
Exodus. xx. N.



HArke Iſraell, and what I ſay, giue heed to vnderſtand. I am
the Lord thy God that brought thee out of Egypt land, euẽ from the houſe
wherein thou didſt in thraldome liue a ſlaue: None other Gods at all
before my preſence ſhalt thou haue.

No manner grauen Image ſhalt thou make at all to thee:
nor any figure like by thee, ſhall counterfeited be.
Of any thing in heauen aboue, nor in the earth below:
nor in the waters beneath the earth, to them thou ſhalt now bow.

Nor ſhalt them ſerue. Thy Lord thy God, a iealous God am I:
that punish Parents faults vnto the third and fourth degree.

Upon their children that me hate, and mercy doe diſplay,
to thouſands of ſuch as me loue, and my precepts obay.

The name thou of the Lord thy God in vaine ſhalt neuer vſe:
for him that takes his name in vaine, the Lord ſhall not excuſe.
Remember that thou holy keepe the ſacred Sabboth day:
ſixe daies thou labour ſhalt, and do thy needfull workes alway.

The ſeauenth day is ſet by the Lord thy God to reſt vpon:
no worke then ſhalt thou doe in it, ne thou, nor yet thy Sonne,
Thy daughter, ſeruant, nor handmaid, thine Oxe, nor yet thine Aſſe,
nor ſtranger, that within thy gates hath his abiding place.

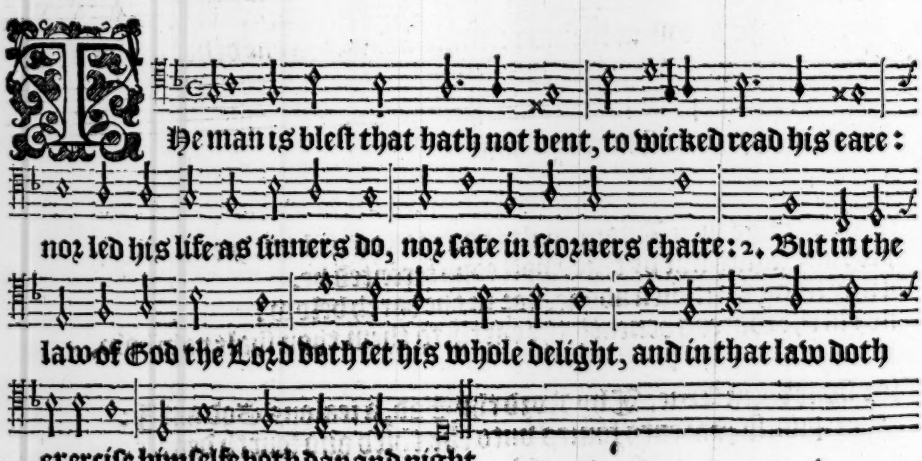
For in ſixe daies God heauen and earth, and all therein did make:
and after thoſe his reſt he did vpon the ſeauenth day take.
Wherefore he bleſſed the day that he for reſting did ordaine:
and ſacred to himſelfe alone appointed to remaine.

Yeeld honour to thy Parents, that prolonged thy dayes may be
vpon the land the which the Lord thy God hath giuen thee.
Thou ſhalt not murder. Thou ſhall not commit adultrey.
Thou ſhalt not ſteale. Nor witneſſe falſe againſt thy neighbour be.

Thou ſhalt not couet houſe that to thy neighbour doth belong,
ne couet ſhalt in hauing of his wife to doe him wrong:
Nor his man-ſeruant, nor his maid, nor Oxe, nor Aſſe of his:
nor any other thing that to thy neighbour proper is.

Beatus vir. Pſal. j. T. S.

Whether it was Eſdras, or any other, that gathered the Pſalmes into a booke, it ſeemeth hee did ſet this Pſalme firſt in manner of a Preface, to exhort all godly men to ſtudy and meditate the heauenly wiſedome: for the effect hereof, is that they be bleſſed that giue themſelues wholy all their life to Gods Law and that the wicked contemners of God, though they ſeeme for a while fortunate, yet at length they ſhall come to miſerable deſtruction.



3 He ſhall be like the tree that groweth, faſt by the water ſide:
which bringeth forth moſt pleaſant fruit, in her due time and tide.
Whoſe leafe ſhall neuer fade nor fall, but flouriſh ſtill and ſtand:
euen ſo all things ſhall proſper well, that this man takes in hand.

4 So ſhall not the vngodly men, they ſhall be nothing ſo:
but as the duſt which from the earth, the wind driues too and fro.
5 Therefore ſhall not the wicked men, in iudgement ſtand vpright:
nor yet the ſinners with the iuſt, ſhall come in place or ſight.

6 For why, the way of Godly men, vnto the Lord is knowne:
and eke the way of wicked men, ſhall quite be ouerthrowe.

Quare fremuerunt gentes? Pſal. ij. T. S.

Dauid reioyceth that notwithſtanding his enemies rage and worldly power, yet God will continue his Kingdome for euer, and aduance it euen to the farmoſt end of the world. And therefore he exhorteth Kings and Rulers, that letting vaine glory apart, they would humbly ſubmit themſelues vnder Gods yoake. Herein is ſignified Chriſt and his Kingdome.

Sing this as the firſt Pſalme.

WHy did the Gentles tumults raiſe, what rage was in their braine?
why did the Jewiſh people muſe, ſeeing all is but vaine?
2 The Kings and Rulers of the earth, conſpire and are all bent:
againſt the Lord and Chriſt his Sonne, which he among vs ſent.

3 Shall we be bound to them ſay they? let all their bands be broke:
and of their doctrine and their law, let vs reiect the yoake.
4 But he that in the heauen dwelleth, their doings will deride:
and make them all as mocking ſtockes, throughout the world ſo wide.

5 For in his wrath the Lord will ſay, to him vpon a day:
and in his fury trouble them, and then the Lord will ſay,
6 I haue annoynted him my King, vpon my holy hill:
I will therefore Lord preach thy lawes, and eke declare thy will.

7 For in this wiſe the Lord himſelfe, did ſay to me I wot:
thou art my deare and onely Sonne, this day I thee begot.
8 All people I will giue to thee, as heires at thy requeſt:
the ends and coaſts of all the earth, by thee ſhall be poſſeſt.

9 Thou ſhalt them bruiſe euen with a mace, as men vnderfoote trod:
and as the Potters ſhards ſhalt breake them with an yron rod.
10 Now ye O Kings and Rulers all, be wiſe therefore and learnd:
by whome the matters of the world, be iudged and diſcernd.

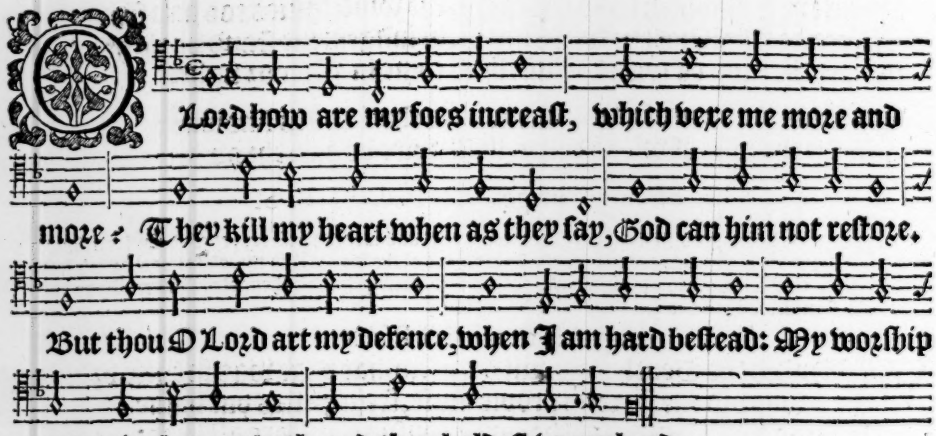
11 See that you ſerue the Lord aboue, in trembling and in feare:
ſee that with reuerence ye reioyce, to him in like manner.
12 See that ye kiſſe and eke embrace, his bleſſed Sonne I ſay:
leaſt in his wrath ye ſodainely periſh in the mid-way.

13 If once his wrath neuer ſo ſmall, ſhall kindle in his breaſt:
oh then all they that truſt in Chriſt, ſhall happy be, and bleſt.

Domine

Domine quid multiplicati? Pſal. iij. T.S.

Dauid being perſecuted, and driuen out of his Kingdome by his owne Sonne Abſolon, was greatly tormented in mind for his ſinne againſt God: and therefore calleth vpon God, and waxeth bold through his promiſes againſt the great terrors of his enemies, yea, and againſt death it ſelfe, which he ſaw preſent before his eyes. Finally, hee reioyceth for the good ſucceſſe and victory that God gaue him, and all the Church ouer his enemies.



O Lord how are my foes increaſt, which vexe me more and more: They kill my heart when as they ſay, God can him not reſtore.

But thou O Lord art my defence, when I am hard beſtead: My worſhip and mine honour both, and thou holdeſt vp my head.

4 Then with my voyce vpon the Lord, I did both call and cry:
and he out of his holy hill, did heare me by and by.
5 I layd me downe, and quietly I ſlept, and roſe againe:
for why, I know aſſuredly, the Lord will me ſuſtaine.
6 If ten thouſand had hemd me in, I could not be afraid:
for thou art ſtill my Lord my God, my Sauiour and mine aid.
7 Riſe vp therefore, ſaue me my God, for now to thee I call:
for thou haſt broke the cheekes and teeth of theſe wicked men all.
8 Saluation onely doth belong, to thee O Lord aboue:
thou doeſt beſtow vpon thy folke, thy bleſſing and thy loue.

Cum inuocarem exaudi. Pſal. iiij. T.S.

When Saul perſecuted him, hee calleth vpon God, truſting moſt aſſuredly in his promiſe, and therefore boldly reproueth his enemies, who by wilfull malice reſiſteth his dominion. And finally, hee preferreth the fauour of God before all worldly treaſures. Let vs likewiſe learne to truſt in Gods promiſes, when we are afflicted with any kind of croſſe, and ſo we ſhall neither feare our enemies, nor yet be ouercome with temptations.

Sing this as the 3. Pſalme.

O God that art my righteouſnes, Lord heare me when I call:
thou haſt ſet me at liberty, when I was bound and thrall.
2 Haue mercy Lord therefore on me, and graunt me my requeſt:
for vnto thee vnceſſantly, to cry I will not reſt.
3 O mortall men how long will ye my glory thus deſpiſe:
why wander ye in vanity, and follow after lies:
4 Know ye that good and godly men, the Lord doth take and chuſe:
and when to him I make my plaint, he doth me not refuſe.

5 Sinne not but ſtand in awe therefore, examine well your heart,
and in your chamber quietly, ſee you your ſelues conuert.
6 Offer to God the ſacrifice of righteouſneſſe I ſay:
and looke that in the liuing Lord you put your truſt alway.

7 The greater ſort craue worldly goods, and riches do embrace,
but Lord grant me thy countenance, thy fauour and thy grace.
8 For thou thereby ſhalt make my hart more ioyfull and mory glad,
then they that of their corne and wine, full great increaſe haue had.

9 In peace therefore lie downe will I, taking my reſt and ſleepe,
for thou onely wilt me O Lord, alone in ſafety keepe.

Verba mea auribus. Pſal. V. T. S.

Dauid hauing ſuffered great calamities, aſwell by Doeg and Achitopheil Saules flatterers, as by other infinite enemies, calleth to God for ſuccour, ſhewing how requiſite it is, that God ſhould punish the malicious enuie of his aduerſaries. After being aſſured of proſperous ſucceſſe, he conceiueth comfort, concluding that when God ſhould deliuer him, others alſo ſhould be partakers of the ſame mercies.

Sing this as the 3. Pſalme.

INcline thine eares vnto my words, O Lord my plaint conſider:
2 And heare my voyce my King, my God, to thee I make my prayer.
3 Heare me betime, Lord, tarry not, for I will haue reſpect,
my prayer early in the morne to thee for to direct.

4 And I will truſt through patience in thee my God alone:
Thou art not pleaſed with wickednеſſe, and ill with thee dwells none.
5 And in thy ſight ſhall neuer ſtand theſe furious fooles O Lord:
vaine workers of iniquity thou haſt alwaies abhord.

6 The lyers and the flatterers thou ſhalt deſtroy them than:
and God will hate the blood-thirſty, and the deceitfull man.
7 Therefore will I come to thine houſe, truſting vpon thy grace:
and reuerently will worſhip thee, toward thine holy place.

8 Lord leade me in thy righteouſneſſe, for to confound my foes:
and eke the way that I ſhall walke before my face diſcloſe.
9 For in their mouthes there is no truth, their hearts is foule and vaine:
10 Their throat an open ſepulchre, their tongues doe gloſe and faine.

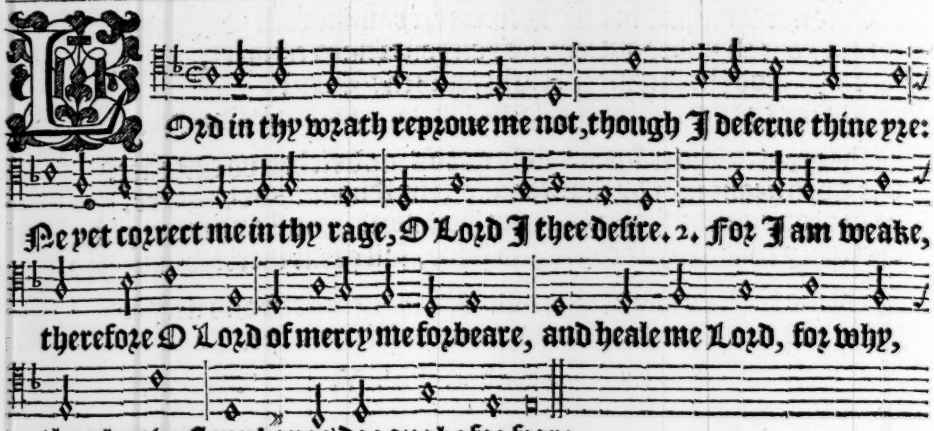
11 Deſtroy their falſe conſpiracies, that they may come to nought:
12 Subuert them in their heapes of ſinne, which haue rebellion wrought.
13 But thoſe that put their truſt in thee, let them be glad alwaies:
and render thankes for thy defence, and giue thy name the prayſe.

14 For thou with fauour wilt increaſe the iuſt and righteous ſtill:
and with thy grace as with a ſhield defend him from all ill.

Domine ne in furore. Pſal. vj. T. S.

When Dauid for his ſins had prouoked Gods wrath, and now felt not onely his hand againſt him, but alſo conceiueth ẏ horrors of death exceedingly, he deſireth forgiueneſſe, bewayling ẏ if God tooke him away in his indignation, he ſhould lacke occaſion to praſe him as he was wont to do whilſt he was amongſt men. Then ſodainely feeling Gods mercy, he charpely rebuketh his enemies which reioyced in his affliction.

Lord



LOrd in thy wrath reproue me not, though I deſerue thine yre:
Ne yet correct me in thy rage, O Lord I thee deſire. 2. For I am weake,
therefore O Lord of mercy me forbeare, and heale me Lord, for why,
thou knowest my bones doe quake for feare.

3 My ſoule is troubled very ſore, and vexed vehemently,
but Lord how long wilt thou delay, to cure my miſery?
4 Lord turne thee to thy wonted grace, my ſilly ſoule vp-take:
oh ſaue me not for my deſerts, but for thy mercies ſake.

5 For why, no man among the dead remembreth thee one whit,
or who ſhall worſhip thee O Lord, in the infernall pit?
6 So grieuous is my plaint and mone, that I waxe wondrous faint,
all the night long I waſh my bed, with teares of my complaint.

7 My ſight is dim and waxeth old, with anguiſh of my heart,
for feare of thoſe that be my foes, and would my ſoule ſubuert.
8 But now away from me all ye that worke iniquity:
for why, the Lord hath heard the voyce of my complaint and cry.

9 He heard not onely the requeſt, and prayer of my heart,
but it receiued at my hands, and tooke it in good part.
And now my foes that vexed me, the Lord will ſoone defame:
and ſodainly confound them all, to their rebuke and ſhame.

Domine Deus meus in te ſperaui. Pſal. vij. T. S.

Dauid being falſly accuſed by Chus one of Saules kinſmen, calleth to God to be his defender, to whome hee commendeth his innocency: firſt ſhewing that his conſcience did not accuſe him of any euill towards Saul: next that it touched Gods glory to award ſentence againſt the wicked, and ſo entring into the conſideration of Gods mercies & promiſes, hee waxeth bold, and deſcribeth the vaine enterpriſes of his enemies, threatning that that ſhall fall on their owne necks, which they haue purpoſed for others.

Sing this at the 3. Pſalme.

O Lord my God I put my truſt, and confidence in thee:
ſaue me from them that me purſue, and eke deliuer me.
2 Leaſt like a Lyon they me teare, and rend in peeces ſmall,
whilſt there is none to ſuccour me, and rid me out of thrall.
3 O Lord my God, if I haue done the thing that is not right,

Or

or elſe I be found in fault, or guilty in thy ſight:
4 Or to my friend rewarded ill, or left him in deſtreſſe,
which me purſude moſt cruelly, and hated me cauſeleſſe.

5 Then let my foes purſue my ſoule, and eke my life downe thruſt
vnto the earth, and lay mine honour in the duſt.
6 Start vp O Lord, now in thy wrath, and put my foes to paine:
performe thy kingdome promiſed to me, which wrong ſuſtaine.

7 Then ſhall great nations come to thee, and know thee by this thing,
if thou declare for loue of them, thy ſelfe as Lord and King.
8 And thou that art of all men iudge, O Lord now iudge thou me,
according to my righteouſneſſe, and mine integritie.

The ſecond part.

9 Lord eaſe the hate of wicked men, and be the iuſt mans guide,
10 By whome the ſecrets of all hearts are ſearched and deſcride.
11 I take my helpe to come of God, in all my griefe and ſmart,
that doth preſerue all thoſe that be, of pure and perfect heart.

12 The iuſt man and the wicked both, God iudgeth by his power:
ſo that he feeles his mighty hand, euen euery day and houre.
13 Except he change his mind I dye, for euen as he would ſmite,
he whets his ſword, his bow he bends, ayming where he may hit.

14 And doth prepare his mortall darts, his arrowes keene and ſharpe:
for them that doe him perſecute, whiles he doth miſchiefe warpe.
15 But loe though he in trauell be of his diueliſh fore-caſt:
and of his miſchiefe once conceiu'd, yet brings forth nought at laſt.

16 He digs a ditch and delues it deepe, in hope to hurt his brother:
but he ſhall fall into the pit, that he digd vp for other.
17 Thus wrong returneth to the hurt of him in whome it bread:
and all the miſchiefe that he wrought, ſhall fall vpon his head.

18 I will giue thankes to God therefore, that iudgeth righteouſly:
and with a ſong will prayſe the name, of him that is moſt hie.

Domine Deus noſter. Pſal. viij. T. S.

The Prophet conſidering the excelent liberality, and fatherly prouidence of God towards man whome hee made as it were a God ouer all his workes, doth not onely giue great thankes, but is aſtonied with the admiration of the ſame, as one nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. Pſalme.

O God our Lord how wonderfull, are thy workes euery where,
whoſe fame ſurmounts in dignity aboue the heauens cleare.
2 Euen by the mouthes of ſucking babes, thou wilt confound thy foes:
For in theſe babes thy might is ſeene, thy graces they diſcloſe.

3 And when I ſee the heauens high, the workes of thine owne hand:
the Sunne, the Moone, and all the Starres in order as they ſtand.
What thing is man Lord thinke I then, that thou doſt him remember:
or what is mans poſterity, that thou doſt him conſider?

5 For thou haſt made him little leſſe, then Angels in degree:
and thou haſt crowned him alſo, with glory and dignity.
6 Thou haſt preferd him to be Lord of all thy workes of wonder:
and at his feete haſt ſet all things that he ſhould keepe them vnder.

7 As ſheepe and neate, and all beaſts elſe, that in the fields do feed:
8 Foules of the ayre, fiſh in the ſea, and all that therein breed.
9 Therefore muſt I ſay once againe, O God that art our Lord:
how famous & how wonderfull, are thy workes throughout the world.

Confitebor tibi Domine. Pſal. ix. T. S.

After he had giuen thankes to God for the ſundry victories that he ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles, he being now likewiſe in danger of new enemies, deſireth God to helpe him according to his wont, and deſtroy the malicious arrogancy of his aduerſaries.

Sing this as the 7. Pſalme.

WIth heart and mouth vnto the Lord, will I ſing laud and prayſe:
and ſpeake of all thy wonderous workes, & them declare alwaies
2 I will be glad and much reioyce in thee O Lord moſt hie:
and make my ſongs extoll thy Name aboue the ſtarry ſkye.

3 For that my foes are driuen backe, and turned vnto flight:
they fall downe flat and are deſtroyd by thy great force and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doeſt with iuſtice heare my cauſe, moſt like a righteous Judge.

5 Thou doſt rebuke the heathen folke, and wicked ſo confound:
that afterward the memory of them cannot be found.
6 My foes thou haſt made good diſpatch, and all their townes deſtroyd:
thou haſt their fame with them defac'd through all the world ſo wide.

7 Know thou that he which is aboue for euermore ſhall raigne:
and in the ſeate of equity, true iudgement will maintaine.
8 With iuſtice he will keepe and guide the world and euery wight:
and ſo will yeeld with equity, to euery man his right.

9 He is protector of the poore, what time they be oppreſt:
he is in all aduerſity, their refuge and their reſt.
10 All they that know thy holy name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſute, in their neceſſitie.

11 Sing Pſalmes therefore vnto the Lord, that dwels in Sion hill,
publiſh among all nations, his noble acts and will.
12 For he is mindfull of the blood of thoſe that be oppreſt:
forgetting not th'afflicted heart, that ſeekes to him for reſt.

The ſecond part.

13 Haue mercy Lord on me poore wretch, whoſe enemies ſtill remaine,
which from the gates of hell was wont to raiſe me vp againe:
14 In Syon that I may ſet forth thy prayſe with heart and voyce:
and that in thy Saluation Lord, my ſoule might ſtill reioyce.

15 The heathen ſticke faſt in the pit, that they themſelues prepared:
and in the net that they did ſet, their owne feet faſt are ſnarde.

16 God ſhewes his iudgements, which were good for euery man to marke:
when as ye ſee the wicked man lye trapt in his owne warke.

17 The wicked and the ſinfull men go downe to hell for euer:
and all the people of the world that will not God remember.

18 But ſure the Lord will not forget the poore mans griefe and paine:
the patient people neuer looke for helpe of God in vaine.

19 O Lord ariſe, leaſt men preuaile, that be of worldly might:
and let the heathen folke receiue their iudgement in thy ſight.

20 Lord ſtrike ſuch terror, feare, and dread into the harts of them,
that they may know aſſuredly, they be but mortall men.

Vtquid Domine? Pſal. x. T. S.

Hée complaineth of the fraud, rapine, tyranny, and all kind of wrong which worldly men vſe, aſſigning the cauſe thereof, which was, that wicked men being as it were drunken with worldly proſperity & therefore ſetting apart all feare and reuerence toward God, thinke they may doe all thiugs without controling: therefore he calleth vpon God to end ſome remedy againſt thoſe deſperate euills. And at length comforteth himſelfe with hope of deliuerence.

Sing this as the 3. Pſalme.

WHat is the cauſe that thou O Lord, art now ſo farre from thine:
and keepeſt cloſe thy countenance from vs this troublous time?

2 The poore doe periſh by the proud, and wicked mens deſire,
let them be taken in the craft, that they themſelues conſpire.

3 For in the luſt of his owne heart, the vngodly doth delight:
ſo doth the wicked prayſe himſelfe, and doth the Lord deſpight.

4 He is ſo proud, that right and wrong he ſetteth all apart:
nay, nay, there is no God ſaith he, for thus he thinks in heart.

5 Becauſe his waies do proſper ſtill, he doth thy lawes neglect:
and with a blaſt doth puffe againſt ſuch as would him correct.

6 Tuſh, tuſh, ſaith he, I haue no dread, leaſt mine eſtate ſhould change:
and why, for all aduerſity to him is very ſtrange.

7 His mouth is full of curſednelſe, of fraud, deceit and guile:
vnder his tongue doth miſchiefe ſit, and trauaile all the while.

8 He lyeth hid in waies and holes, to ſlay the innocent:
againſt the poore that paſſe him by, his cruell eyes are bent.

9 And like a Lyon priuily lyes lurking in his den:
if he may ſnare them in his net, to ſpoile poore ſimple men.

10 And for the nonce full craftily, he croucheth downe I ſay:
11 So are great heapes of poore men made, by his ſtrong power, his prey.

12 Tuſh, God forgetteth this ſaith he, therefore may I be bold:
his countenance is caſt aſide, he doth it not behold.

13 Ariſe O Lord, O God, in whome the poore mans hope doth reſt:
lift vp thy hand, forget not Lord, the poore that be oppreſt.

14 What blaſphemie is this to thee, Lord doeſt thou not abhorre it:
to heare the wicked in their harts, ſay tuſh, thou carſt not for it?

15 But thou ſeeſt all this wickednelſe, and well doſt vnderſtand:
16 That friendleſſe and poore fatherleſſe, are left into thy hand.

17 Of wicked and malicious men, then breake the power for euer:
that they with their iniquity, may periſh all together.
18 The Lord ſhall raigne for euermore, as king and God alone:
and he will chaſe the heathen folke out of the land each one.

19 Thou hear'ſt O Lord the poore mans plaint, their prayers & requeſt:
their hearts thou will confirme vntill thine eares to heare be preſt.
20 To iudge the poore and fatherleſſe, and helpe them to their right:
that they may be no more oppreſt, with them of worldly might.

In Domino confido. Pſal. xj. T. S.

This Pſalme containeth two parts. In the firſt, Dauid ſheweth how hard aſſaults of temptations hee ſuſtained, and how great anguiſh of mynd hee was in when Saule did perſecute him. Then next he reioyceth that God ſent him ſuccour in his neceſſity, declaring his iuſtice as well in gouerning the good and the wicked men, as the whole world.

Sing this as the 3. Pſalme.

I Truſt in God, how dare you then, ſay thus my ſoule vntill,
flie hence as faſt as any fowle, and hid you in your hill:
2 Behold the wicked bend their bowes, and make their arrowes preſt,
to ſhoote in ſecret, and to hurt the ſound and harmleſſe breſt.

3 Of worldly hope al ſtaies were ſhrunke, and clearely brought to nought:
alas the iuſt and righteous man, what euill hath he wrought?
4 But he that in his Temple is, moſt holy and moſt hie:
and in the heauens hath his ſeat of royall Maieſty.

The poore and ſimple mans eſtate conſidereth in his mind:
and ſearcheth out full narrowly, the manners of mankind.
5 And with a chearefull countenance the righteous man will vſe:
but in his heart he doth abhorre all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any raine:
fire and brimſtone, and whirlwinds thicke, appoynted for their payne.
7 We ſee then how a righteous God doth righteouſneſſe embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xij. T. S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good orders, deſireth God ſpeedily to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe, hee commendeth the conſtant verity that God obſerueth in keeping his promiſe, concluding that when all orders are moſt corrupted, then God will deliuer his.

Sing this as the 3. pſalme.

HElpe Lord, for good and godly men doe periſh and decay:
and faith and truth from worldly men, is parted cleane away.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euery man bethinketh how to flatter, lye, and faine.

3 But flattering and deceitfull lips, and tongues that be ſo ſtout,
to ſpeake proud words & make great brags, the Lord ſoone cuts thē out.
4 For they ſay ſtill we will preuaile, our tongues ſhall vs extoll:
our tongues are ours, we ought to ſpeake, what Lord ſhall vs controll?

5 But

5 But for the great complaint and cry of poore and men oppreſt:
arise will I now ſaith the Lord, and them reſtore to reſt.
6 Gods word is like to ſiluer pure, that from the earth is tride:
and hath no leſſe then Seauen times in fire beene purifide.

7 Now ſince thy promiſe is t o helpe, Lord keepe thy promiſe then:
and ſaue vs now and euer more from this ill kind of men.
8 For now this wicked world is full of miſchiefes manifold:
when vanity with worldly men, ſo highly is exto ld.

Vſquequo Domine. Pſal. xiij. T. S.

Dauid as it were ouercome with ſundry and new afflictions, flyeth to God, as his onely refuge, and ſo at length being encouraged through Gods promiſes, he conceiueth moſt ſure confidence againſt the extreme horrors of death.

Sing this as the 3. Pſalme.

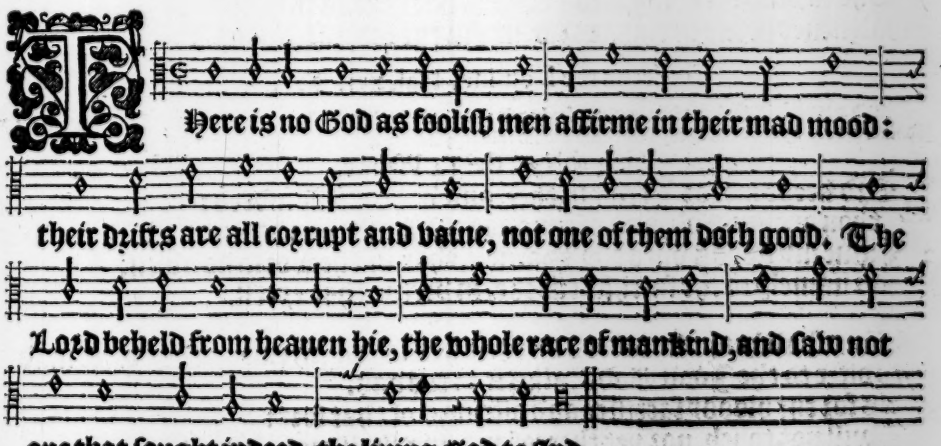
HOw long wilt thou forget me Lord, ſhall I neuer be remembred?
how long wilt thou thy viſage hide, as though thou wert offended?
2 In heart and mind how long ſhall I with care tormented be?
how long eke ſhall my deadly foes thus triumph ouer me?

3 Behold me now O Lord my God, and heare me ſore oppreſt:
lighten mine eyes leaſt that I ſleepe, as one by death poſſeſt.
4 Leaſt thus mine enemies ſay to me, behold I doe preuaile:
leaſt they alſo that hate my ſoule, reioyce to ſee me quaile.

5 But from thy mercyes and goodneſſe, my hope ſhall neuer ſtart:
in thy relieſe and ſauing health, right glad ſhall be my heart.
6 I will giue thankes vnto the Lord, and praiſes to him ſing:
becauſe he hath heard my requeſt, and graunted my wiſhing.

Dixit inſipiens. Pſal. xiiij. T. S.

Hæ deſcribeth the peruerſe nature of men, which were ſo growne to licentiouſnes, that God was brought to vtter contempt, for the which thing although he was greatly grieued, yet being perſwaded that God would ſend ſome preſent remedy, he comforteth himſelfe and others.



3 They went all wide and were corrupt, and truly there was none
that in the world did any good. I say there was not one.
4 Is all their iudgements so far lost, that all worke mischiefe still?
eating my people euen as bread, not one to seeke Gods will.

5 When they thus rage, then suddenly great feare on them shall fall:
for God doth loue the righteous men, and will maintaine them all.
6 Ye mocke the doings of the poore, to their reproach and shame:
because they put their trust in God, and call vpon his Name.

7 But who shall giue thy people health, and when wilt thou fulfill
the promise made to Israell from out of Sion hill?
8 Euen when thou shalt restore againe such as were captiues lad:
then Jacob shall therein reioyce, and Israel shall be glad.

Domine quis habitabit. Psal. xv. T. S.

This Psalme teacheth on what condition God did chuse the Iewes for his peculiar people, and wherefore hee placed his temple among them, which was to the intent, that they liuing vprightly and Godly, might witnesse that they were his speciall and holy people.

Sing this as the 3. Psalme.

O Lord within thy Tabernacle, who shall inhabit still?
or whome wilt thou receaue to dwell in thy most holy hill:
2 The man whose life is vncorrupt, whose workes are iust and strait,
whose heart doth speake the very truth, whose tongue speakes no deceit.

3 Nor to his neighbour doth none ill in body, goods or name:
nor willingly doth moue false tales, which might impaire the same.
4 That in his heart regardeth not malicious wicked men:
but those that loue and feare the Lord, he maketh much of them.

5 His oath and all his promises that keepeth faithfully:
although he make his couenant so, that he doth loose thereby.
6 That putteth not to vsury his money and his coyne:
ne for to hurt the innocent doth bribe, or else purloyne.

7 Who so doth all things as you see, that here is to be done,
shall neuer perish in this world, nor in the world to come.

Conserua me Domine. Psal. xvj. T. S.

Dauid prayeth to God for succour, not for his workes, but for his faiths sake, protesting that he hateth all Idolatry, taking God onely for his comfort and felicity, who suffereth his to lacke nothing.

Sing this as the 14 Psalme.

L Ord keepe me for I trust in thee, and doe confesse indeed:
thou art my God, and of my good, O Lord thou hast no need.
2 I giue my goods vnto thy Saints, that in the world do dwell,
and namely to the faithfull flocke, in vertue that excell.

3 They shall heapt sorrowes on their heads, which run as they were mad
to offer to the Idoll Gods, alas it is too bad.
4 As for the bloody sacrifice and offrings of that sort:
I will not touch, nor yet thereof my lips shall make report.

5 For why, the Lord the portion is of mine inheritance:
and thou art he that doth maintaine, my rent, my let, my chance.
6 The place wherein my lot did fall, in beauty did excell:
mine heritage aſſigned to me, doth pleaſe me wondrous well.

7 I thanke the Lord that cauſed me to vnderſtand the right:
for by his meanes my ſecret thoughts, doe teach me euery night.
8 I ſet the Lord ſtill in my ſight, and truſt him ouer all:
for he doth ſtand on my right hand, therefore I ſhall not fall.

9 Wherefore my heart and tongue alſo, doth both reioyce together:
my fleſh and body reſt in hope, when I this thing conſider.
10 Thou wilt not leaue my ſoule in graue, for Lord thou loueſt me:
nor yet wilt giue thy holy one corruption for to ſee.

11 But wilt teach me the way to life: for all treaſures and ſtore
of perfect ioy are in thy ſight, and power for euermore.

Exaudi Domine iuſtitiam. Pſal. xvij. T.S.

Heere he complaineth vnto God of the cruell pride and arrogancy of Saul, and the reſt of his enemies whs thusraged without any cauſe giuen on his part. Therefore he deſireth God to reuenge his innocency, and deliuer him. This Pſalme ought diligently to be marked of ſuch as receiue euill for well doing.

Sing this as the 14. Pſalme.

O Lord giue eare to my iuſt cauſe, attend when I complaine:
and heare the prayer that I put forth with lips that doe not faine.
2 And let the iudgements of my cauſe proceed alwaies from thee:
and let thine eyes behold, and cleare this my ſimplicitie.

3 Thou haſt well tride me in the night, and yet couldſt nothing find:
that I haue ſpoken with my tongue, that was not in my mind.
4 As for the workes of wicked men, and pathes peruerſe and ill:
for loue of thy moſt holy word, I haue refrained ſtill.

5 Then in the pathes that be moſt ſure, Lord ſtay me and preſerue:
that from the way wherein I walke my ſteps may neuer ſwerue.
6 For I doe call to thee O Lord, ſurely thou wilt me aide:
then heare my prayer, and waigh right well the words that I haue ſaid

7 O thou the Sauiour of all them that put their truſt in thee:
declare thy ſtrength on them that ſpurne againſt thy maieſtie.
8 O keepe me Lord, as thou wouldeſt keepe the apple of thine eye:
and vnder couert of thy wings defend me ſecretly.

The ſecond part.

9 From wicked men that trouble me, and dayly me annoy:
and from my foes that goe about my ſoule for to deſtroy.
10 Which wallow in their worldly wealth, ſo full and eke ſo fat:
that in their pride they doe not ſpare to ſpeake they care not what.

11 They lye in waite where I ſhould paſſe, with craft me to confound:
and muſing miſchiefe in their minds, to caſt me to the ground.
12 Much like a Lyon greedily, that would his prey embrace:
or lurking like a Lyons whelpe within ſome ſecret place.

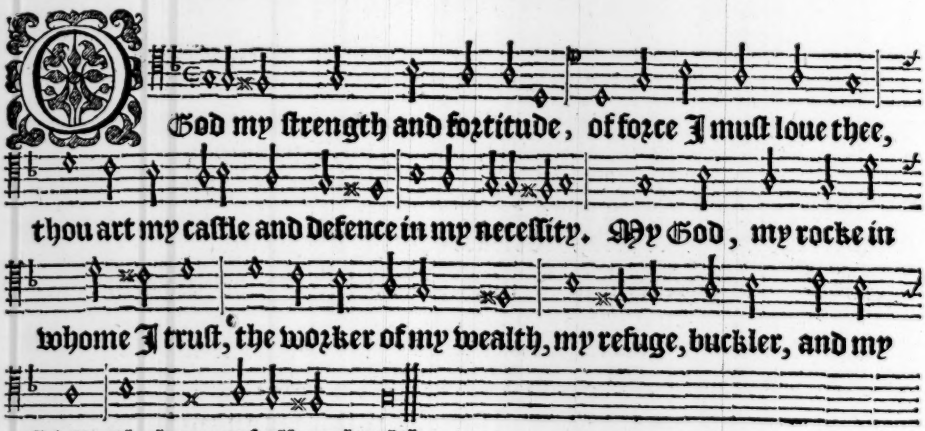
13 Vp Lord with haſt preuent my foe, and caſt him at thy feet:
ſaue thou my ſoule from the ill man, and with the ſword him ſmite.
14 Deliuer me Lord by thy power, out of theſe Tyrants hands:
which now ſo long time raigned haue, and kept vs in their bands.

15 I meane from worldly men to whome all worldly goods are rife:
that haue no hope nor part of ioy, but in this preſent life.
Thou of thy ſtore their bellies fillſt with pleaſures to their mind:
Their Children haue enough, and leaue to theirs the reſt behind.

16 But I ſhall with pure conſcience behold thy gracious face:
ſo when I wake I ſhall be full with thine Image and grace.

Diligam te Domine. Pſal. xviij. T. S.

This Pſalme is the firſt beginning of Dauids ſaluation & thankeſgiuing, at the entring into his kingdome, wherein he extolleth and prayſeth moſt highly the marualous mercies and graces of God, who hath both preſerued and defended him: he ſetteth forth the Image of Chriſts kingdome, painted in his kingdome that the faithfull may be aſſured, that Chriſt ſhall alwaies conquer and ouercome by the vnſpeakeable power of his father, though all the whole world ſhould ſay there-againſt.



3 When I ſing laud vnto the Lord moſt worthy to be ſerued:
then from my foes I am right ſure that I ſhall be preſerued.
4 The pangs of death did compaſſe me, and bound me euery where:
the flowing waues of wickedneſſe, did put me in great feare.

5 The ſlie and ſubtill ſnares of hell were round about me ſet:
and for my death there was prepard a deadly trapping net.
6 I thus beſet with paine and griefe, did pray to God for grace:
and he forthwith did heare my plaint out of his holy place.

7 Such is his power that in his wrath he made the earth to quake:
yea, the foundation of the mount of Baſan for to ſhake.
8 And from his noſtrils came a ſmoake, when kindled was his ire:
and from his mouth came kindled coales of hot conſuming fire.

9 The Lord deſcended from aboue, and bowed the heauens hie:
and vnderneath his feet he caſt the darkeneſſe of the ſkie.

10 On Cherubs and on Cherubins full royally he rode:
and on the wings of all the winds came flying all aboad.

The ſecond part.

11 And like a den moſt darke he made his hid and ſecret place:
with water blacke and ayrie clouds, enuironed he was.
12 But when the preſence of his face in brightneſſe ſhall appeare:
then clouds conſume, and in their ſtead come haile and coales of fire.

13 The fiery darts and thunderbolts, diſperſe them heere and there:
and with his often lightenings he puts them in great feare.
14 Lord at thy wrath and threatnings, and at thy chiding cheare,
the ſprings and the fountaines of all the world appeare.

15 And from aboue the Lord ſent downe, to fetch me from below:
and pluckt me out of waters great, that would me euerflow.
16 And me deliuered from my foes, that would haue made me thrall:
yea, from ſuch foes as were too ſtrong for me to deale withall.

17 They did preuent me to oppreſſe, in time of my great griefe:
but yet the Lord was my defence, my ſuccour and relefe.
18 He brought my forth in open place, whereas I might be free:
and keept me ſafe becauſe he had a fauour vnto me.

19 And as I was an innocent, ſo did he me regard,
and to the cleanneſſe of my hands, he gaue me my reward.
20 For that I walked in his waies, and in his pathes haue trod:
and haue not wauered wickedly againſt the Lord my God.

The third part.

21 But euer more I haue reſpect to his law and decree:
his ſtatutes and commandements I caſt not out from me.
22 But pure and cleane, and vncorrupt, appear'd before his face:
and did refraine from wickednеſſe, and ſinne in any caſe.

23 The Lord therefore will me reward, as I haue done aright:
and to the cleanneeſſe of my hands, appearing in his ſight.
24 For Lord with him that holy is, wilt thou be holy too:
and with the good and vertuous men, right vertuouſly wilt doe.

25 And to the louing and elect, thy loue thou wilt reſerue:
and thou wilt vſe the wicked men, as wicked men deſerue.
26 For thou doſt ſaue the ſimple folke in trouble when they lye:
and doſt bring downe the countenance of them that looke full hie.

27 The Lord will light my candle ſo, that it ſhall ſhine full bright:
the Lord my God will make alſo my darkeneſſe to be light.
28 For by thy helpe and boaſt of men, diſcomfit Lord I ſhall:
by thee I ſcale and ouer-leape, the ſtrength of any wall.

29 Vnſpotted are the wayes of God, his word is purely tride:
he is a ſure defence to ſuch as in his faith abide.

30 For who is God except the Lord? for other there is none:
or elſe who is omnipotent, ſauing our God alone?

The fourth part.

31 The God that girdeth me with ſtrength, is he that I doe meane:
that all the waies wherein I walke doth euermore keepe cleane.
32 That made my feete like to the Harts, in ſwiftneſſe of my pace:
and for my ſuerty brought me forth into an open place.

33 He did in order put my hands, to battle and to fight:
to breake in ſunder bars of braſſe he gaue mine armes the might.
34 Thou teacheſt me thy ſauing health, thy right hand is is my tower:
thy loue and familiarity doth ſtill increaſe my power.

35 And vnder me thou makeſt plaine the way where I ſhould walke:
ſo that my feete ſhall neuer ſlip, nor ſtumble at a balke.
36 And fiercely I purſue and take my foes that me annoyde:
and from the field doe not returne, till they be all deſtroyd.

37 So I ſuppreſſe and wound my foes, that they can riſe no more:
for at my foote they fall downe flat, I ſtricke them all ſo ſore.
38 For thou doeſt gird me with thy ſtrength, to warre in ſuch a wiſe:
that they be all ſcattred abroad, that vp againſt me riſe.

39 Lord, thou haſt put into my hands my mortall enemies yoke:
and all my foes thou doſt diuide in ſunder with thy ſtroke.
40 They call for helpe, but none gaue eare to helpe them with reliefe:
yet, to the Lord they cald for helpe, yet heard he not their griefe.

The fift part.

41 And ſtill like duſt before the wind, I driue them vnder feete:
and ſweepe them out like filth or clay, that ſtinketh in the ſtreet.
42 Thou keep ſt me from ſeditious folke, that ſtill in ſtrife be led:
and thou doeſt of the heathen folke appoynt me to be head.

43 A people ſtrange to me vnknowne, and yet they ſhall me ſerue:
and at the firſt obey my word, whereas mine owne will ſerue.
44 I ſhall be irkeſome to my owne, they will not ſee my light:
but wander wide out of their waies, and hide them out of ſight.

45 But bleſſed be the liuing Lord, moſt worthy of all prayſe:
that is my rocke and ſauing health, prayſed be he alwaies.
46 For God it is that gaue me power, reuenged for to be:
and with his holy word ſubdude the people vnto me.

47 And from my foes deliuered me, and ſet me higher then thoſe,
that cruell and vngodly were, and vp againſt me roſe.
48 And for this cauſe, O Lord my God, to thee ghue thankes I ſhall:
and ſing out prayſes to thy name, among the Gentiles all.

49 Thou gaueſt great proſperity vnto the king I ſay:
to Dauid thine annoynted king, and to his ſeed for aye.

Cœli

Cœli enarrant. Pſal. xix. T. S.

Hæ mooueth the faithfull to gloꝛifie God by the woꝛkemanſhip, pꝛopoꝛtion and oꝛnaments of the heauens: and by the Law, wherein God is reuealed familiarly to his choſen people.

Sing this as the 14. Pſalme.

THe heauens and the firmament, do wondꝛouſly declare
the gloꝛy of God omnipotent, his woꝛkes, and what they are.
2 The wondꝛous woꝛkes of God appeare, by euery dayes ſucceſſe:
the nights likewiſe which there race runne, the ſelfe ſame thing expꝛeſſe.

3 There is no language, tong, oꝛ ſpeech, where their ſound is not heard:
in all the earth and coaſts thereof, their knowledge is conferd.
4 In them the Lꝛd made foꝛ the Sunne a place of great renowne:
who like a bꝛide-groome ready trimd, doth from his chamber come.

5 And as a baliant Champion, who foꝛ to get a pꝛize,
with ioy doth haſt to take in hand, ſome noble enterpꝛiſe.
6 And all the ſkie from end to end, he compaſſeth about:
nothing can hide it from his heat, but he will finde it out.

7 How perfect is the Law of God, how is his couenant ſure?
conuerting ſoules, and making wiſe the ſimple and obſcure.
8 Juſt are the Lꝛds Commandements, and glads both heart and mind:
his pꝛecepts pure, and giueth light to eyes that be full blind.

9 The feare of God is excellent, and doth endure foꝛ euer:
the iudgements of the Lꝛd are true, and righteous altogether.
10 And moꝛe to be imbꝛaꝛd alwaies then fined Gold I ſay:
the hony and the hony-combe are not ſo ſweete as they.

11 By them thy ſeruant is foꝛwarnde, to haue God in regaꝛd:
and in peꝛfoꝛmance of the ſame, there ſhall be gread reward.
12 But Lꝛd what earthly man doth know the eꝛꝛoꝛs of his life?
then cleanſe my ſoule from ſecret ſinnes, which are in me moſt rife.

13 And keepe me that pꝛeſumptuous ſinnes pꝛeuaile not ouer me:
and then ſhall I be innocent, and great offences flye.
14 Accept my mouth and eke my heart, my woꝛds and thoughts each one:
foꝛ my Redeemer and my ſtrength, O Lꝛd thou art alone.

Exaudiat te Dominus. Pſal. xx. T. S.

The people pꝛay to God to heare their King, & receiue his ſacrifice which he offered befoꝛe he went to battell againſt the Ammonites, declaring that the Heathen put their truſt in hoꝛſes, but they truſt onely in his Name. Wheꝛefoꝛe they ſhall fall, but the King and his people ſhall ſtand.

Sing this as the 14 Pſalme.

IN trouble and aduerſitie, the Lꝛd God heare thee will:
the Maieſtie of Jacobs God defend thee from all ill.
2 And ſend thee from his holy place his helpe at euery need:
and ſo in Syon ſtablish thee, and make thee ſtrong indeede.

3 Remembꝛing well the ſacrifice, that now to him is done:
and ſo receiue right thankfully thy burt offrings each one.

4 Accoꝛ-

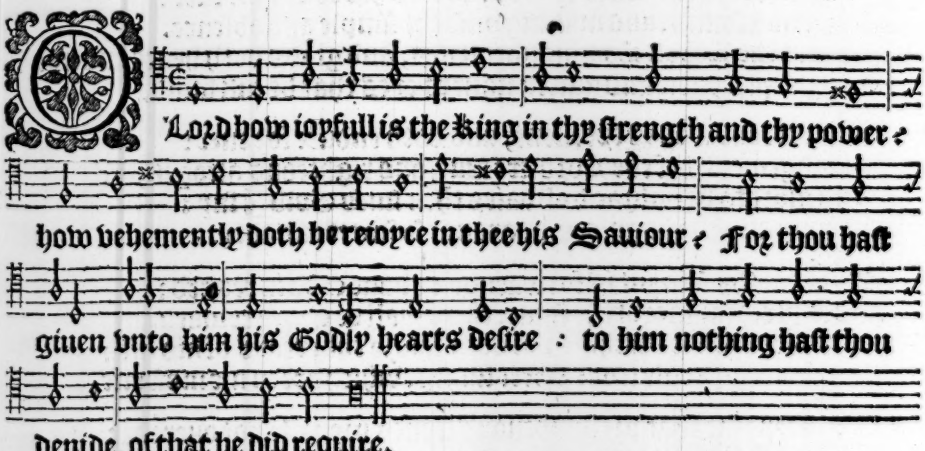
4 Accoꝛding to thy hearts deſire, the Loꝛd graunt vnto thee:
and all thy counſell and deuice full well perfoꝛme may he.

5 We ſhall reioyce when thou vs ſaueſt, and our banners diſplay
vnto the Loꝛd, which thy requeſts fulfilled hath alway.
6 The Loꝛd will his annoynted ſaue, I know well by his grace:
and ſend him healthy by his right hand, out of his holy place.

7 In Chariots ſome put confidence, and ſome in hoꝛſes truſt:
But we remember God our Loꝛd, that keepeth pꝛomiſe iuſt.
8 They fall downe flat, but we doe riſe and ſtand vp ſteadfaſtly:
now ſaue and helpe vs Loꝛd and King, on thee when we doe cry.

Domine in virtute. Pſal. xxj. T.S.

Dauid in the perſon of the people pꝛayſeth God foꝛ the victoꝛy giuen him againſt the Syrians and Ammonites. 1. Sam. 12. wherein he was cꝛowned with the cꝛowne of the King of Ammon. 2. Sam. 12. and endued with manifold bleſſings of God.



3 Thou didſt pꝛeuent him with thy gifts, and bleſſings manifold:
and thou haſt ſet vpon his head, a cꝛowne of perfect gold.
4 And when he aſked life of thee, thereof thou mad'ſt him ſure:
to haue long life, yea ſuch a life as euer ſhould endure.

5 Great is his glozy by thy helpe, thy benefits and ayde:
great woꝛſhip and great honour both, thou haſt vpon him layd.
6 Thou wilt giue him felicity that neuer ſhall decay:
and with thy chearefull countenance wilt comfoꝛt him alway.

7 Foꝛ why, the King doth ſtrongly truſt, in God foꝛ to pꝛeuaile:
therefoꝛe his goodneſſe and his grace, will not that he ſhall quaile.
8 But let thine enemies feele thy faꝛce, and thoſe that thee withſtand:
find out thy foes, and let them feele the poꝛwer of thy right hand.

9 And

9 And like an Ouen burne them Lord in fiery flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou wilt root out of the earth their fruit that ſhould increaſe:
and from the number of the folke, their ſeed ſhall end and ceaſe.

11 For why, much miſchiefe did they muſe againſt thy holy name:
yet did they faile and had no power for to performe the ſame.
12 But as a marke thou ſhalt them ſet in a moſt open place:
and charge thy bowſtrings readily againſt thine enemies face.

13 Be thou exalted Lord therefore, in thy ſtrength euery houre:
ſo ſhall we ſing right ſolemnly, praiſing thy might and power.

Deus, Deus meus. Pſal. xxij. T. S.

Dauid complaineth himſelfe to be brought into ſuch extremities, that he is like a deſperate man, & paſt all hope, after declareth whereof he recouereth himſelfe from the bottomleſſe pit of temptations. And vnder his owne perſon hee ſetteth forth the figure of Chriſt, whome he did foreſee in the ſpirit of propheſie. So this Pſalme after two ſorts doth declare that propheſie of Eſay. He was taken forth of priſon and iudgement.

Sing this as the 21. pſalme.

O God my God, wherefore doſt thou forſake me vtterly:
and helpeſt not when I doe make my great complaint and cry?
2 To thee my God euen all day long I doe both cry and call:
I ceaſe not all the night, and yet thou heareſt not at all.

3 Euen thou that in thy Sanctuary, and holy place doſt dwell:
thou art the comfort and the ioy, and glory of Iſraell.
4 And he in whome our fathers all had all their hope for euer:
and when they put their truſt in thee, ſo doſt thou them deliuer.

5 They were deliuered euer when they called on thy Name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme more like then any man:
an out-caſt whome the people ſcorne, with all the ſpight they can.

7 And me deſpiſe, as they behold me walking on the way,
they grin, they mow, they nod their heads, and on this wiſe they ſay:
8 This man did glory in the Lord, his fauour and his loue,
let him redeeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe I came at thy requeſt:
thou didſt preſerue me ſtill in hope, while I did ſucke her breſt.
10 I was committed from my birth, with thee to haue abode:
ſince I was in my mothers wombe thou haſt beene aye my God.

The ſecond part.

11 Then Lord depart not now from me, in this my preſent griefe:
ſince I haue none to be my helpe, my ſucour and reliefe.
12 So many buls do compaſſe me, that be full ſtrong of head:
yea, buls ſo fat as though they had in Baſan field been fed.

13 They gape vpon me greedily, as though they would me ſlay:
much like a Lyon rowing out, and ramping for his pray.

14 But I drop downe like water ſhed, my ioynts in ſunder breake:
my heart doth in my body melt, like waxe againſt the heate.

15 And like a potſheard dries my ſtrength, my tongue it cleaueth faſt
vnto my iawes, and I am brought to duſt of death at laſt.
16 And many dogs doe compaſſe me, and wicked counſell eke
conſpire againſt me curſedly, they pierce my hands and feete.

17 I was tormented ſo that I might all my bones haue told:
yet ſtill vpon me they doe looke, and ſtill they me behold.
18 My garments they diuided eke in parts among them all:
and for my coat they did caſt lots, to whome it might befall.

19 Therefore I pray thee be not farre from me in this great need:
but rather ſith thou art my ſtrength, to helpe me Lord make ſpeed.
20 And from the ſword Lord ſaue my ſoule by thy might and thy power:
and keepe my ſoule thy darling deare, from dogs that would deuour.

21 And from the Lyons mouth that would me all in ſunder ſhiuer:
and from the hornes of Unicornes, Lord ſafely me deliuer.
22 And I ſhall to my brethren all thy Maieſty record:
and in thy Church ſhall prayſe the name of thee the liuing Lord.

The third part.

23 All ye that feare him praiſe the Lord, thou Jacob honour him:
and all ye ſeede of Iſraell, with reuerence worſhip him.
24 For he deſpiſeth not the poore, he turneth not away
his countenance when they doe call, but granteth to their cry.

25 Among the folke that feare the Lord, I will therefore proclaime
thy prayſe and eke thy promiſe made, for ſetting forth thy name.
26 The poore ſhall eate and be ſuffic'd, and thoſe that doe their deuer
to know the Lord, ſhall praiſe his name, their hearts ſhall liue for ever.

27 All coaſts of earth ſhall prayſe the Lord, and turne to him for grace:
the heathen folke ſhall worſhip him before his bleſſed face.
28 The kingdome of the heathen folke, the Lord ſhall haue therefore:
and he ſhall be their gouernour, and king for euermore.

29 The rich man of his godly gifts ſhall feed and taſt alſo:
and in his preſence worſhip him, and bow their knees full low.
30 And all that ſhall goe downe to duſt, of life by him muſt taſt:
my ſeed ſhall ſerue and prayſe his name, while any world ſhall laſt.

31 My ſeed ſhall plainely ſhew to them, that ſhall be borne hereafter:
his iuſtice and his righteouſneſſe, and all his workes of wonder.

Dominus regit me. Pſal. xxiij. W. W.

Becauſe the Prophet had proued the great mercies of God at diuers times, and in ſundry manners, he gathereth a certaine aſſurance, fully perſwading himſelfe, that God will continue the very ſame goodnes towards him for ever.

Sing this as the 21. Pſalme.

THe Lord is onely my ſupport, and he that doth me feed:
how can I then lacke any thing, whereof I ſtand in need?

2 He doth me fold in coates moſt ſafe, the tender graſſe faſt by,
and after driues me to the ſtreames which run moſt pleaſantly.

3 And when I feele my ſelfe neere loſt, then doth he me home take,
conducting me in his right pathes, euen for his owne names ſake.
4 And though I were euen at deaths doze, yet would I feare none ill:
for with thy rod and ſhepheards crooke I am comforted ſtill.

5 Thou haſt my table richly deckt, in deſpight of my foe:
thou haſt my head with balme refreſht, my cup doth ouerflow.
6 And finally while breath doth loſt, thy grace doth me defend:
and in the houſe of God will I my life for euen ſpend.

Another by *Thomas Sternhold.*

My ſhepheard is the liuing Lord, nothing therefore I need:
in paſtures faire, with waters calme, he ſets me for to feed.
2 He did conuert and glad my ſoule, and brought my mind in frame:
to walke in paths of righteouſneſſe, for his moſt holy Name.

3 Yea though I walke in vale of death, yet will I feare none ill:
thy rod, thy ſtaffe doth comfort me, and thou art with me ſtill.
4 And in the preſence of my foes, my table thou ſhalt ſpread:
thou ſhalt (O Lord) fil full my cup, and eke annoynt my head.

5 Through all my life thy fauour is ſo frankly ſhewed to me,
that in thy houſe for euermore, my dwelling place ſhall be.

Domini eſt terra. Pſal. xxiiij. I. H.

Becauſe the grace of God was then to be vttered in the Temple, more glorious then before it had been in the Tabernacle, Dauid giueth it a moſt glorious title, & with exclamation ſetteth forth the honour thereof, ſtirring vs to the conſidering of the eternall manſion prepared for vs in the heauens, whereof this was a ſhaddow and figure.

Sing this as the 21. pſalme.

The earth is all the Lords, with all her ſtore and furniture:
yea, his is all the world, and all that therein doe indure.
2 For he hath faſtly founded it, aboue the ſea to ſtand:
and laid alow the liquid flouds, to flow beneath the land.

3 For who is he (O Lord) that ſhall aſcend into thy hill:
or paſſe into thy holy place, there to continue ſtill:
4 Whoſe hands are harmeleſſe, and whoſe heart no ſpot there doth defile:
his ſoule not ſet on vanity, who hath not ſworne to guile.

5 Him that is ſuch a one the Lord ſhall place in bliſſefull plight:
and God his God and Sauiour, ſhall yeeld to him his right.
6 This is the brood of trauellers, in ſeeking of his grace:
as Jacob did the Iſraelites in that time of his race.

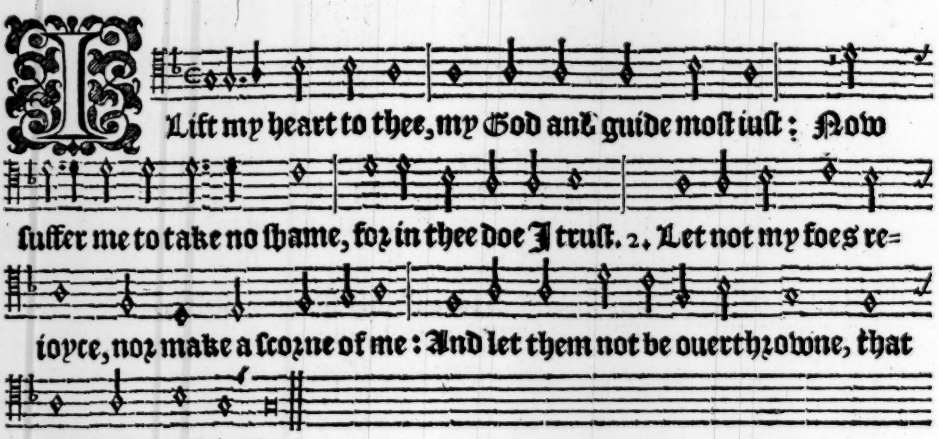
7 Yee Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the King of glorious ſtate.

8 What is the King of glorious ſtate? the ſtrong and mighty Lord:
the mighty Lord in battailes ſtout, and tryall of the ſword.

9 Yee Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the King of glorious ſtate.
10 What is the King of glorious ſtate? the Lord of hoaſts he is:
the Kingdome and the royalty, of glorious ſtate is his.

Ad te Domine leuaui. Pſal. xxv. T.S.

The Prophet touched with the conſideration of his ſinnes, and alſo grieued with the cruell malice of his enemies: prayeth to God moſt fervently to haue his ſinnes forgiuen, eſpecially ſuch as he had committed in his youth. He beginneth euery verſe according to the Hebrew Letters, two or three excepted.



3 But ſhame ſhall them befall, which harme me wrongfully:
therefore thy paths and thy right waies, vnto me Lord deſcry.
4 Direct me in thy truth, and teach me I thee pray:
thou art my God and ſauiour, on thee I waite alway.

5 Thy mercies manifold, I pray thee Lord remember,
and eke thy pitty plentifull, for they haue been for euer.
6 Remember not the faults, and frailtie of my youth:
remember not how ignorant, I haue beene of thy truth.

7 Nor after my deſerts, let me thy mercy find:
but of thine owne benignity, Lord haue me in thy mind.
8 His mercy is full ſweete, his truth a perfect guide:
therefore the Lord will ſinners teach, and ſuch as goe aſide.

9 The humble he will teach, his precepts for to keepe:
he will direct in all his waies, the lowly and the meeke.

10 For all the waies of God are truth and mercy both:
to them that keepe his testament, the witnesse of his troth.

The second part.

11 Now for thy holy Name, O Lord I thee intreate:
to graunt me pardon for my sinne, for it is wondrous great.
12 Who so doth feare the Lord, the Lord doth him direct,
to leade his life in such a way as he doth best accept.

13 His soule shall euermore in goodnesse dwell and stand,
his seede and his posteritie inherite shall the land.
14 All those that feare the Lord, know his secret entent:
and vnto them he doth declare, his will and Testament.

15 Mine eyes and eke mine heart to him I will aduance,
that pluckt my feete out of the snare of sinne and ignorance.
16 With mercy me behold, to thee I make my mone:
for I am poore and desolate, and comfort lesse alone.

17 The troubles of my heart are multiplied indeed:
bring me out of this misery, necessity and need.
18 Behold my pouerty, mine anguish and my paine:
remit my sinne and mine offence, and make me cleane againe.

19 O Lord behold my foes, how they doe still increase:
pursuing me with deadly hate, that faine would liue in peace.
20 Preserue and keepe my soule, and eke deliuer me:
and let me not be ouerthrowne, because I trust in thee.

21 Let my simple purenesse, me from mine enemies shend:
because I looke as one of thine, that thou shouldst me defend.
22 Deliuer Lord thy folke, and send them some relieke:
I meane thy chosen Israell, from all their paine and griefe.

Iudica me Domine. Psal. xxvj. T.S.

David iniuriously oppressed, and helpelesse, yet assured of his integrity to Saul, calleth God to helpe him causelesly affluted. Then he desireth to bee in the coupany of the faithfull, in the congregation of God, whence he was banished by Saule, promising godly life, open prayses, thankesgiuing and sacrifice for his deliuerance.

Sing this as the 14. Psalme.

LOrd be my Iudge, and thou shalt see, my pathes are right & plaine:
I trust in God, and hope that he will strength me to remaine.
2 Proue me my God I thee desire, my waies to search and try:
as men doe proue their gold with fire, my raines and heart espie.

3 Thy goodnesse laid before my face, I durst behold alwaies:
for of thy truth I tread the trace, and will doe all my daies.
4 I doe not lust to haunt or vse with men whose deeds are vaine:
to come in house I doe refuse with the deceitfull traine.

5 I much abhorre the wicked ſort, their deeds I doe deſpiſe:
I doe not once to them reſort that hurtfull things deuiſe.
6 My hands I waſh, and doe proceed in workes to walke vpright:
then to thine Altar I make ſpeed, to offer there in ſight.

7 That I may ſpeake and preach the praiſe, that doth belong to thee:
and ſo declare how wondrous waies, thou haſt been good to mee.
8 O Lord thy houſe I loue moſt deare, to me it doth excell:
I haue delight and would be neare, whereas thy grace doth dwell.

9 O ſhut not vp my ſoule with them, in ſinne that take their fill:
nor yet my life among thoſe men, that ſeeke much blood to ſpill.
10 whoſe hands are heapt with craft and guile, their life thereof is full:
and their right hand with wrench and wile, for bribes doth plucke & pul.

11 But I in righteouſneſſe intend my time and dayes to ſerue,
haue merey Lord and me defend, ſo that I doe not ſwerue.
12 My foot is ſtayd for all aſſaies, it ſtandeth well and right:
wherefore to God I will giue prayſe in all the peoples ſight.

Dominus illuminatio. Pſal. xxvij. T.S.

Dauid deliuered from gread perils, giueth thankes: wherein we ſee his conſtant faith againſt the aſſaults of all his enemies, and the end why he deſireth to liue and to be deliuered. Thus he exhorteth to faith, and to attend vpon the Lord.

Sing this as the 21. Pſalme.

THe Lord is both my helpe and light, ſhall men make me diſmaid?
ſith God doth giue me ſtrength and might, why ſhould I be affraid?
2 While that my foes with all their ſtrength begin with me to braule,
and thinke to eate me vp at length, themſelues haue caught the fall.

3 Though they in campe againſt me lie, my heart is not afraid:
in battell pight if they will try, I truſt in God for aid.
4 One thing of God I doe require, that he would not deny:
for which I pray and will deſire, till he to me apply.

5 That I within his holy place my life throughout may dwell:
to ſee the beauty of his face, and view his Temple well.
6 In time of dread he ſhall me hide within his place moſt pure:
and keepe me ſecret by his ſide, as on a rocke moſt ſure.

7 At length I know the Lords good grace ſhall make me ſtrong and ſtout
my foes to foyle and cleane deface, that compaſſe me about.
8 Therefore within his houſe will I giue ſacrifice and prayſe:
with Pſalmes and ſongs I will apply to laud the Lord alwaies.

The ſecond part.

9 Lord heare the voyce of my requeſt, for which to thee I call:
haue mercy Lord on me oppreſt, and ſend me helpe withall.
10 My heart doth knowledge vnto thee, I ſue to haue thy grace:
then ſeeke my face, ſaith thou to me, Lord I will ſeeke thy face.
11 In wrath turne not thy face away, nor ſuffer me to ſlide:

thou

thou art my helpe ſtill to this day, be ſtill my God and guide.
12 My parents both their ſonne forſooke and caſt me off at large:
and then the Lord himſelfe yet tooke of me the care and charge.

13 Teach me O Lord the way to thee, and leade me on forth right:
for feare of ſuch as watch for me, to trap me if they might.
14 Doe not betake me to the will of them that be my foes,
for they ſurmiſe againſt me ſtill, falſe witneſſe to depoſe.

15 My heart would faint, but that in me this hope is fixed faſt:
the Lords Gods good grace ſhall it ſee, in life that aye ſhall laſt.
16 Truſt ſtill in God whoſe whole thou art, his will abide thou muſt:
and he ſhall eaſe and ſtrength thy heart, if thou in him do truſt.

Ad te Domine clamabo. Pſal. xxviij. T. S.

Being in great feare and penſiuenеſſe to ſée God diſhonored by the wicked men, he deſireth to be rid of them and cryeth for vengeance againſt them, and at length aſſured himſelfe that God had heard his prayer, to whoſe tuition he commendeth all the faithfull.

Sing this as the 21. Pſalme.

THou art O Lord my ſtrength and ſtay, the ſuccour which I craue:
neglect me not leaſt I be like to them that goe to graue.
2 The voyce of thy ſuppliant heare, that vnto thee doth cry:
when I lift vp my hands vnto thy holy Arke moſt hie.

3 Repute me not among the ſort of wicked and peruert,
that ſpeake right faire vnto their friends, and thinke full ill in heart.
4 According to their handy worke, as they deſerue indeed:
and after their inuentions, let them receiue their meed.

5 For they regard nothing Gods workes, his law, ne yet his lore:
therefore he will them and their ſeed, deſtroy for euermore.
6 To render thankes vnto the Lord how great a cauſe haue I,
my voyce, my prayer, and my complaint, that heard ſo willingly.

7 He is my ſhield and fortitude, my buckler in diſtreſſe:
my hope, my helpe, my hearts reliefe, my ſong ſhall him confeſſe.
8 He is our ſtrength and our defence, our enemies to reſiſt:
the health and the ſaluation of his elect by Chriſt.

9 Thy people and thy heritage, Lord bleſſe, guide and preſerue:
increaſe them Lord, and rule their hearts, that they may neuer ſwerue.

Afferte Domino. Pſal. xxix. I. H.

An excellent Pſalme, wherein the Prophet exhorteth the very Princes and Rulers of the World, which otherwiſe for the moſt part thinke there is no God, at the leaſt to feare him for the thunders and tempeſts, for feare whereof all creatures tremble. And though thereby God threatneth ſinners, yet he is alwaies mercifull to his, and moueth them thereby to praiſe his name.

Sing this as the 30. Pſalme.

GIue to the Lord ye Potentates, ye Rulers of the world:
giue ye all praiſe, honour and ſtrength vnto the liuing Lord.
2 Giue honour to his holy name, and honour him alone:
worſhip him in his Maieſty, within his holy throne.

3 His voyce doth rule the waters all, euen as himſelfe doth pleaſe:
he doth prepare the thunder-claps, and gouerns all the ſeas.
4 The voyce of God is of great force, and wondrous excellent:
it is moſt mighty in effect, and moſt magnificent.

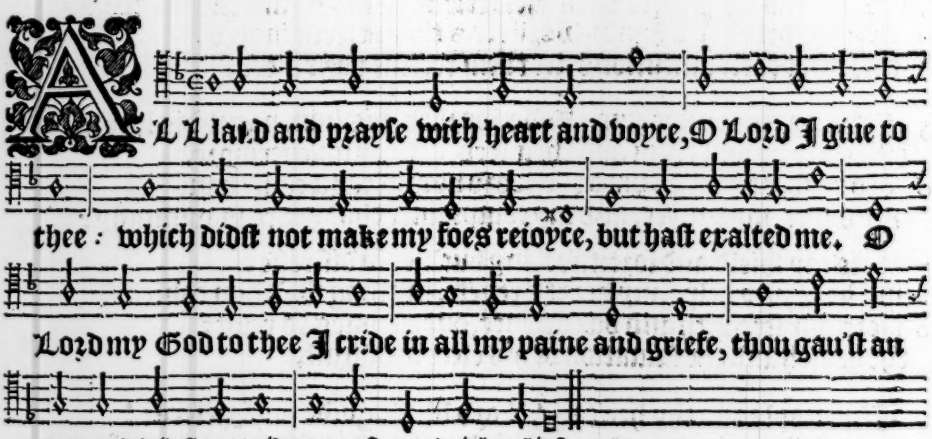
5 The voyce of God doth rend and breake the Cedar trees ſo long:
the Cedar trees of Libanus, which are moſt hie and ſtrong.
6 And makes them leape like as a Calfe, or elſe the Unicorne:
not onely trees, but mountaines great, whereon the trees are borne.

7 His voyce deuideth flames of fire, and ſhakes the wilderneſſe:
8 It makes the Deſert quake for feare, that called is Cades.
9 It makes the Hinds for feare to calue, and makes the couert plaine:
then in his Temple euery man his glory doth proclaime.

10 The Lord was ſet aboue the flouds ruling the raging Sea:
ſo ſhall he raigne as Lord and King for euer and for aye.
11 The Lord will giue his people power in vertue to increaſe:
the Lord will bleſſe his choſen folke with euerlaſting peace.

Exaltabo te Domine. *Pſal.* xxx. T.S.

When Dauid ſhould haue dedicated his houſe to the Lord, he fell ſo extreame ſicke, that he was without all hope of life: and therefore after recouery, he rendreth thanks to God, exhorting others to the like, and to learne by his example, that God is rather mercifull then ſeuere & rigorous towards his children, & alſo ſ the fall from proſperitie to aduerſity is ſodaine. This done hee returneth to prayer, promiſing to prayſe God for euer.



3 Of thy good will thou haſt cald backe my ſoule from hell to ſaue:
Thou didſt reuiue when ſtrength did lacke, and kept me from the graue.
4 Sing prayſe ye Saints that prooue and ſee the goodneſſe of the Lord:
in memory of his Maieſty, reioyce with one accord.

5 For why, his anger but a ſpace doth laſt, and ſlacke againe:
but in his fauour and his grace, alwaies doth life remaine.
6 Though gripes of griefe, & pangs full ſore, ſhall lodge with vs all night:
the Lord to ioy ſhall vs reſtore, before the day be light.

7 When

7 When I enioyed the world at will, thus would I boaſt and ſay,
tuſh, I am ſure to feele none ill, this wealth ſhall not decay.
8 For thou O Lord of thy good grace, haſt ſent me ſtrength and ayd:
but when thou turnd'ſt away thy face, my mind was ſore diſmaid.

9 Wherefore yet did I cry, to thee O Lord of might:
my God with plaints I did apply, and prayed both day and night.
10 What gaine is in my bloud ſaid I, if death deſtroy my dayes?
doth duſt declare thy Maieſty, or yet thy truth doth prayſe?

11 Wherefore my God ſome pitty take, O Lord I thee deſire:
doe not this ſimple ſoule forſake, of helpe I thee require.
12 Then didſt thou turne my greefe and woe, into a chearefull voice:
the mourning weed thou tookſt me fro, and mad'ſt me to reioyce.

13 Wherefore my ſoule vnceſſantly, ſhall ſing vnto thy praiſe:
my Lord my God, to thee will I giue laud and thankes alwaies.

In te Domine ſperaui. Pſal. xxxj. I. H.

Dauid delivered from ſome great danger in the deſert of Maon, or elſewhere, firſt he rehearſeth what meditation hee had by the power of faith when death was before his eyes, his enemies being ready to take him: Then adioyneth the fauour of God alwaies to be ready to thoſe that feare him. Finally, he exhorteth all the faithfull to truſt in God and to loue him, becauſe he preſerueth and ſtrengthneth them as they may ſee by his example.

Sing this as the 18. Pſalme.

O Lord I put my truſt in thee, let nothing worke me ſhame:
as thou art iuſt deliuer me, and ſet me quite from blame.
2 Heare me O Lord and that anon, to helpe me make good ſpeede:
be thou my rocke and houſe of ſtone, my fence in time of need.

3 For why, as ſtones thy ſtrength is tride, thou art my fort and tower:
for thy name ſake be thou my guide, and leade me in thy power.
4 Plucke forth my feete out of the ſnare, which they for me haue laid:
thou art my ſtrength, and all my care, is for thy might and aid.

5 Into thy hands Lord I commit, my ſpirit which is thy due:
for why, thou haſt redeemed it, O Lord my God moſt true.
6 I hate ſuch folke as will not part, from things that be abhord:
when they on trifles ſet their hearts, my truſt is in the Lord.

7 For I will in thy mercy ioy, I ſee it doth excell:
thou ſeeſt when ought would me annoy, and knowſt my ſoule full well.
8 Thou haſt not left me in their hand, that would me ouercharge:
but thou haſt ſet me out of band, to walke abroad at large.

The ſecond part.

9 Great griefe (O Lord) doth me aſſaile, ſome pitty on me take:
mine eyes wax dim, my ſight doth faile, my wombe for woe doth ake.
10 My life is worne for griefe and paine, my yeares in woe are paſt:
my ſtrength is gone, and through diſdaine, my bones corrupt and waſt.

11 Among

11 Among my foes I am a ſcorne, my friends are all diſmaid:
my neighbours and my kinſmen borne, to ſee me are affraid.
12 As men once dead are out of mind, ſo am I now forgot:
as ſmall effect in me they find, as in a broken pot.

13 I heard the brags of all the rout, their threats my mind did fray:
how they conſpirde and went about to take my life away.
14 But Lord I truſt in thee for ayd not to be ouer-trod:
for I confeſſe and ſtill haue ſaid, thou art my Lord and God.

15 The length of all my life and age, O Lord is in thy hand:
defend me from the wrath and rage, of them that me withſtand.
16 To me thy ſeruant Lord expreſſe, and ſhew thy ioyfull face:
and ſaue me Lord for thy goodneſſe, thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare their ſhame, and in the graue to fall.
18 O how great good haſt thou in ſtore, laid vp full ſafe for them
that feare and truſt in thee therefore, before the ſonnes of men?

19 Thy preſence ſhal them fence and guide from all proud brags & wrongs
within thy place thou ſhalt them hide from all the ſtrife of tongues.
20 Thankes to the Lord, that hath declared on me his grace ſo farre:
me to defend with watch and ward, as in a towne of warre.

21 Thus did I ſay both day and night, when I was ſore oppreſt:
loe I was cleane caſt out of ſight, yet heardſt thou my requeſt.
22 Yee Saints loue ye the Lord I ſay, the faithfull he doth guide,
and to the proud he will repay according to their pride.

23 Be ſtrong and God will ſtay your heart, behold and haue a luſt:
for ſure the Lord will take your part, ſith ye on him do truſt.

Beati quorum remiſſa ſunt. Pſal. xxxij. T. S.

Dauid puniſhed with grieuous ſickneſſe for his ſinnes, counteth them happy to whome God doth not impute their tranſgreſſions: and after that he had confeſſed his ſinnes and obtained pardon, he exhorteth the wicked men to liue godly, and the good to reioyce.

Sing this as the 30. Pſalme.

THe man is bleſt whoſe wickedneſſe the Lord hath cleane remitted:
and he whoſe ſinne and wretchedneſſe, is hid and alſo couered.
2 And bleſt is he to whome the Lord imputeth not his ſinne:
which in his heart hath hid no guile, nor fraud is found therein.

3 For whilſt that I keepe cloſe my ſinne in ſilence and conſtraint:
my bones did weare and waſt awy, with dayly mone and plaint.
4 For night and day thy hand on me, ſo grieuous was and ſmart,
that all my bloud and humors moiſt to drineſſe did conuert.

5 I did therefore confeſſe my fault, and all my ſinnes diſcouer:
then thou (O Lord) didſt me forgiue, and all my ſinnes paſſe ouer.
6 The humble man ſhall pray therefore, and ſeeke thee in due time:
ſo that the flouds of waters great, ſhall haue no power on him.

7 When

7 When trouble and aduerſitie doe compaſſe me about:
thou art my refuge and my ioy, and thou doeſt rid me out.
8 Come hither and ſhall thee teach how thou ſhouldeſt walke aright:
and will thee guide as I my ſelfe haue learn'd by proofe and ſight.

9 Be not ſo rude and ignorant, as is the horſe and mule:
whoſe mouth without a reine or bid, from harme thou canſt not rule.
10 The wicked man ſhall manifold ſorrowes and griefes ſuſtaine:
but vnto him that truſts in God his goodneſſe ſhall remaine.

11 Be merry therefore in the Lord, ye iuſt lift vp your voyce:
and ye of pure and perfect heart, be glad and eke reioyce.

Exultate iuſti in Domino. *Pſal.* xxxiij. I. H.

He exhorteth good men to prayſe God, for that he hath not onely created all things, and by his prouidence gouerneth the ſame, but alſo is faithfull in his promiſe: he vnderſtands mans heart, & ſcatters the counſell of the wicked, ſo that no man can be preſerued by any creature or mans ſtrength: but they that put their confidence in his mercy, ſhall be preſerued from all aduerſity.

Sing this as the 30. Pſalme.

YEe righteous in the Lord reioyce, it is a ſeemely ſight
that vpright men with thankfull voice ſhould prayſe the God of might
2 Prayſe ye the Lord with harpe and ſong in Pſalmes & pleaſant things:
with lute and inſtrument among, that ſoundeth with ten ſtrings.

3 Sing to the Lord a ſong moſt new, with courage giue him prayſe:
4 For why, his word is euer true, his workes and all his waies.
5 To iudgement, equity and right, he hath a great good will:
and with his gifts he doth delight, the earth throughout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hoaſts and powers euery one his breath to paſſe hath brought.
7 The waters great gathered hath he on heapes within the ſhore:
and hid them in the depth to be, as in a houſe of ſtore.

8 All men on earth both leaſt and moſt, feare God and keepe his law,
yee that inhabit in each coaſt, dread him and ſtand in awe.
9 What he commanded, wrought it was at once with preſent ſpeed:
what he doth will, is brought to paſſe with full effect indeed.

10 The counſell of the nations rude, the Lord doth driue to nought:
he doth defeate the multitude of their deuiſe and thought.
11 But his decrees continue ſtill, they neuer ſlacke or ſwage:
the motions of his mind and will, take place in euery age.

The ſecond part.

12 And bleſt are they to whome the Lord, as God and guide is knowne:
whome he doth chuſe of meere accord to take them as his owne.
13 The Lord from heauen caſt his ſight on men moztall by birth:
14 Conſidring from his ſeate of might, the dwellers on the earth.

15 The Lord I ſay whoſe hand hath wrought mans heart & did it frame:
for he alone doth know the thought and working of the ſame.

16 A king that truſteth in his hoaſt, ſhall nought preuaile at length:
the man that of his might doth boaſt, ſhall faile for all his ſtrength.

17 The troops of horſmen eke ſhall faile, their ſturdy Steeds ſhall ſtarue,
the ſtrength of horſe ſhall not preuaile, the rider to preſerue.
18 But loe the eyes of God intend, and watch to aide the iuſt,
with ſuch as feare him to offend, and on his goodneſſe truſt.

19 That he of death and all diſtreſſe, may ſet their ſoules from dread:
and lk that death the land oppreſſe, in hunger them to feed.
20 Wherefore our ſoule doth ſtill depend, on God our ſtrength and ſtay,
he is the ſhield vs to defend, and driue all darts away.

21 Our ſoule in God hath ioy and game, reioycing in his might:
for why, in his moſt holy name, we hope and haue delight.
22 Therefore let thy goodneſſe O Lord, ſtill preſent with vs be:
as we alwaies with one accord, doe onely truſt in thee.

Benedicam Domino. *Pſal.* xxxiiij. T. S.

After Dauid had eſcaped Achis, according as it is written in the 1 Sam. 21. whome in this title he calleth Abimelech (which was a generall name to the Kings of the Philiſtimes) he prayeth God for his deliuerance, prouoking all others by his example to truſt in God, to feare and ſerue him, who defendeth the Godly with Angels, and vtterly deſtroyeth the wicked in their ſinnes.

Sing this as the 30. *Pſalme.*

I will giue laud and honour both, vnto the Lord alwaies:
and eke my mouth for euermore, ſhall ſpeake vnto his prayſe.
2 I doe deight to laud the Lord in ſoule and eke in voyce:
that humble men and mortified, may heare and ſo reioyce.

3 Therefore ſee that ye magnifie with me the liuing Lord:
and let vs now exalt his Name, together with one accord.
4 For I my ſelfe beſought the Lord, he anſwered me againe:
and me deliuered incontinent from all my feare and paine.

5 Who ſo they be that him behold, ſhall ſee his light moſt cleare:
their countenance ſhall not be dalbt, they need it not to feare.
6 This ſilly wreth for ſome relefe vnto the Lord did call:
who did him heare without delay, and rid him out of thrall.

7 The Angell of the Lord doth pitch his tent in euery place:
to ſaue all ſuch as feare the Lord, that nothing them deface.
8 Taſt and conſider well therefore, that God is good and iuſt:
O happie man that maketh him, his onely ſtay and truſt.

9 Feare ye the Lord his holy ones, aboue all earthly thing:
for they that feare the liuing Lord are ſure to lacke nothing.
10 The Lyons ſhall be hunger-bit, and pinde with famine much:
but as for them that feare the Lord, no lacke ſhall be to ſuch.

The ſecond part.

11 Come neare therefore my children deare, and to my words giue eare:
I ſhall you teach the perfect way, how you the Lord ſhould feare.

12 But

12 Who is that man that would liue long, and leade a bleſſed life:
13 Se thou refraine thy tongue and lips, from all deceit and ſtrife.

14 Turne backe thy face from doing ill, and doe the godly deed:
enquire for peace and quietneſſe, and follow it with ſpeed.
15 For why, the eyes of God aboue vpon the iuſt are bent:
his eares likewiſe doe heare the plaint of the poore innocent.

16 But he doth frowne and bend his browes vpon the wicked traine:
and cut away the memory that ſhould of them remaine.
17 But when the iuſt doe call and cry, the Lord doth heare them ſo:
that out of paine and miſery forthwith he lets them goe.

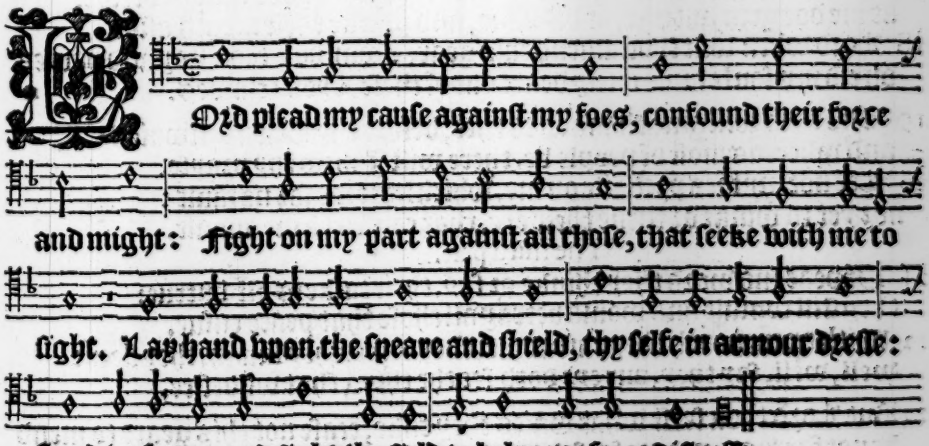
18 The Lord is kind and ſtraight at hand to ſuch as be contrite:
he ſaues alſo the ſorrowfull, the meeke and poore in ſpirite.
19 Full many be the miſeries that righteous men doe ſuffer:
but out of all aduerſities the Lord doth them deliuer.

20 The Lord doth ſo preſerue and keepe, his very bones alway:
that not ſo much as one of them doth periſh or decay.
21 The ſinne ſhall ſlay the wicked man, which he himſelfe hath wrought:
and ſuch as hate the righteous man ſhall ſoone be brought to nought.

22 But they that ſerue the liuing Lord, the Lord doth ſaue them ſound:
and who that put their truſt in him, nothing ſhall them confound.

Iudica me Domine. Pſal. xxxv. I. H.

So long as Saul was enemy to Dauid, all that had any authority vnder him, to flatter the King, did alſo moſt cruelly perſecute Dauid, againſt whome he prayeth God to plead and reuenge his cauſe, that they may be taken in their nets and ſnares which they layd for him, and his innocency to bee declared, and that the innocent which take part with him, may reioyce and prayſe the name of the Lord, that thus deliuereth his ſeruant; and ſo he promiſeth to ſpeake forth the Iuſtice of the Lord, and to magnifie his name all the dayes of his life.



3 Gird on thy ſword and ſtop the way, mine enemies to withſtand:
that thou vnto thy ſoule doſt ſay, loe I thy helpe at hand.
4 Confound them with rebuke and blame that ſeeke my ſoule to ſpill:
let them turne backe and flie with ſhame, that thinke to worke me ill.

5 Let them diſperſe and flie abroad, as wind doth driue the duſt:
and that the Angell of the Lord their might away may thruſt.
6 Let all their waies be voyd of light, and ſlippery like to fall:
and ſend thine Angell with thy might, to perſecute them all.

7 For why, without my fault they haue in ſecret ſet their gin:
and for no cauſe haue digde a caue, to take my ſoule therein.
8 When they thinke leaſt, and haue no care, O Lord deſtroy them all:
let them be trapt in their owne ſnare, and in their miſchiefe fall.

9 And let my ſoule, my heart, and voyce, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his ſauing health.
10 And then my bones ſhall ſpeake and ſay, my parts ſhall all agree:
O Lord, though they doe ſeeme full gay, what man is like to thee?

The ſecond part.

11 Thou doſt defend the weake from them that are both ſtout and ſtrong:
and rid the poore from wicked men, that ſpoyle and doe them wrong.
12 My cruell foes againſt me riſe to witneſſe things vntrue:
and to accuſe me they deuiſe of that I neuer knew.

13 Where I to them did owe good will, they quit me with diſdaine:
that they ſhould pay my good with ill, my ſoule doth ſore complaine.
14 When they were ſicke, I mourned therefore, and clad my ſelfe in ſacke:
with faſting I did faint, therefore to pray I was not ſlacke.

15 As they had been my brethren deare, I did my ſelfe behaue:
as one that maketh woefull cheare about his mothers graue.
16 But they at my diſeaſe did ioy, and gather on a rout:
yea, abiect ſlaues at me did toy, with mockes and checks full ſtout.

17 The belly gods and flattering traine, that all good things deride,
at me doe grin with great diſdaine, and plucke their mouth aſide.
18 Lord when wilt thou amend this geare? why doſt thou ſtay and pauſe?
oh rid my ſoule mine onely deare out of theſe Lyons clawes.

19 And then will giue thankes to thee, before thy Church alwaies:
and whereas moſt of people be, there will I ſhew thy prayſe.
20 Let not my foes preuaile on me, which hate me for no fault:
nor yet to winke or turne their eye, that cauſeleſſe me aſſault.

The third part.

21 Of peace no word they thinke or ſay, their talke is all vntrue:
they ſtill conſult and would betray all thoſe that peace enſue.
22 With open mouth they run at me, they gape, they laugh, they ſleer:
well, well, ſay they, our eye doth ſee the thing that we deſire.

23 But Lord thou ſeeſt what waies they take, ceaſe not this geare to mend
be not farre off, nor me forſake, as men that faile their friend.

24 Awake, arile, and ſtir abroad, defend me in my right:
reuenge my cauſe my Lord my God, and ayd me with thy might.

25 Accoꝛding to thy righteouſneſſe, my Lord God let me free:
and let them not their pꝛide expꝛeſſe, noꝛ tꝛiumph ouer mee.
26 Let not their hearts reioyce and cry, there, there, this geare goes trim:
noꝛ giue them cauſe to ſay on hie, we haue our will on him.

27 Confound them with rebuke and ſhame, that ioy when I doe mourne:
and pay them home with ſpight and blame, that bꝛag at me with ſcoꝛne.
28 Let them be glad and eke reioyce, which loue mine vpꝛight way:
and they all times with heart and voyce ſhall pꝛayſe the Lord, and ſay

29 Great is the Lord and doth excell, foꝛ why? he doth delight,
to ſee his ſeruants pꝛoſper well, that is his pleaſant ſight.
30 Wheꝛefoꝛe my tongue I will apply, thy righteouſneſſe to pꝛayſe:
vnto the Lord my God will I ſing and thankes alwaies.

Dixit iniuſtus. *Pſal.* xxxvj. I. H.

Dauid grieuouſly vexed by the wicked, doth complaine of their malice and wickednes. Then hee turneth to conſider the vnſpeakeable goodneſſe of God towards all creatures, but eſpecially towards his children, that by faith thereof he may be comforted and aſſured of his deliuerance, by the ordinary courſe of Gods woꝛkes, who in the end deſtroyeth the wicked, and ſaueth the iuſt.

Sing this as the 35. Pſalme.

THe wicked with his woꝛkes vniuſt, doth thus perſwade his heart:
that of the Lord he hath no truſt, his feare is ſet apart.
2 Yet doth he ioy in his eſtate, to walke as he began:
ſo long till he deſerue the hate of God, and eke of man.

3 His woꝛds are wicked, vile, and naught, his tongue no truth doth tell:
yet at no hand will he be taught, which way he may doe well.
4 When he ſhould ſleepe, then doth he muſe his miſchiefe to fulfill:
no wicked waies doth he refuſe, noꝛ nothing that is ill.

5 But Lord, thy goodneſſe doth aſcend aboue the heauens hie:
ſo doth thy truth it ſelfe extend vnto the cloudy ſkie.
6 Much moꝛe then hils ſo hie and ſteepe thy iuſtice is expꝛeſt:
thy iudgements like to ſeas moſt deepe, thou ſaueſt both man and beaſt.

7 Thy mercy is aboue all things, O Lord it doth excell:
in truſt whereof as in thy wings, the ſonnes of men ſhall dwell.
8 Within thy houſe they ſhall be fed, with plentie at their will:
of delights they ſhall be ſped, and take thereof their fill.

9 Foꝛ why, the well of life ſo pure doth ouer-flow from thee:
and in thy light we are full ſure, the laſting life to ſee.
10 From ſuch as thee deſire to know, let not thy grace depart:
thy reghteouſneſſe declare and ſhew to men of vpꝛight heart.

11 Let not the pꝛoud on me pꝛeuaile, O Lord of thy good grace:
noꝛ let the wicked me aſſaile, to thꝛow me out of place.

12 But they in their deuice ſhall fall, that wicked workes maintaine:
they ſhall be ouerthrowne withall, and neuer riſe againe.

Noli æmulari. Pſal. xxxvij. W. W.

Becauſe the godly ſhould not wonder to ſée the wicked men proſper in this world, the Prophet ſheweth that all things ſhall bée granted according to their hearts deſire, to them that loue and feare God: and they that doe the contrary, although they ſéeme to flouriſh for a time, ſhall at length periſh.

Sing this as the 35. pſalme.

GRudge not to ſee the wicked men in wealth to flouriſh ſtill:
nor yet enuie ſuch as to ill haue bent and ſet their will.
2 For as greene graſſe and flowriſhing hearbs are cut and wither away:
ſo ſhall their great proſperity, ſoone paſſe, fade, and decay.

3 Truſt thou therefore in God alone, to doe well giue thy mind:
ſo ſhalt thou haue the land as thine, and there ſure foode ſhalt find.
4 In God ſet all thy hearts delight, and looke what thou wouldſt haue:
or elſe canſt wiſh in all the world, thou needſt it not to craue.

5 Caſt both thy ſelfe and thine affaires on God with perfect truſt,
and thou ſhalt ſee with patience, th'effect both pure and iuſt.
6 Thy perfect life and godly name he will cleare as the light:
ſo that the Sun euer at noone dayes ſhall not ſhine halfe ſo bright.

7 Be ſtill therefore and ſteadfaſtly on God ſee thou waite then:
not ſhrinking for the proſperous ſtate of lewd and wicked men.
8 Shake off deſpight, enuie and hate, at leaſt in any wiſe:
their wicked ſteps auoyd and flye, and follow not their guiſe.

9 For euery wicked man will God deſtroy both more and leſſe:
but ſuch as truſt in God, are ſure the land for to poſſeſſe.
10 Watch but a while and thou ſhalt ſee no more the wicked traine:
no not ſo much as houſe or place, where once he did remaine.

The ſecond part.

11 But mercifull and humble men enioy ſhall ſea and Land:
in reſt and peace they ſhall reioyce, for nought ſhall them withſtand.
12 The lewd men and malicious againſt the iuſt conſpire:
they gnaſh their teeth at him as men which doe his bane deſire.

13 But while that lewd men thus do thinke, the Lord laughs thē to ſcorne
for why, he ſeeth their terme approch, when they ſhall ſigh and mourne.
14 The wicked haue their ſword out-drawne, their bow eke haue they bent
to ouerthrow and kill the poore, as he the right way went.

15 But the ſame ſword ſhall pierce their hearts, which was to kill the iuſt:
likewiſe the bowe ſhall breake to ſhiuers, wherein they put their truſt.
16 Doubtleſſe the iuſt mans poore eſtate is better a great deale more,
then all thoſe lewd and wicked mens rich pompe and heaped ſtore.

17 For be their power neuer ſo ſtrong, God will it ouerthrow:
where contrary he doth preſerue the humble men and low.
18 He ſeeth by his great prouidence, the good mans trade and way:
and will giue them inheritance, which neuer ſhall decay.

19 They

19 They shall not be discouraged, when some are hard bested:
when other shall be hungerbit, they shall be clad and fed.
20 For whosoeuer wicked is, and enemie to the Lord,
shall quaile, yea, melt as lambs grease, or smoake that flies abroad.

The third part.

21 Behold the wicked borroweth much, and neuer payes againe:
whereas the iust by liberall gifts, makes many glad and faine.
22 For they whome God doth blesse, shall haue the land for heritage:
and they whome he doth curse likewise, shall perish in his rage.

23 The Lord the iust mans waies doth guide, and giues him good successe
to euery thing he takes in hand, he sendeth good addresse.
24 Though that he fall, yet is he sure not vtterly to quaile:
because the Lord outstretcheth his hand at need and doth not faile.

25 I haue been young, and now am old, yet did I neuer see
the iust man left, nor yet his seed to beg for misery.
26 But giues alwaies most liberally, and lends whereas is need:
his children and posterity receiue of God their meed.

27 Flye vice therefore and wickednesse, and vertue do imbrace:
so God shall grant thee long to haue in earth a dwelling place.
28 For God that loueth equity, doth shew to his such grace,
that he preserues them euermore, but stroyes the wicked race.

29 Whereas the good and godly men inherit shall the land:
hauing as Lord all things therein in their owne power and hand.
30 The iust mans mouth doth euer speake of matters wise and hie:
his tongue doth talke to edifie, with truth and equitie.

31 For in his heart the law of God his Lord doth still abide:
so that where euer he goes or walkes, his foot can neuer slide.
32 The wicked like a rauening wolfe, the iust man doth beset:
by all meanes seeking him to kill, if he fall in his net.

The fourth part.

33 Though he should fall into his hands, yet God would succour send:
though men against him sentence giue, God will him yet defend.
34 Wait thou on God and keepe his way, he shall preserue thee then
the earth to rule, and thou shalt see destroyed these wicked men.

35 The wicked haue I seene most strong, and plac'd in high degree:
flourishing in all wealth and store, as doth the Lawrell tree.
36 But sodainly he passed away, and loe he was quite gone:
then I him sought, but could scarce find the place where dwelt such one.

37 Marke and behold the perfect man, how God doth him increase:
for the iust man shall haue at length great ioy with rest and peace.
38 As for transgressors woe to them, destroyed they shall be:
God will cut off their budding race, and rich posteritie.

39 But the ſaluation of the iuſt doth come from God aboue:
who in their trouble ſends them aid of his meere grace and loue.
40 God doth them helpe, ſaue and deliuer, from lewd men and vniuſt:
and ſtill will ſaue them, whilſt that they in him do put their truſt.

Domine ne in furore. *Pſal.* xxxviij. I. H.

Dauid lying ſicke of ſome grieuous diſeaſe, acknowlegeth himſelfe to bee chaſtiſed of the Lord for his ſins, and therefore prayeth God to turne away his wrath, hee vttereth the greatneſſe of his griefe by many words and circumſtances, as wounded with arrowes of Gods ire, forſaken of his friends, and euill intreated of his enemies: but in the end with firme confidence he commendeth his cauſe to God, & hopeth for ſpeedy helpe at his hand.

Sing this as the 30. Pſalme.

PVt me not to rebuke O Lord in thy prouoked ire:
ne in thy heauie wrath O Lord, correct me I deſire.
2 Thine arrowes do sticke faſt in me, thy hand doth preſſe me ſore:
and in my fleſh no health at all, appeareth any more.

3 And all this is by reaſon of thy wrath that I am in:
nor any reſt is in my bones by reaſon of my ſinne.
4 For loe my wicked doings Lord, aboue my head are gone:
a greater loade then I can beare, they lye me ſore vpon.

5 My wounds ſtinke and are feſtered ſore, as loathſome is to ſee:
which all through mine owne fooliſhneſſe, betideth vnto me.
6 And I in carefull wiſe am brought in trouble and diſtreſſe:
that I goe wailing all the day in dolefull heauineſſe.

7 My loynes are fild with ſore diſeaſe, my fleſh hath no whole part:
8 I feeble am and broken ſore, I roare for griefe of heart.
9 Thou knowſt Lord my deſire, my grones are open in thy ſight:
10 My hart doth pant, my ſtrēgth hath faild, mine eyes haue loſt their light

11 My louers and my woonted friends ſtand looking on my woe:
and eke my kinſmen farre away are me departed fro.
12 They that did ſeeke my life laid ſnares, and they that ſought the way
to doe me hurt, ſpeake lies, and thought on treaſons all the day.

The ſecond part.

13 But as a deafe man I became, that cannot heare at all:
14 And as one dumbe that opens not his mouth to ſpeake withall.
15 For all my confidence O Lord, is wholy ſet on thee:
16 O Lord, thou Lord that art my God, thou ſhalt giue eare to me.

17 This did I craue, that they my foes triumph not ouer me:
for when my foote did ſlip, then did they ioy my fall to ſee.
And truly I poore wretch am ſet in place a woefull wight:
and eke my dolefull heauineſſe is euer in my ſight.

18 For while that I my wickednеſſe in humble wiſe confeſſe:
and while I for my ſinfull deeds, my ſorrowes doe expreſſe.
19 My foes doe ſtill remaine aliue, and mighty are alſo:
and they that hate me wrongfully, in number hugely grow.

20 They ſtand againſt me that my good with euill doe repay:
because that good and honeſt things, I doe enſue alway.
21 Forſake me not O Lord my God, be thou not farre away:
22 Haſt me to helpe my Lord my God, my ſafety and my ſtay.

Dixi cuſtodiam. Pſal. xxxix. I. H.

Dauid vttereth with what griefe and bitternes of mind he was driuen to theſe outragious complaints of his infirmity, for he confeſſeth that when he had determined ſilence, that he braſt forth yet into words that he would not, through the greatneſſe of his griefe. Then he rehearſeth certaine requeſts, which taſt of infirmity of man, and mixeth them with many prayers, but all to ſhew a mind wonderfull troubled, that it may plainely appeare how he did ſtriue mightily againſt death and deſperation.

Sing this as the 35. Pſalme.

I Said I will looke to my waies, for feare I ſhould go wrong:
I will take heed all times that I offend not in my tongue.
2 As with a bit I will keepe faſt my mouth with force and might:
not once to whiſper all the while the wicked are in ſight.

3 I held my tongue and ſpake no word, but kept me cloſe and ſtill:
yea, from good talke I did refraine, but ſore againſt my will.
4 My heart waxt hot within my breſt, with muſing, thought, and doubt,
which did increaſe and ſtirre the fire, at laſt theſe words braſt out:

5 Lord number out my life and dayes, which yet I haue not paſt:
ſo that I may be certified, how long my life ſhall laſt.
6 Lord thou haſt poynted out my life, in length much like a ſpan:
mine age is nothing vnto thee, ſo vaine is euery man.

7 Man walketh like a ſhade, and doth in vaine himſelfe annoy:
in getting goods, and cannot tell who ſhall the ſame enioy.
8 Now Lord ſith things this wiſe doe ſtraine, what helpe do I deſire:
of truth my helpe doth hang on thee, I nothing elſe require.

The ſecond part.

9 From all the ſinnes that I haue done, Lord quit me out of hand:
and make me not a ſcorne to fooles that nothing vnderſtand.
10 I was as dumbe, and to complaine no trouble might my moue,
becauſe I knew it was thy worke, my patience for to proue.

11 Lord take from me thy ſcourge and plague, I can them not withſtand:
I faint and pine awaie for feare of thy moſt heauie hand.
12 When thou for ſinne doſt man rebuke, he waxeth woe and wan:
as doth a cloth that mothes haue fret, ſo vaine a thing is man.

13 Lord heare my ſute and giue good heed, regard my teares that fall:
I ſoiourne like a ſtranger here, as did my fathers all.
14 Oh ſpare a litle, giue me ſpace my ſtrength for to reſtore:
before I goe away from hence, and ſhall be ſeene no more.

Expectans expectaui. Pſal. xl. I. H.

Dauid delinered from great danger, doth magnifie and prayſe the grace of God for his deliuerance, and commendeth his prouidence towards all mankind. Then doth he promiſe to giue himſelfe wholy to Gods ſeruice, and ſo declareth how God is truly worſhipped. Afterwards giueth thankes and prayſeth God, hauing complained of his enemies, with good courage, he calleth for ayd and ſuccour.

Sing this as the 35. Pſalme.

I waited long and ſought the Lord, and patiently did beare:
at length to me he did accord, my voyce and cry to heare.
2 He pluckt me from that lake ſo deepe, out of the mire and clay:
and on a rocke he ſet my feete, and he did guide my way.

3 To me he taught a Pſalme of praiſe, which I muſt ſhew abroad:
and ſing new ſongs of thankes alwaies vnto the Lord our God.
4 When all the folke theſe things ſhall ſee, as people much afraid:
then they vnto the Lord will flie, and truſt vpon his aid.

5 O bleſt is he whoſe hope and heart, doth in the Lord remaine:
that with the proud doth take no part, nor ſuch as lie and faine.
6 For Lord my God thy wondrous deeds, in greatneſſe farre doe paſſe:
thy fauour towards vs exceeds all things that euer was.

7 When I intend and doe deuiſe thy workes abroad to ſhow:
to ſuch a reckoning they doe riſe, thereof no end I know.
8 Burnt offerings thou delightſt not in, I know thy whole deſire:
with ſacrifice to purge his ſinne, thou doſt no man require.

9 Meate offerings and ſacrifice thou wouldeſt not haue at all:
but thou O Lord haſt open made mine eares to heare withall.
10 But then ſaid I, behold and looke I come a meane to be,
for ni the volume of thy booke, thus it is ſaid of me.

11 That I O God ſhould doe thy mind, which thing doth like me well:
for in my heart thy law I find faſt placed there to dwell.
12 Thy iuſtice and thy righteouſneſſe in great reſorts I tell:
behold my tongue no time doth ceaſe, O Lord thou knoweſt full well.

The ſecond part.

13 I haue not hid within my breſt thy goodneſſe as by ſtealth:
but I declare and haue expreſt thy truth and ſauing health.
14 I kept not cloſe thy louing mind, that no man ſhould it know:
the truſt that in thy truth I find, to all the Church I ſhow.

For I with miſchiefes many one am ſore beſet about:
my ſinnes increaſe and ſo come on, I cannot ſpie them out.
15 For why, in number they exceed the haires vpon my head:
my heart doth faint for very dread, that I am almoſt dead.

16 With ſpeed ſend helpe, and let me free, O Lord I thee require:
make haſt with ſpeed to ſucour me, O Lord at my deſire.
17 Let them ſuſtaine rebuke and ſhame, that ſeeke my ſoule to ſpill:
driue backe my foes, and them defame that wiſh and would me ill.

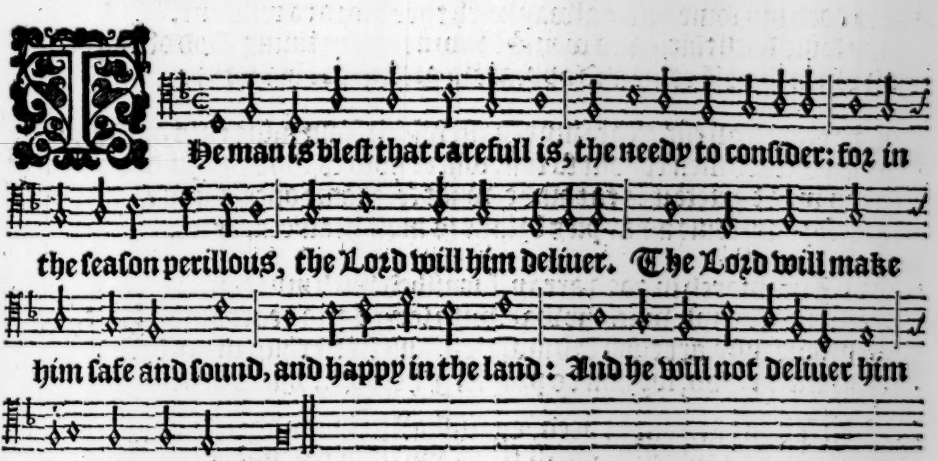
18 For their ill feates do them deſcry, that would deface my name:
alwaies at me they raile and cry, fie on him, fie for ſhame.
19 Let them in thee haue ioy and wealth, that ſeeke to thee alwaies:
that thoſe that loue thy ſauing health, my say to God be praiſe.

20 But

20 But as for me I am but poore, oppreſt and brought full low:
yet thou O Lord wilt me reſtore to health full well I know.
21 For why, thou art my hope and truſt, my refuge, helpe, and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xlj. T. S.

Dauid being grieuously afflicted, bleſſeth them that pitie his caſe, and complaineth of the treaſon of his owne friends and families, as came to paſſe in Iudas, Ioh. 13. After, he feeling the great mercies of God, gently chaſtiſing him, and not ſuffering his enemies to triumph againſt him, giueth moſt hearty thankes vnto God.



3 And in his bed when he lyes ſicke, the Lord will him reſtore:
and thou O Lord wilt turne to health, his ſickneſſe and his ſore.
4 Then in my ſickneſſe thus ſay I, haue mercy Lord on me:
and heale my ſoule which is full woe that I offended thee.

5 Mine enemies wiſht me ill in heart, and thus of me did ſay:
when ſhall he dye, that that all his name may baniſh quite away.
6 And when they come to viſit me, they aſke if I doe well:
but in their hearts miſchiefe they hatch, and to their mates it tell.

7 They bite their lips and whiſper ſo, as though they would me charme:
and caſt their fetches how to trap me with ſome mortall harme.
8 Some grieuous ſin hath brought him to this ſickneſſe ſay they plaine:
he is ſo low, that without doubt riſe can he not againe.

9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eate my bread, the ſame for me layd wait.
10 Haue mercy Lord on me therefore, and let me be preſerued:
that I may render vnto them the things they haue deſerued.

11 By this I now aſſuredly to be beloued of thee:
when that mine enemies haue no cauſe to triumph ouer me.
12 But in my right thou haſt me kept, and maintained alway:
and in thy preſence plase aſſignde, where I ſhall dwell for aye.

13 The

13 The Lord the God of Iſrael be prayſed euermore:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat. *Pſal.* xlij. I. H.

The Prophet grieuously complaineth that being letted by his perſecutors, hee could not be preſent in the congregation of Gods people, proteſting that although he was ſeparate in body from them, yet his heart was thither afflicted. And laſt of all, he ſheweth that he was not ſo far ouercome with thoſe ſorrowes and thoughts, but that he continually put his confidence in the Lord.

Sing this as the 35. Pſalme.

LIke as the Hart doth breath and bray, the welſprings to obtaine:
ſo doth my ſoule deſire alway with thee Lord to remaine.
2 My ſoule doth thirſt and would draw neere the liuing God of might:
oh when ſhall I come and appeare in preſence of his ſight?

3 The teares all times are my repaſt, which from mine eyes did ſlide:
when wicked men cry out ſo faſt, where now is God thy guide?
4 Alas what griefe it is to thinke, what freedome once I had?
therefore my ſoule as at pits brinke is moſt heauie and ſad.

When I did march in good array, furniſhed with my traine:
vnto the Temple was our way, with ſongs and hearts moſt faine.
5 My ſoule why art thou ſad alwaies, and fretſt thus in my breſt?
truſt ſtill in God, for him to prayſe, I hold it alwaies beſt.

By him I haue ſuccour at need, againſt all paine and griefe:
he is my God, which with all ſpeed, will haſt to ſend reliefe.
6 And thus my ſoule within me Lord doth faint to thinke vpon
the land of Iordan, and record the little hill Hermon.

The ſecond part.

7 One griefe another in doth call, as clouds burſt out their boyce:
the flouds of euill that doe fall, runne ouer me with noyſe.
8 Yet I by day felt his goodneſſe, and helpe at all aſſayes:
likewiſe by night I did not ceaſe, the liuing God to prayſe.

9 I am perſwaded thus to ſay to him with pure pretence:
O Lord thou art my guide and ſtay, my rocke and my defence.
Why doe I then in penſiueneſſe, hanging the head thus walke,
while that mine enemies me oppreſſe, and vexe me with their talke?

10 For why? they vexe my inward parts with pangs to be abhord:
when they cry out with ſtubborne hearts, where is thy God thy Lord?
11 So ſoone why doſt thou faint and quaile, my ſoule with paine oppreſt?
with thoughts why doſt thy ſelfe aſſaile ſo ſore within my breſt?

12 Truſt in the Lord thy God alwaies, and thou the time ſhalt ſee,
to giue him thankes with laud and prayſe, for health reſtord to thee.

Iudica me Deus. Pſal. xliij. T. S.

Hee prayeth to bee deliuered from them which conſpire with Abſalon, to the end hee might ioyfully prayſe God in his holy congregation.

Sing this as the 21. Pſalme.

IUdge and reuenge my cauſe O Lord, from them that euill be:
from wicked and deceitfull men, O Lord deliuer me.

2 For

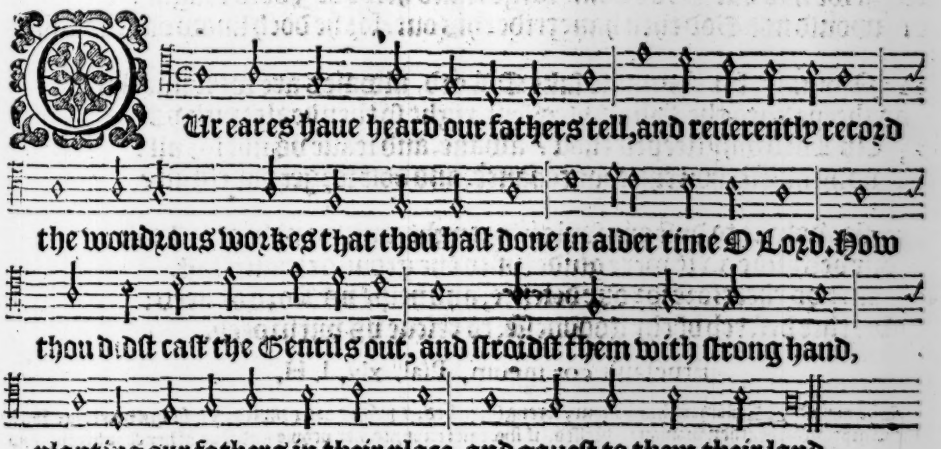
2 For of my ſtrength thou art my God, why putſt thou me thee fro?
and why walke I ſo heauily, oppreſſed with my foe?

3 Send out thy light and eke thy truth, and leade me with thy grace,
which may conduct me to thy hill, and to thy dwelling place.
4 Then ſhall I to the Altar goe of God my ioy and cheare:
and on my harp giue thankes to thee, O God, my God moſt deare.

5 Why art thou then ſo ſad my ſoule, and fretſt thus in my breſt?
ſtill truſt in God, for him to prayſe I hold it alwaies beſt.
By him I haue deliuerance againſt all paine and griefe:
he is my God which doth alwaies at need ſend me reliefe.

Deus auribus noſtris. Pſal. xliiij. T. S.

A moſt earneſt prayer made in the name of the faithfull which were afflicted by the enemies, for ſuſtaining the quarrell of Gods word, according to the expoſition of Saint Paul, Rom. 8.



3 They conquered not by ſword nor ſtrength, the land of thy behеſt:
but by thy hand, thy arme and grace, becauſe thou loueſt them beſt.
4 Thou art my King, O God, that holpe Jacob in ſundry wiſe:
5 Led with thy power we threw downe ſuch, as did againſt vs riſe.

6 I truſted not in bow, ne ſword, they could not ſaue me ſound:
thou keptſt vs from our enemies rage, thou didſt our foes confound.
7 And ſtill we boaſt of thee our God, and prayſe thy holy name:
8 Yet now thou goeſt not with our hoaſt, but leaueſt vs to ſhame.

9 Thou mad'ſt vs fly before our foes, and ſo were ouer-trod:
our enemies robd and ſpoild our goods, when we were ſpearſt abroad.
10 Thou haſt vs giuen to our foes, as ſheepe for to be ſlaine:
among the heathen euery where ſcattred we doe remaine.

11 Thy

12 Thy people thou haſt ſould like ſlaues, and as a thing of nought:
for profit none thou haſt thereby, no gaine at all was ſought.
13 And to our enemies thou haſt made of vs a laughing ſtocke:
and thoſe that round about vs dwell, at vs doe grin and mocke.

The ſecond part.

14 Thus we ſerue for none other vſe, but for a common talke:
they mocke, they ſcorne, & nod their heads, where euer they go or walke.
15 I am aſhamde continually to heare theſe wicked men:
yea, ſo I bluſh that all my face, with red is couered then.

16 For why, we heare ſuch ſlandrous words, ſuch falſe reports and lyes,
that death it was to ſee their wrongs, their threatnings and their cryes.
17 For all this we forget not thee, nor yet thy couenant breake:
18 We turne not backe our hearts from thee, nor yet thy paths forſake.

19 Yet thou haſt trod vs downe to duſt, where dens of Dragons be:
and couered vs with ſhade of death, and great aduerſitie.
20 If we had our Gods name forgot, and helpe of Idols ſought:
21 Would not God then haue tride this out? for he doth know our thought.

22 Nay, nay, for thy name ſake O Lord, alwaies are we ſlaine thus:
as ſheepe vnto the Shambles ſent, right ſo they deale with vs:
23 Vp Lord why ſleepeſt thou? awake, and leaue vs not for all:
24 Why hideſt thou thy countenance, and doſt forget our thrall?

25 For downe to duſt our ſoule is brought, and we now at laſt caſt:
our belly like as it were glude, vnto the ground cleaues faſt.
26 Riſe vp therefore for our defence, and helpe vs Lord at need:
we thee beſeech of thy goodneſſe, to reſcue vs with ſpeed.

Eructauit cor meum. Pſal. xlv. I. H.

The maieſty of Salomon, his honour, ſtrength, riches, & power are prayſed, & alſo his marriage with the Egiptian an heathen woman is bleſſed, if ſhe can renounce her people and lous of her Countrey, and giue her ſelfe wholy to her husband. Vnder the which figure the wonderfull maieſty, and the increaſe of the Kingdome of Chriſt, and the Church his ſpouſe, now taken of the Gentiles, is deſcribed.

Sing this as the 26. pſalme.

My heart doth take in hand ſome godly ſong to ſing:
the prayſe that I ſhall ſhew therein pertaineth to the King.
2 My tongue ſhall be as quicke his honour to indite,
as is the pen of any Scribe, that vſeth faſt to write.

3 O faireſt of all men, thy ſpeech is pleaſant pure:
for God hath bleſſed thee with gifts, for euer to indure.
4 About thee gird thy ſword, O Prince of might elect:
with honour, glory and renowme, thy perſon pure is deckt.

5 Goe forth with godly ſpeed, in meekeneſſe, truth and right:
and thy right hand ſhall thee inſtruct, in workes of dreadfull might.
6 Thine arrowes ſharpe and keene, their hearts ſo ſore ſhall ſting:
that folke ſhall fall and kneele to thee, yea all thy foes O King.

7 Thy

7 Thy royall ſeate O Lord, for euer ſhall remaine,
because the ſcepter of thy Realme doth righteouſneſſe maintaine.
8 Becauſe thou loueſt the right, and doſt the ill deteſt:
God euen thy God hath nointed thee, with ioy aboue the reſt.

9 With Myrrhe and ſauours ſweet, thy clothes are all beſpread:
when thou doſt from thy pallace paſſe, therein to make thee glad.
10 Kings daughters do attend, in fine and rich array:
at thy right hand the Queene doth ſtand, in gold and garments gay.

11 O daughter take good heed, incline and giue good eare:
thou muſt forget thy kindred all, and fathers houſe moſt deare.
12 Then ſhall the King deſire thy beautie faire and trimme:
for why, he is the Lord thy God, and thou muſt worſhip him.

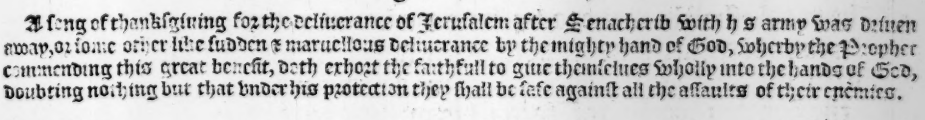
13 The Daughters then of Tyre, with gifts full rich to ſee:
and all the wealthie of the land, ſhall make their ſuite to thee.
14 The Daughter of the King is glorious to behold,
within her cloſet ſhe doth ſit, all deckt in beaten gold.

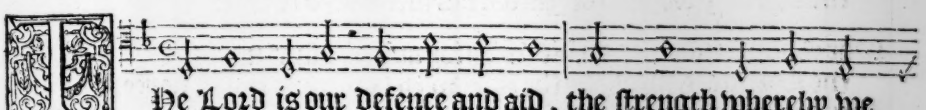
15 In robes well wrought with needle, and many a pleaſant thing,
with virgins faire on her to waite, ſhe cometh to the King.
16 Thus are they brought with ioy, and mirth on euery ſide,
into the Pallace of the King, and there they do abide.

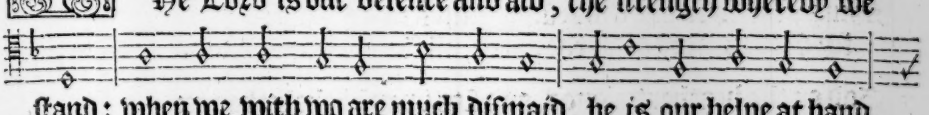
17 In ſtead of Parents left, O Queene the caſe ſo ſtands,
thou ſhalt haue ſonnes, whom thou maiſt ſet as Princes in all Lands.
18 Wherefore thy holy Name all ages ſhall record:
the people ſhall giue thankes to thee for euermore O Lord.

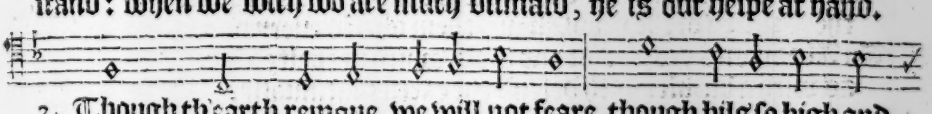
Deus noſter refugium. Pſal. xlvj. I. H.

A ſong of thankſgiuing for the deliuerance of Jeruſalem after Senacherib with his army was driuen away, or ſome other like ſudden & marueilous deliuerance by the mighty hand of God, wherby the Prophet commending this great benefit, doth exhort the faithfull to giue themſelues wholly into the hands of God, doubting nothing but that vnder his protection they ſhall be ſafe againſt all the aſſaults of their enemies.









3 No, though the waues do rage ſo ſore, that all the banks it ſpils:
and though it ouerflow the ſhore, and beate downe mighty hils.
4 For one faire floud doth ſend abroad, his pleaſant ſtreames apace:
to freſh the Citie of our God, and waſh his holy place.

5 In midſt of her the Lord doth dwell, ſhe can no whit decay:
all things againſt her that rebell, the Lord will truly ſtay.
6 The heathen folke, the kingdomes feare, the people make a noiſe:
the earth doth melt and not appeare, when God puts forth his voice.

7 The Lord of hoaſts doth take our part, to vs he hath an eye:
our hope of health with all our heart, on Jacobs God doth lie.
8 Come heare and ſee with mind and thought, the working of our God,
what wonders he himſelf hath wrought, throughout the earth abroad.

9 By him all wars are huſht and gone, which countries did conſpire:
their bowes he brake, & ſpeares each one, their chariots burnt with fire.
10 Leaue off therefore, ſaith he and know, I am a God moſt ſtout:
among the heathen high and low, and all the earth throughout.

11 The Lord of hoaſts doth vs defend, he is our ſtrength and tower:
on Jacobs God we do depend, and on his mighty power.

Omnes gentes. Pſal. xlvij. I. H.

The Prophet exhorteth all people to the worſhip of the true & euerlaſting God, commendeth the mercies of God towards the poſterity of Jacob, & propheciеth of the kingdome of Chriſt in the time of the Goſpell.

Sing this as the 45. Pſalme.

YE people all with one accord, clap hands and eke reioyce:
be glad and ſing vnto the Lord, with ſweet and pleaſant voice.
2 For high the Lord and dreadfull is, with wonders manifold:
a mighty King he is truly, in all the earth extold.

3 The people ſhall he make to be, vnto our bondage thrall:
and vnderneath our feet he ſhall the nations make to fall.
4 For vs the heritage he choſe, which we poſſeſſe alone:
the flouring worſhip of Jacob, his welbeloued one.

5 Our God aſcended vp on hie, with ioy and pleaſant noyſe,
the Lord goes vp aboue the ſkie, with trumpets royall voyce.
6 Sing praiſes to our God, ſing praiſes to our king:
for God is King of all the earth, all skilfull praiſes ſing.

7 God on the heathen reignes, and ſits vpon his holy throne:
the Princes of the people haue them ioyned euery one
8 To Abrahams people: for our God, which is exalted hie,
as with a buckler doth defend the earth continually.

Magnus Dominus. Pſal. xlviij. I. H.

A notable deliuerance of Jeruſalem from the hands of many Kings is mentioned, for the which thanks are giuen to God, and the eſtate of that Citie is praiſed, for that God is preſent at all times ready to defend it. This Pſalme ſeemeth to be made in the time of Achaz, Joſaphat, Aſa, or Ezechias, for in their times chiefly was the Citie by forreine Princes aſſaulted.

Sing

Sing this as the 46. Pſalme.

GReat is the Lord, and with great praiſe to be aduanced ſtill:
within the Citie of our God, vpon his holy hill.
2 Mount Sion is a pleaſant place, it gladdeth all the land:
the Citie of the mighty King, on her North ſide doth ſtand.

3 Within the Pallaces thereof, God is a refuge knowne:
for lo, the kings were gathered, and together eke were gone,
4 But when they did behold it ſo, they wondred, and they were
aſtonied much, and ſuddenly were driuen backe with feare.

5 Great terror there on them did fall, for very woe they crie:
as doth a woman when ſhe ſhall go trauell by and by.
6 As thou with Eaſterne wind the ſhips, vpon the ſea doſt breake,
ſo were they ſtaid, and euen as we heard our fathers ſpeake.

7 So in the Citie of the Lord, we ſaw as it was told:
yea in the Citie which our Lord for euer will vphold.
8 O Lord we wait and do attend, on thy good helpe and grace:
for which we do all times attend within thy holy place.

9 O Lord according to thy Name, for euer is thy praiſe:
and thy right hand, O Lord, is full of righteouſneſſe alwayes.
10 Let for thy iudgements Sion hill, fulfilled be with ioyes:
and eke of Iuda grant, O Lord, the daughters to reioyce.

11 Go walke about all Sion hill, yea round about her go:
and tell the towers that thereupon, are builded on a row.
12 And marke you well her bulwarks all, behold her towers there:
that ye may tell thereof to them, that after ſhall be here.

13 For this God is our God, our God for euermore is he:
yea, and vnto the death alſo, our guider ſhall he be.

Audire hæc omnes. Pſal. xlix. F. S.

The holy Ghoſt calleth all men to the conſideration of mans life, ſhewing them not to be moſt happy that are moſt wealthy, and therefore not to be feared: but contrariwiſe he lifteth vp our minds to conſider how all things are ruled by Gods prouidence: who as he iudgeth theſe worldly miſers to euerlaſting torments, ſo doth he preſerue his, and will reward them in the day of the reſurrection. 1. Theſ. 1.

Sing this as the 45. Pſalme.

ALl people hearken and giue eare, to that that I ſhall tell:
2 Both high and low, both rich and poore, that in the world do dwell.
3 For why, my mouth ſhall make diſcourſe, of many things right wiſe:
in vnderſtanding ſhall my heart, his ſtudy exerciſe.

4 I will incline mine eares to know, the parables ſo darke,
and open all my doubtfull ſpeech, in meeter on my harpe.
5 Why ſhould I feare afflictions, or any carefull toyle:
or elſe my foes which at my heeles, are preſt my life to ſpoile.

6 For as for ſuch as riches haue, wherein their truſt is moſt:
and they which of their treaſures great, themſelues do brag and boaſt:

7 There is not one of them that can his brothers death redeeme:
or that can giue a price to God ſufficient for him.

8 It is too great a price to pay, none can thereto attaine:
9 Or that he might his life prolong, or not in graue remaine.
10 They ſee wiſe men as well as fooles, ſubiect vnto deaths bands:
and being dead, ſtrangers poſſeſſe their goods, their rents, their lands.

11 Their care is to build houſes faire, and ſo determine ſure,
to make their name right great on earth, for euer to endure.
12 Yet ſhall no man alwaies enioy, high honour, wealth and reſt:
but ſhall at length taſt of deaths cup, as well as the brute beaſt.

The ſecond part.

13 And though they trie their fooliſh thoughts, to be moſt leud and vaine:
their childzen yet approue their talke, and in like ſinne remaine.
14 As ſheepe into the fold are brought, ſo ſhall they into graue:
death ſhall them eate, and in that day, the iuſt ſhall Lordſhip haue.

15 Their image and their royall port, ſhall fade and quite decay:
when as from houſe to pit they paſſe, with woe and wealeaway.
16 But God will ſurely preſerue me, from death and endleſſe paine:
becauſe he will of his good grace, receiue my ſoule againe.

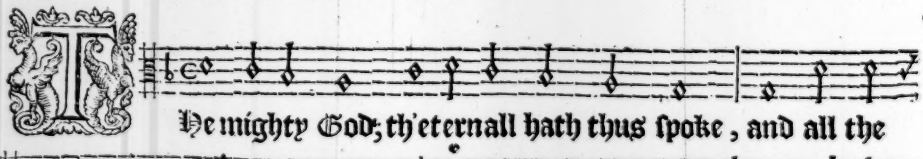
17 If any man ware wondrous rich, feare not I ſay therefore,
although the glory of his houſe increaſeth more and more.
18 For when he dies, of all theſe things nothing ſhall he receiue:
his glory will not follow him, his pompe will take her leaue.

19 Yet in this life he takes himſelfe the happieſt vnder Sunne:
and others likewiſe flatter him, ſaying, all is well done.
20 And preſuppoſe he liue as long, as did his fathers old:
yet muſt he needs at length giue place, and be brought to deaths fold.

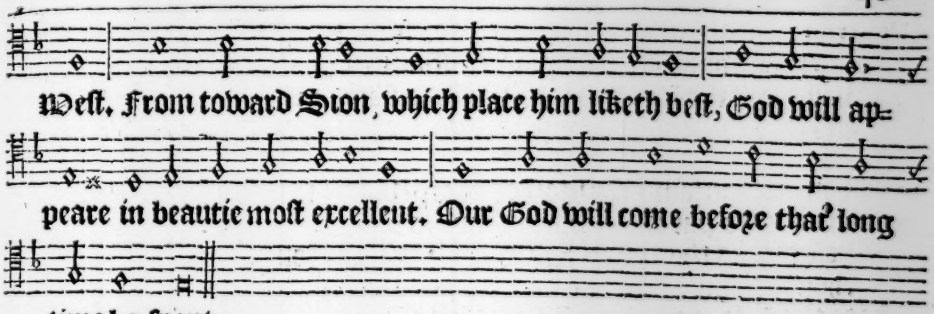
21 Thus man to honour God hath cald, yet doth he not conſider,
but like brute beaſts ſo doth he liue, which turne to duſt and powder.

Deus Deorum. Pſal. L. W.W.

He propheciеth how God will call all nations by the Goſpell, and require no other ſacrifices of his people, but confeſſion of his benefits and thankſgiuing, and how he deteſteth all ſuch as ſeeme zealous of ceremonies, and not of the pure word of God onely.



West,



Weſt. From toward Sion, which place him liketh beſt, God will ap-

peare in beautie moſt excellent. Our God will come before that long

time be ſpent.

3 Deuouring fire ſhall go before his face,
a great tempeſt ſhall round about him trace:
4 Then ſhall he call the earth and heauens bright,
to iudge his folke with equitie and right:
5 Saying, go to, and now my Saints aſſemble,
my heſts they keepe, their gifts do not diſſemble.

6 The heauens ſhall declare his righteouſneſſe:
for God is iudge, of all things more and leſſe.
7 Heare my people, for I will now reueale:
liſt Iſrael, I will thee nought conceale:
8 Thy God, thy God, am I, and will not blame thee:
for giuing not all manner offrings to me.

9 I haue no need, to take of thee at all,
Goats of thy fold, or Calfe out of thy ſtall.
10 For all the beaſts are mine within the woods:
on thouſand hils, cattell are mine owne goods.
11 I know for mine, all birds that are on mountaines:
all beaſts are mine, which haunt the fields and fountaines.

12 Hungry if I were, I would not thee it tell:
for all is mine that in the world doth dwell.
13 Eate I the fleſh, of great Buls or Bullocks?
or drinke the bloud of Goates or of the flockes?
14 Offer to God praiſe and hearty thankſgiuing,
and pay thy vowes vnto God euer-liuing.

15 Call vpon me, when troubled thou ſhalt be:
then will I helpe, and thou ſhalt honour me.
16 To the wicked thus ſaith th'eternall God:
why doſt thou preach my lawes and heſts abroad,
17 Seeing thou haſt them with thy mouth abuſed,
and hat'ſt to be by diſcipline reformed?

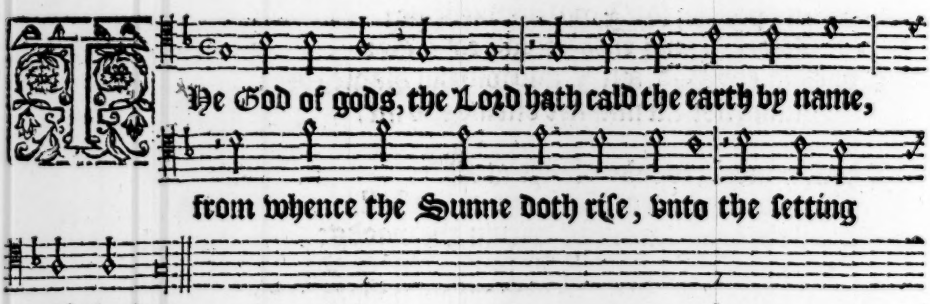
My words I ſay, thou doſt reiect and hate,
18 If that thou ſeeſt a theefe, as with thy mate:

Thou runſt with him, and ſo your pray do ſeeke:
and art all one with bauds and ruffians eke.
19 Thou giueſt thy ſelfe to backbite and to ſlander:
and how thy tongue deceiueth, it is a wonder.

20 Thou ſitteſt muſing thy brother how to blame:
and how to put thy mothers ſonne to ſhame:
21 Theſe things thou didſt, and whilſt I held my tong:
thou didſt me iudge, becauſe I ſtaid ſo long,
Like to thy ſelfe, yet though I keepe long ſilence,
once ſhalt thou feele of thy wrongs iuſt recompence.

22 Conſider this, ye that forget the Lord,
and feare not when he threatneth with his word.
Leſt without helpe, I ſpoile you as a pray.
23 But he that thanks offreth, praiſeth me aye,
Saith the Lord God: and he that walketh this trace,
I will him teach Gods ſauing health to embrace.

Another of the ſame by I. H.



of the ſame.

2 From Sion his faire place, his glory bright and cleare,
the perfect beautie of his grace, from thence it did appeare.

3 Our God ſhall come in haſt, to ſpeake he ſhall not doubt:
before him ſhall the fier waſt, and tempeſt round about.
4 The heauens from on hie, the earth below likewiſe,
he will call forth to iudge and trie, his folke he doth deuiſe.

5 Bring forth my Saints (ſaith he) my faithfull flocke moſt deare:
which are in bond and league with me, my law to loue and feare.
6 And when theſe things are tride, the heauens ſhall record,
that God is iuſt, and all muſt bide the iudgement of the Lord.

7 My people O giue heed, Iſrael to thee I crie:
I am thy God, thy helpe at need, thou canſt it not deny.
8 I do not ſay to thee, thy ſacrifice is ſlacke:
thou offreſt daily vnto me, much more then I do lacke.

9 Thinkeſt

9 Think'ſt thou that I do need, thy cattle yong or old,
or elſe ſo much deſire to feed, on Goates out of thy fold?
10 Nay, all the beaſts are mine, in woods that eate their fils:
and thouſands more of neat and kine, that run wild on the hils.

The ſecond part.

11 The birds that build on high, in hils and out of ſight:
and beaſts that in the fields do lie, are ſubiect to my might.
12 Then though I hungred ſore, what need I ought of thine,
ſith that the earth with her great ſtore, and all therein is mine?

13 To Buls fleſh haue I mind, to eate it doſt thou thinke?
or ſuch a ſweetneſſe do I find, the bloud of Goates to drinke?
14 Giue to the Lord his praiſe, with thanks to him apply:
and ſee thou pay thy vowes alwayes, vnto the God moſt hie.

15 Then ſeeke and call to me, when ought would worke thee blame:
and I will ſure deliuer thee, that thou maiſt praiſe my Name.
16 But to the wicked traine, which talke of God each day,
and yet their workes are foule and vaine, to them the Lord will ſay,

17 With what a face dar'ſt thou, my word once ſpeake or name?
why doth thy talke my law allow, thy deeds deny the ſame?
18 Whereas for to amend, thy life thou art ſo ſlacke:
my word the which thou doſt pretend, is caſt behind thy backe.

The third part.

19 When thou a theefe doſt ſee, by theft to liue in wealth:
with him thou runſt, and doſt agree, likewiſe to thriue by ſtealth.
20 When thou doſt them behold, that maids and wiues defile:
thou lik'ſt it well, and wareſt bold, to vſe that life moſt vile.

21 Thy lips thou doſt apply, to ſlander and defame:
thy tongue is taught to craft and lie, and ſtill doth vſe the ſame.
22 Thou ſtudieſt to reuile thy friends to thee ſo neare:
with ſlander thou wouldſt needs defile, thy mothers ſonne moſt deare.

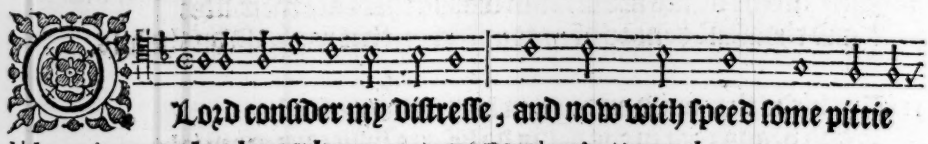
23 Hereat while I do winke, as though I did not ſee,
thou goeſt on ſtill, and ſo doſt thinke, that I am like to thee.
24 But ſure I will not let, to ſtrike when I begin:
thy faults in order I will ſet, and open all thy ſinne.

25 Marke this I you require, that haue not God in mind:
leſt when I plague you in mine ire, your helpe be farre to find.
26 He that doth giue to me, the ſacrifice of praiſe,
doth pleaſe me well, and he ſhall ſee to walke within my waies.

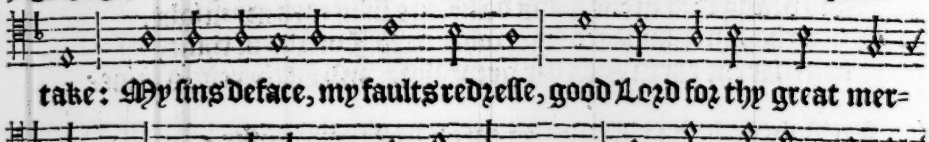
Miſerere mei Deus. Pſal. Li. W.W.

When Dauid was rebuked by the Prophet Nathan for his great offences, he did not onely acknowledge the ſame to GOD, with proteſtation of his naturall corruption and iniquitie, but alſo left a memoriall thereof to his poſteritie. Therefore, firſt he deſireth GOD to forgiue his ſins, and to renew in him

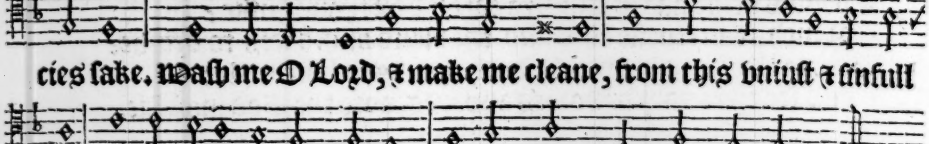
his holy Spirit, with promiſe that he will not be vnmindfull of thoſe great graces. Finally, fearing leſt God ſhould punish the whole Church for his fault, he requireth that he would rather increaſe his graces towards the ſame.



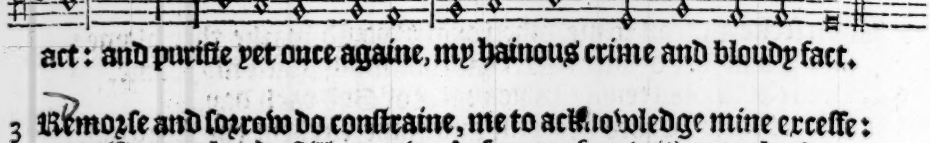
LOrd conſider my diſtreſſe, and now with ſpeed ſome pittie



take: My ſins deface, my faults redreſſe, good Lord for thy great mer=



cies ſake. Waſh me O Lord, & make me cleane, from this vniuſt & ſinfull



act: and purifie yet once againe, my hainous crime and bloudy fact.

3 Remorſe and ſorrow do conſtraine, me to acknowledge mine exceſſe:
my ſinnes alas do ſtill remaine, before my face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therfore condemned, yet were thy iudgments iuſt & right.

5 It is too manifeſt alas, that firſt I was conceiued in ſinne:
yea of my mother ſo borne was, and yet vile wretch remaine therein.
6 Alſo behold Lord thou doſt loue, the inward truth of a pure heart:
therefore thy wiſedome from aboue, thou haſt reueald me to conuert.

7 If thou with hyſope purge this blot, I ſhall be cleaner then the glaſſe:
and if thou waſh away my ſpot, the ſnow in whiteneſſe ſhall I paſſe.
8 Therefore O Lord ſuch ioy me ſend, that inwardly I may find grace:
& that my ſtrength may now amend, which thou haſt ſwag'd for my treſpas

9 Turne backe thy face and frowning ire, for I haue felt enough thy hand:
and purge my ſinnes I thee deſire, which do in number paſſe the ſand.
10 Make new my heart within my breaſt, and frame it to thy holy will:
thy conſtant ſpirit in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not Lord out from thy face, but ſpeedily my torments end:
take not from me thy ſpirit & grace, which may from dangers me defend
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to find:
and let me thy free ſpirit retaine, which vnto thee may ſtirre my mind.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therein:
and men that are likewiſe brought low, by mine example ſhall flie ſinne.
14 O God that of my health art Lord, forgiue me this my bloudy vice:
my heart and tongue ſhall then accord, to ſing thy mercies and iuſtice.

15 Touch

15 Touch thou my lips, my tongue vntie, O Lord which art the onely key:
and then my mouth ſhall teſtifie, thy wonderous workes & praiſe alway.
16 And as for outward ſacrifice, I would haue offered many one:
but thou eſteem'ſt them of no price, & therein pleaſure tak'ſt thou none.

17 The heauie heart, the mind oppreſt, O Lord thou neuer doſt reiect:
and to ſpeake truth it is the beſt, and of all ſacrifice th'effect.
18 Lord vnto Sion turne thy face, poure out thy mercies on thy hill:
and on Jeruſalem thy grace, build vp the wals, and loue ſtill.

19 Thou ſhalt accept then our offrings of peace and righteouſneſſe I ſay:
yea calues and many other things, vpon thine altar will we lay.

Another of the ſame by I. H.

Sing this as the Lamentation.

HAue mercy on me God after, thy great abounding grace:
after thy mercies multitude, do thou my ſinnes deface.
2 Yea, waſh me more from mine offence, and cleanſe me from my ſinne:
for I do know my faults, and ſtill my ſinnes are in mine eyne.

3 Againſt thee, thee alone I haue offended in this caſe:
and euill haue I done before the preſence of thy face.
4 That in the things that thou doſt ſay, vpright thou maiſt be tride:
and eke in iudging that the doome may paſſe vpon thy ſide.

5 Behold in wickedneſſe my kind and ſhape I did receiue:
and loe my ſinfull mother eke, in ſinne did me conceiue.
6 But loe, the truth in inward parts is pleaſant vnto thee:
and ſecrets of thy wiſedome thou reuealed haſt to me.

7 With hyſope Lord beſprinkle me, I ſhall be cleanſed ſo:
yea, waſh thou me, and ſo I ſhall be whiter then the ſnow.
8 Of ioy and gladneſſe make thou me, to heare the pleaſing voice:
that ſo the bruiſed bones which thou haſt broken may reioyce.

9 From the beholding of my ſinnes, Lord turne away thy face,
and all my deeds of wickedneſſe do vtterly deface.
10 O Lord create in me a heart vnſpotted in thy ſight:
and eke within my bowels Lord renew a ſtable ſpirite.

11 Ne caſt me from thy ſight, nor take thy holy ſpirit away:
the comfort of thy ſauing helpe, giue me againe I pray.
12 With thy free ſpirit eſtabliſh me, and I will teach therefore
ſinners thy waies, and wicked ſhall be turned to thy lore.

The ſecond part.

13 O God that art God of my health, from bloud deliuer me,
that praiſes of thy righteouſneſſe, my tongue may ſing to thee.
14 My lips that yet faſt cloſed be, do thou O Lord vnlooſe:
the praiſes of thy Maieſtie my mouth ſhall ſo diſcloſe.

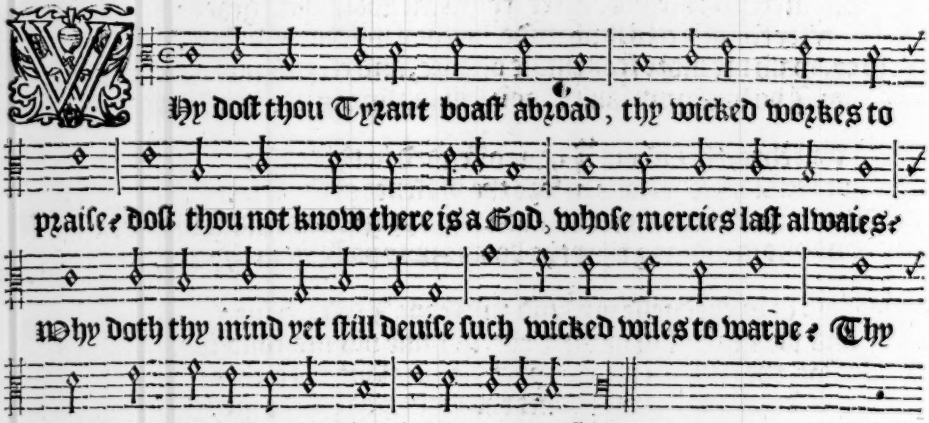
15 I

15 I would haue offered sacrifice, if that had pleased thee:
but pleased with burnt offerings, I know thou wilt not be.
16 A troubled spirit is sacrifice delightfull in Gods eyes:
a broken and an humble heart, Lord thou wilt not despise.

17 In thy good will deale gently Lord to Sion, and withall
grant that of thy Jerusalem, vpreard may be the wall.
18 Burnt offerings, gifts and sacrifice, of iustice in that day,
thou shalt accept, and Calues they shall vpon thine altar lay.

Quid gloriaris. Psal. Lij. I. H.

Dauid describeth the arrogant tyrannie of his aduersary Doeg, Saules chiefe shepheard, who by false surmises caused Abimelech with the rest of the Priests to be slaine. Dauid prophecieth his destruction, and encourageth the faithfull to put their confidence in God, whose iudgements are most sharpe against his aduersaries. And finally, he rendreth thankes to God for his deliuerance. In this Psalme is liuely set forth the kingdome of Antichrist.



3 On mischiefe why setst thou thy mind, and wilt not walke vpright?
thou hast more lust false tales to find, then bring the truth to light.
4 Thou dost delight in fraud and guile, in mischiefe, bloud and wrong:
thy lips haue learnd the flattering stile, O false deceitfull tongue.

5 Therefore shall God for aye confound, and plucke thee from thy place,
thy seed root out from off the ground, and so shall thee deface.
6 The iust when they behold thy fall, with feare shall praise the Lord,
and in reproch of thee withall, crie out with one accord:

7 Behold the man that would not take, the Lord for his defence,
but of his goods his god did make, and trust his corrupt sense.
8 But I an Oliue fresh and greene, shall spring and spread abroad:
for why, my trust all times hath bene, vpon the liuing God:

9 For this therefore will I giue praise, to thee with heart and voice:
I will set forth thy Name alwaies, wherein thy saints reioyce.

Dixit

Dixit inſipiens. Pſal. Liij. T. N.

The Prophet deſcribeth the crooked nature, crueltie, and puniſhment of the wicked, when they looked not for it, and deſireth the deliuerance of the godly, that they may reioyce together.

Sing this as the 46. Pſalme.

THe fooliſh man in that which he, within his heart hath ſaid:
that there is any God at all, hath vtterly denaid.
2 They are corrupt, and they alſo a haynous worke haue wrought:
among them all there is not one, of good that worketh ought.

3 The Lord lookt downe on ſonnes of men, from heauen all abroad,
to ſee if any were that would be wiſe and ſeeke for God.
4 They are all gone out of the way, they are corrupted all:
there is not one doth any good, there is not one at all.

5 Do not all wicked workers know, that they do feed vpon
my people as they feed on bread, the Lord they call not on.
6 Euen there they were afraid and ſtood, with trembling all diſmaid:
whereas there was no cauſe at all, why they ſhould be afraid.

7 For God his bones that thee beſiegde, hath ſcattred all abroad:
thou haſt confounded them, for they reiected are of God.
8 O Lord giue thou thy people health, and thou O Lord fulfill
thy promiſe made to Iſrael, from out of Sion hill.

9 When God his people ſhall reſtore, that erſt were captiue lad:
then Iacob ſhall therein reioyce, and Iſrael ſhall be glad.

Deus in nomine. Pſal. Liiij. T. N.

Dauid brought into great danger by reaſon of the Ziphims, calleth vpon the name of God to deſtroy his enemies, promiſing ſacrifice and free offerings for ſo great deliuerance.

Sing this as the 46. Pſalme.

GOD ſaue me for thy holy Name, and for thy goodneſſe ſake:
vnto the ſtrength Lord of the ſame, I do my cauſe betake.
2 Regard O Lord, and giue an eare to me when I do pray:
bow downe thy ſelfe to me, and heare the words that I do ſay.

3 For ſtrangers vp againſt me riſe, and tyrants here me ſtill,
which haue not God before their eyes, they ſeeke my ſoule to ſpill.
4 But lo, my God doth giue me aide, the Lord is ſtraight at hand:
with them by whom my ſoule is ſtaid, the Lord doth euer ſtand.

5 With plagues repay againe all thoſe for me that lie in wait:
and in thy truth deſtroy my foes, with their owne ſnare and bait.
6 An offring of free heart and will, then I to thee ſhall make:
and praiſe thy Name, for therein ſtill great comfort I do take.

7 O Lord at length do ſet me free, from them that craft conſpire:
and now mine eye with ioy doth ſee, on them my hearts deſire.

Exaudi Deus. Pſal. Lv. T. S.

Dauid being in great heauineſſe and diſtreſſe, complaineth of the cruelty of Saul, and of the falſhood of his familiar

familiar acquaintance, vttering moſt ardent affections to moue the Lord to pitty him. After being aſſured of deliuerance, he ſetteth forth the grace of God, as though he had already obtained his requeſt.

Sing this as the 35. Pſalme.

O God giue eare and do apply, to heare when I do pray:
and when to thee I call and crie, hide not thy face away.
2 Take heed to me, grant my requeſt, and anſwer me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine.

3 Becauſe my foes with threats and cries oppreſſe me through deſpight:
and ſo the wicked ſort likewiſe, to vexe me haue delight.
4 For they in counſell do conſpire, to charge me with ſome ill:
and in their haſtie wrath and ire, they do purſue me ſtill.

5 My heart doth faint for want of breath, it panteth in my breaſt:
the terrors and the dread of death, do worke me much vnreſt.
6 Such dreadfull feare on me doth fall, that I therewith do quake:
ſuch horror whelmeth me withall, that I no ſhift can make.

7 But I do ſay, who will giue me the ſwift and pleaſant wings,
of ſome faire Doue, that I may flie, and reſt me from theſe things.
8 Lo then I would go farre away, to flie I would not ceaſſe:
and I would hide my ſelfe, and ſtay in ſome great wilderneſſe.

9 I would be gone in all the haſt, and not abide behind,
that I were quit and ouerpaſt, theſe blaſts of boyſterous wind.
10 Diuide them Lord, and from them pull their diuelliſh double tongue:
for I haue ſpide their Citie full of rapine, ſtrife and wrong.

11 Which things both night and day throughout, do cloſe her as a wall,
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her priuie parts are wicked plaine, her deeds are much too vile,
and in her ſtreets there doth remaine, all craftie fraud and guile.

The ſecond part.

13 If that my foes did ſeeke my ſhame, I could it well abide:
from open enemies checke and blame, ſome where I could me hide.
14 But thou it was my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell heare, as my familiar friend.

15 With whom I had delight to talke, in ſecret and abroad:
and we together oft did walke, within the houſe of God.
16 Let death in haſt vpon them fall, and ſend them quicke to hell:
for miſchiefe reigneth in their hall, and parlour where they dwell.

17 But I vnto my God do crie, to him for helpe I flee:
the Lord doth heare me by and by, and he doth ſuccour me.
18 At morning, noone, and euening tide, vnto the Lord I pray:
when I ſo inſtantly haue cride, he doth not ſay me nay.

19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great, that worſt againſt me ſtand.

20 The

20 The Lord that firſt and laſt doth reigne, both now and euermore,
will heare when I to him complaine, and puniſh them full ſore.

21 For ſure there is no hope that they, to turne will once accord:
for why, they will not God obey, nor do not feare the Lord.
22 Upon their friends they laid their hands, which were in couenant knit:
of friendſhip to neglect the bands, they paſſe or care no whit.

23 While they haue warre within their hearts, as butter are their words:
although their words were ſmooth as oyle, they cut as ſharp as ſwords.
24 Caſt thou thy care vpon the Lord, and he ſhall nouriſh thee:
for in no wiſe will he accord, the iuſt in thrall to ſee.

25 But God will caſt them deepe in pit, that thirſt for bloud alwaies:
he will no guilefull man permit, to liue out halfe his daies.
26 Though ſuch be quite deſtroyd and gone, in thee O Lord I truſt:
I ſhall depend thy grace vpon, with all my heart and luſt.

Miſerere mei. Pſal. Lvj. T. S.

Dauid brought to Achis King of Gath, 2. Sam. 21. 12. complaineth of his enemies, demanding ſuccour, putteth his truſt in God and in his promiſes, and promiſeth to performe his vowes which he had taken vpon him, whereof this was the effect, to praiſe God in his Church.

Sing this as the Lamentation.

HAue mercy Lord on me I pray, for man would me deuoure:
he fighteth with me day by day, and troubleth me each houre.
2 Mine enemies daily enterprize, to ſwallow me outright:
to fight againſt me many riſe, O thou moſt high of might.

3 When they would make me moſt afraid, with boaſts and brags of pride,
I truſt in thee alone for aide, by thee I will abide.
4 Gods promiſe I do mind and praiſe, O Lord I sticke to thee:
I do not care at all aſſaies, what fleſh can do to me.

5 What things I either did or ſpake, they wreſt them at their will:
and all the counſell that they take, is how to worke me ill:
6 They all conſent themſelues to hide, cloſe watch for me to lay:
they ſpie my paths, and ſnares haue tide, to take my life away:

7 Shall they thus ſcape on miſchiefe ſet? thou God on them wilt frowne:
for in his wrath he doth not let, to throw whole kingdomes downe.
8 Thou ſeeſt how oft they made me flee, and on my teares doſt looke:
reſerue them in a glaſſe by thee, and write them in thy booke.

9 When I do call vpon thy Name, my foes away do ſtart:
I well perceiue it by the ſame, that God doth take my part.
10 I glory in the word of God, to praiſe it I accord:
with ioy will I declare abroad the promiſe of the Lord.

11 I truſt in God, and yet I ſay, as I before began,
the Lord he is my helpe and ſtay, I do not care for man.
12 I will performe with heart ſo free, to God my vowes alwaies:
and I O Lord all times to thee, will offer thanks and praiſe.

13 My ſoule from death thou doſt defend, and keepe my feet vpright:
that I before thee may aſcend, to ſuch as liue in light.

Miſerere. Pſal. Lvij. I. H.

Dauid being in the deſart of Ziph, where the inhabitants did betray him, and at length in the ſame caue with Saul, calleth moſt earneſtly vnto God, with full confidence, that he will performe his promiſe, and take his cauſe in hand: alſo that he will ſhew his glorie in the heauens and earth againſt his cruell enemies, therefore doth he render laud and praiſe.

Sing this as the 44. Pſalme.

TAke pittie for thy promiſe ſake, haue mercie Lord on me:
for why, my ſoule doth her betake vnto the helpe of thee.
2 Within the ſhadow of thy wings, I ſet my ſelfe full faſt:
till miſchiefe, malice, and like things, be gone and ouerpaſt.

3 I call vpon the God moſt high, to whom I ſticke and ſtand:
I meane the God that will ſtand by, the cauſe I haue in hand.
4 From heauen he hath ſent his aide, to ſaue me from their ſpight:
that to deuoure me haue aſſaid, his mercie, truth, and might.

5 I leade my life with Lyons fell, all ſet on wrath and ire:
and with ſuch wicked men I dwell, that fret like flames of fire.
6 Their teeth are ſpeares and arrowes long, as ſharpe as I haue ſeene:
they wound & cut with their quick tong, like ſwords & weapons keene.

7 Set vp and ſhew thy ſelfe O God, aboue the heauens bright:
exalt thy praiſe on earth abroad, thy maieſtie and might.
8 They lay their net, and do prepare a priuie caue and pit:
wherein they thinke my ſoule to ſnare, but they are fallen in it.

9 My heart is ſet to laud the Lord, in him I ioy alwaies:
my heart I ſay doth well accord, to ſing his laud and praiſe.
10 Awake my ioy, awake I ſay, my Lute, my Harpe and ſtring:
for I my ſelfe before the day, will riſe, reioyce, and ſing.

11 Among the people I will tell the goodneſſe of my God:
and ſhew his praiſe, that doth excell, in heathen lands abroad.
12 His mercie doth extend as farre, as heauens all are hie:
his truth as high as any ſtarre, that ſtandeth in the ſkie.

13 Set forth and ſhew thy ſelfe O God, aboue the heauens bright:
extoll thy praiſe on earth abroad, thy maieſtie and might.

Si verè vtique. Pſal. Lviij. I. H.

He deſcribeth the malice of his enemies, the flatterers of Saul, who both ſecretly and openly ſought his deſtruction, from whom he appealeth to Gods iudgement, ſhewing that the iuſt ſhall reioyce, when they ſee the puniſhment of the wicked, to Gods glory.

Sing this as the 48. Pſalme.

YE rulers that are put in truſt, to iudge of wrong and right:
be all your iudgements true and iuſt, not knowing need or might.
2 Nay in your hearts you marke and muſe, in miſchiefe to conſent:
and where you ſhould true iuſtice vſe, your hands to bribes are bent.

3 The wicked ſort from their birth day, haue erred on this wiſe:
and from their mothers wombe alway, haue vſed craft and lies.

4 In

4 In them the poyſon and the breath, of ſerpents do appeare:
yea, like the Adder that is deafe, and faſt doth ſtop his eare.

5 Becauſe he will not heare the voice of one that charmeth well:
no though he were the chiefe of choice, and did therein excell.
6 O God breake thou their teeth at once, within their mouth throughout,
the tuſkes that in their great iaw-bones like Lyons whelps hang out.

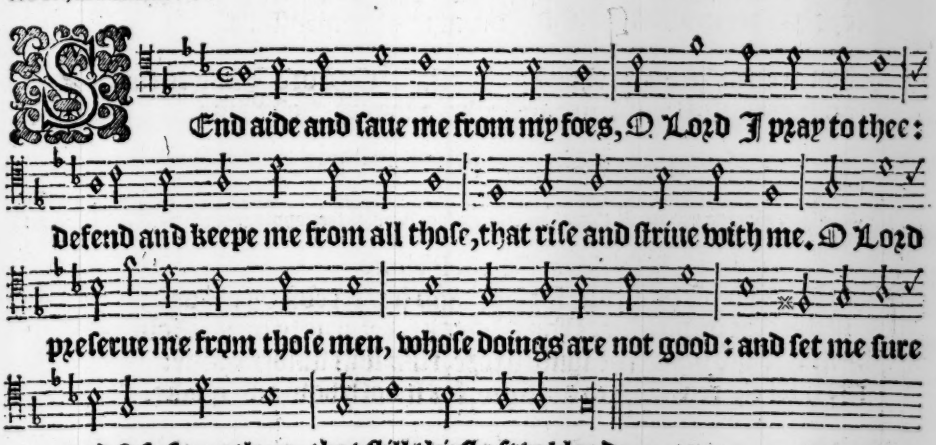
7 Let them conſume away and waſt, as water runs forth-right:
the ſhafts that they do ſhoote in haſt, let them be broke in flight.
8 As ſnailes do waſte within the ſhell and vnto ſlime do runne:
as one before his time that fell, and neuer ſaw the Sunne.

9 Before the thornes that now are yong, to buſhes big ſhall grow:
the ſtormes of anger waxing ſtrong, ſhall take them ere they know.
10 The iuſt ſhall ioy, it doth them good, that God doth vengeance take:
and they ſhall waſh their feet in bloud, of them that him forſake.

11 Then ſhall the world ſhew forth and tell, that good men haue reward:
and that a God in earth doth dwell, that iuſtice doth regard.

Eripe me. Pſal. Lix. I. H.

Dauid being in great danger of Saul, who ſent to ſlay him in his bed, prayeth vnto God, declareth his innocency and their furie, deſiring God to deſtroy all thoſe that ſinne of malicious wickednesſe, whom though he keepe aline for a time to exerciſe his people, yet in the end he will conſume them in his wrath, that he may be knowne to be the God of Iacob, to the worlds end: for this he ſingeth praiſes to God, aſſured of his mercies.



3 For lo, they wait my ſoule to take, they rage againſt me ſtill:
yea, for no fault that I did make, I neuer did them ill.
4 They run, and do themſelues prepare, when I no whit offend:
ariſe and ſaue me from their ſnare, and ſee what they intend.

5 O Lord of hoaſts of Iſrael, ariſe and ſtrike all lands,
and pittie none that do rebell, and in their miſchiefe ſtands.

6 At night they ſtirre and ſeeke about, as hounds they houle and grin:
and all the Citie cleane throughout, from place to place they run.

7 They ſpeake of me with mouth alway, but in their lips were ſwords:
they greed my death, & then wold ſay, what none doth heare our words
8 But Lord thou haſt their waies eſpide, and laught thereat apace:
the heathen folke thou ſhalt deride, and mocke them to their face.

9 The ſtrength that doth my foes withſtand, O Lord doth come of thee:
my God he is my helpe at hand, a fort of fence to me:
10 The Lord doth ſhew to me his grace, in great abundance ſtill:
that I may ſee my foes in caſe, ſuch as my heart doth will.

11 Deſtroy them not at once O God, leſt it from mind do fall:
but with thy ſtrength driue them abroad, and ſo conſume them all.
12 For their ill words and truthleſſe tongue, confound them in their pride:
their wicked oaths, with lies and wrong, let all the world deride.

13 Conſume them in thy wrath O Lord, that nought of them remaine:
that men may know throughout ỹ world, that Jacobs God doth reigne
14 At euening they returne apace as dogs they grin and crie:
throughout the ſtreets in euery place, they run about and ſpie.

15 They ſeeke about for meate I ſay, but let them not be fed,
nor find a houſe wherein they may be bold to put their head.
16 But I will ſhew thy ſtrength abroad thy goodneſſe I will praiſe:
for thou art my defence and God, at need in all aſſaies.

17 Thou art my ſtrength, thou haſt me ſtaid, O Lord I ſing to thee,
thou art my fort, my fence and aide, a louing God to me.

Deus repuliſti. Pſal. Lx. I. H.

Dauid being now King ouer Juda, and hauing had many victories, ſheweth by euident ſignes, that God elected him King, aſſuring the people that God will proſper them, if they approue the ſame. After he prayeth vnto God to finiſh that he had begun.

Sing this as the 59. Pſalme.

O Lord thou didſt vs cleane forſake, and ſcatteredſt vs abroad:
ſuch great diſpleaſure thou didſt take, returne to vs O God.
2 Thy might did moue the land ſo ſore, that it in ſunder brake:
the hurt thereof O Lord reſtore, for it doth bow and quake.

3 With heauie chance thou plagueſt thus, the people that are thine:
and thou haſt giuen vnto vs a drinke of deadly wine.
4 But yet to ſuch as feare thy Name, a token ſhall enſue:
that they may triumph in the ſame, becauſe thy word is true.

5 So that thy might may keepe and ſaue, thy folke that fauour thee:
that they thy helpe at hand may haue, O Lord grant this to me.
6 The Lord did ſpeake from his owne place, this was his ioyfull tale:
I will diuide Sichem by pace, and mete out Succoths vale.

7 Gilead

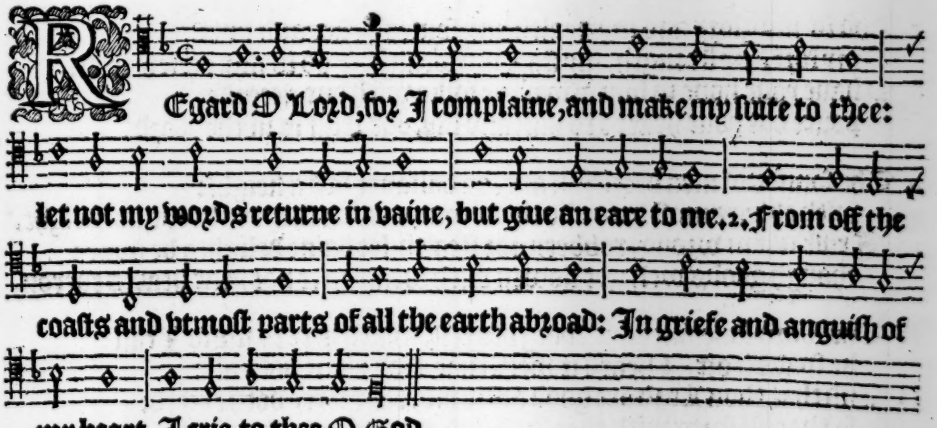
7 Gilead is giuen to my hand, Manaſſes mine beſide:
Ephraim the ſtrength of all my land, my law doth Iuda guide.
8 In Moab I will waſh my feete, ouer Edom throw my ſhoe:
and thou Paleſtine ought'ſt to ſeeke, for fauour me vnto.

9 But who ſhall bring me at this tide, vnto the Citie ſtrong?
or who to Edom will me guide, ſo that I go not wrong?
10 Wilt thou my God, which didſt forſake thy folke, their land and coaſts:
our wars in hand that wouldſt not take, nor walke among our hoaſts.

11 Giue aide O Lord, and vs relieue, from them that vs diſdaine:
the helpe that hoaſts of men can giue, it is but all in vaine.
12 But through our God we ſhall haue might, to take great things in hand:
he will tread downe and put to flight, all thoſe that vs withſtand.

Exaudi Deus. Pſal. Lxj. I. H.

whether that he were in danger of the Ammonites, or being purſued of Abſolon, here he cryeth to be heard and deliuered, and confirmed in his kingdome, promiſing perpetuall praiſe.



3 Vpon the rocke of thy great power, my wofull mind repoſe:
thou art my hope, my fort and tower, my fence againſt my foes.
4 Within thy tent I luſt to dwell, for euer to endure:
vnder thy wings I know right well, I ſhall be ſafe and ſure.

5 The Lord doth my deſire regard, and doth fulfill the ſame:
with godly gifts doth he reward all them that feare his Name.
6 The king ſhall he in health maintaine, and ſo prolong his daies,
that he from age to age ſhall reigne, for euermore alwaies.

7 That he may haue a dwelling place before the Lord for aye:
O let thy mercy, truth and grace, defend him from decay.
8 Then ſhall I ſing for euer ſtill, with praiſe vnto thy Name:
that all my vowes I may fulfill, and daily pay the ſame.

Nonne Deo ſubiecta. Pſal. Lxij. I. H.

Dauid declareth by his example, and by the nature of God, that he muſt truſt in God alone, and thereto exhorteth all people, ſeing that all is banitie, and without God all goeth to nought: and we are alwaies taught that God onely is of power to ſaue, and that he rewardeth man according to his workes.

Sing this as the 61. Pſalme.

MY ſoule to God ſhall giue good heed, and him alone attend:
for why, my health and hope to ſpeed, doth whole on him depend.
2 For he alone is my defence, my rocke, my health, my aide:
he is my ſtay, that no pretence ſhall make me much diſmaide.

3 O wicked folke, how long will ye vſe craft? ſure ye muſt fall:
for as a rotten hedge ye be, and like a tottering wall.
4 whom God doth loue, ye ſeeke alwaies to put him to the worſe:
ye loue to lie, with mouth ye praiſe, and yet your heart doth curſe.

5 Yet ſtill my ſoule doth whole depend on God my chiefe deſire:
from all falſe feats me to defend, none but him I require.
6 He is my rocke, my ſtrength, my tower, my health is of his grace:
he doth ſupport me, that no power can moue me out of place.

7 God is my glory and my health, my ſoules deſire and luſt:
my fort, my ſtrength, my ſtay, my wealth, God is mine onely truſt.
8 O haue your hope in him alway, ye folke with one accord:
poure out your hearts to him and ſay, our truſt is in the Lord.

9 The ſonnes of men deceitfull are, on ballance but a fleight:
with things moſt vaine do them compare, for they can keepe no weight.
10 Truſt not in wrong, robbery nor ſtealth, let vaine delights be gone:
though goods well got flow in with wealth, ſet not your hearts theron.

11 The Lord long ſince one thing did tell, which here to mind I call:
he ſpake it oft, I heard it well, that God alone doth all:
12 And that thou Lord art good and kind, thy mercy doth exceed:
ſo that all ſorts with thee ſhall find according to their deed.

Deus, Deus meus. Pſal. Lxiij. T. S.

Dauid after he had bene in great danger by Saul in the deſart of Ziph, made this Pſalme, wherein he giueth thankes to God for his wonderfull deliuerance, in whoſe mercies he truſted euen in the midſt of his miſeries, propheſying the deſtruction of Gods enemies, and contrariwiſe happineſſe to all them that truſt in the Lord. 1. Sam. 3.

Sing this as the 44. Pſalme.

O Lord my God I watch betime, to come to thee in haſt:
for why, my ſoule and body both, do thirſt of thee to taſt:
And in this barren wilderneſſe, where waters there are none,
my fleſh is parcht for thought of thee, for thee I wiſh alone.

2 That I might ſee yet once againe, thy glory, ſtrength and might:
as I was wont it to behold within thy Temple bright.
3 For why, thy mercies far ſurmount this life and wretched daies:
my lips therefore ſhall giue to thee, due honour, laud, and praiſe.

4 And whilſt I liue I will not faile, to worſhip thee alway:
and in thy name I ſhall lift vp, my hands when I do pray.
5 My ſoule is fild as with marrow, which is both fat and ſweet:
my mouth therefore ſhall ſing ſuch ſongs, as are for thee moſt meet.

6 When as in bed I thinke on thee, and eke all the night tide:
7 For vnder couert of thy wings, thou art my ioyfull guide.
8 My ſoule doth ſurely ſticke to thee, thy right hand is my power:
9 And thoſe that ſeeke my ſoule to ſtroy, them death ſhall ſoone deuoure.

10 The ſword ſhall them deuoure each one, their carkaſſes ſhall feed
the hungrie foxes, which do run, their prey to ſeeke at need.
11 The king and all men ſhall reioyce, that do profeſſe Gods word:
for lyers mouthes ſhall then be ſtopt, which haue the truth diſturbd.

Exaudi Deus vocem meam. Pſal. Lxiiij. I. H.

Dauid prayeth againſt the furie and falſe reports of his enemies: he declareth their puniſhment and deſtruction, to the comfort of the iuſt, and the glory of God.

Sing this as the 30. Pſalme.

O Lord vnto my voice giue eare, with plaint when I do pray:
and rid my life and ſoule from feare of foes that threat to ſlay.
2 Defend me from that ſort of men, which in deceits do lurke:
and from the frowning face of them, that all ill feats do worke.

3 Who whet their tongues as we haue ſeene men whet a ſharp their ſwords
they ſhoot abroad their arrowes keene, I meane moſt bitter words.
4 With priuie ſleight ſhoot they their ſhaft, the vpright man to hit:
the iuſt vnwares to ſtrike by craft, they care or feare no whit.

5 A wicked worke they haue decreed, in counſell thus they cry:
to vſe deceit let vs not dread, what, who can it eſpie?
6 What waies to hurt they talke and muſe all times within their heart:
they all conſult what feats to vſe, each doth inuent his part.

7 But yet all this ſhall not preuaile, when they thinke leaſt vpon,
God with his dart ſhall ſure aſſaile, and wound them euery one.
8 Their crafts & their ill tongs withall, ſhall worke themſelues ſuch blame:
that they which then behold their fall, ſhall wonder at the ſame.

9 Then all that ſee ſhall know right well, that God the thing hath wrought:
and praiſe his wittie workes, and tell what he to paſſe hath brought.
10 Yet ſhall the iuſt in God reioyce, ſtill truſting in his might:
ſo ſhall they ioy with mind and voice, whoſe heart is pure and right.

Te decet hymnus. Pſal. Lxv. I. H.

A praiſe and thankſgiuing vnto God by the faithfull, who are ſignified by Sion & Ieruſalem, for the chuſing, preſeruation, and gouernance of them, and for the plentifull bleſſings poured forth vpon all the earth.

Sing this as the 30. Pſalme.

THy praiſe alone O Lord doth reigne in Sion thine owne hill:
their vowes to thee they do maintaine, and their behests fulfill.

2 For that thou doſt their prayers heare, and doſt thereto agree:
the people all both farre and neare, with truſt ſhall come to thee.

3 Our wicked life ſo farre exceeds, that we ſhould fall therein:
but Lord forgiue our great miſdeeds, and purge vs from our ſinne.
4 The man is bleſt whom thou doſt chuſe, within thy court to dwell:
thy houſe and temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſts likewiſe.
6 With ſtrength thou art beſet about, and compaſt with thy power:
thou mak'ſt the mountaines ſtrong and ſtout, to ſtand in euery ſhower.

7 The ſwelling ſeas thou doſt aſſwage, & mak'ſt their ſtreames full ſtill:
thou doſt reſtraine the peoples rage, and ruleſt them at thy will.
8 The folke that dwell full farre on earth, ſhall dread thy ſignes to ſee,
which morne and euen in great mirth, do paſſe with praiſe to thee.

9 When that the earth is chapt and drie, and thirſteth more and more,
then with thy drops thou doſt apply, and much increaſe her ſtore.
10 The floud of God doth ouerflow, and ſo doth cauſe to ſpring
the ſeed and corne which men do ſow, for he doth guide the thing.

11 With wet thou doſt her furrowes fill, whereby her clods do fall:
thy drops to her thou doſt diſtill, and bleſſe her fruit withall.
12 Thou deckſt the earth of thy good grace, with faire and pleaſant crop:
the clouds diſtill their dew apace, great plentie they do drop.

13 Whereby the deſart ſhall begin, full great increaſe to bring,
the little hils ſhall ioy therein, much fruit in them ſhall ſpring.
14 In places plaine the flocks ſhall feed, and couer all the earth:
the vales with corne ſhall ſo exceed, that men ſhall ſing for mirth.

Iubilate Deo omnes. Pſal. Lxvj. I. H.

He prouoketh all men to praiſe the Lord, and to conſider his workes. He ſetteth forth the power of God, to affray the rebels, and ſheweth how God hath deliuered Iſrael from great bondage and afflictions. He promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for him, and to praiſe his Name.

Sing this as the 48. Pſalme.

YE men on earth in God reioyce, with praiſe ſet forth his Name:
extoll his might with heart and voyce, giue glory to the ſame.
2 How wonderfull O Lord ſay ye, in all thy works thou art:
thy foes for feare do ſeeke to thee, full ſore againſt their heart.

3 All men that dwell the earth throughout, do praiſe the Name of God:
the laud thereof the world about, is ſhew'd and ſet abroad.
4 All folke come forth, behold and ſee, what things the Lord hath wrought:
marke wel the wondrous works that he for man to paſſe hath brought.

5 He laid the Sea like heaps on hie, therein a way they had,
on foot to paſſe both faire and drie, whereof their hearts were glad.
6 His might doth rule the world alway, his eyes all things behold:
all ſuch as would him diſobey, by him ſhall be controld.

7 Ye people giue vnto our God, due laud and thanks alwaies:
with ioyfull voice declare abroad, and ſing vnto his praiſe.
8 Which doth endue our ſoule with life, and it preſerue withall,
and ſtayes our feet, ſo that no ſtrife can make vs ſlip or fall.

9 The Lord doth proue our deeds with fire, if that they will abide,
as workmen do when they deſire, to haue their mettals tride.
10 Although thou ſuffer vs ſo long in priſon to be caſt,
and there with chaines and fetters ſtrong, to lie in bondage faſt.

The ſecond part.

11 Although I ſay thou ſuffer men on vs to ride and reigne,
though we through fire and water runne of very griefe and paine:
12 Yet ſure thou doſt of thy good grace diſpoſe it to the beſt,
and bring vs out into a place, to liue in wealth and reſt.

13 Unto thy houſe reſort will I, to offer and to pray:
and there I will my ſelfe apply, my vowes to thee to pay.
14 The vowes that with my mouth I ſpake in all my griefe and ſmart,
the vowes I ſay which I did make in dolour of my heart.

15 Burnt offrings I will giue to thee, of Oxen fat and Rams:
no other ſacrifice ſhall be of Bullocks, Goats, and Lambs.
16 Come forth and hearken here full ſoone, all ye that feare the Lord,
what he for my poore ſoule hath done, to you I will record.

17 Full oft I call vpon his grace, this mouth to him doth crie,
and thou my tongue make ſpeed apace, to praiſe him by and by.
18 But if I feele my heart within, in wicked workes reioyce:
or if I haue delight to ſinne, God will not heare my voice.

19 But ſurely God my voyce hath heard, and what I do require:
my prayer he doth well regard, and granteth my deſire.
20 All praiſe to him that hath not put, nor caſt me out of mind:
nor yet his mercy from me ſhut, which I do euer find.

Deus miſereatur noſtri. Pſal. Lxvij. I. H.

A ſweet prayer for all the faithfull, to obtaine the fauour of God, and to be enlightened with his countenance, to the end that his way and iudgements may be knowne throughout the earth. A reioycing that God is the gouernour of all Nations.

Sing this as the 30. Pſalme.

HAue mercy on vs Lord, and grant to vs thy grace:
to ſhew to vs do thou accord, the brightneſſe of thy face.
2 That all the earth thy know, the way to godly wealth:
and all the Nations on a row, may ſee thy ſauing health.

3 Let all the world O God, giue praiſe vnto thy Name:
O Let the people all abroad, extoll and laud the ſame.
4 Throughout the world ſo wide, let all reioyce with mirth:
for thou with truth and right doth gude the Nations of the earth.

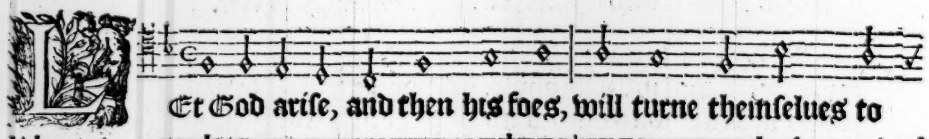
5 Let

5 Let all the woꝛld O God, giue pꝛaiſe vnto thy Name:
  O let the people all abꝛoad, extoll and laud the ſame.
6 Then ſhall the earth increaſe, great ſtoꝛe of fruit ſhall fall,
  and then our God, the God of peace, ſhall bleſſe vs eke withall.

7 God ſhall vs bleſſe I ſay, and then both farre and neare,
  the folke thꝛoughout the earth alway, of him ſhall ſtand in feare.

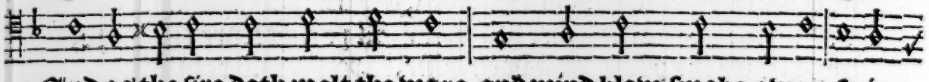
Exurgat Deus. Pſal. Lxviij. T.S.

In this Pſalme Dauid ſetteth foꝛth as in a glaſſe, the wonderfull meꝛcies of God towards his people, who by all meanes and moſt ſtꝛange ſoꝛts declareth himſelfe to them. And theꝛefoꝛe Gods Church by ꝛeaſon of his pꝛomiſes, gꝛaces, and victoꝛies, doth excell without compaꝛiſon all woꝛldly things: he exhoꝛteth theꝛefoꝛe all men to pꝛaiſe God foꝛ euer.

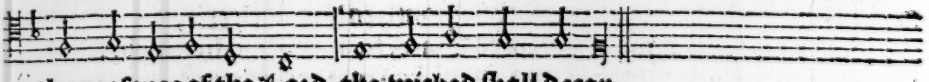


LEt God aꝛiſe, and then his foes, will tuꝛne theimſelues to

flight: His enemies then will ꝛunne abꝛoad, and ſcatteꝛ out of ſight.



2. And as the fiꝛe doth melt the waꝛe, and wind blow ſmoke away, ſo in



the pꝛeſence of the Loꝛd, the wicked ſhall decay.

3 But ꝛighteous men befoꝛe the Loꝛd ſhall heaꝛtily ꝛeioyce:
  they ſhall be glad and meꝛry all, and cheaꝛefull in theiꝛ voice.
4 Sing pꝛaiſe, ſing pꝛaiſe vnto the Loꝛd, who ꝛideth on the ſkie:
  extoll the naine of Jah ouꝛ God, and him do magnifie.

5 That ſame is he that is aboue, within his holy place:
  that fatheꝛ is of fatheꝛleſſe, and iudge of widowes caſe.
6 Houſes he giues, and iſſue both, vnto the comfoꝛtleſſe:
  he bꝛingeth bondmen out of thꝛall, and ꝛebels to diſtꝛeſſe.

7 When thou didſt maꝛch befoꝛe thy folke, the Egyptians fꝛom among,
  and bꝛought them thꝛough the wildeꝛnes, which was both wide & long:
8 The eaꝛth did quake, the ꝛain pouꝛd down, heaꝛd weꝛe gꝛeat claps of thun-
  the mount Sinai ſhooke in ſuch ſoꝛt, as it would cleaue in ſunder. (deꝛ:

9 Thine heꝛitage with dꝛops of ꝛaine abundantly was waſht:
  and if ſo be it baꝛꝛen waꝛty by thee it was ꝛefreſht.
10 Thy choſen flocke doth theꝛe ꝛemaine, thou haſt pꝛepaꝛ'd that place:
  and foꝛ the pooꝛe thou doſt pꝛouide, of thine eſpeciall gꝛace.

The

The ſecond part.

11 God will giue women cauſes iuſt, to magnifie his Name:
when as his people triumphs make, and purchaſe byute and fame.
12 For puiſſant kings for all their power, ſhall flie and take the foile:
and women which remaine at home, ſhall helpe to part the ſpoile.

13 And though ye were as blacke as pots, your hue ſhall paſſe the Doue,
whoſe wings and feathers ſeeme to haue ſiuer and gold aboue.
14 When in this land God ſhall triumph ouer kings both high and low,
then ſhall it be like Salmon hill, as white as any ſnow.

15 Though Baſan be a fruitfull hill, and in height others paſſe:
yet Sion Gods moſt holy hill, doth farre excell in grace.
16 Why brag ye thus ye hils moſt high, and leape for pride together:
the hill of Sion God doth loue, and there will dwell for euer.

17 Gods armie is two millions, of warriors good and ſtrong,
the Lord alſo in Sinai, is preſent them among.
18 Thou didſt O Lord aſcend on high, and captiues led them all,
which in times paſt thy choſen flocke in priſon kept and thrall.

Thou madſt them tribute for to pay, and ſuch as did repine,
thou didſt ſubdue, that they might dwell in thy temple diuine.
19 Now praiſed be the Lord, for that he powres on vs ſuch grace,
from day to day he is the God of our health and ſolace.

The third part.

20 God is the God from whom alone ſaluation cometh plaine:
he is the God by whom we ſcape all danger, death and paine.
21 Thus God will wound his enemies head, and breake the hairie ſcalpe
of thoſe that in their wickedneſſe, continually do walke.

22 From Baſan will I bring (ſaid he) my people and my ſheepe,
and all mine owne, as I haue done, from danger of the deepe.
23 And make them dip their feete in bloud of thoſe that hate my name,
and dogs ſhall haue their tongues embrude with licking of the ſame.

24 All men may ſee how thou O God, thine enemies doſt deface:
and how thou goeſt as God and King into thy holy place.
25 The ſingers go before with ioy, the minſtrels follow after:
and in the midſt the Damſels play, with Timbrell and with Taber.

26 Now in the congregations, O Iſraell praiſe the Lord:
and Iacobs whole poſteritie giue thankes with one accord.
27 Their chiefe was little Beniamin, but Iuda made their hoaſt,
with Zabulon and Nepthalim, which dwelt about their coaſt.

28 As God hath giuen power to thee, ſo Lord make firme and ſure
the thing that thou haſt wrought in vs, for euer to endure.
29 And in thy temple gifts will we giue vnto thee O Lord:
for thine vnto Ieruſalem ſure promiſe made by word.

The

The fourth part.

30 Yea, and ſtrange kings to vs ſubdude, ſhall do like in thoſe daies:
I meane to thee they ſhall preſent their gifts of laud and praiſe.
He ſhall deſtroy the ſpeare-mens ranks, theſe calues and buls of might:
and cauſe them tribute pay, and dant all ſuch as loue to fight.

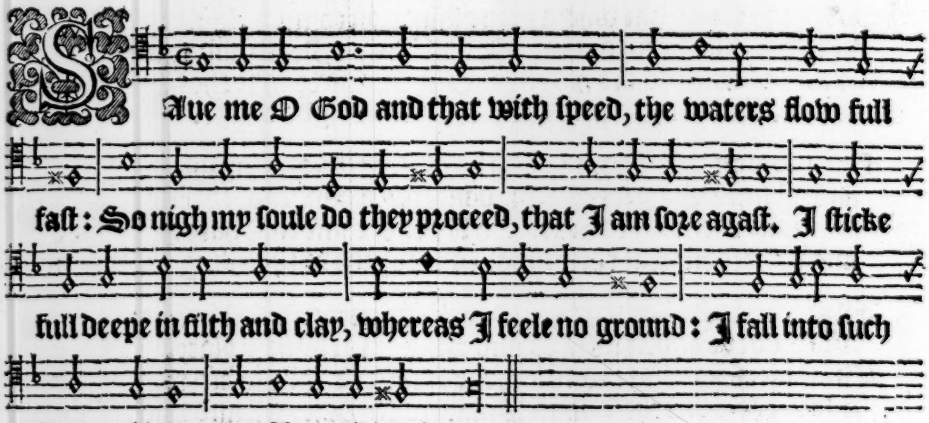
31 Then ſhall the Lords of Egypt come, and preſents with them bring:
the Moores moſt black ſhal ſtretch their hands vnto their Lord & king.
32 Therefore ye kingdomes of the earth, giue praiſe vnto the Lord,
ſing Pſalmes to God with one conſent, thereto let all accord.

33 Who though he ride and euer hath, aboue the heauens bright:
yet by the fearefull thunderclaps men may well know his might.
34 Therefore the ſtrength of Iſrael, aſcribe to God on hie,
whoſe might and power doth farre extend aboue the cloudy ſkie.

35 O God thy holineſſe and power, is dread for euermore:
the God of Iſraell giues vs ſtrength, praiſed be God therefore.

Saluum me fac. Pſal. Lxix. I. H.

The complaints, prayers, feruent zeale, and great anguiſh of Dauid, is ſet forth as a figure of Chriſt and all his members: the malicious cruelty of the enemies, and their puniſhment alſo, where Iudas and ſuch traitors are accurſed. Then gathereth he courage in his affliction, and offereth praiſes vnto God, which are more acceptable then all ſacrifices, whereof all the afflicted may take comfort. Finally, he doth prouoke all creatures to praiſes, propheſying of the kingdome of Chriſt and the preſeruation of the Church, where all the faithfull and their ſeed ſhall dwell for euer.



3 With crying oft I faint and quaile, my throate is hoarſe and drie:
with looking vp my ſight doth faile, for helpe to God on hie.
4 My foes that guiltleſſe do oppreſſe my ſoule, with hate are led:
in number ſure they are no leſſe, then haires are on my head.

5 Though for no cauſe they were me foe, they proſper and are glad:
they do compell me to reſtore the things I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canst tell:
and all the sinne that I commit, to thee is knowne full well.

7 O God of hostes defend and stay all those that trust in thee:
let no man doubt or shrinke away for ought that chanceth me.
8 It is for thee and for thy sake, that I do beare this blame:
in spite of thee they would me make to hide my face for shame.

9 My mothers sonnes my brethren all, forsake me on a row:
and as a stranger they me call, my face they will not know.
10 Unto thy house such zeale I beare, that it doth pine me much:
their checks and taunts at thee to heare, my very heart doth grutch.

The second part.

11 Though I do fast my flesh to chast, yea if I weepe and mone:
yet in my teeth this geare is cast, they passe not thereupon.
12 If I for griefe and paine of heart in sackcloth vse to walke,
then they anon will it peruert, thereof they iest and talke.

13 Both high and low, and all the throng that sit within the gate,
they haue me euer in their tongue, of me they talke and prate.
14 The drunkards which in wine delight, it is their chiefe pastime,
to seeke which way to worke me spight, of me they sing and rime.

15 But thee the while, O Lord, I pray, that when it pleaseth thee,
for thy great truth thou wilt alway send downe thine aide to me.
16 Pluck thou my foot out of the mire, from drowning do me keepe:
from such as owe me wrath and ire, and from the waters deepe.

17 Lest in the waues I should be drownd, and depth my soule deuoure,
and that the pit should me confound, and shut me in her power.
18 O Lord of hoasts to me giue eare, as thou art good and kind,
and as thy mercy is most deare, Lord haue me in thy mind.

19 And do not from thy seruant hide, nor turne thy face away:
I am oppresst on euery side, in haste giue eare I say.
20 O Lord vnto my soule draw nie, the same with aide repose:
because of their great tyrannie, acquit me from my foes.

The third part.

21 That I abide rebuke and shame, thou knowest and thou canst tell:
for those that seeke and worke the same, thou seest them all full well.
22 When they with brags do breake my heart, I seeke for helpe anon,
but find no friends to ease my smart, to comfort me not one.

23 But in my meate they gaue me gall, too cruell for to thinke,
and gaue me in my thirst withall, strong vineger to drinke.
24 Lord turne their table to a snare, to take themselues therein:
and when they thinke full well to fare, then trapt them in their grin.

25 And let their eyes be darke and blind, that they may nothing see:
bow downe their backe, and do them bind, in thraldome for to be.
26 Poure out thy wrath as hote as fire, that it may on them fall:
let thy displeasure in thine ire, take hold vpon them all.

27 As deſart dzie their houſe diſgrace, their off-ſpzing eke expell,
that none thereof poſſeſſe their place, noz in their tents do dwell.
28 If thou doſt ſtrike the man to tame, on him they lay full ſoze:
and if that thou do wound the ſame, they ſeeke to hurt him moze.

29. Then let them heape vp miſchiefe ſtill, ſith they are all peruert,
that of thy fauour and good will they neuer haue no part.
30 And daſh them cleane out of the booke of life, of hope, of truſt:
that foz their names they neuer looke, in number of the iuſt.

The fourth part.

31 Though I, O Lozd, with woe and griefe, haue bene full ſoze oppzeſt:
thy helpe ſhall giue me ſuch relieke, that all ſhall be redzeſt.
32 That I may giue the Name the pzaiſe, and ſhew it with a ſong:
I will extoll the ſame alwayes, with heartie thanks among.

33 Which is moze pleaſant vnto thee (ſuch mind thy grace hath bozne)
then either Oxe oz Calfe can be, that hath both hoofe and hozne.
34 When ſimple folke do this behold, it ſhall reioyce them ſure:
all ye that ſeeke the Lozd, behold, your life foz aye ſhall dure.

35 Foz why, the Lozd of hoaſts doth heare, the pooze when they complaine:
his pziſoners are to him full deare, he doth them not diſdaine.
36 Wherefoze the ſkie and earth below, the ſea, with floud and ſtreame,
his pzaiſe they ſhall declare and ſhew, with all that liue in them.

37 Foz ſure our God will Sion ſaue, and Judaes Cities build:
much folke poſſeſſion there ſhall haue, her ſtreets ſhall all be fild.
38 His ſeruants ſeed ſhall keepe the ſame, all ages out of mind:
and there all they that loue his Name, a dwelling place ſhall find.

Deus in adiutorium. Pſal. Lxx. I. H.

He prayeth to be right ſpeedily deliuered, as in the xl. Pſalme. Then he deſireth the ſhame of his enemies, and the ioyfull comfoxt of all thoſe that ſeeke the Lozd.

Sing this as the 30. Pſalme.

O God to me take heed of helpe I thee deſire:
O Lozd of hoaſts with haſt make ſpeed helpe, helpe I thee require.
2 With ſhame confound them all that ſeeke my ſoule to ſpill:
rebuke them backe with blame to fall, that thinke and wiſh me ill.

3 Confound them that apply, and ſeeke to wozke me ſhame:
and at my harme do laugh and crie, ſo, ſo, there goeth the game.
4 But let them ioyfull be in thee with ioy and wealth:
which onely truſt and ſeeke to thee, and to thy ſauing health.

5 That they may ſay alwayes, in mirth and one accozd:
all glozy, honour, laud and pzaiſe, be giuen to thee O Lozd.
6 But I am weake and pooze, come Lozd, thine aide I lacke:
thou art my ſtay and helpe, therefoze make ſpeed and be not ſlacke.

In

In te Domine ſperaui. Pſal. Lxxj. I. H.

He prayeth in faith, eſtabliſhed by the word of promiſe, and confirmed by the worke of God from his youth: he deareth now to be deliuered from the euill and wicked man (meaning his ſonne Abſolon and his confederacie) promiſing to be mindfull and thankfull for the ſame.

Sing this as the 69. Pſalme.

1 MY Lord my God in all diſtreſſe, my hope is whole in thee:
then let no ſhame my ſoule oppreſſe, nor once take hold on me.
2 As thou art iuſt defend me Lord, and rid me out of dread:
giue eare, and to my ſuite accord, and ſend me helpe at need.

3 Be thou my rocke, to whom I may for aide all times reſort:
thy promiſe is to helpe alway, thou art my fence and fort.
4 Saue me my God from wicked men, and from their ſtrength and power:
from folke vniuſt, and eke from them that cruelly deuoure.

5 Thou art the ſtay wherein I truſt, thou Lord of hoaſts art he:
yea, from my youth I had a luſt, ſtill to depend on thee.
6 Thou haſt me kept euen from my birth, and I through thee was borne:
wherefore I will thee praiſe with mirth, both euening and at morne.

7 As to a monſter ſeldome ſeene, much folke about me throng:
but thou art now and ſtill haſt bene, my fence and aid ſo ſtrong.
8 Wherefore my mouth no time ſhall lacke thy glory and thy praiſe:
and eke my tongue ſhall not be ſlacke, to honour thee alwaies.

9 Refuſe me not O Lord I ſay, when age my limmes doth take:
and when my ſtrength doth waſt away, do not my ſoule forſake.
10 Among themſelues my foes enquire, to take me through deceit:
and they againſt me do conſpire, that for my ſoule laid wait.

The ſecond part.

11 Lay hand and take him now, they ſaid, for God from him is gone:
diſpatch him quite, for to his aide, I wis there cometh none.
12 Do not abſent thy ſelfe away (O Lord) when need ſhall be:
but that in time of griefe thou may, in haſt giue helpe to me.

13 With ſhame confound and ouerthrow all thoſe that ſeeke my life:
oppreſſe them with rebukes alſo, that faine would worke me ſtrife.
14 But I will patiently abide thy helpe at all aſſaies:
ſtill more and more each time and tide, I will ſet forth thy praiſe.

15 My mouth thy iuſtice ſhall record, that daily helpe doth ſend:
but of thy benefits O Lord, I know no count nor end.
16 Yet will I go and ſeeke forth one, with thy good helpe (O God)
the ſauing health of thee alone, to ſhew and ſet abroad.

17 For of my youth thou took'ſt the care, and doſt inſtruct me ſtill:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage, thou didſt me keepe and ſtay:
forſake me not vnto mine age, and till my head be gray.

The third part.

19 That I thy ſtrength and might may ſhow to them that now be here:
and that our ſeed thy power may know hereafter many a yeare.
20 O Lord thy goodneſſe doth exceed, thy doings all may ſee:
thy workes are wonderfull indeed, oh, who is like to thee?

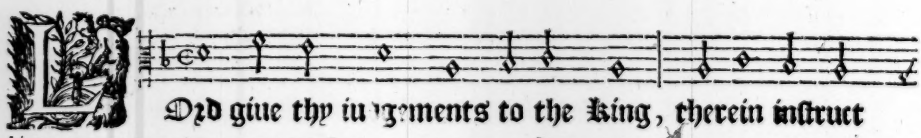
21 Thou mad'ſt me feele affliction ſore, and yet thou didſt me ſaue:
yea, thou didſt helpe and me reſtore, and took'ſt me from the graue.
22 And thou mine honour doſt increaſe, my dignitie maintaine:
yea, thou doſt make all griefe to ceaſe, and comfort'ſt me againe.

23 Therefore thy faithfulneſſe to praiſe, I will with Uioll ſing:
my Harpe ſhall ſound thy laud alwaies, O Iſraels holy King.
24 My mouth will ioy with pleaſant voice, when I ſhall ſing to thee:
and eke my ſoule will much reioyce, for thou haſt made me free.

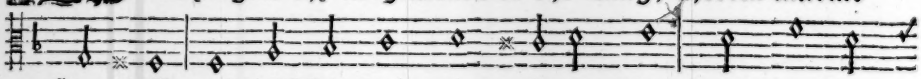
25 My tongue thy vprightneſſe ſhall ſound, and ſpeake it daily ſtill:
for griefe and ſhame do them confound, that ſought to worke me ill.

Deus iudicium tuum. Pſal. Lxxij. I. H.

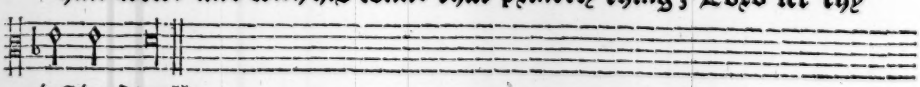
He prayeth that the kingdome of God by Chriſt may come, vnder the perſon of Salomon, vnder whom ſhall be righteouſneſſe, peace, and felicity, vnto whom all kings and nations ſhall do homage, whoſe name and power ſhall endure for euer.



Lord giue thy iudgements to the King, therein inſtruct



him well: and with his ſonne that princely thing, Lord let thy



iuſtice dwell.

2 That he may gouerne vprightly, and rule thy folke aright:
and ſo defend through equitie, the poore that haue no might.

3 And let the mountaines that are hie, vnto thy folke giue peace,
and eke let little hils applie, in iuſtice to increaſe.
4 That he may helpe the weake and poore with aide, and make them ſtrong,
and eke deſtroy for euermore all thoſe that do them wrong.

5 And then from age to age ſhall they regard and feare thy might,
ſo long as Sunne doth ſhine by day, or elſe the Moone by night.
6 Lord make the king vnto the iuſt, like raine to fields new mowne:
and like to drops that lay the duſt, and freſh the land new ſowne.

7 The

7 The iuſt ſhall flouriſh in his time, and all ſhall be at peace:
vntill the Moone ſhall leaue to prime, waſt, change, and to increaſe.
8 He ſhall be Lord of ſea and land, from ſhore to ſhore throughout:
and from the flouds within the land, through all the earth about.

9 The people that in deſarts dwell, ſhall kneele to him full thicke:
and all his enemies that rebell, the earth and duſt ſhall licke.
10 The Lords of all the Iles thereby, great gifts to him ſhall bring:
the Kings of Saba and Arabie, giue many a coſtly thing.

The ſecond part.

11 All kings ſhall ſeeke with one accord, in his good grace to ſtand:
and all the people of the world ſhall ſerue him at his hand.
12 For he the needy ſort doth ſaue, that vnto him do call:
and eke the ſimple folke that haue no helpe of man at all.

13 He taketh pittie on the poore, that are with need oppreſt:
he doth preſerue them euermore, and bring their ſoules to reſt.
14 He ſhal redeem their life from dread, from fraud, from wrong, from might
and eke the bloud that they ſhall bleed, is precious in his ſight.

15 But he ſhall liue, and they ſhall bring to him of Sabaes gold:
he ſhall be honoured as a king, and daily be extold.
16 The mighty mountaines of his land, of corne ſhall beare ſuch throng,
that it like Cedar trees ſhall ſtand, in Libanus full long.

17 Their Cities eke full well ſhall ſpeed, the fruits thereof ſhall paſſe:
in plentie it ſhall farre exceed, and ſpring as greene as graſſe.
18 For euer they ſhall praiſe his Name, while that the Sun is light:
and think them happy through the ſame, all folke ſhall bleſſe his might.

19 Praiſe ye the Lord of hoaſts, and ſing to Iſraels God each one:
for he doth euery wondrous thing, yea he himſelfe alone.
20 And bleſſed be his holy Name, all times eternally,
that all the earth may praiſe the ſame, Amen, Amen, ſay I.

Quàm bonus Deus. Pſal. Lxxiij. T. S.

The Prophet teacheth by his example, that neither the worldly proſperitie of the vngodly, nor yet the affliction of the good, ought to diſcourage Gods children, but rather ought to moue vs to conſider our fathers prouidence, and to cauſe vs to reuerence Gods iudgements: foraſmuch as the wicked vaniſh away like ſmoke, and the godly enter into life euerlaſting, in hope whereof he reſigneth himſelfe into Gods hands.

Sing this as the 44. Pſalme.

HOw euer it be, yet God is good, and kind to Iſrael:
and to all ſuch as ſafely keepe their conſcience pure and well.
2 Yet like a foole I almoſt ſlipt, my feet began to slide:
and ere I wiſt, euen at a pinch, my ſteps awry gan glide.

3 For when I ſaw ſuch fooliſh men, I grudgde and did diſdaine,
that wicked men all things ſhould haue, without turmoile or paine.
4 They neuer ſuffer pangs nor griefe, as if death ſhould them smite,
their bodies are both ſtout and ſtrong, and euer in good plight.

5 And free from all aduerſity, when other men be ſhent:
and with the reſt they take no part, of plague or puniſhment.
6 Therefore preſumption doth embrace their neckes as doth a chaine:
and are euen wrapt as in a robe, with rapine and diſdaine.

7 They are ſo fed, that euen for fat their eyes oft times out ſtart:
and as for worldly goods they haue more then can wiſh their heart.
8 Their life is moſt licentious, boaſting much of the wrong
which they haue done to ſimple men, and euer pride among.

9 The heauens and the liuing Lord, they ſpare not to blaſpheme:
and prate they do of worldly things, no wight they do eſteeme.
10 The people of God oft times turne backe, to ſee their proſperous ſtate,
and almoſt drinke the ſelfe ſame cup, and follow the ſame rate.

The ſecond part.

11 How can it be that God, ſay they, ſhould know or vnderſtand
theſe worldly things, ſince wicked men be Lords of ſea and land?
12 For we may ſee how wicked men in riches ſtill increaſe,
rewarded well with worldly goods, and liue in reſt and peace.

13 Then why do I from wickedneſſe my fantaſie refraine:
and waſh my hands with innocents, and cleanſe my heart in vaine?
14 And ſuffer ſcourges euery day, as ſubiect to all blame,
and euery morning from my youth, ſuſtaine rebuke and ſhame?

15 And I had almoſt ſaid as they, miſliking mine eſtate:
but that I ſhould thy children iudge as folke vnfortunate.
16 Then I bethought me how I might this matter vnderſtand:
but yet the labour was too great, for me to take in hand.

17 Untill the time I went into thy holy place, and then
I vnderſtood right perfectly the end of all theſe men.
18 And namely, how thou ſetteſt them vpon a ſlipperie place,
and at thy pleaſure and thy will, thou doſt them all deface.

19 Then all men muſe at that ſtrange ſight, to ſee how ſuddenly
they are deſtroid, deſpatcht, conſumde, and dead ſo horribly.
20 Much like a dreame when one awakes, ſo ſhall their wealth decay:
their famous name in all mens ſight, ſhall ebbe and paſſe away.

The third part.

21 Yet thus my heart was grieued then, my mind was much oppreſt,
22 So fond was I and ignorant, and in this point a beaſt.
23 Yet neuertheleſſe by thy right hand, thou holdſt me alwaies faſt:
24 And with thy counſell doſt me guide to glory at the laſt.

25 What thing is there that I can wiſh, but thee in heauen aboue?
and in the earth there is nothing like thee that I can loue.
26 My fleſh and eke my heart doth faile, but God doth faile me neuer:
for of my heart God is the ſtrength, my portion eke for euer.

27 And lo, all ſuch as thee forſake, thou ſhalt deſtroy each one:
and thoſe that truſt in any thing, ſauing in thee alone.
28 Therefore will I draw neare to God, and euer with him dwell:
in him alone I put my truſt, his wonders I will tell.

Vt quid Deus. Pſal. Lxxiiij. I. H.

The faithfull complaine of the deſtruction of the Church and true religion, vnder the name of Sion and the Temple deſtroyed. And truſting in the might and free mercies of God, by his couenant, they require helpe and ſuccour for the glory of Gods holy Name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 72. Pſalme.

WHy art thou Lord ſo long from vs, in all this danger deepe:
why doth thine anger kindle thus at thine owne paſture ſheepe:
2 Lord call thy people to thy thought, which haue bene thine ſo long:
the which thou haſt redeemd and brought, from bondage ſore & ſtrong.

3 Haue mind I ſay and thinke vpon, remember it full well:
thy pleaſant place, thy Mount Sion, where thou waſt wont to dwell.
4 Lift vp thy foote and come in haſte, and all thy foes deface:
which now at pleaſure rob and waſte within thy holy place.

5 Amid thy congregations all, thine enemies roare O God:
they ſet as ſignes on euery wall, their banners ſplaid abroad.
6 As men with axes hew downe trees, that on the hils do grow:
ſo ſhine the bils and ſwords of theſe within thy Temple now.

7 The ſeeling ſawd, the carued boords, the goodly grauen ſtones,
with axes, hammers, bils and ſwords, they beate them downe at once.
8 Thy places they conſume with flame, and eke in all this toile,
the houſe appointed to thy Name, they raze downe to the ſoile.

9 And thus they ſaid within their heart, diſpatch them out of hand:
then burnt they vp in euery place Gods houſes through the land.
10 Yet thou no ſigne of helpe doſt ſhew, our Prophets all are gone:
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou Lord once end this ſhame, & ceaſe thine enemies ſtrong,
ſhall they alwayes blaſpheme thy Name, and raile on thee ſo long:
12 Why doſt withdraw thy hand abacke, and hide it in thy lap:
O plucke it out, and be not ſlacke, to giue thy foes a tap.

The ſecond part.

13 O God thou art my king and Lord, and euermore haſt bene:
yea thy good grace throughout the world for our good helpe hath ſeene.
14 The Seas that are ſo deepe and dead, thy might did make them drie:
and thou didſt breake the ſerpents head, that he therein did die.

15 Yea thou didſt breake the heads ſo great, of whales that are ſo fell:
and gaueſt them to the folke to eate, that in the deſarts dwell.
16 Thou mad'ſt a ſpring with ſtreames to riſe, from rocks both hard and hie:
and eke thy hand hath made likewiſe, deepe riuers to be drie.

17 Both

17 Both day and eke the night are thine, by thee they were begun:
thou setst to serue vs with their shine, the light and eke the Sunne.
18 Thou dost appoint the ends and coasts, of all the earth throughout:
both sommer heats, and winter frosts, thy hand hath found them out.

19 Thinke on O Lord, no time forget thy foes that thee defame:
and how the foolish folke are set, to raile vpon thy Name.
20 O let no cruell beast deuoure, thy turtle that is true:
forget not alwaies in thy power, the poore that much do rue.

21 Regard thy couenant, and behold, thy foes possesse the land:
all sad and darke, forworne and old, our realme as now doth stand.
22 Let not the simple go away with disappointed shame:
but let the poore and needy aye, giue praise vnto thy Name.

23 Rise Lord, let be by thee maintaind, the cause that is thine owne:
remember how that thou blasphemd art by the foolish one.
24 The voice forget not of thy foes, for the presuming hie,
is more and more increast of those that hate thee spitefully.

Confitebor tibi Deus. Psal. Lxxv. N.

The faithfull do praise the name of the Lord, which shall come to iudge at the time appointed, when the wicked shall be put to confusion, and drinke of the cup of his wrath, their pride shall be abated, & the righteous shall be exalted to honour.

Sing this as the 44. Psalme.

VNto thee God will we giue thanks, we will giue thankes to thee:
sith thy name is so neare, declare thy wondrous workes will we.
2 I will vprightly iudge, when get conuenient time I may:
the earth is weake, and all therein, but I her pillars stay.

3 I did to the mad people say, deale not so furiously:
and vnto the vngodly ones, set not your hornes so hie.
4 I said vnto them, set not vp your raised hornes on hie:
and see that ye do with stiffe necke, not speake presumptuously.

5 For neither from the Easterne part, nor from the Westerne side:
nor from forsaken wildernesse, promotion doth proceed:
6 For why, the Lord our God he is, the righteous Iudge alone:
he putteth downe the one, and sets another in the throne.

7 For why, a cup of mighty wine is in the hand of God:
and all the mighty wine therein, himselfe doth poure abroad.
8 As for the lees and filthy dregs, that do remaine of it,
the wicked of the earth shall drinke, and sucke them euery whit.

9 But I will talke of God I say, of Iacobs God therefore:
and will not ceasse to celebrate his praise for euermore.
10 In sunder breake the hornes of all vngodly men will I,
but then the hornes of righteous men shall be exalted hie.

Gloria Patri.

To Father, Sonne, and holy Ghost, all glory be therefore,
As in beginning was, is now, and shall be euermore.

In

In Iudea. Pſal. Lxxvj. I. H.

This Pſalme ſetteth forth the power of God, and care for the defence of his people in Jeruſalem, in the deſtruction of the army of Senacherib, and exhorteth the faithfull to be thankfull for the ſame.

Sing this as the 66. Pſalme.

TO all that now in Jurie dwell, the Lord is clearely knowne:
his Name is great in Iſrael, a people of his owne.
2 At Salem he his tents hath pight, to tarrie there a ſpace:
in Sion eke he hath delight, to make his dwelling place.

3 And there he brake both ſhaft and bow, the ſword, the ſpeare and ſhield:
and brake the ray to ouerthrow, in battell on the field.
4 Thou art more worthy honour Lord, more might in thee doth lie,
then in the ſtrongeſt of the world, that rob on mountaines hie.

5 But now the proud are ſpoild through thee, and they are falne on ſleepe:
through men of warre no helpe can be, themſelues they could not keepe.
6 At thy rebuke O Jacobs God, when thou doſt them reproue:
as halfe aſleepe their chariots ſtood, no horſemen once did moue.

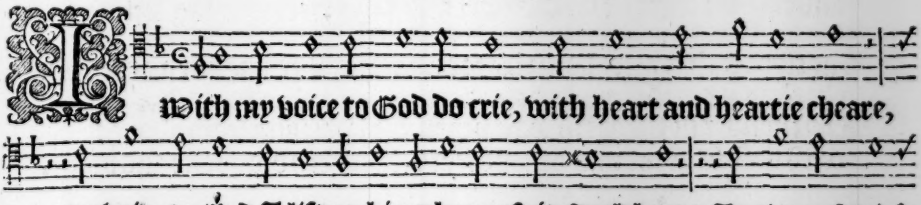
7 For thou art fearefull Lord indeed, what man the courage hath
to bide thy ſight, and doth not dread, when thou art in thy wrath?
8 When thou doſt make thy iudgmẽts heard, from heauen through ẏ ground
then all the earth full ſore afraid, in ſilence ſhall be found.

9 And that when thou O God doſt ſtand, in iudgement for to ſpeake:
to ſaue th'afflicted of the land, on earth that are full weake.
10 The furie that in man doth reigne, ſhall turne vnto thy praiſe:
hereafter Lord do thou reſtraine, their wrath and threats alwaies.

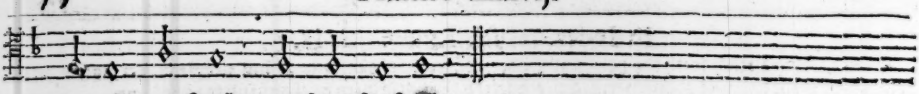
11 Make vowes, and pay them to your God, ye folke that nigh him be:
bring gifts all ye that dwell abroad, for dreadfull ſure is he.
12 For he doth take both life and might, from Princes great of birth:
and full of terror is his ſight, to all the kings on earth.

Voce mea ad Dominum. Pſal. Lxxvij. T. S.

The Prophet in the name of the Church rehearſeth the greatneſſe of his affliction, & his grieuous temptations, wherby he was driuen to this end, to conſider his former conuerſation, and the continuall courſe of Gods works in the preſeruation of his ſeruants, and ſo he confirmeth his faith againſt theſe temptations.



abroad,



abroad, my ſoule comfort forſooke.

3 When I to thinke on God intend, my trouble then is more:
I ſpake, but could not make an end, my breath was ſtopt ſo ſore.
4 Thou holdſt mine eyes alwaies from reſt, that I alwaies awake:
with feare I am ſo ſore oppreſt, my ſpeech doth me forſake.

5 The daies of old in mind I caſt, and oft did thinke vpon
the times and ages that are paſt full many yeares agone.
6 By night my ſongs I call to mind, once made thy praiſe to ſhow:
and with my heart much talke I find, my ſpirits do ſearch to know.

7 Will God, ſaid I, at once for all, caſt off his people thus:
ſo that henceforth no time he ſhall, be friendly vnto vs?
8 What, is his goodneſſe cleane decaid, for euer and a day?
or is his promiſe now delaid, and doth his truth decay?

9 And will the Lord our God forget his mercies manifold?
or ſhall his wrath increaſe ſo hote, his mercies to withhold?
10 At laſt I ſaid, my weakneſſe is the cauſe of this miſtruſt:
Gods mighty hand can helpe all this, and change it when he luſt.

The ſecond part.

11 I will regard and thinke vpon, the worcking of the Lord,
of all his wonders paſt and gone, I gladly will record:
12 Yea all his worcks I will declare, and what he did deuiſe:
to tell his facts I will not ſpare, and eke his counſell wiſe.

13 Thy worckes O Lord are all vpright, and holy all abroad:
what one hath ſtrength to match the might, of thee O Lord our God?
14 Thou art a God that oft doſt ſhow thy wonders euery houre:
and ſo doſt make the people know thy vertue and thy power.

15 And thine owne folke thou doſt defend, with ſtrength & ſtretched arme:
the ſonnes of Jacob that deſcend, and Joſephs ſeed from harme.
16 The waters Lord perceiued thee, the waters ſaw thee well:
and they for feare away did flie, the depths on trembling fell.

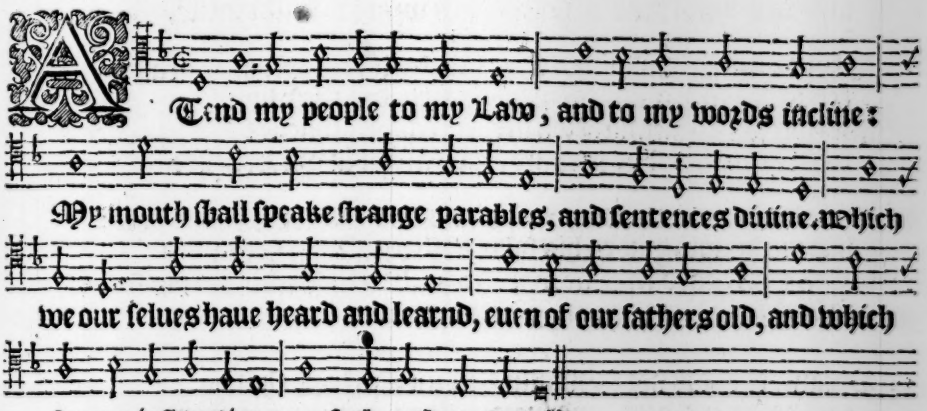
17 The clouds that were both thicke and black, did raine full plenteouſly,
the thunder in the ayre did cracke, thy ſhafts abroad did flie.
18 Thy thunder in the earth was heard, the lightning from aboue:
with flaſhes great made men afeard, the earth did quake and moue.

19 Thy waies within the ſea do lie, thy paths in waters deepe:
yet none can there thy ſteps eſpie, nor know thy paths to keepe.
20 Thou ledſt thy folke vpon the land, as ſheepe on euery ſide:
through Moſes and through Aarons hand thou didſt them ſafely guid.

Audite

Attendite populi. Pſal. Lxxviij. T. S.

He ſheweth how God of his mercy choſe his Church of the poſteritie of Abraham, caſting in their teeth the ſtubburne rebellion of their fathers, that their Children might not onely underſtand, that God of his free mercies made his Couenant with their Anceſtors, but alſo ſeeing them malicious and peruerſe, might be aſhamed, and ſo turne wholly to God. In this Pſalme the holy Ghoſt hath comprehended, as it were the ſumme of all Gods benefits, to the intent the ignorant and groſſe people might ſee in few words the effect of the whole Hiſtorie.



4 Becauſe we ſhould not keepe it cloſe, from them that ſhould come after,
who ſhould Gods power to their race praiſe, & all his workes of wonder.
5 To Jacob he commandment gaue, how Iſraell ſhould liue:
willing our fathers ſhould the ſame, vnto their children giue.

6 That they and their poſteritie, that were not ſprong vp tho:
ſhould haue the knowledge of the Law, and teach their ſeed alſo.
7 That they may haue the better hope in God that is aboue:
and not forget to keepe his lawes, and his precepts in loue.

8 Not being as their fathers were, rebelling in Gods ſight:
and would not frame their wicked hearts, to know their God aright.
9 How went the people of Ephraim, their neighbours for to ſpoile:
ſhooting their darts the day of warre, and yet they tooke the foile.

10 For why, they did not keepe with God the Couenant that was made:
nor yet would walke or leade their liues according to his trade.
11 But put into obliuion his counſell and his will:
and all his workes moſt magnifique, which he declared ſtill.

The ſecond part.

12 What wonders to our fore-fathers did he himſelfe diſcloſe,
in Egypt land within the field, that called is Thaneos.
13 He did diuide and cut the ſea, that they might paſſe at once:
and made the waters ſtand as ſtill as doth an heape of ſtones.

14 He

14 He led them ſecret in a cloud, by day when it was bright:
and in the night when darke it was, with fire he gaue them light.
15 He brake the rocks in wilderneſſe, and gaue the people drinke,
as plentifull as when the deepes do flow vp to the brinke.

16 He drew out riuers out of Rocks, that were both dry and hard:
of ſuch abundance that no flouds to them might be compar'd.
17 Yet for all this againſt the Lord their ſinne they did increaſe:
and ſtirred him that is moſt high to wrath in wilderneſſe.

18 They tempted him within their hearts, like people of miſtruſt:
requiring ſuch a kind of meat as ſerued to their luſt:
19 Saying with murmuration in their vnfaithfulneſſe:
what? can this God prepare for vs a feaſt in wilderneſſe?

20 Behold he ſtrake the ſtony rocks and flouds forthwith did flow:
but can he now giue to his folke both bread and fleſh alſo?
21 When God heard this, he waxed wroth with Jacob and his ſeed:
ſo did his indignation on Iſrael proceed.

The third part.

22 Becauſe they did not faithfully, beleeue and hope that he
could alwayes helpe and ſuccour them, in their neceſſity.
23 wherefore he did command the clouds, forthwith they brake in ſunder,
24 And raind downe Manna for them to eate, a food of mickle wonder.

25 When earthly men with Angels food were fed at their requeſt,
26 He bad the Eaſt wind blow away, and brought in the South weſt.
27 And raind downe fleſh as thicke as duſt, and fowle as thicke as ſand:
28 which he did caſt amid the place where all their tents did ſtand.

29 Then did they eate exceedingly, and all men had their fills:
yet more and more they did deſire to ſerue their luſts and wills.
30 But as the meate was in their mouthes, his wrath vpon them fell,
31 And ſlue the flower of all their youth, and choiſe of Iſraell.

32 Yet fell they to their wonted ſinne, and ſtill they did him grieue:
for all the wonders that he wrought, they did him not beleeue.
33 Their dayes therefore he ſhortened, and made their honour vaine:
their yeares did waſt and paſſe away, with terror and with paine.

34 But euer when he plagued them, they ſought him by and by:
35 Remembring that he was their ſtrength, their helpe, and God moſt hie.
36 Though in their mouths they did but gloſe, and flatter with the Lord:
and with their tongues and in their hearts diſſembled euery word.

The fourth part.

37 For why, their hearts were nothing bent to him nor to his trade:
nor yet to keepe or to performe the couenant that was made.
38 Yet was he ſtill ſo mercifull when they deſerud to die,
that he forgaue them their miſdeeds, and would not them deſtroy.

39 Yea,

Yea many a time he turnd his wrath, and did himselfe aduise,
and would not suffer all his whole displeasure to arise:
39 Considering that they were but flesh, and euen as a wind,
that passeth away, and cannot well returne by his owne kind.

40 How oftentimes in wildernesse did they the Lord prouoke?
how did they moue and stirre the Lord, to plague them with his stroke?
41 Yet did they turne againe to sinne, and tempted God eft-soone:
prescribing to the holy Lord, what things they would haue done.

42 Not thinking of his hand and power, nor of the day when he
deliuered them out of the hands of the fierce enemie.
43 Nor how he wrought his miracles, as they themselues beheld
in Egypt, and the wonders that he did in Zoan field.

44 Nor how he turned by his power their waters into bloud,
that no man might receiue his drinke at riuer nor at floud.
45 Nor how he sent them swarmes of flies, which did them sore annoy:
and fild their countries full of frogs, which did their land destroy.

The fift part.

46 Nor how he did commit their fruites vnto the Caterpiller,
and all the labour of their hands he gaue to the Grashopper.
47 With haile stones he destroyd their vines, so that they were all lost:
and not so much as wilde fig-trees, but he consumde with frost.

48 And yet with haile stones once againe the Lord their cattell smote,
and all their flocks and heards likewise, with thunder-bolts full hot.
49 He cast vpon them in his ire, and in his his fury strong,
displeasure, wrath, and euill spirits to trouble them among.

50 Then to his wrath he made a way, and spared not the least,
but gaue vnto the pestilence the man and eke the beast.
51 He strake also the first-borne all, that vp in Egypt came:
and all the chiefe of men and beasts within the tents of Ham.

52 But as for all his owne deare folke, he did preserue and keepe,
and carried them through wildernesse, euen like a flocke of sheepe.
53 Without all feare both safe and sound, he brought them out of thrall:
whereas their foes with rage of sea, were ouer-whelmed all.

54 And brought them out into the coasts of his owne holy land,
euen to the mount which he had got with his strong arme and hand.
55 And there cast out the heathen folke, and did their land diuide:
and in their tents he set the tribes of Israel to abide.

56 Yet for all this, their God most high they stird and tempted still,
and would not keepe his Testament, nor yet obey his will.
57 But as their fathers turned backe, euen so they went astray,
much like a bow that would not bend, but slip and start away.

The ſixt part.

58 And grieu'd him with their hill altars, with offerings, and with fire:
and with their Idols vehemently prouoked him to ire:
59 Therewith his wrath began againe to kindle in his breaſt,
the naughtineſſe of Iſrael he did ſo much deteſt.

60 Then he forſooke the tabernacle of Silo, where he was
right conuerſant with earthly men, euen as his dwelling place.
61 Then ſuffered he his might and power in bondage for to ſtand:
and gaue the honour of his Arke into his enemies hand.

62 And did commit them to the ſword (wroth with his heritage,)
63 The young men were deuourd with fire, maids had no marriage:
64 And with the ſword the Prieſts alſo did periſh euery one,
and not a widow left aliue, their death for to bemone.

65 And then the Lord began to wake, as one that ſlept a time,
and as a valiant man of warre, refreſhed after wine.
66 With emrods in the hinder parts he ſtrake his enemies all:
and put them then vnto a ſhame that was perpetuall.

67 Then he the tent and tabernacle of Joſeph did refuſe,
as for the tribe of Ephraim, he would in no wiſe chuſe:
68 But choſe the tribe of Iehuda, whereas he thought to dwell,
euen the noble mount Sion, which he did loue ſo well.

69 Whereas he did his Temple build, both ſumptuouſly and ſure,
like as the earth, which he hath made for euer to endure.
70 Then choſe he Dauid him to ſerue, his people for to keepe:
which he tooke vp and brought away, euen from the folds of ſheepe.

71 As he did follow the Ewes with yong, the Lord did him aduance,
to feed his people Iſrael, and his inheritance.
72 Thus Dauid with a faithfull heart his flocke and charge did feed:
and prudently with all his power, did gouerne them indeed.

Deus, venerunt gentes. Pſal. Lxxix. I. H.

The Iſraelites complaine to God for the great calamitie and oppreſſion that they ſuffered when Antiochus deſtroyed their Temple and Citie of Ieruſalem, deſiring Gods aide againſt his raging tyrannie, leſt Gods name and religion ſhould be contemned among the heathen, which ſhould ſee them thus forſaken and periſh.

Sing this as the 77. Pſalme.

O Lord the Gentiles do inuade, thine heritage to ſpoile:
Ieruſalem an heape is made, thy Temple they defoile.
2 The bodies of thy Saints moſt deare, abroad to birds they caſt:
the fleſh of them that do thee feare, the beaſts deuoure and waſt.

3 Their bloud throughout Ieruſalem, as water ſpilt they haue,
ſo that there is not one of them, to lay their dead in graue.

4 Thus

4 Thus are we made a laughing ſtocke, almoſt the world throughout:
the enemies at vs ieſt and mocke, which dwell our coaſts about.

5 Wilt thou O Lord thus in thine ire, againſt vs euer fume,
and ſhew thy wrath as hote as fire, thy folke for to conſume?
6 Upon thoſe people poure the ſame, which did thee neuer know:
all Realmes which call not on thy Name, conſume and ouerthrow.

7 For they haue got the vpper hand, and Jacobs ſeed deſtroyd:
his habitation and his land, they haue left waſte and voide.
8 Beare not in mind our former faults, with ſpeed ſome pitie ſhow,
and aide vs Lord in all aſſaults, for we are weake and low.

The ſecond part.

9 O God that giueſt all health and grace, on vs declare the ſame:
weigh not our workes, our ſinnes deface, for honour of thy Name.
10 Why ſhall the wicked ſtill alway, to vs as people dumbe,
in thy reproach reioyce, and ſay, where is their God become?

Require O Lord, as thou ſeeſt good, before our eyes in ſight,
of all theſe folke thy ſeruants bloud, which they ſpilt in deſpight.
11 Receiue into thy ſight in haſte, the clamors, griefe, and wrong,
of ſuch as are in priſon caſt, ſuſtaining irons ſtrong.

Thy force and ſtrength to celebrate, Lord ſet them out of band,
which vnto death are deſtinate, and in their enemies hand.
12 The nations which haue bene ſo bold, as to blaſpheme thy Name,
into their laps with ſeuen fold repay againe the ſame.

13 So we thy folke and paſture ſheepe, will praiſe thee euermore:
and teach all ages for to keepe for thee like praiſe in ſtore.

Quis regis Iſrael. Pſal. Lxxx. I. H.

A lamentable prayer to God to helpe the miſeries of his Church, deſiring him to conſider their firſt eſtate, when his fauour ſhined towards them, to the intent he might finiſh that worke that he had begun.

Sing this as the 68. Pſalme.

THou Heard that Iſrael doſt keepe, giue eare and take good heed:
which leadeſt Joſeph like a ſheepe, and doſt him watch and feed.
2 Thou Lord I ſay, whoſe ſeate is ſet on Cherubins ſo bright,
ſhew forth thy ſelfe, and do not let, ſend downe thy beames of light.

3 Before Ephraim and Beniamin, Manaſſes eke likewiſe,
to ſhew thy power do thou begin, come helpe vs, Lord ariſe:
4 Direct our hearts vnto thy grace, conuert vs Lord to thee,
ſhew vs the brightneſſe of thy face, and then full ſafe are we.

5 Lord God of hoaſts of Iſrael, how long wilt thou, I ſay,
againſt thy folke in anger ſwell, and wilt not heare them pray?

6 Thou doſt them feed with ſorrows deep, their bread with teares they eat:
and drinke the teares that they do weepe, in meaſure full and great.

7 Thou haſt vs made a very ſtrife, to thoſe that dwell about:
and that our foes do loue alike, they laugh and ieſt it out.
8 O take vs Lord vnto thy grace, conuert our minds to thee:
ſhew forth to vs thy ioyfull face, and we full ſafe ſhall be.

9 From Egypt where it grew not well, thou brought'ſt a Vine full deare:
the heathen folke thou didſt expell, and thou didſt plant it here.
10 Thou didſt prepare for it a place, and ſet her roots full faſt:
that it did grow and ſpring apace, and fild the land at laſt.

11 The hils were couered round about, with ſhade that from it came:
and eke the Cedars high and ſtout, with branches of the ſame.
12 Why then didſt thou her wals deſtroy: her hedge pluckt vp thou haſt,
that all the folke that paſſe thereby, thy Vine may ſpoile and waſt.

The ſecond part.

13 The Boare out of the wood ſo wild, doth dig and roote it out:
the furious beaſts out of the field deuoure it all about.
14 O Lord of hoaſts returne againe, from heauen looke betime:
behold, and with thy helpe ſuſtaine this poore vine-yard of thine.

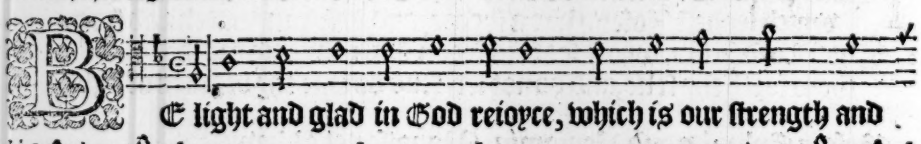
15 Thy plant I ſay, thine Iſrael, whom thy right hand hath ſet,
the ſame which thou didſt loue ſo well, O Lord do not forget.
16 They lop and cut it downe apace, they burne it eke with fire:
and through the frowning of thy face, we periſh in thine ire.

17 Let thy right hand be with them now, whom thou haſt kept ſo long:
and with the ſonne of man, whom thou to thee haſt made ſo ſtrong.
18 And ſo when thou haſt ſet vs free, and ſaued vs from ſhame:
then will we neuer fall from thee, but call vpon thy Name.

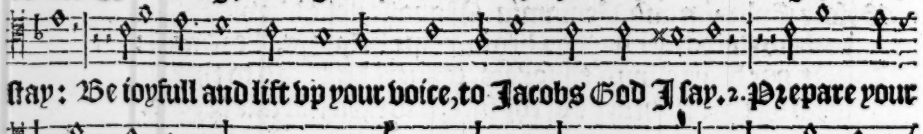
19 O Lord of hoaſts through thy good grace, conuert vs vnto thee:
behold vs with thy pleaſant face, and then full ſafe are we.

Exultate Deo. Pſal. Lxxxj I.H.

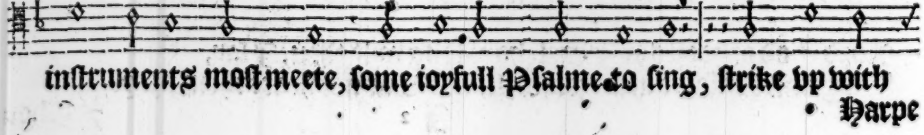
An exhortation to praiſe God both in heart and voice for his benefits, and to worſhip him only. God condemneth their ingratitude, and ſheweth what great benefits they haue loſt through their owne malice.



BE light and glad in God reioyce, which is our ſtrength and

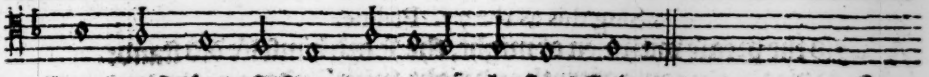


ſtay: Be ioyfull and lift vp your voice, to Iacobs God I ſay. 2. Prepare your



inſtruments moſt meete, ſome ioyfull Pſalme to ſing, ſtrike vp with

Harpe



Harpe and Lute ſo ſweet, on euery pleaſant ſtring.

3 Blow as it were in the new Moone, with trumpets of the beſt,
as it is vſed to be done, at any ſolemne feaſt.
4 For this is vnto Iſraell, a ſtatute and a trade:
a law that muſt be kept full well, which Iacobs God hath made.

5 This clauſe with Ioſeph was decreed, when he from Egypt came:
that as a witneſſe all his ſeed, ſhould ſtill obſerue the ſame.
6 When God I ſay had ſo prepar'd, to bring him from that land,
whereas the ſpeech which he had heard, he did not vnderſtand.

7 I from his ſhoulders tooke, ſaith he, the burthen cleane away:
and from the fornace quit him free, from burning bricke of clay.
8 When thou in griefe didſt crie and call, I holpe thee by and by:
and I did anſwer thee withall, in thunder ſecretly.

9 Yea, at the waters of diſcord, I did thee tempt and prone:
whereas the goodneſſe of the Lord, with muttering thou didſt moue.
10 Heare O my folke, O Iſrael, and I aſſure it thee:
regard and marke my words full well, if thou wilt cleaue to me.

The ſecond part.

11 Thou ſhalt no god in thee reſerue, of any land abroad,
nor in no wiſe to bow or ſerue, a ſtrange or forreine God.
12 I am the Lord thy God, and I from Egypt ſet thee free:
regard and marke my words full well, if thou wilt cleaue to me.

13 And yet my people would not heare my voice when that I ſpake:
nor Iſrael would not obey, but did me quite forſake.
14 Then did I leaue them to their will, in hardneſſe of their heart:
to walke in their owne counſels ſtill, themſelues they might peruert.

15 O that my people would haue heard the words that I did ſay:
and eke that Iſrael would regard, to walke within my way.
16 How ſoone would I confound their foes, and bring them downe full low:
and turne my hand vpon all thoſe, that would them ouerthrow.

17 And they that at the Lord do rage, as ſlaues ſhould ſeeke him till:
but of his folke the time and age, ſhould flouriſh euer ſtill.
18 I would haue fed them with the crop, and fineſt of the wheate:
and made the rocke with hony drop, that they their fils might eate.

Deus ſtetit in Synagoga. Pſal. Lxxxij. I. H.

The Prophet declaring God to be preſent among the Iudges and Magiſtrates, reproueth their partialitie, and vnrighteouſneſſe, and exhorteth them to do iuſtice: but ſeeing no amendment, he deſireth God to vndertake the matter, and execute iuſtice himſelfe.

Sing this as the 77. Pſalme.

AMid the preaſe with men of might, the Lord himſelfe did ſtand:
to pleade the cauſe of truth and right, with Iudges of the land.
2 How long (ſaid he) will ye proceed falſe iudgement to award,
and haue reſpect for loue of meed, the wicked to regard?

3 Whereas of due ye ſhould defend the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeake.
4 If ye be wiſe defend the cauſe of poore men in their right:
and rid the needy from the clawes, of tyrants force and might.

5 But nothing will they know or learne, in baine to them I talke:
they will not ſee or ought diſcerne, but ſtill in darkneſſe walke.
For lo, euen now the time is come, that all things fall to nought:
and likewiſe lawes both all and ſome, for gaine are ſold and bought.

6 I had decreed it in my ſight, as Gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall die, as men, and ſo decay:
O tyrants I ſhall you deſtroy, and plucke you quite away.

8 Up Lord, and let thy ſtrength be knowne, and iudge the world with might:
for why, all nations are thine owne, to take them as thy right.

Deus qui ſimilis. Pſal. Lxxxiij. I. H.

The people of Iſrael pray vnto the Lord to deliuer them from their enemies, both at home and farre off, which imagined nothing but their deſtruction: and they deſire that all ſuch wicked people may, according as God was accuſtomed, be ſtricken with the ſtormy tempeſt of Gods wrath, that they may know that the Lord is moſt high vpon the earth.

Sing this as the 77. Pſalme.

DO not O God refraine thy tongue, in ſilence do not ſtay:
withhold not Lord thy ſelfe ſo long, nor make no more delay.
2 For why, behold thy foes, and ſee how they do rage and crie:
and thoſe that beare an hate to thee, hold vp their heads on hie.

3 Againſt thy folke they vſe deceit, and craftily enquire:
for thine elect to lie in waite, their counſell doth conſpire.
4 Come on, ſay they, let vs expell, and plucke theſe folke away:
ſo that the name of Iſrael may vtterly decay.

5 They all conſpire within their heart, how they may thee withſtand:
againſt the Lord to take a part, they are in league and band.
6 The tents of all the Edomites, the Iſmaelites alſo:
the Hagarens and Moabites, with diuers other moe.

7 Geball with Ammon, and likewiſe doth Amalech conſpire:
the Philiſtines againſt thee riſe, with them that dwell at Tyre.
8 And Aſſur eke is well apaid, with them in league to be:
and doth become a fence and ſide to Lots poſteritie.

9 As thou didſt to the Madianites, ſo ſerue them Lord each one:
as to Siſar and to Jabin, beſide the brooke Kiſon.

10 Whom

10 Whom thou in Endor didst destroy, and waste them through thy might,
that they like dung on earth did lie, and that in open sight.

The second part.

11 Make them now and their Lords appeare, like Zeb and Oreb then,
as Zeba and Zalmana were, the kings of Madian.
12 Which said, let vs throughout the land, in all the coasts abroad,
possesse and take into our hand, the faire houses of God.

13 Turne them O God with stormes as fast, as wheeles that haue no stay:
or like the chaffe which men do cast, with winds to flie away.
14 Like as the fire with rage and fume, the mighty forrests spils,
and as the flame doth quite consume, the mountaines and the hils.

15 So let the tempest of thy wrath, vpon their necks be laid:
and of thy stormie winde and showre, Lord make them all afraid.
16 Lord bring them all I thee desire to such rebuke and shame,
that it may cause them to enquire, and learne to seeke thy Name.

17 And let them euermore dayly, to shame and slander fall:
and in rebuke and obloquie, to perish eke withall.
18 That they may know and feele full well, that thou art called Lord:
and that alone thou dost excell, and reigne throughout the world.

Quam dilecta. Psal. Lxxxiiij. I. H.

Dauid driuen forth of his Countrie, desireth most ardently to come againe to the tabernacle of the Lord, and the assembly of the Saints to praise God, pronouncing them blessed that may so do. Then he praiseth the courage of the people, that passe through the wilderneſſe to assemble themselues in Sion. Finally, with praise of this matter and confidence of Gods goodnesse he endeth the Psalme.

Sing this as the 67. Psalme.

HOw pleasant is thy dwelling place, O Lord of hoasts to me:
the tabernacles of thy grace, how pleasant Lord they be.
2 My soule doth long full sore to go, into thy courts abroad:
my heart doth lust, my flesh also in thee the liuing God.

3 The sparrowes find a roome to rest, and saue themselues from wrong:
and eke the swallow hath a nest, wherein to keepe their yong.
4 These birds full nigh thine altar may haue place to sit and sing:
O Lord of hoasts thou art I say, my God and eke my King.

5 O they be blessed that may dwell, within thy house alwaies,
for they all times thy facts do tell, and euer giue thee praise.
6 Yea happie sure likewise are they, whose stay and strength thou art,
which to thy house do mind the way, and seeke it in their heart.

7 As they go through the vale of teares, they dig vp fountaines still,
that as a spring it all appeares, and thou their pits dost fill.
8 From strength to strength they walke full fast, no faintnesse there shall be:
and so the God of Gods at last in Sion they do see.

9 O Lord of hoaſts to me giue heed, and heare when I do pray:
and let it through thine eares proceed, O Jacobs God I ſay.
10 O Lord our ſhield of thy good grace, regard and ſo draw neare:
regard I ſay, behold the face of thine annointed deare.

11 For why, within thy courts one day is better to abide,
then other where to keepe or ſtay, a thouſand dayes beſide.
12 Much rather would I keepe a doore within the houſe of God,
then in the tents of wickednesſe to ſettle mine abode.

13 For God the Lord light and defence, will grace and worſhip giue,
and no good thing will he withhold, from them that purely liue.
14 O Lord of hoaſts that man is bleſt, and happie ſure is he
that is perſwaded in his breaſt, to truſt all times in thee.

Benedixiſti Domine. Pſal. Lxxxv. I. H.

Becauſe God withdrew not his rods from his Church after their returne from Babylon, firſt they put him in mind of their deliuerance, to the intent that he ſhould not leaue the worke of his grace vnperfect: next they complaine of their long affliction: and thirdly, they reioyce in hope of felicity promiſed: for their deliuerance was a figure of Chriſts kingdome, vnder the which ſhould be perfect felicitie.

Sing this as the 67. Pſalme.

THou haſt bene mercifull indeed, O Lord vnto thy land:
for thou reſtoredſt Jacobs ſeed, from thraldome out of band.
2 The wicked wayes that they were in, thou didſt them cleane remit,
and thou didſt hide the peoples ſinne, full cloſe thou couereds it.

3 Thine anger eke thou didſt aſſwage, that all thy wrath was gone:
and ſo didſt turne thee from thy rage, with them to be at one.
4 O God our health do now conuert thy people vnto thee:
put all thy wrath from vs apart, and angry ceaſſe to be.

5 Why, ſhall thine anger neuer ceaſſe, but ſtill proceed on vs?
and ſhall thy wrath it ſelfe extend, vpon all ages thus?
6 Wilt thou not rather turne therefore, and quicken vs, that we
and all thy folke may euermore be glad and ioy in thee?

7 O Lord on vs do thou declare, thy goodneſſe to our wealth:
ſhew forth to vs and do not ſpare, thine aide and ſauing health:
8 I will hearke what God ſaith, for he ſpeakes to his people peace,
and to his Saints that neuer they, returne to fooliſhneſſe.

9 For why, his health is ſtill at hand, to ſuch as do him feare:
whereby great glory in our land, ſhall dwell and flouriſh there.
10 For truth and mercy there ſhall meet, in one to take their place:
and peace and iuſtice with kiſſe greet, and there they ſhall embrace.

11 As truth from earth ſhall ſpring apace, and flouriſh pleaſantly:
ſo righteouſneſſe ſhall ſhew her face, and looke from heauen hie:
12 Yea God himſelfe ſhall take in hand, to giue vs each good thing:
and through the coaſts of all the land, the earth her fruit ſhall bring.

14 Before

14 Before his face ſhall iuſtice go, much like a guide or ſtay:
he ſhall direct his ſteps alſo, and keepe them in the way.

Inclina Domine aurem. Pſal. Lxxxvj. I. H.

Dauid ſore afflicted and forſaken of all, prayeth feruently for deliuerance, ſometimes rehearſing his miſeries, ſometimes the mercies receiued, desiring alſo to be inſtructed of the Lord, that he may feare him and glorifie his Name. He complaineth alſo of his aduerſaries, and requireth to be deliuered from them.

Sing this as the 81. Pſalme.

LOrd bow thine eare to my requeſt, and heare me by and by:
with grieuous paine and griefe oppreſt, full poore and weake am I.
2 Preſerue my ſoule, becauſe my way and doings holy be:
and ſaue thy ſeruant (O my Lord) that puts his truſt in thee.

3 Thy mercy Lord on me expreſſe, defend me eke withall:
for through the day I do not ceaſſe, on thee to crie and call.
4 Comfort O Lord thy ſeruants ſoule, that now with paine is pinde:
for vnto thee Lord I extoll, and lift my ſoule and mind.

5 For thou art good and bountifull, thy gifts of grace are free:
and eke thy mercy plentifull, to all that call on thee.
6 O Lord likewiſe when I do pray, regard and giue an eare:
marke well the words that I do ſay, and all my prayers heare.

7 In time when trouble doth me moue, to thee I do complaine:
for why, I know and well do proue, thou anſwereſt me againe.
8 Among the Gods O Lord is none, with thee to be compar'd:
and none can do as thou alone, the like hath not bene heard.

The ſecond part.

9 The Gentiles and the people all, which thou didſt make and frame,
before thy face on knees will fall, and glorifie thy Name.
10 For why, thou art ſo much of might, all power is thine owne:
thou worker wonders ſtill in ſight, for thou art God alone.

11 O teach me Lord the way, and I ſhall in thy truth proceed:
O ioyne my heart to thee ſo nigh, that it thy Name may dread.
12 To thee my God will I giue praiſe, with all my heart O Lord:
and glorifie thy Name alwayes, for euer through the world.

13 For why, thy mercy ſhew'd to me, is great and doth excell:
thou ſetſt my ſoule at libertie, out from the lower hell.
14 O Lord the proud againſt me riſe, and heaps of men of might:
they ſeeke my ſoule, and in no wiſe will haue thee in their ſight.

15 Thou Lord art mercifull and meeke, full ſlacke and ſlow to wrath,
thy goodneſſe is full great, and eke thy truth no meaſure hath.
16 O turne to me and mercy grant, thy ſtrength to me apply:
O helpe and ſaue thine owne ſeruant, thy hand-maids ſonne am I.

17 On me ſome ſigne of fauour ſhew, that all my foes may ſee,
and be aſham'd, becauſe Lord thou doſt helpe and ſuccour me.

Funda-

Fundamenta eius. Pſal. Lxxxvij. I. H.

The holy Ghoſt promiſeth that the condition of the Church, which was in miſerie after the captiuitie of Babylon, ſhould be reſtored to great excellencie, ſo that there ſhould be nothing more comfortable then to be numbred among the members thereof.

Sing this as the 81. Pſalme.

THat Citie ſhall full well endure, her ground-worke ſtill doth ſtay
vpon the holy hils full ſure, it can no time decay.
2 God lõues the gates of Sion beſt, his grace doth there abide:
he loues them more then all the reſt of Jacobs tents beſide.

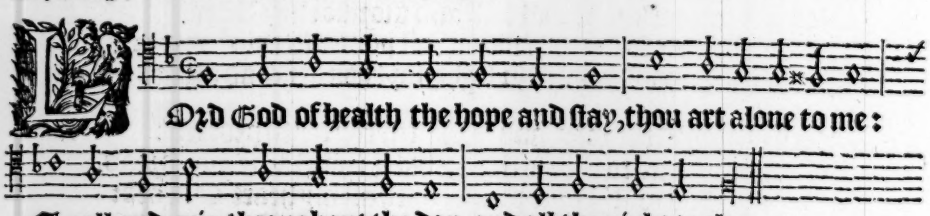
3 Full glorious things reported be in Sion and abroad:
great things I ſay are ſaid of thee, thou Citie of our God.
4 On Rahab I will caſt an eye, and beare in mind the ſame:
and Babylon ſhall eke apply, and learne to know my name.

5 Loe, Paleſtine and Tyre alſo, with Ethiope likewiſe:
a people old full long ago, were borne, and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuers men of fame
haue there ſprong vp, and the high God hath founded faſt the ſame.

7 In their records to them it ſhall, through Gods deuice appeare
of Sion that the chiefe of all, had his beginning there.
8 The trumpeters with ſuch as ſing, therein great plenty be:
my fountaines and my pleaſant ſprings are compaſt all in thee.

Domine Deus ſalutis. Pſal. Lxxxviij. I. H.

A grieuous complaint of the faithfull, ſore afflicted by ſickneſſe, perſecution and aduerſitie, being as it were left of God without any conſolation: yet he calleth vpon God by faith, and ſtriueth againſt deſperation, complaining himſelfe to be forſaken of all earthly helpe.



I call and crie throughout the day, and all the night to thee.

2 O let my prayers ſoone aſcend vnto thy ſight on hie:
incline thine eares (O Lord) intend, and hearken to my crie.

3 For why, my ſoule with woe is fild, and doth in trouble dwell:
my life and breath almoſt doth yeeld, and draweth nigh to hell.
4 I am eſteemd as one of them, that in the pit do fall,
and made as one among thoſe men, that haue no ſtrength at all.

5 As one among the dead, and free from things that here remaine,
it were more eaſe for me to be with them the which are ſlaine.
6 As thoſe that lie in graue I ſay, whom thou haſt cleane forgot:
the which thy hand hath cut away, and thou regard'ſt them not.

7 Yea,

7 Yea, like to one ſhut vp full ſure, within the lower pit,
in places darke, and all obſcure, and in the depth of it.
8 Thine anger and thy wrath likewiſe, full ſore on me doth lie:
and all thy ſtormes againſt me riſe, my ſoule to vexe and trie.

9 Thou putſt my friends far off from me, and mak'ſt them hate me ſore:
I am ſhut vp in priſon faſt, and can come forth no more.
10 My ſight doth faile through griefe and woe, I call to thee O God
throughout the day, my hands alſo, to thee I ſtretch abroad.

The ſecond part.

11 Doſt thou vnto the dead declare, thy wondrous works of fame?
ſhall dead to life againe repaire, and praiſe thee for the ſame?
12 Or ſhall thy louing kindneſſe Lord, be preached in the graue?
or ſhall with them that are deſtroid thy truth her honour haue?

13 Shall they that lie in darke full low, of all thy wonders wot?
or there ſhall they thy iuſtice know, where all things are forgot?
14 But I O Lord to thee alway do crie and call apace:
my prayer eke ere it be day ſhall come before thy face.

15 Why doſt thou Lord abhorre my ſoule, in griefe that ſeeketh thee?
and now O Lord why doſt thou hide thy face away from me?
16 I am afflict as dying ſtill, from youth this many a yeare:
thy terrors which do vexe me ill, with troubled mind I beare.

17 The furies of thy wrathfull rage full ſore vpon me fall:
thy terrors eke do not aſſwage, but me oppreſſe withall.
18 All day they compaſſe me about, as water at the tide:
and all at once with ſtreames full ſtout, beſet me on each ſide.

19 Thou ſetteſt far from me my friends and louers euery one:
yea and mine old acquaintance all out of my ſight are gone.

Miſericordias Domini. Pſal. Lxxxix. I. H.

With many words doth the Prophet praiſe the name of God for his teſtament and couenant that he made betweene him and his elect by Jeſus Chriſt the ſonne of Dauid. Then doth he complaine of the great ruine and deſolation of the kingdome of Dauid, ſo that to the outward appearance the promiſe was broken. Finally, he prayeth to be deliuered from his afflictions, making mention of the ſhortneſſe of mans life, and confirming himſelfe by Gods promiſes.

Sing this as the 67. Pſalme.

TO ſing the mercies of the Lord my tongue ſhall neuer ſpare:
and with my mouth from age to age, thy truth I will declare.
2 For I haue ſaid that mercy ſhall for euermore remaine:
in that thou doſt the heauens ſtay, thy truth appeareth plaine.

3 To mine elect (ſaith God) I made a couenant and beheſt,
my ſeruant Dauid to perſwade, I ſwore and did proteſt,
4 Thy ſeed for euer I will ſtay, and ſtabliſh it full faſt:
and ſtill vphold thy throne alway, from age to age to laſt.

5 The

5 The heauens ſhew with ioy and mirth, thy wondrous worke ſ O Lord,
thy Saints within thy Church on earth, thy faith and truth record.
6 Who with the Lord is equall then in all the clouds abroad?
among the ſonnes of all the Gods, what one is like our God?

7 God in aſſembly of the Saints, is greatly to be drad:
and ouer all that dwell about, in terror to be had.
8 Lord God of hoaſts in all the world, what one is like to thee?
on euery ſide moſt mighty Lord, thy truth is ſeene to be.

9 The raging ſea by thine aduice, thou ruleſt at thy will:
and when the waues thereof ariſe, thou mak'ſt them calme and ſtill.
10 And Egypt Lord thou haſt ſubdude, and thou haſt it deſtroyd:
yea thou thy foes with mighty arme haſt ſcattred all abroad.

The ſecond part.

11 The heauens are thine and ſtill haue bene, likewiſe the earth and land,
the world with all that is therein, thou foundedſt with thy hand.
12 Both North & South, with Eaſt and weſt, thy ſelfe didſt make & frame:
both Tabor mount, and eke Hermon, reioyce and praiſe thy Name.

13 Thine arme is ſtrong and full of power, all might therein doth lie:
the ſtrength of thy right hand each houre, thou liftſt vp on hie.
14 In righteouſneſſe and equitie, thou haſt thy ſeate and place:
mercie and truth are ſtill with thee, and go before thy face.

15 That folke is bleſt that knowes aright thy preſent power O God:
for in the fauour of thy ſight, they walke full ſafe abroad.
16 For in thy name throughout the day, they ioy and much reioyce:
and through thy righteouſneſſe haue they a pleaſant fame and noiſe.

17 For why? their glory, ſtrength, and aide, in thee alone doth lie,
thy goodneſſe eke that hath vs ſtaid, ſhall lift our horne on hie.
18 Our ſtrength that doth defend vs well, the Lord to vs doth bring:
the holy one of Iſrael, he is our guide and king.

19 Sometime thy will vnto thy Saints in viſions thou didſt ſhow:
and thus then didſt thou ſay to them, thy mind to make them know.
20 A man of might I haue erect, your king and guide to be:
and ſet vp him whom I elect, among the folke to me.

The third part.

21 My ſeruant Dauid I appoint, whom I haue ſearched out,
and with my holy oyle annoint him king of all the rout.
22 For why? my hand is ready ſtill, with him for to remaine:
and with mine arme alſo I will him ſtrengthen and ſuſtaine.

23 The enemies ſhall not him oppreſſe, they ſhall him not deuoure:
ne yet the ſonnes of wickedneſſe, of him ſhall haue no power.
24 His foes likewiſe I will deſtroy, before his face in ſight:
and thoſe that hate him I will plague, and ſtrike them with my might.

25 My

25 My truth and mercy eke withall, ſhall ſtill vpon him lie:
and in my name his horne eke ſhall, be lifted vp on hie.
26 His kingdome I will ſet to be, vpon the ſea and ſand:
and eke the running flouds ſhall he embrace with his right hand.

27 He ſhall depend with all his heart on me, and thus ſhall ſay:
my father and my God thou art, my rocke of health and ſtay.
28 As one firſt borne I will him take, of all on earth that ſprings:
his might and honour I will make, aboue all earthly kings.

29 My mercy ſhall be with him ſtill, as I my ſelfe haue told:
my faithfull couenant to fulfill, my mercy I will hold:
30 And eke his ſeed I will ſuſtaine, for euer ſtrong and ſure:
ſo that his ſeate ſhall ſtill remaine, while heauen doth endure.

The fourth part.

31 If that his ſonnes forſake my law, and ſo begin to ſwerue,
and of my iudgements haue none awe, nor will not them obſerue:
32 Or if they will not vſe aright, my ſtatutes to them made:
and ſet all my commandements light, and will not keepe my trade:

33 Then with the rod will I begin, their doings to amend:
and ſo with ſcourging for their ſinne, when that they do offend.
34 My mercy yet and my goodneſſe, I will not take him fro,
nor handle him with craftineſſe, and ſo my truth forgo.

35 But ſure my couenant I will hold, with all that I haue ſpoke:
no word the which my lips haue told, ſhall alter or be broke.
36 Once ſware I by my holineſſe, and that performe will I:
with Dauid I will keepe promiſe, to him I will not lie.

37 His ſeed for euermore ſhall reigne, and eke his throne of might:
as doth the Sunne it ſhall remaine, for euer in my ſight.
38 And as the Moone within the ſky, for euer ſtandeth faſt:
a faithfull witneſſe from on high, ſo ſhall his kingdome laſt.

39 But now O Lord thou doſt reiect, and now thou changeſt cheare:
yea, thou art wroth with thine elect, thine owne annointed deare.
40 The couenant with thy ſeruant made, Lord thou haſt quite vndone:
and downe vpon the ground alſo haſt caſt his royall crowne.

The fift part.

41 Thou pluck'ſt his hedges vp with might, his walls thou doſt confound:
thou beateſt eke his bulwarkes down, and break'ſt them to the ground.
42 That he is ſore deſtroyd and torne, of commers by throughout:
and ſo is made a mocke and ſcorne, to all that dwell about.

43 Thou their right hand haſt lifted vp, thas him ſo ſore annoy:
and all his foes that him deuoure, lo thou haſt made to ioy.
44 His ſwords edge thou doeſt take away, that ſhould his foes withſtand:
to him in warre no victorie thou giueſt, nor vpper hand.

45 His glory thou doſt alſo waſte, his throne, his ioy and mirth,
By thee is ouerthrowne and caſt, full low vpon the earth.
46 Thou haſt cut off and made full ſhort, his youth and luſtie daies:
and raiſde of him an ill report, with ſhame and great diſpraiſe.

47 How long away from me O Lord, for euer wilt thou turne?
and ſhall thine anger ſtill alway, as fire conſume and burne?
48 O call to mind, remember then, my time conſumeth faſt:
why haſt thou mad the ſonnes of men, as things in vaine to waſt?

49 What man is he that liueth here, and death ſhall neuer ſee?
or from the hand of hell his ſoule, ſhall he deliuer free?
50 Where is O Lord thine old goodneſſe, ſo oft declarde before:
which by thy truth and vprightneſſe, to Dauid thou haſt ſworne?

51 The great rebukes to mind I call, that on thy ſeruants lie:
the railing of the people all, borne in my breaſt haue I.
52 Wherewith O Lord thine enemies, blaſphemed haue thy Name:
the ſteps of thine annointed one, they ceaſſe not to defame.

53 All praiſe to thee O Lord of hoaſts, both now and eke for aye:
through ſky and earth and all the coaſts, Amen, Amen, I ſay.

Domine refugium. Pſal. XC. I. H.

Moſes in his prayer ſetteth before vs the eternall fauour of God towards his, who are neither admonished by the peruerſe of their life, nor by plagues, to be thankfull. Therefore Moſes prayeth God to turne their hearts, and to continue his mercy towards them and their poſteritie for euer.

Sing this as the 78. Pſalme.

THou Lord haſt bene our ſure defence, our place of eaſe and reſt:
in all times paſt, yea ſo long ſince, as cannot be expreſt.
2 Ere there was made mountaine or hill, the earth or world abroad:
from age to age, and alwaies ſtill, for euer thou art God.

3 Thou grindeſt man through griefe and paine, to duſt, or clay, and then,
and then thou ſaiſt againe, returne againe ye ſonnes of men.
4 The laſting of a thouſand yeares what is it in thy ſight:
as yeſterday it doth appeare, or as a watch by night.

5 So ſoone as thou doſt ſcatter them, then is their life and trade,
all as a ſleepe, and like the graſſe, whoſe beauty ſoone doth fade.
6 Which in the morning ſhines full bright, but fadeth by and by:
and is cut downe ere it be night, all withered, dead and dry.

7 For through thine anger we conſume, our might is much decaid:
and of thy feruent wrath and fume, we are full ſore afraid.
8 The wicked workes that we haue wrought, thou ſetſt before thine eye:
our priuy faults, yea eke our thoughts, thy countenance doth ſpie.

9 For through thy wrath our daies do waſte, thereof doth nought remaine:
our yeares conſume as words or blaſts, and are not cald againe.
10 Our time is threeſcore yeares and ten, that we do liue on mold:
if one ſee foureſcore, ſurely then we count him wondrous old.

The

The ſecond part.

11 Yet of this time the ſtrength and chiefe, the which we count vpon,
is nothing elſe but painefull griefe, and we as blaſts are gone.
12 Who once doth know what ſtrēgth is there, what might thine anger hath
or in his heart who doth thee feare, according to thy wrath.

13 Inſtruct vs Lord to know and trie, how long our daies remaine:
that then we may our hearts apply, true wiſedome to attaine.
14 Returne O Lord, how long wilt thou, forth on in wrath proceed:
ſhew fauour to thy ſeruants now, and helpe them at their need.

15 Refreſh vs with thy mercy ſoone, and then our ioy ſhall be:
all times ſo long as life doth laſt, in heart reioyce ſhall we.
16 As thou haſt plagued vs before, now alſo make vs glad:
and for the yeares wherein full ſore affliction we haue had.

17 O let thy worke and power appeare, and on thy ſeruants light:
and ſhew vnto thy children deare, thy glory and thy might.
18 Lord let thy grace and glory ſtand, on vs thy ſeruants thus:
confirme the workes we take in hand, Lord proſper them to vs.

Qui habitat. Pſal. xcj. I. H.

Here is deſcribed in what aſſurance he liueth that putteth his whole truſt in God, and committeth himſelfe wholly to his protection in all temptations. A promiſe of God to thoſe that loue him, know him, and truſt in him, to deliuer them, and giue them immortall glory.

Sing this as the 79. Pſalme.

HE that within the ſecret place, of God moſt high doth dwell:
in ſhadow of the mightieſt grace, at reſt ſhall keepe him well.
2 Thou art my hope and my ſtrong hold, I to the Lord will ſay:
my God is he, in him will I, my whole affiance ſtay.

3 He ſhall defend thee from the ſnare, the which the hunter laid:
and from the deadly plague and care, whereof thou art affraid.
4 And with his wings ſhall couer thee, and keepe thee ſafely there:
his faith and truth thy fence ſhall be, as ſure as ſhield and ſpeare.

5 So that thou ſhalt not need I ſay, to feare or be affright:
of all the ſhafts that flie by day, nor terrors of the night.
6 Nor of the plague that priuily doth walke in darke ſo faſt,
nor yet of that which doth deſtroy, and at noone dayes doth waſt.

7 Yea at thy ſide as thou doſt ſtand, a thouſand dead ſhall be:
ten thouſand eke at thy right hand, and yet ſhalt thou be free.
8 But thou ſhalt ſee it for thy part, thine eyes ſhall well regard,
that euen like to their deſert, the wicked haue reward.

9 For why, O Lord, I onely luſt to ſtay my hope on thee:
and in the Higheſt I put my truſt, my ſure defence is he.
10 Thou ſhalt not need none ill to feare, with thee it ſhall not mell.
nor yet the plague ſhall once come neare the houſe where thou doſt dwel.

11 For why, vnto his Angels all, with charge commanded he:
that still in all thy waies they shall preserue and prosper thee.
12 And in their hands shall thee beare vp, still waiting thee vpon:
so that thy foote shall neuer chance, to spurne at any stone.

13 Upon the Lyon thou shalt go, the Adder fell and long:
and tread vpon the Lyons yong, with Dragons stout and strong.
14 For he that trusteth vnto me, I will dispatch him quite:
and him defend, because that he doth know my name aright.

15 When he for health on me doth crie, an answer I will giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares and daies of wealth, I will fulfill his time;
the goodnesse of my sauing health, I will declare to him.

Bonum est confiteri. Psal. xcij. I. H.

This Psalme was made to be sung on the Sabbath, to stir vp the people to acknowledge God, and to praise him in his workes. The Prophet reioyceth therein, but the wicked is not able to consider, that the vngodly, when he is most flourishing, shall most speedily perish. In the end is described the felicitie of the iust planted in the house of God to praise the Lord.

Sing this as the 88. Psalme.

IT is a thing both good and meete, to praise the highest Lord:
and to thy Name O thou most high, to sing with one accord.
2 To shew the kindnesse of the Lord, betime ere day be light:
and eke declare his truth abroad, when it doth draw to night.

3 Upon ten stringed instrument, on Lute and Harpe so sweete:
with all the mirth you can inuent, of instruments most meete.
4 For thou hast made me to reioyce, in things so wrought by thee:
and I haue ioy in heart and voice, thy handy workes to see.

5 O Lord how glorious and how great, are all thy workes so stout:
so deepely are thy counsels set, that none can trie them out.
6 The man vnwise hath not the wit, this geare to passe to bring:
and all such fooles are nothing fit, to vnderstand this thing.

7 When so the wicked at their will, as grasse do spring full fast:
they when they flourish in their ill, for euer shall be wast.
8 But thou art mighty Lord most high, yea thou dost reigne therefore,
in euery time eternally, both now and euermore.

9 For why, O Lord, behold and see, behold thy foes I say,
how all that worke iniquitie, shall perish and decay.
10 But thou like as an Unicorne, shalt lift my horne on hie:
with fresh and new prepared oyle, thine ointed king am I.

11 And of my foes before mine eyes, shall see the fall and shame:
of all that vp against me rise, mine eares shall heare the same.
12 The iust shall flourish vp on high, as Date trees bud and blow:
and as the Cedars multiplie, in Libanus that grow.

13 For

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall bring, both fat and well beſeene:
and pleaſantly both bud and ſpring, with boughes & branches greene.

15 To ſhew that God is good and iuſt, and vpright in his will:
he is my rocke, my hope and truſt, in him there is none ill.

Dominus regnauit. Pſal. xciij. I. H.

He praiſeth the power of God in the creation of the world, and beateth downe all people which lift them vp againſt his Maieſtie, and prouoketh to conſider his promiſes.

Sing this as the 77. Pſalme.

THe Lord as king aloft doth reigne, in glory goodly dight:
and he to ſhew his ſtrength and maine, hath girt himſelfe with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure,
no might can make it moue or fade, at ſtay it doth endure.

3 Ere that the world was made or wrought, thy ſeate was ſet before:
beyond all time that can be thought, thou haſt bene euermore.
4 The flouds O Lord, the flouds do riſe, they roare and make a noiſe:
the flouds I ſay did enterpriſe, and lifted vp their voice.

5 Yea though the ſtormes ariſe in light, though ſeas do rage and ſwell:
the Lord is ſtrong and more of might, for he on high doth dwell.
6 And looke what promiſe he doth make, his houſhold to defend:
for iuſt and true they ſhall it take, all times withouten end.

Deus vltionum. Pſal. xciiij. I. H.

He prayeth vnto God againſt the violence and arrogancy of tyrants, warning them of Gods iudgements. Then doth he comfort the afflicted by the good iſſue of their afflictions, as he felt in himſelfe, and did ſee in others, and by the ruine of the wicked, whom the Lord will deſtroy.

Sing this as the 78. Pſalme.

O Lord thou doſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, declare that all may ſee.
2 Set forth thy ſelfe: for thou of right, the earth doſt iudge and guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voice?
how long ſhall wicked men I ſay, thus triumph and reioyce?
4 How long ſhall they with brags burſt out, and proudly prate their fill?
ſhall they reioyce that be ſo ſtout, whoſe workes are euer ill?

5 Thy flocke O Lord, thine heritage, they ſpoile and vexe full ſore:
againſt thy people they do rage, ſtill daily more and more.
6 The widowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlay the children fatherleſſe, and none doth put them by.

7 And when they take theſe things in hand, this talke they haue of thee:
can Iacobs God this vnderſtand? tuſh, no, he cannot ſee.
8 O folke vnwiſe, and people rude, ſome knowledge now diſcerne:
ye fooles among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right muſt heare:
he made the eye, all things muſt then, before his ſight appeare.
10 The Lord doth all the world correct, and makes them vnderſtand:
ſhall he not then your deeds detect, how can ye ſcape his hand:

The ſecond part.

11 The Lord doth know the thoughts of man, his heart he ſeeth full plaine:
the Lord I ſay, mens thoughts doth ſcan, and findeth them but vaine.
12 But Lord, that man is happy ſure, whom thou doſt keepe in awe:
and through correction doſt procure, to teach him in thy law.

13 Whereby he ſhall in quiet reſt, in time of trouble ſit:
when wicked men ſhall be ſuppreſt, and fall into the pit.
14 For ſure the Lord will not refuſe, his people for to take:
his heritage whom he did chuſe, he will no time forſake:

15 Vntill that iudgement be decreed to iuſtice to conuert:
that all may follow her with ſpeed, that are of vpright heart.
16 But who vpon my part ſhall ſtand, againſt the curſed traine:
or who ſhall rid me from their hand, that wicked workes maintaine:

17 Except the Lord had bene mine aide, mine enemies to repell:
my ſoule and life had now bene laid, almoſt as low as hell.
18 When I did ſay my foote doth ſlide, I now am like to fall:
thy goodneſſe Lord did ſo prouide, to ſtay me vp withall.

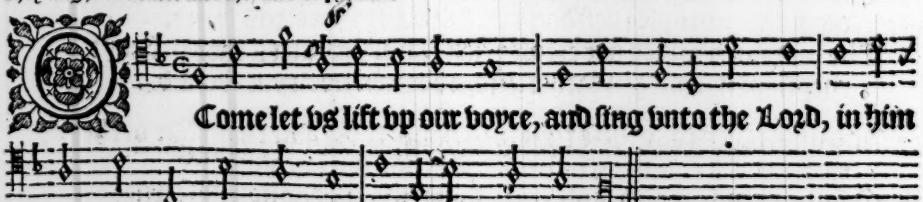
19 When with my ſelfe I muſed much, and could no comfort find:
then Lord thy goodneſſe did me touch, and that did eaſe my mind.
20 Wilt thou inhaunt thy ſelfe and draw, with wicked men to ſit:
which with pretence in ſtead of law, much miſchiefe do commit:

21 For they conſult againſt the life of righteous men and good:
and in their counſels they are rife, to ſhed the guiltleſſe bloud.
22 But yet the Lord he is to me, a ſtrong defence or locke:
he is my God, to him I flee, he is my ſtrength and rocke.

23 And he ſhall cauſe their miſchiefes all, themſelues for to annoy:
and in their malice they ſhall fall, our God ſhall them deſtroy.

Venite exultemus. Pſal. XCv. I.H.

An earneſt exhortation to praiſe God for the gouernment of the world, and the election of his Church. An admonition not to follow the rebellion of the old fathers, that tempted God in the wilderneſſe, for the which they might not enter into the land of promiſe.



Yea

2 Yea, let vs come before his face, to giue him thankes and praiſe:
in ſinging Pſalmes vnto his grace, let vs be glad alwaies.

3 For why, the Lord he is no doubt, a great and mighty God:
a king aboue all gods throughout, in all the world abroad.
4 The ſecrets of the earth ſo deepe, and corners of the land,
the tops of hils that are ſo ſteepe, he hath them in his hand.

5 The ſea and waters all are his, for he the ſame hath wrought:
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and praiſe the Lord, before him let vs fall:
and kneele to him with one accord, the which hath made vs all.

7 For why, he is the Lord our God, for vs he doth prouide,
we are his flocke, he doth vs feed, his ſheepe, and he our guide.
8 To day if ye his voice will heare, then harden not your heart:
as ye with grudging many a yeare, prouok't me in deſart:

9 Whereas your fathers tempted me, my power for to proue:
my wondrous workes when they did ſee, yet ſtill they would me moue.
10 Twiſe twenty yeares they did me grieue, and I to them did ſay:
they erre in heart and not beleeue, they haue not knowne my way.

11 Wherefore I ſware, when that my wrath was kindled in my breſt:
that they ſhould neuer tread the path, to enter in my reſt.

Cantate Domino. Pſal. XCvj. I. H.

An exhortation both to the Jewes and Gentiles, to praiſe God for his mercy. And this ſpecially ought to be referred to the kingdome of Chriſt.

Sing this as the 77. Pſalme.

SIng ye with praiſe vnto the Lord, new ſongs of ioy and mirth:
ſing vnto him with one accord, all people on the earth.
2 Yea ſing vnto the Lord I ſay, praiſe ye his holy Name:
declare and ſhew from day to day, ſaluation by the ſame.

3 Among the heathen eke declare, his honour round about:
to ſhew his wonders do not ſpare, in all the world throughout.
4 For why, the Lord is much of might, and worthy praiſe alway:
and he is to be dread of right, aboue all gods I ſay.

5 For all the gods of heathen folke, are Idols that will fade:
but yet our God he is the Lord, that hath the heauens made.
6 All praiſe and honour eke do dwell for aye before his face:
both power and might likewiſe excell, within his holy place.

7 Aſcribe vnto the Lord alway, ye people of the world:
all might and worſhip eke I ſay, aſcribe vnto the Lord.

8 Aſcribe vnto the Lord alſo the glory of his Name:
and eke into his courts do go, with gifts vnto the ſame.

The ſecond part.

9 Fall downe and worſhip ye the Lord, within his Temple bright:
let all the people of the world be fearefull at his ſight.
10 Tell all the world, be not agaſt, the Lord doth reigne aboue:
yea he hath ſet the earth ſo faſt, that it can neuer moue.

11 And that it is the Lord alone, that rules with princely might,
to iudge the nations euery one, with equitie and right.
12 The heauens ſhall great ioy begin, the earth ſhall eke reioyce:
the ſea with all that is therein, ſhall ſhout and make a noyſe.

13 The field ſhall ioy, and euery thing that ſpringeth on the earth:
the woods and euery tree ſhall ſing, with gladneſſe and with mirth:
14 Before the preſence of the Lord, and comming of his might:
when he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnauit. Pſal. xcvij. I. H.

The Prophet exhorteth all to reioyce for the coming of the kingdome of Chriſt, dreadfull to the rebels and idolaters, and ioyfull to the iuſt, whom he exhorteth to innocency, reioycing and thankſgiuing.

Sing this as the 95. Pſalme.

THe Lord doth reigne, whereat the earth, may ioy with pleaſant voyce:
and eke the Iles with ioyfull mirth, may triumph and reioyce.
2 Both clouds and darkneſſe eke do ſwell, and round about him beate:
yea right and iuſtice euer dwell, and bide about his ſeate.

3 Yea fire and heate at once do run, and go before his face:
which ſhall his foes and enemies burne, abroad in euery place.
4 His lightnings eke full bright did blaze, and to the world appeare:
whereat the earth did looke and gaze, with dread and deadly feare.

5 The hils like waxe did melt, in ſight and preſence of the Lord:
they fled before that rulers might, which guideth all the world.
6 The heauens eke declare and ſhew, his iuſtice forth abroad:
that all the world may ſee and know, the glory of our God.

7 Confuſion ſure ſhall come to ſuch, as worſhip Idols vaine,
and eke to thoſe that glory much, dumbe pictures to maintaine.
8 For all the idols of the world, which they as gods do call,
ſhall feele the power of the Lord, and downe to him ſhall fall.

9 With ioy ſhall Sion heare this thing, and Juda ſhall reioyce:
for at thy iudgements they ſhall ſing, and make a pleaſant noiſe:
10 That thou O Lord art ſet on high, in all the earth abroad,
and art exalted wondrously, aboue each other God.

11 All ye that loue the Lord do this, hate all things that are ill:
for he doth keepe the ſoules of his, from ſuch as would them ſpill.
12 And light doth ſpring vp to the iuſt, with pleaſure for his part:
great ioy, with gladneſſe, mirth and luſt, to them of vpright heart.

13 Ye righteous in the Lord reioyce, his holineſſe proclaime:
be thankfull eke with heart and voice, and mindfull of the ſame.

Cantate Domino. Pſal. xcviij. I. H.

An earneſt exhortation to all creatures to praiſe the Lord for his power, mercy, and fidelitie in his promiſe by Chriſt, by whom he hath communicated his ſaluation to all nations.

Sing this as the 95. Pſalme.

O Sing ye now vnto the Lord a new and pleaſant ſong:
for he hath wrought throughout the world, his wonders great & ſtrong
2 with his right hand full worthily, he doth his foes deuoure:
and get himſelfe the victorie, with his owne arme and power.

3 The Lord doth make the people know, his ſauing health and might:
the Lord doth eke his iuſtice ſhew, in all the heathens ſight.
4 His grace and truth to Iſraell, in mind he doth record:
that all the earth hath ſeene right well, the goodneſſe of the Lord.

5 Be glad in him with ioyfull voice, all people of the earth:
giue thankes to God, ſing and reioyce to him with ioy and mirth.
6 Vpon the Harpe vnto him ſing, giue thankes to him with Pſalmes:
reioyce before the Lord our king, with trumpets and with ſhalmes.

7 Yea let the ſea with all therein, for ioy both roare and ſwell:
the earth likewiſe let it begin, with all that therein dwell.
8 And let the floods reioyce their fils, and clap their hands apace:
and eke the mountaines and the hils, before the Lord his face.

9 For he ſhall come to iudge and trie, the world and euery wight:
and rule the people mightily, with iuſtice and with right.

Dominus regnauit. Pſal. xcix. I. H.

He commendeth the power, equitie and excellencie of the kingdome of God by Chriſt, ouer the Iewes and Gentiles, & prouoketh them to magnifie the ſame, and to ſerue the Lord, following the example of the ancient Fathers, Moſes, Aaron and Samuel, who calling vpon God, were heard in their prayers.

Sing this as the 95. Pſalme.

THe Lord doth reigne, although at it, the people rage full ſore:
yea he on Cherubins doth ſit, though all the world do roare.
2 The Lord that doth in Sion dwell, is high and wondrous great:
aboue all folke he doth excell, and he aloft is ſet.

3 Let all men praiſe thy mighty name, for it is fearefull ſure:
and let them magnifie the ſame, that holy is and pure.
4 The Princely power of our king, doth loue iudgement and right:
thou rightly ruleſt euery thing, in Iacob through thy might.

5 To praiſe the Lord our God deuiſe, all honour to him do:
before his footſtoole do likewiſe, for he is holy too.
6 Moſes, Aaron, and Samuell, as prieſts on him did call:
when they did pray, he heard them well, and gaue them anſwer all.

7 Within

7 Within the cloud to them he ſpake: then did they labour ſtill,
to keepe ſuch lawes as he did make, and pointed them vntill.
8 O Lord our God thou didſt them heare, and anſweredſt them againe:
9 Thy mercy did on them appeare, their deeds didſt not maintaine.

10 O laud and praiſe our God and Lord, within his holy hill:
for why, our God throughout the world, is holy euer ſtill.

Iubilate Deo omnes. Pſal. C.

He exhorteth all to ſerue the Lord, who hath choſen and preſerued vs: and to enter into his aſſemblies to praiſe his name.

voice: him ſerue with feare, his praiſe forth tell, come ye before him & reioyce.

3 The Lord ye know is God indeed, without our aide he did vs make:
we are his flocke, he doth vs feed, and for his ſheepe he doth vs take.
4 O enter then his gates with praiſe, approch with ioy his courts vnto:
praiſe, laud, and bleſſe his name alwaies, for it is ſeemely ſo to do.

5 For why, the Lord our God is good, his mercy is for euer ſure:
his truth at all times firmely ſtood, and ſhall from age to age endure.

Another of the ſame.

Sing this as the 68. Pſalme.

IN God the Lord be glad and light, praiſe him throughout the earth:
ſerue him and come before his ſight, with ſinging and with mirth.
2 Know that the Lord our God he is, he did vs make and keepe:
not we our ſelues, for we are his owne flocke and paſture ſheepe.

3 O go into his gates alwaies, giue thankes within the ſame:
within his courts ſet forth his praiſe, and laud his holy Name.
4 For why, the goodneſſe of the Lord, for euermore doth reigne:
from age to age throughout the world, his truth doth ſtill remaine.

Miſericordiam & iudicium. Pſal. Cj. N.

Dauid deſcribeth what gouernment he will obſerue in his houſe and kingdome: He will puniſh and correct, by rooting out the wicked, and cheriſhing the godly perſons.

Sing this as the 81. Pſalme.

I Mercy will and iudgement ſing, O Lord God vnto thee:
and wiſely do in perfect way, vntill thou come to me.
2 And in the midſt of my houſe walke, in pureneſſe of my ſpirite:
and I no kind of wicked thing, will ſet before my ſight.

3 I hate their workes that fall away, it ſhall not cleaue to me:
4 From me ſhall part the froward heart, none euill will I ſee.

5 Him

5 Him will I ſtroy that ſlandereth his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hie.

6 Mine eyes ſhall be on them within the land that faithfull be:
in perfect way who walketh, ſhall be ſeruant vnto me.
7 I will no guilefull perſon haue within my houſe to dwell:
and in my preſence he ſhall not remaine that lies doth tell.

8 Betimes I will deſtroy euen all the wicked of the land:
that I may from Gods Citie cut the wicked workers hand.

Domine exaudi. Pſal. Ciij. I. H.

It ſeemeth that this prayer was appointed to the faithfull to pray in the captiuity of Babylon. A conſolation for the building of the Church: whereof followeth the praiſe of God, to be publiſhed vnto all poſterities. The conuerſion of the Gentiles, and the ſtabilitie of the Church.

Sing this as the 67. Pſalme.

O Heare my prayer Lord, and let my crie come vnto thee:
2 In time of trouble do not hide, thy face away from me.
Incline thine eare to me, make haſt to heare me when I call:
3 For as the ſmoke doth fade, ſo do my daies conſume and fall.

4 And as a harth my bones are burnt, my heart is ſmitten dead:
and withers as the graſſe, that I forget to eate my bread.
5 By reaſon of my groning voice, my bones cleaue to my ſkin:
6 As Pellican in wilderneſſe, ſuch caſe now am I in.

And as an Owle in deſart is, loe I am ſuch a one:
7 I watch, and as a ſparrow on the houſe top am alone.
8 Loe daily in reproachfull wiſe, mine enemies do me ſcorne:
and they that do againſt me rage, againſt me they haue ſworne.

9 Surely with aſhes as with bread, my hunger I haue fild:
and mingled haue my drink with teares, that from mine eyes haue ſtild
10 Becauſe of thy diſpleaſure Lord, thy wrath and thy diſdaine:
for thou haſt lifted me aloft, and caſt me downe againe.

11 The daies wherein I paſſe my life, are like the fleeting ſhade:
and I am withered like the graſſe, that ſoone away doth fade.
12 But thou O Lord for euer doſt remaine in ſteady place:
and thy remembrance euer doth abide from race to race.

The ſecond part.

13 Thou wilt ariſe, and mercy thou to Sion wilt extend:
the time of mercy, now the time foreſet is come to end.
14 For euen in the ſtones thereof, thy ſeruants do delight:
and in the duſt thereof they haue compaſſion in their ſpite.

15 Then ſhall the heathen people feare thy Lords moſt holy Name:
and all the kings on earth ſhall dread thy glory and thy fame.
16 Then when the Lord the mighty God, againe ſhall Sion reare,
and then when he moſt nobly in his glory ſhall appeare.

17 To

17 To prayer of the deſolate, when he himſelfe ſhall bend:
when he ſhall not diſdaine, vnto their prayers to attend.
18 This ſhall be written for the age, that after ſhall ſucceed:
the people yet vncreated the Lords renowne ſhall ſpread.

19 For he from his high ſanctuary hath looked downe below:
and out of heauen hath the Lord, beheld the earth alſo.
20 That of the mourning captiue he, might heare the wofull crie:
and that he might deliuer thoſe, that damned are to die.

21 That they in Sion may declare, the Lords moſt holy Name:
and in Jeruſalem ſet forth, the praiſes of the ſame.
22 Then when the people of the land, and kingdomes with accord:
ſhall be aſſembled for to do, their ſeruice to the Lord.

The third part.

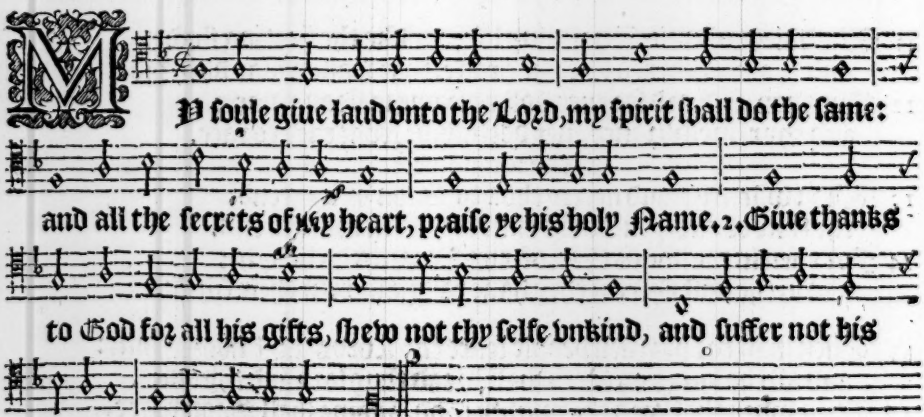
23 My former force of ſtrength he hath abated in the way:
and ſhorter he did cut my dayes thus I therefore did ſay:
24 My God in midſt of all my daies, now take me not away:
thy yeares endure eternally, from age to age for aye.

25 Thou the foundations of the earth, before all times haſt laid:
and Lord the heauens are the worke which thine own hands haue made
26 Yea, they ſhall periſh and decay, but thou ſhalt tarry ſtill:
and they ſhall all in time waxe old, euen as a garment will.

27 Thou as a garment ſhalt them change, and changed ſhall they be:
but thou doſt ſtill abide the ſame, thy yeares do neuer flee.
28 The children of thy ſeruants ſhall continually endure:
and in thy ſight their happy ſeed, for euer ſhall ſtand ſure.

Benedic anima mea. Pſal. Ciij. T.S.

This is a Pſalme moſt excellent, wherein the Prophet doth exhort men and Angels, and all creatures to praiſe the Lord, for his fatherly mercies, and deliuerance of his people from all euils, for his prouidence ouer all things, and the preſeruation of the faithfull.



3 That gaue thee pardon for thy faults, and thee reſtorde againe:
for all thy weake and fraile diſeaſe, and heald thee of thy paine.
4 That did redeeme thy life from death, from which thou couldſt not flee:
his mercy and compaſſion both, he did extend to thee.

5 That fild with goodnes thy deſire, and did prolong thy youth:
like as the Eagle caſts her bill, whereby her age renueth:
6 The Lord with iuſtice doth repay, all ſuch as be oppreſt:
ſo that their ſufferings and their wrongs are turned to the beſt.

7 His waies and his commandements, to Moſes he did ſhow:
his counſels and his valiant acts, the Iſraelites did know.
8 The Lord is kinde and mercifull, when ſinners do him greeue:
the ſloweſt to conceiue a wrath, and readieſt to forgiue.

9 He chides not vs continually, though we be full of ſtrife:
nor keeps our faults in memory, for all our ſinnefull life.
10 Nor yet according to our ſinnes, the Lord doth vs regard:
nor after our iniquities he doth vs not reward.

11 But as the ſpace is wondrous great, twixt earth and heauen aboue:
ſo is his goodnes much more large, to them that do him loue.
12 God doth remoue our ſinnes from vs, and our offences all,
as farre as is the Sunne ryſing, full diſtant from his fall.

The ſecond part.

13 And looke what pitty parents deare, vnto their children beare:
like pitty beareth God to ſuch, as worſhip him in feare.
14 The Lord that made vs knoweth our ſhape, our mould and faſhion iuſt:
how weake and fraile our nature is, and how we be but duſt.

15 And how the time of mortall men, is like the withering hay:
or like the flower right faire in field, that fades full ſoone away.
16 Whoſe gloſſe and beauty ſtormy windes, doe vtterly diſgrace:
and make that after their aſſaults, ſuch bloſſomes haue no place.

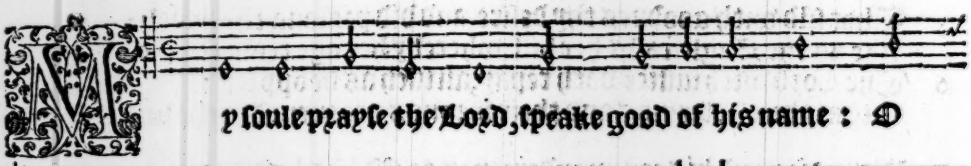
17 But yet the goodnes of the Lord, with his ſhall euer ſtand:
their children's children do receiue, his righteouſnes at hand.
18 I meane which keepe his couenant, with all their whole deſire,
and not forget to doe the thing, that he doth them require.

19 The heauens hie are made the ſeat and footſtoole of the Lord:
and by his power imperiall he gouernes all the world.
20 Ye angels which are great in power, praiſe ye and bleſſe the Lord,
which to obey and do his will immediatly accord.

21 Ye noble hoaſts and miniſters, ceaſe not to laud him ſtill:
which ready are to execute his pleaſure and his will.
22 Yea all his works in euery place, praiſe ye his holy name:
my heart, my mind, and eke my ſoule, praiſe ye alſo the ſame.

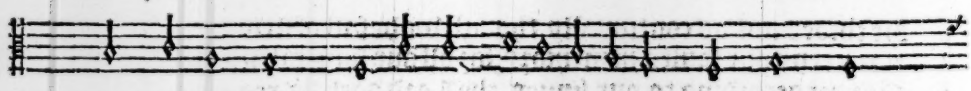
Benedic anima mea. Pſalme Ciiij. W. K.

An excellent pſalme to praiſe God for the creation of the world, and the gouernance of the ſame, by his marueilous prouidence, wherein the Prophet prayeth againſt the wicked, who are occaſions that God diminiſheth his bleſſings.

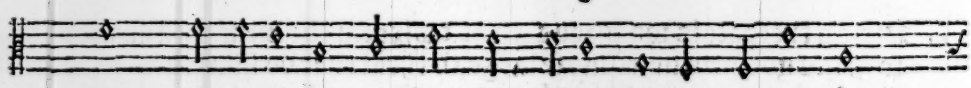


My ſoule praiſe the Lord, ſpeake good of his name: O

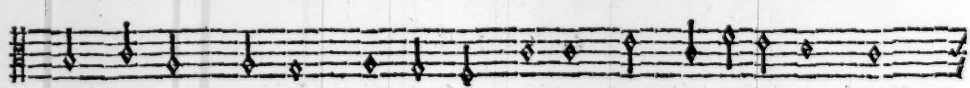
Lord our great God, how doſt thou appeare, ſo paſſing in glory, that



great is thy fame: Honor and Maieſty in thee ſhine moſt cleere:



with light as a robe thou haſt thee beclad, whereby all the earth



thy greatnes may ſee: the Heauen in ſuch ſort thou alſo haſt ſpread,

that it to a courtaine compared may be.

3 His chamber beames lie, in the cloudes full ſure,
which as his chariot, are made him to beare:
And there with much ſwiftnes, his courſe doth endure:
vpon the wings ryding, of windes in the aire.
4 He maketh his ſpirits, as Heralds to goe,
and lightnings to ſeruice we ſee alſo priеſt:
His will to accompliſh, they run to and fro,
to ſaue or conſume things, as ſeemeth him beſt.

5 He groundeth the earth ſo firmely and faſt,
that it once to moue none ſhall haue ſuch power:
6 The deepe a faire couering for it made thou haſt,
which by his owne nature the hills would deuour.
7 But at thy rebuke the waters doe fly,
and ſo giue due place thy word to obey:
At thy voyce of thunder ſo fearfull they be,
that in their great raging they haſte ſoone away.

8 The Mountaines full high, they then vp aſcend,
If thou do but ſpeake thy word they fulfill:
So likewiſe the vallies, moſt quickly deſcend,
where thou them appointeſt, remaine they do ſtill.
9 Their bounds thou haſt ſet, how farre they ſhall runne,
ſo as in their rage, not that paſſe they can:
For God hath appointed, they ſhall not returne,
the earth to deſtroy more, which made was for man.

The ſecond part.

10 He ſendeth the ſprings to ſtrong ſtreames and lakes,
which run do full ſwift, among the huge hils:
11 Where both the wilde Aſſes, their thirſt oft-times ſlakes,
and beaſts of the Mountaines thereof drinke their fils.
12 By theſe pleaſant ſprings or fountaines full faire,
the Foules of the ayre, abide ſhall and dwell:
Who moued by nature, to hop here and there,
among the greene branches their ſongs ſhall excell.

13 The Mountaines to moiſt, the clouds he doth vſe:
the earth with his works, is wholly repleate,
14 So as the brute cattell, he doth not refuſe,
but graſſe doth prouide them, and hearb for mans meat.
15 Yea bread, wine, and oyle, he made for mans ſake,
his face to refreſh, and heart to make ſtrong:
16 The Cedars of Liban this great Lord did make,
which trees he doth nouriſh, that grow vp ſo long.

17 In thoſe may birds build, and make there their neſt,
in Firre-trees the Storkes, remaine and abide:
18 The high hils are ſuccours, for wilde Goats to reſt,
and eke the Rocks ſtony, for Conies to hide.
19 The Moone then is ſet, her ſeaſons to runne:
the daies from the nights thereby to diſcerne,
And by the deſcending alſo of the Sunne,
the cold from heat alway, thereby vve do learne.

20 When darkneſſe doth come by Gods will and power,
then creepe forth do all, the beaſts of the wood:
21 The Lions range roaring, their prey to deuoure,
but yet it is thou Lord, which giueſt them food.
22 As ſoon as the Sunne is vp, they retire,
to couch in their dens then are they full faine,
23 That man to his work may, as right doth require,
till night come and call him, to take reſt again.

The third part.

24 How ſundry O Lord, are all thy vvorkes found,
with wiſedome full great they are indeed wrought:

25 So

25 So that the vvhole vvorld, of thy praiſe doth ſound,
and as for thy riches, they paſſe all mens thought,
So is the great Sea, which large is and broad,
vvhere things that creep ſwarme, and beaſts of each ſort.
26 There both mighty ſhips ſaile, and ſome lie at road:
the Whale huge and monſtrous, there alſo doth ſport.

27 All things on thee vvait, thou doſt them relieue:
and thou in due time full well doſt them feed:
28 Now when it doth pleaſe thee, the ſame to to giue,
they gather full gladly, thoſe things that they need.
Thou openeſt thy hand, and they find ſuch grace,
that they with good things are filled we ſee:
29 But ſore are they troubled, if thou turne thy face.
for if thou their breath take, vile duſt then they be.

30 Againe, vvhen thy ſpirit from thee doth proceed
all things to appoint, and vvhat ſhall enſue,
Then are they created, as thou haſt decreed,
and doſt by thy goodneſſe the dry earth renue.
31 The praiſe of the Lord for euer ſhall laſt,
who may in his vvorkes by right vvell reioyce:
32 His looke can the earth make to tremble full faſt,
and likewiſe the Mountaines to ſmoake at his voyce.

33 To this Lord and God ſing vvill I alvvaies,
ſo long as I liue my God praiſe will I:
34 Then am I moſt certaine, my vvords ſhall him pleaſe,
I vvill reioyce in him, to him will I cry.
35 The ſinners O Lord, conſume in thine ire,
and eke the peruerſe, them root out with ſhame:
But as for my ſoule now, let it ſtill deſire,
and ſay with the faithfull, praiſe ye the Lords name.

Confitemini Domino. Pſal. Cv. N.

He praiſeth the ſingular goodnes of God, who hath of all the people of the world, choſen a peculiar people to himſelfe, and hauing choſen them, neuer ceaſeth to do them good, euen for his promiſe ſake.

Sing this as the 59. Pſalme.

GIue praiſes vnto God the Lord, and call vpon his name:
among the people eke declare, his vvorks to ſpread his fame.
2 Sing ye vnto the Lord I ſay, and ſing vnto him praiſe:
and talke of all his vvondrous vvorks that he hath vvrought alvvaies.

3 In honour of his holy name, reioyce vvith one accord:
and let the heart alſo reioyce, of them that ſeeke the Lord.
4 Seeke ye the Lord, and ſeeke the ſtrength of his eternall might:
and ſeeke his face continually, and preſence of his light.

5 The

5 The wondrous workes that he hath done keepe still in mindfull heart:
ne let the iudgements of his mouth, out of your mind depart.
6 Ye that of faithfull Abraham, his seruant are the seed:
ye his elect, the children that of Iacob do proceed.

7 For he, he only is Iehy, the mighty Lord our God:
and his most righteous iudgements are through all the earth abroad.
8 His promise and his couenant, which he hath made to his,
he hath remembred euermore to thousands of degrees.

The second part.

9 The couenant which he hath made, with Abraham long ago,
and faithfull oath which he hath sworne, to Isaac also.
10 And did confirme the same for law, that Iacob should obey:
and for eternall couenant, to Israel for aye.

11 When thus he said, Loe I to you, all Canaan land will giue,
the lot of your inheritance, wherein your seed shall liue.
12 Although their number at that time, did very small appeare:
yea, very small and in the land, they then but strangers were.

13 While yet they walkt from land to land, without a sure abode:
and while from sundry kingdomes they, did wander all abroad,
14 And wrong at none oppressors hand, he suffered them to take:
but euen the great and mighty Kings, reproued for their sake.

15 And thus he said, Touch none of those that mine anointed be:
ne do the Prophets any harme, that do pertaine to me:
16 He cald a dearth vpon the Land, of bread he stroid the store:
but he against their time of need, had sent a man before.

The third part.

17 Euen Ioseph which had once beene sould, to liue a slaue in woe,
18 Whose feet they hurt in stockes, whose soule the yron pearst also,
19 Untill the time came when his cause, was knowne apparantly,
the mighty word of God the Lord his faultlesse truth did try.

20 The king sent and deliuered him, from prison where hee was:
the Ruler of the people then, did freely let him passe,
21 And ouer all his house he made him Lord to beare the sway,
and of his substance made him haue the rule and all the stay.

22 That he might to his will instruct, the Princes of his land:
And wisedomes lore his antient men, might teach to vnderstand,
23 Then into the Egyptian land, came Israel also:
and Iacob in the land of Ham, did liue a stranger tho.

24 His people he exceedingly, in number made to flow:
and ouer all their enemies, in strength he made them grow:
25 Whose heart he turnd, that they with hate, his people did intreat:
and did his seruants wrongfully, abuse with false deceit.

The fourth part.

26 His faithfull seruant Moses then, and Aaron whom he chose,
he did command to goe to them, his message to disclose.
27 The wondrous message of his signes, among them they did show:
and wonders in the land of Ham, then did they worke also.

28 Darknesse he sent and made it darke, in stead of brighter day:
and vnto his commission, they did not disobay.
29 He turnd their waters into bloud, he did their fishes slay: (lay.
30 Their land brought frogs, euen in the place where their king Pharao

31 He spake, and at his voyce there came, great swarmes of noysome flies:
and all the quarters of their Land, were fild with crawling lice.
32 He gaue them cold and stony haile, in stead of milder raine:
and fiery flames within their land he sent vnto their paine.

33 He smote their vines, and all their trees, whereon their figs did grow,
and all the trees within their coasts, downe did he ouerthrow.
34 He spake, then Caterpillers did, and Grashoppers abound:
35 which ate the grasse in all their land and fruit of all their ground.

The fift part.

36 The first begotten in their land, eke deadly did he smite,
yea, the beginning and first fruit, of all their strength and might.
37 With gold and siluer he them brought, from Egypt land to passe:
and in the number of the Tribes, no feeble one there was.

38 Egypt was glad and ioyfull then when they did thence depart:
for terror and the feare of them, was fallen vpon their heart.
39 To shrowd them from the parching heat a cloud he did display:
and fire he sent to giue them light, when night had hid the day.

40 They askd and he caused Quailes, to raine at their request:
And fully with the bread of heauen, their hunger he repressed.
41 He opened then the stony rocke, and waters gushed out,
and in the dry and parchd grounds, like riuers ranne about.

42 For of his holy couenant ay mindfull was he tho:
which to his seruant Abraham he plighted long ago.
43 He brought his people forth with mirth, and his elect with ioy:
out of the cruell land, where they had liued in great annoy.

44 And of the heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands:
45 That they his holy statutes might, obserue for euermore:
and faithfully obey his lawes, praise ye the Lord therefore.

Confitemini Domino. Psal. Psal Cvi.

The people dispersed vnder Antiochus, do magnifie the goodnes of God among the iust and repentant, Desiring to be brought againe into the Land by Gods mercifull visitation: and after the manifolde miracles of God wrought in their deliuerance forth of Egypt, and the great ingratitude of the people rehearsed, they do pray and desire to be gathered from among the Heathen, to the intent they may praise the name of the God of Israel.

Sing

Sing this as the 59. Pſalme.

PRaiſe ye the Lord, for he is good, his mercy dures for aye:
2 Who can expreſſe his noble acts, or all his praiſe diſplay,
3 They bleſſed are that iudgement keep and iuſtly do alway:
4 With fauour of thy people Lord, remember me I pray.

And with thy ſauing health O Lord, vouchſafe to viſit me:
5 That I the great felicity of thine elect may ſee.
And with thy peoples ioy I may, a ioyfull mind poſſeſſe:
and may with thine inheritance, a glorying heart expreſſe.

6 Both we and eke our Fathers all, haue ſinned euery one:
we haue committed wickednelle, and lewdly we haue done.
7 The wonders great which thou O Lord, haſt done in Egypt land,
our Fathers though they ſaw them all, yet did not vnderſtand.

Nor yet thy mercies multitude, did keepe in thankfull mind:
but at the ſea, yea the red ſea, rebelled moſt vnkind.
8 Neuertheleſſe he ſau'd them, for honor of his name,
that he might make his power knowne, and ſpread abroad his fame.

9 The red ſea he did then rebuke, and forthwith it vvas dride:
and as in wilderneſſe, ſo through the deep he did them guide.
10 He ſau'd them from the cruell hand, of their deſpightfull foe,
and from the enemies hand he did deliuer them alſo.

The ſecond part.

11 The waters their oppreſſors vvhelm'd, not one vvas left aliue:
12 Then they beleeu'd his vvords, and praiſe in ſong they did him giue.
13 But by and by vnthankfully, his vvorkes they cleane forgat,
and for his counſell and his vvill, they did neglect to waite.

14 But luſted in the vvilderneſſe, with fond and greedy luſt:
and in the deſert tempted God, the ſtay of all their truſt.
15 And then their wanton mindes deſire, he ſuffered them to haue,
but vvaſting leanneſſe therewithall, into their ſoule he gaue.

16 Then vvhen they lodged in their tents, at Moſes they did grutch
Aaron the holy of the Lord, ſo did they enuy much.
17 Therefore the earth did open vvide, and Dathan did deuour:
and all Abirams company, did couer in that ſoure.

18 In their aſſembly kindled was the hot conſuming fire:
and waſting flame did then burne vp, the wicked in his ire.
19 Upon the hill of Horeb they, an Idoll Calfe did frame:
and there the molten Image they, did worſhip of the ſame.

Into the likeneſſe of a calfe, that feedeth on the graſſe,
20 Thus then their glorie turnd, and all their honor did deface.
21 And God their onely Sauiour vnkindly they forgot:
which many great and mighty things, in Egypt land hand wrought.

The third part.

22 And in the Land of Ham for them, moſt wondrous worke had done,
and by the red ſea dreadfull things, performed long agone.
23 Therefore for their ſo shewing them forgetfull and vnkind,
to bring deſtruction on them all, he purpoſde in his mind.

Had not his ſeruant Moſes ſtood, before them in the breake:
to turne his wrath, leſt he on them with ſlaughter ſhould him wreake.
24 They did deſpiſe the pleaſant land, that he behight to giue:
yea and the words that he had ſpoke, they did no whit beliue.

25 But in their tents with grudging hearts they wickedly repinde:
nor to the voyce of God the Lord, they gaue an hearkning minde.
26 Therefore againſt them lifted he, his ſtrong reuenging hand,
them to deſtroy in wilderneſſe, ere they ſhould ſee the land.

27 And to deſtroy their ſeed among, the Nations with his rod:
and through the countries of the world, to ſcatter them abroad.
28 To Baal Peor then they did adioyne themſelues alſo,
and ate the offerings of the dead, ſo they forſooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his ſo inkindled wrath, the plague vpon them broke.
30 But Phinees ſtood vp with zeale, the ſinners vile to ſlay:
and iudgement he did execute, and then the plague did ſtay.

The fourth part.

31 It was imputed vnto him, for righteouſnes that day,
and from thence-forth ſo counted is, from race to race for aye.
32 At waters ebe of Meribah, they did him angry make:
yea ſo farre forth that Moſes was, then puniſht for their ſake.

33 Becauſe they vext his ſpirit ſo ſore, that in impatient heat,
his lips ſpake vnaduiſedly, his feruor was ſo great.
34 Nor as the Lord commanded them, they ſlew the people tho:
35 But were among the Heathen mixt, and learnd their works alſo.

36 And did their Idols ſerue vvhich were, their ruine and decay:
37 To fiends their ſonnes and daughters they, did offer vp and ſlay.
38 Yea with vnkindlie murthering knife, the guiltleſſe blood they ſpilt,
yea their owne ſonnes and daughters bloud, without all cauſe of guilt.

Whom they to Canaan Idols then, offred with wicked hand:
and ſo with bloud of Innocents, defiled was the land.
39 Thus were they ſtained with the works, of their owne filthy way,
and with their owne inuentions, awhoring they did ſtray.

40 Therefore againſt his people was, the Lords wrath kindled ſore:
and euen his owne inheritance, therefore he did abhorre.
41 Into the hands of heathen men, he gaue them for a prey.
and made their foes their Lords, whom they were forced to obey.

The

The fift part.

42 Yea and their hatefull enemies, oppreſt them in the Land:
and they were humbly made to ſtoope, as ſubiect to their hand.
43 Full often times from thrall had he, deliuered them before:
but with their counſels they to wrath, prouokt him euermore.
44 Therefore they by their wickednes, were brought full low to lie:
yet when he ſaw them in diſtreſſe, he harkened to their crie.
45 He cald to minde his couenant, which he to them had ſworn:
and by his mercies multitude, repented him therefore.

46 And fauour he them made to finde, before the ſight of thoſe,
that led them captiues from their land, when erſt they were their foes.
47 Saue vs O Lord that art our God, ſaue vs O Lord we pray:
and from among the Heathen folke, Lord gather vs away.

That we may ſpread the noble praiſe of thy moſt holy name:
that we may glory in thy praiſe, and ſounding of thy fame.
48 The Lord the God of Iſrael, be bleſt for euermore:
let all the people ſay Amen, praiſe ye the Lord therefore.

Confitemini Dom. Pſal. Cvii. W. K.

Dauid exhorteth all that are redeemed by the Lord, and gathered vnto him, to giue thanks therefore, who by ſending proſperity and aduerſitie, bringeth men vnto him. Therefore as the righteous thereat reioyce, ſo ſhall the wicked haue their mouthes ſtopped.

Sing this as the 96. Pſalme.

GIue thankes vnto the Lord our God, for gracious is hee:
and that his mercy hath no end, all mortall men may ſee.
2 Such as the Lord redeemed hath, with thankes ſhould praiſe his name:
and ſhew how they from foes were freed, and how he wrought the ſame.

3 He gathered them forth of the Lands that lay ſo farre about:
from Eaſt to Weſt, from North to South, his hand did find them out.
4 They wandred in the wildernes, and ſtrayed from the way:
and found no Citty where to dwell, that ſeruе might for their ſtay.

5 Whoſe thirſt and hunger was ſo great, in theſe deſerts ſo voide:
that faintneſſe did them ſore aſſault, and eke their ſoules annoide.
6 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praid.

7 And by that way which was moſt right, he led them like a guide,
that they might to a Citty go, and there alſo abide.
8 Let them therefore before the Lord, confeſſe his kindneſſe then,
and ſhew the wonders that he doth, before the ſonnes of men.

9 For he the empty ſoule ſuſtaind, whom thirſt had made to faint.
the hungry ſoule with goodneſſe fed, and did them eke acquaint.
10 Such as do dwell in darkneſſe deep, where they on death do waite,
faſt bound to taſte ſuch troublous ſtormes, as yron chaines do threat.

The

The ſecond part.

11 For that againſt the Lords owne words they ſought ſo to rebell:
eſteeming light his counſels hie, which do ſo farre excell.
12 But when he humbled them full lowe, they then fell downe with grieke:
and none was found ſo much to help, whereby to get relieke.

13 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoove their troublous ſtate, according as they praide.
14 For he from darknes out them brought, and from deaths dreadfull ſhade,
burſting with force the yron bands, which did before them lade.

15 Let them therefore before the Lord, confeſſe his kindneſſe then,
and ſhew the wonders that he doth, before the ſonnes of men.
16 For he threw downe the gates of braſſe, & brake them with ſtrong hand:
the yron bars he ſmote in two, nothing could him withſtand.

17 The fooliſh folke great plagues do feele, and cannot from them wend:
but heap on more to thoſe they haue, becauſe they do offend.
18 Their ſoules ſo much did loath all meate, that none they could abide:
whereby death had them almoſt caught, as they full truly tride.

19 Then did they cry in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.
20 For he then ſent to them his word, which health did ſoone reſtore,
and brought them from thoſe dangers deep, wherein they were before.

The third part.

21 Let them therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth before the ſonnes of men.
22 And let them offer ſacrifice, with thanks and alſo feare:
and ſpeake of all his wondrous works, with glad and ioyfull cheare.

23 Such as in ſhips, or brittle barks, into the ſeas deſcend,
their marchandiſe through fearefull flouds, to compaſſe and to end:
24 Thoſe men are forced to behould, the Lords works what they be:
and in the dangers deep the ſame, moſt maruailous they ſee.

25 For at his word the ſtormy wind ariſeth in a rage:
and ſtirreth vp the ſurges ſo, as nought can them aſſwage.
26 Then are they lifted vp ſo hie, the cloudes they ſeeme to gaine:
and plunging downe the depth vntill, their ſoules conſume with paine.

27 And like a drunkard to and, fro, now here, now there they reele,
as men with feare of wit bereft, or had of ſenſe no feele.
28 Then did they cry in their diſtreſſe, vnto the Lord for aid:
who did remoue thir troublous ſtate, according as they praide.

29 For with his word the Lord doth make, the ſturdy ſtormes to ceaſe:
ſo that the great waues from their rage, are brought to reſt and peace.
30 Then are men glad when reſt is come, which they ſo much do craue:
and are by him in hauen brought, vvhich they ſo faine would haue.

The

The fourth part.

31 Let men therefore before the Lord, confeſſe his kindnes then,
and ſhew the wonders that he doth, before the ſonnes of men.
32 Let them in preſence of the folke, with praiſe extoll his name:
and where the Elders doe conuent, there let them do the ſame.

33 For running flouds to drie deſerts, he doth oft change and turne:
and drieth vp as it were duſt the ſpringing well and bourne.
34 A fruitfull land with pleaſures deckt, full barren he doth make:
when on their ſins that dwell therein, he doth iuſt vengeance take.

35 Againe the wildernes full rude, he maketh fruit to beare:
with pleaſant ſprings of waters cleare, though none before were there:
36 Wherein ſuch hungry ſoules are ſet, as he doth freely chuſe,
that they a Citie may them build, to dwell in for their vſe.

37 That they may ſowe their pleaſant land, and vineyardes alſo plant:
to yeld them fruit of ſuch increaſe, as none may ſeeme to want.
38 They multiply exceedingly, the Lord doth bleſſe them ſo:
who doth alſo their brute beaſts make, by numbers great to growe.

39 But when the faithfull are lowe brought, by the oppreſſors ſtout,
and minish doe through many plagues, that compaſſe them about,
40 Then doth he Princes bring to ſhame, which did them ſore oppreſſe:
and likewiſe cauſed them to erre, within the wilderneſs.

41 But yet the poore he raiſeth vp, out of his troubles deepe:
and oft times doth his traine augment, much like a flock of sheepe.
42 The righteous ſhall behould this right, and alſo much reioyce:
whereas the wicked and peruerſe, with griefe ſhall ſtop their voyce.

43 But who is wiſe that now full well, he may theſe things record:
for certainely ſuch ſhall perceiue, the kindneſſe of the Lord.

Paratum cor meum. Pſal. Cviij. N.

Dauid with heart and voyce prayſeth the Lord, and aſſureth himſelfe of the promiſe of God, concerning the kingdome ouer Iſrael, and his power againſt other nations, who though he ſeeme to forſake vs for a time, yet he alone in the end will caſt downe our enemies.

Sing this as the 95. Pſalme.

O God my heart prepared is, and eke my tongue is ſo:
I will aduance my voyce in ſong, and giuing prayſe alſo.
2 Awake my violl and my harpe, ſweet melodie to make:
and in the morning I my ſelfe, right earely will awake.

3 By me among the people Lord, ſtill praiſed ſhalt thou be:
and I among the heathen folke, will ſing O Lord to thee.
4 Becauſe thy mercy Lord is great, aboue the heauens hie:
and eke thy truth doth reach the cloudes, within the lofty skie.

5 Aboue the ſtarry heauens hie, exalt thy ſelfe O God:
and Lord diſplay vpon the earth, thy glory all abroad.

6 That

6 That thy dearely beloued may, be ſet at liberty:
helpe O my God with thy right hand, and hearken vnto me.

7 God in his holineſſe hath ſpoke, wherefore my ioyes abound:
Sichem I will diuide, and mete the vale of Succoth ground,
8 And Gilead ſhall be mine owne, Manaſſes mine ſhall be:
my head ſtrength Ephraim, and law ſhall Juda giue for me.

9 Moab my waſhpot, and my ſhooe, on Edome will I throw:
vpon the land of Paleſtine, in tryumph will I goe.
10 Who ſhall into the Citty ſtrong, be guide to conduct me?
or how by whome to Edome land, conuayed ſhall I be?

11 Is it not thou O God which late, hadſt vs forſaken quite?
and thou O Lord which with our hoaſt didſt not go forth to fight?
12 Giue vs O Lord thy ſauing aide, when troubles doe aſſaile:
for all the help of man is vaine, and can no whit auaile.

13 Through God we ſhall doe valiant acts, and worthy of renowne:
he ſhall ſubdue our enemies, yea he ſhall tread them downe.

Deus laudem tuam. Pſalme Cix. N.

Dauid being falſely accuſed by Saules flatterers, prayeth God to helpe him to deſtroy his enemies, who repreſent Judas the traytor vnto Jeſus Chriſt, and all like enemies of the chriſten of God.

Sing this as the 89. Pſalme.

IN ſpeachleſſe ſilence do not hold, O God thy tongue alwaies:
O God euen thou I ſay that art the God of all my praiſe.
2 The wicked and the guilefull mouth, on me diſcloſed be:
and they with falſe and lying tongues, haue ſpoken vnto me.

3 They did beſet me round about, with words of hatefull ſpight,
without all cauſe of my deſert, againſt me they did fight.
4 For my good will they were my foes, but then gan I to pray:
5 My good with ill, my friendlineſſe, with hate they did repay.

6 Set thou the wicked ouer him, to haue the vpper hand,
at his right hand eke ſuffer thou, his hatefull foe to ſtand.
7 When he is iudged let him then, condemned be therein:
and let the prayer that he makes, be turned into ſinne.

8 Few be his dayes, his charge alſo, let thou another take:
9 His children let be fatherleſſe, his wife a widow make.
10 Let his of-ſpring be vagabonds, to beg and ſeek their bread:
wandring out of the waſted place, where erſt they haue ben fed.

11 Let couetous extortioner, catch all his goods and store:
and let the ſtranger ſpoile the fruits, of all his toile before.
12 Let there be none to pitty him, let there be none at all,
that on his children fatherleſſe, will let their mercy fall.

The

The ſecond part.

13 And ſo let his poſterity for euer be deſtroid:
their names out blotted in the age, that after ſhall ſucceed.
14 Let not his fathers wickednelle, from Gods remembrance fall,
and let not thou his mothers ſinne, be done away at all.

15 But in the preſence of the Lord, let them remaine for aye,
that from the earth their memory, he may cut cleane away.
16 Sith mercy he forgot to ſhew, but did purſue with ſpight,
the troubled man, and ſought to ſlay, the wofull hearted wight.

17 As he did curſing loue, it ſhall betide vnto him ſo,
and as he did not bleſſing loue, it ſhall be farre him farre him fro.
18 As he with curſing clad himſelfe, ſo it like water ſhall
into his bowels, and like oyle into his bones befall.

19 As garment let it be to him, to couer him for aye:
and as a girdle wherewith he, ſhall girded be alway.
20 Loe let the ſame be from the Lord, the guerdon of my foe:
yea and of thoſe that euill ſpeake, againſt my ſoule alſo.

21 But thou O Lord that art my God, deale thou I ſay with me:
after thy name deliuer me, for good thy mercies be.
22 Becauſe in depth of great diſtreſſe, I needy am and poore:
and eke within my pained breaſt, my heart is wounded ſore.

The third part.

23 Euen ſo doe I depart away, as doth declining ſhade:
and as the Graſhopper ſo I, am ſhaken off and fade.
24 With faſting long from needfull food, enfeebled are my knees:
and all her fatneſſe hath my fleſh, enforced beene to leeſe.

25 And I alſo a vile reproach, to them was made to be:
and they that did vpon me looke, did ſhake their heads at me.
26 But thou O Lord that art my God, mine aide and ſuccour be:
according to thy mercy Lord, ſaue and deliuer me.

27 And they ſhall know thereby that this, Lord is thy mighty hand:
and that thou, thou haſt done it Lord, ſo ſhall they vnderſtand.
28 Although they curſe with ſpite, yet thou, ſhalt bleſſe with louing voice:
they ſhall ariſe and come to ſhame, thy ſeruant ſhall reioyce.

29 Let them be clothed all with ſhame, that enemies are to me:
and with confuſion as a cloake, eke couered let them be.
30 But greatly I will with my mouth, giue thanks vnto the Lord:
and I among the multitude, his praiſes will record.

31 For he with helpe at his right hand, will ſtand the poore man by,
to ſaue him from the man that would, condemne his ſoule to dye.

Dixit Dominus. Pſal. Cx. N.

Dauid propheſieth of the power and euerlaſting kingdome of Chriſt, and of the prieſthood, which ſhould put an end to the prieſthood of Leui.

1 The Lord did ſay vnto my Lord, Sitt thou on my right hand:
till I haue made thy foes a ſtoole, whereon thy feet ſhall ſtand.
2 The Lord ſhall out of Sion ſend, the ſcepter of thy might:

amid thy mortall foes be thou, the ruler in their ſight.

3 And in the day on which thy reigne, and power they ſhall ſee:
then hereby freewill offerings ſhall thy people offer all.
Yea with an holy worſhipping then ſhall they offer thee.
thy births deaw is the deaw that doth, from womb of morning fall.

4 The Lord hath ſworne, and neuer will repent what he doth ſay:
by the order of Melchiſedech, thou art a Prieſt for aye.
5 The Lord thy God on thy right hand, that ſtandeth for thy ſtay:
ſhall wound for thee the ſtately kings, vpon his wrathfull day.

6 The Heathen he ſhall iudge and fill, the place with bodies dead,
and ouer diuers Countries ſhall, in ſunder ſmite the head.
7 And he ſhall drinke out of the brooke, that runneth in the way:
therefore he ſhall lift vp on high, his royall head that day.

Confitebor tibi. Pſal. Cxi. N.

He giueth thankes to the Lord for his mercifull workes towards his Church, and declareth wherein true wiſedome and right knowledge conſiſteth.

Sing this as the 120. Pſalme.

WIth heart I doe accord, to praiſe and laud the Lord,
in preſence of the iuſt: 2 for great his workes are found,
To ſearch them ſuch are bound as doe him loue and truſt.
3 His workes are glorious, alſo his righteouſnes,
It doth endure for euer. 4. His wondrous works he would
we ſtill remember ſhould, his mercy faileth neuer.

5 Such as to him loue beare, a portion full faire,
He hath vp for them laid: for this they ſhall well finde,
he will them haue in minde, and keepe them as he ſaid.
6 For he did not diſdaine, his workes to ſhew them plaine,
By lightning and by thunders, when he the heathens land,
did giue into their hand, where they beheld his wonders.

7 Of all his workes enſueth, both iudgement, right, and truth,
8 whereto his ſtatutes tend: they are decreed ſure,
for euer to endure, which equity doth end.
Redemption he gaue, his people for to ſaue:
9 And hath alſo required, his promiſe not to faile,
But alwaies to preuaile, his holy name be feared.

10 Whoſo with heart full faine, true wiſedome would attaine,
The Lord feare and obey: ſuch as his lawes doe keepe,
Shall knowledge haue full deepe, his praiſe ſhall laſt for aye.

Beatus vir. Pſal. Cxii. W. K.

He praiſeth the felicity of them that feare God, and condemneth the curſed ſtate of the contemners of God.

Sing this as the Pater noſter.

THe man is bleſt that God doth feare, & that his lawes doth loue indeed:
His ſeed on earth, God will vpreare, and bleſſe ſuch as from him proceed:
3 His houſe with good he will fulfill, his righteouſnes endure ſhall ſtill.
4 Unto the righteous doth ariſe, in trouble ioy, in darkneſſe light:
Compaſſion is in his eyes, and mercy alwaies in his ſight.
5 Yea pitty moueth ſuch to lend, he doth by iudgement things expend.

5 And

6 And ſurely ſuch ſhall neuer faile,
For in remembrance had is he:
7 No tidings ill can make him quaile,
Who in the Lord ſure hope doth ſee.
8 His heart is firme, his feare is paſt,
For he ſhall ſee his foes downe caſt.

9 He did vvell for the poore prouide,
His righteouſnes ſhall ſtill remaine:
And his eſtate with praiſe abide,
Though that the wicked man diſdaine.
10 Yea gnaſh his teeth thereat ſhall he,
And ſo conſume his ſtate to ſee.

Laudate pueri. Pſal. Cxiij. W. K.

An exhortation to praiſe the Lord for his prouidence, in that, that contrary to the courſe of nature, he worketh in his Church.

YE Children which doe ſerue the Lord, praiſe ye his name with one accord, yea bleſſed be alway his name: who from the riſing of the Sun, till it returne where it begun, is to be praiſed with great fame.

The Lord all people doth ſurmount, as for his glory we may count, aboue the heauens high to be. With God the Lord who may compare? whoſe dwellings in the heauens are, of ſuch great power and force is he.

3 He doth abaſe himſelfe we know,
Things to behold both here below,
And alſo in heauen aboue:
4 The needy out of duſt to draw,
And eke the poore vvhich helpe none ſaw,
his onely mercy did him moue.

5 And ſo him ſet in high degree,
with Princes of great dignity,
That rule his people with great fame.
6 The barren he doth make to beare,
And with great ioy her fruit to reare:
Therefore praiſe ye his holy Name.

In exitu Iſrael. Pſal. Cxiiii. W. W.

Iſraels deliuery out of Egypt, putteth vs in remembrance of Gods great mercy towards his children, and of our vnthankfulneſſe for the ſame.

Sing this as the 95. Pſalme.

When Iſrael by Gods addreſſe, from Pharaohs land was bent:
and Jacobs houſe the ſtrangers left, and in the ſame traine went:
2 In Juda God his glory ſhewed, his holineſſe moſt bright:
ſo did the Iſraelites declare, his kingdome, power and might.

3 The ſea it ſaw, and ſuddenly, as all amazde did flie:
the roaring ſtreames of Jordans floud, recoyled backwardly.
4 As Rams afraid the mountaines ſkipt, their ſtrength did them forſake:
and as the ſilly trembling lambs, their tops did beat and ſhake.

5 What aild thee ſea as all amazd, ſo ſuddenly to flie:
ye rowling waues of Jordans floud, why ran ye backwardly?
6 Why ſhooke ye hils as Rams afraid, why did your ſtrength ſo ſhake?
why did your tops as trembling lambs, for feare quiuer and quake?

7 O earth confeſſe thy ſoueraigne Lord, and dread his mighty hand:
before the face of Jacobs God, feare ye both ſea and land.
8 I meane the God which from hard rocks, doth cauſe maine flouds appeare:
and from the ſtony flint doth make, guſh out the fountaines cleare.

Non nobis Domine. Pſal. Cxv.

The faithfull, oppreſſed by idolatrous tyrants, promiſe that they will bee mindfull of ſo great a benefit, if it would pleaſe God to heare their prayers, and deliuer them by his omnipotent power.

Sing this as the 98. Pſalme.

Not vnto vs Lord, not to vs, but to thy Name giue praiſe:
both for thy mercy and thy truth, that are in thee alwayes.
2 Why ſhall the heathen ſcorners ſay, where is their God become?
3 Our God in heauen is, and what he will, that hath he done.

4 Their Idols ſiluer are and gold, worke of mens hands they be:
5 They haue a mouth and doe not ſpeake, and eyes and doe not ſee.
6 And they haue eares ioyn'd to their heads, and doe not heare at all:
and noſes eke they formed haue, and doe not ſmell at all.

7 And hands they haue, and handle not, and feete and doe not goe:
a throat they haue, yet through the ſame, they make no ſound to blow.
8 Thoſe that make them, are like to them, and thoſe whoſe truſt they be:
9 O Iſrael truſt in the Lord, their helpe and ſhield is he.

10 O Aarons houſe truſt in the Lord, their help and ſhield is he:
11 Truſt ye the Lord that feare the Lord, their helpe and ſhield is he.
12 The Lord hath mindfull beene of vs, and will vs bleſſe alſo:
on Iſraels and on Arons houſe, his bleſſings he will ſhow.

13 Them that be fearers of the Lord, the Lord doth bleſſe them all:
euen he will bleſſe them euery one, the great and eke the ſmall.
14 To you I ſay the liuing Lord, will multiply his grace:
to you and to the children that ſhall follow of your race.

15 Ye are the bleſſed of the Lord, euen of the Lord I ſay:
which both the heauen and the earth, hath made and ſet in ſtay.
16 The heauens, yea the heauens high, belong vnto the Lord:
the earth vnto the ſonnes of men, he gaue of free accord.

17 They that be dead doe not with praiſe, ſet forth the Lords renowne:
nor any that into the place of ſilence doe goe downe.
18 But we will praiſe the Lord our God, from henceforth and for aye:
ſound ye the praiſes of the Lord, praiſe ye the Lord I ſay.

Dilexi quoniam. Pſal. Cxvi. N.

Dauid being in great danger of Saul in the deſert of Maon, perceiuing the great and inestimable loue of God toward him, magnifieth ſuch great mercies, and proteſteth he will be thankfull for the ſame.

Sing this as the 95. Pſalme.

I Loue the Lord, becauſe my voice, and prayer heard hath he:
12 when in my dayes I cald on him, he bowed his eare to me:
3 Euen when the ſnares of cruell death, about belet me round:
when paines of hell me caught, and when, I woe and ſorrow found.

4 Vpon the name of God my Lord, then did I call and ſay:
deliuer thou my ſoule O Lord, I doe thee humbly pray.
5 The Lord is very mercyfull, and iuſt he is alſo:
and in our God compaſſion, doth plentifully flow.

6 The Lord in ſafety doth preſerue, all thoſe that ſimple be:
I was in wofull miſerie, and he relieued me.
7 And now my ſoule ſith thou art ſafe, returne vnto thy reſt:
for largely loe the Lord to thee, his bounty hath expreſt.

8 Becauſe thou haſt deliuered, my ſoule from deadly thrall:
my moiſtened eyes from mournefull teares, my ſliding feet from fall:
9 Before the Lord I in the Land, of life will walke therefore:
10 I did beleeue, therefore I ſpake, for I was troubled ſore.

The ſecond part.

11 I ſaid in my diſtreſſe and feare, that all men lyers be:
12 What ſhall I pay the Lord, for all his benefits to me?
13 The wholeſome cup of ſauing health, I thankfully will take:
and on the Lords name I will call, when I my prayer make.

14 I to the Lord will pay the vowes, that I to him behight:
yea euen at this preſent time, in all the peoples ſight.
15 Right deare and precious in his ſight, the Lord doth aye eſteeme,
the death of all his holy ones, vvhat euer men doe deeme.

16 Thy ſeruant Lord, thy ſeruant loe, I doe my ſelfe confeſſe:
ſoone of thy handmaid, thou haſt vvoke the bonds of my diſtreſſe.
17 And I will offer vp to thee, a ſacrifice of praiſe:
and I will call vpon the name of God the Lord alwaies.

18 I to the Lord will pay the vowes, that I haue him behight:
yea euen at this preſent time, in all the peoples ſight.
19 Yea in the Courts of Gods owne houſe, and in the midſt of thee,
O thou Ieruſalem I ſay: wherefore the Lord praiſe ye.

Laudate Dominum. Pſal. Cxvii. N.

He exhorteth the Gentiles to praiſe God, becauſe her hath accompliſhed as well to them as to the Iewes, the promiſe of life euerlaſting by Ieſus Chriſt.

Sing this as the 99. Pſalme.

O All ye nations of the world, praiſe ye the Lord alwaies:
and all ye people euery where, ſet forth his noble praiſe.
2 For great his kindneſſe is to vs, his truth endures for aye:
wherefore praiſe ye the Lord our God, praiſe ye the Lord I ſay.

Confitemini Domino. Pſal. Cxviii. N.

Dauid reiected of Saul and of the people, at the time appointed, obtained the kingdome, for which he ſtudieth all that feare the Lord to be thankfull; vnder whoſe perſon Chriſt is liuely ſet forth, who ſhould bee of all his people reiected.

Sing this as the 84. Pſalme.

O Giue ye thankes vnto the Lord, for gracious is he:
becauſe his mercy doth endute, for euer towards thee.
2 Let Iſrael confeſſe and ſay, his mercy dures for aye:
3 Now let the houſe of Aaron ſay, his mercy dures for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay,
the mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauineſſe, vnto the Lord I cride;
which louingly heard me at large, my ſute was not denide.

6 The Lord himſelfe is on my ſide, I will not ſtand in doubt:
nor feare what man can doe to me, when God ſtands me about.
7 The Lord doth take my part vvith them, that helpe to ſuccour me:
therefore ſhall I ſee my deſire, vpon mine enemy.

8 Better it is to truſt in God then in mans mortall ſeed,
9 Or to put confidence in Kings, or Princes in our need.
10 All Nations haue incloſed me, and compaſſed me round:
but in the Name of God ſhall I, mine enemies confound.

11 They kept me in on euery ſide, they kept me in I ſay,
but through the Lords moſt mighty name, I ſhall worke their decay.

12 They

12 They came about me all like Bees, but yet in the Lords Name,
I quencht their thornes that were on fire, and will deſtroy the ſame.

The ſecond part.

13 Thou haſt with force thruſt ſore at me, that I indeed might fall:
but through the Lord I found ſuch help, that they were vanquiſht all.
14 The Lord is my defence and ſtrength, my ioy, my mirth, my ſong:
he is become for me indeed a Sauiour moſt ſtrong.

15 The right hand of the Lord our God, doth bring to paſſe great things.
he cauſeth voice of ioy and health, in righteous mens dwellings.
16 The right hand of the Lord doth bring moſt mighty things to paſſe:
his hand hath the preheminence, his force is as it was.

17 I will not die but euer liue, to vtter and declare
the Lord his might and wondrous power, his works and what they are.
18 The Lord himſelfe hath chaſtened, and hath corrected me,
but hath not giuen me ouer yet, to death as ye may ſee.

19 Set open vnto me the gates, of truth and righteouſneſſe,
that I may enter into them, the Lords praiſe to confeſſe.
20 This is the gate euen of the Lord, which ſhall not ſo be ſhut:
but good and righteous men alway, ſhall enter into it.

The third part.

21 I will giue thanks to thee O Lord, becauſe thou haſt heard me:
and art become moſt louingly, a Sauiour vnto me.
22 The ſtone which ere this time among the builders was refuſed,
is now become the corner-ſtone, and chiefly to be vſed.

23 This was the mighty worke of God, this was the Lords owne fact:
and it is marueilous to behold, with eyes that noble act.
24 This is the ioyfull day indeed, which God himſelfe hath wrought:
let vs be glad and ioy therein, in heart, in minde, in thought.

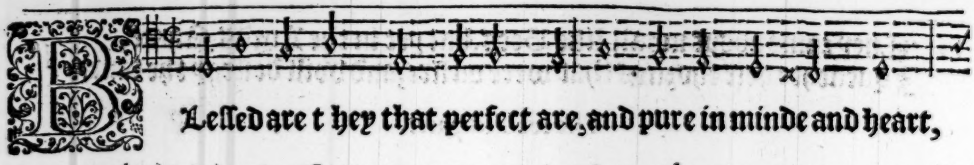
25 Now helpe vs Lord and proſper vs, we wiſh with one accord:
bleſſed is he that comes to vs, in the name of the Lord.
26 God is the Lord that ſheweth vs light, bind ye therefore with cord
your ſacrifice to the Altar, and giue thankes to the Lord.

27 Thou art my God I will confeſſe, and render thankes to thee:
thou art my God and I will praiſe, thy mercies towards me.
28 O giue ye thankes vnto the Lord, for gracious is he:
becauſe his mercy doth endure, for euer towards me.

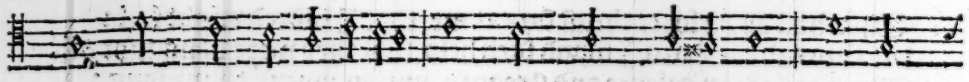
Beati immaculati. Pſal. Cxix. W. W.

In this Pſalme is contained an exquiſite art, & a wonderfull vehemency in ſetting forth the praiſes of Gods law, wherein the Prophet cannot ſatiſfie himſelfe, nor ſufficiently expreſſe the affection which he beareth therunto: adding moreouer many notable complaints and conſolations; wherefore it is meete that all the faithfull haue it alway both in heart and mouth. And in the Hebrew euery eight verſes begin with one letter of the Alphabet.

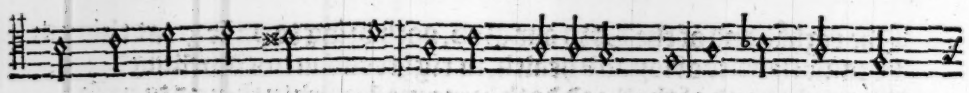
Bleſſed



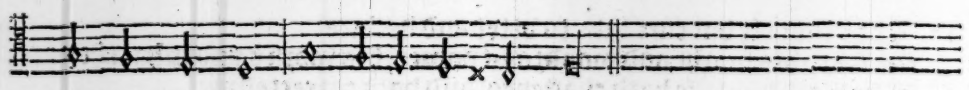
Blessed are they that perfect are, and pure in minde and heart,



whose liues and conuersation, from Gods lawes neuer start. 2. Blessed



are they that giue themselues, his statutes to obserue, seeking the Lord



with all their heart, and neuer from him swerue.

3 Doubtlesse such men goe not astray, nor doe no wicked thing:
which stedfastly walke in his paths, without any wandring.
4 It is thy will and commandement, that with attentiue heed,
thy noble and diuine precepts, we learne and keepe indeede.

5 O would to God it might thee please, my waies so to addresse:
that I might both in heart and voyce, thy lawes keepe and confesse.
6 So should no shame my life attaint, whilst I thus set mine eyes,
and bend my minde alwaies to muse, on thy sacred decrees.

7 Then will I praise with vpright heart, and magnifie thy name,
when I shall learne thy iudgements iust, and likewise proue the same.
8 And wholy will I giue my selfe, to keepe thy lawes most right:
forsake me not for euer Lord, but shew thy grace and might.

BETH. The second part.

By what meanes may a young man best, his life learne to amend:
if that he marke and keepe thy word, and therein his time spend.
10 Unfainedly I haue thee sought, and thus seeking abide:
O neuer suffer me O Lord, from thy precepts to slide.

11 Within my heart and secret thoughts, thy words I haue hid still:
that I might not at any time, offend thy holy will.
12 We magnifie thy name O Lord, and praise thee euermore:
thy statutes of most worthy fame, O Lord teach me therefore.

13 My lips haue neuer ceast to preach, and publish day and night,
thy iudgements all which did proceede, from thy mouth full of might.
14 Thy testimonies and thy wayes, please me no lesse indeed:
then all the treasures of the earth, which worldlings make their meed.

15 Of thy precepts I will ſtill muſe, and thereto frame my talke:
as at a marke ſo will I aime, thy wayes how I may walk.
16 My onely ioy ſhall be ſo firſt, and on thy lawes ſo ſet,
that nothing can me ſo farre blinde, that I thy words forget.

GIMEL. The third part.

GRant to thy ſeruant now ſuch grace, as may my life p̃olong:
Thy holy word then will I keepe, both in my heart and tongue.
18 Mine eyes which were dim and ſhut vp, ſo open and make bright,
that of thy law and marueilous workes, I may haue the cleare ſight.

19 I am a ſtranger in this earth, wandring now here now there:
thy word therefore to me diſcloſe, my foot-ſteps for to cleare.
20 My ſoule is rauiſht with deſire and neuer is at reſt:
but ſeeks to know thy iudgements high, and what may pleaſe thee beſt.

21 The proud men and malicious, thou haſt deſtroyd each one:
and curſed are ſuch as doe not thy heſts attend vpon.
22 Lord turne from me rebuke and ſhame, which wicked men conſpire:
for I haue kept thy couenants, with zeale as hot as fire.

23 The Princes great in counſell ſate, and did againſt me ſpeake:
but then thy ſeruant thought how he, thy ſtatutes might not breake.
24 For why? thy couenants are my ioy, and my hearts great ſolace:
they ſerue in ſtead of counſellors my matters for to paſſe.

DALETH. The fourth part.

I Am alas as brought to graue, and almoſt turn'd to duſt:
reſtore therefore my life againe, as thy promiſe is iuſt.
26 My waies when I acknowledged, with mercy thou didſt heare:
heare now eftſoones, and me inſtruct, thy lawes to loue and feare.

27 Teach me once throughly for to know, thy precepts and thy lore:
thy workes then will I meditate, and lay them vp in ſtore.
28 My ſoule I feele ſo ſore oppreſt, that it melteth for griefe:
according to thy word therefore, haſte Lord to ſend reliefe.

29 From lying and deceitfull lips, let thy grace me defend:
and that I may learne thee to loue, thy holy law me ſend.
30 The way of truth both ſtraight and ſure, I haue choſen and found:
I ſet thy iudgements me before, which keepe me ſafe and ſound.

31 Since then O Lord I fore't my ſelfe, thy couenants to embrace,
let me therefore haue no rebuke, nor check in any caſe.
32 Then will I run with ioyfull cheare, where thy word doth mee call,
when thou haſt ſet my heart at large, and rid me out of thrall.

HE. The fifi part.

INſtruct me Lord in the right trade, of thy ſtatutes diuine:
and it to keepe euen to the end, my heart will I encline.

34 Grant me the knowledge of thy law, and I ſhall it obey:
with heart and minde and all my might, I will it keepe I ſay.

35 In the right path of thy precepts guide me Lord I require:
no other pleaſure doe I wiſh, nor greater thing deſire.
36 Incline my heart thy lawes to keepe, and couenants to embrace;
and from all filthy auarice, Lord ſhield me with thy grace.

37 From vaine deſires and worldly luſts, turne back mine eyes and ſight:
giue me the ſpirit of life and power, to walke thy lawes aright.
38 Confirme thy gracious promiſe Lord, which thou haſt made to me:
which am thy ſeruant and doe loue, and feare nothing but thee.

39 Reproach and ſhame which I ſo feare, from me O Lord expell:
for thou doſt iudge with equity, and therein doſt excell.
40 Behould my hearts deſire is bent, thy lawes to keepe for aye:
Lord ſtrengthen me ſo with thy grace, that it performe I may.

VAV. The 6. part.

Thy mercies great and manifold, let me obtaine O Lord:
thy ſauing health let me enioy, according to thy word.
42 So ſhall I ſtop the ſlanderous mouthes, of lewd men and vniuſt:
for in thy faithfull promiſes, ſtands my comfort and truſt.

43 The word of truth within my mouth, let euer ſtill be preſt:
for in thy iudgements wonderfull, my hope doth ſtand and reſt.
44 And whilſt that breath within my breſt, doth naturall life preſerue;
yea till this life ſhall be diſſolu'd, thy law will I obſerue.

45 So walke will I as ſet at large, and made free from all dread:
becauſe I ſought how for to keepe, thy precepts and thy reade.
46 Thy noble acts I will deſcribe, as things of moſt great fame:
euen before kings I will them blaze, and ſhrinke no whit for ſhame.

47 I will reioyce then to obey, thy worthy heſts and will:
which euermore I haue lou'd beſt, and ſo will loue them ſtill.
48 My hands will I lift to thy lawes which I haue dearely ſought:
and practiſe thy commandements, in will, in deed and thought.

ZAIN. The 7. part.

Thy promiſe which thou madeſt to me, thy ſeruant Lord remember:
for therein haue I put my truſt, and confidence for euer:
50 It is my comfort and my ioy, when troubles me aſſaile:
for were my life not by thy word, my life would ſoone me faile.

51 The proud and ſuch as God contemne, ſtill made of me a ſcorne,
yet would I not thy law forſake, as he that were forlorne.
52 But cald to minde Lord thy great workes, ſhewed to our fathers old:
whereby I felt thy ioy ſurmount, my griefe in hundred fold.

53 But yet alas for feare I quake, ſeeing how vvicked men
thy law forſooke, and did procure, thy iudgements who knoweth when:
54 And as for me I framde my songs thy ſtatutes to exalt,
vvhen I among the ſtrangers dweit, and thoughts gan me aſſault.

55 I thought vpon thy name O Lord, by night vvhen others ſleepe,
as for thy law alſo I kept, and euer will it keepe.
56 This grace I did obtaine, becauſe thy couenants ſweet and deare
I did embrace and alſo keepe, with reuerence and with feare.

HETH. The 8. part.

O God vvhich art my part and lot, my comfort and my ſtay:
I haue decreed and promiſed, thy lawes to keepe alway.
58 Mine earneſt heart did humbly ſue, in preſence of thy face:
as thou therefore haſt promiſed, Lord grant me of thy grace.

59 My life I haue examined, and tride my ſecret heart:
vvhich to thy ſtatutes cauſed me, my feet ſtraight to conuert.
60 I did not ſtay, nor linger long, as they that ſlothfull are:
but haſtily thy lawes to keepe, I did my ſelfe prepare.

61 The cruell bands of vvicked men, haue made of me their prey:
yet vvould I not thy lawes forget, nor from thee goe aſtray.
62 Thy righteous iudgement vnto me, ſo great is and ſo hie:
that euen at midnight will I riſe, thy name to magnifie.

63 Companion am I to all them, vvhich feare thee in their heart:
and neuer will for loue nor dread, from thy commandments ſtart.
64 Thy mercies Lord moſt plenteouſly, doe all the world fulfill:
O teach me how I may obey, thy ſtatutes and thy will.

TETH. The 9. part.

According to thy promiſe Lord, ſo haſt thou vvith me dealt:
for of thy grace in ſundry ſorts haue I thy ſeruant felt.
66 Teach me to iudge alwaies aright, and giue me knowledge ſure:
for certainly beleeue I doe, that thy precepts are pure.

67 Ere thou didſt touch me vvith thy rod, I erred and vvent aſtray:
but now I keepe thy holy word, and make it all my ſtay.
68 Thou art both good and gracious and giueſt moſt liberally,
thine ordinances how to keepe, therefore O Lord teach me.

69 The proud and vvicked men haue forg'd, againſt me many a lie:
yet thy commandements ſtill obſerue with all my heart will I.
70 Their hearts are ſwolne with worldly wealth, as greaſe ſo are they fat:
but in thy law I doe delight, and nothing ſeeke but that.

71 O happy time may I well ſay, when thou didſt me correct,
for as a guide to learne thy lawes, thy rods did me direct.
72 So that to me thy vvord and law, is dearer manifold,
then thouſands great of ſiluer and gold, or ought that can be told.

IOD

IOD. The tenth part.

73 SEeing thy hands haue made me Lord, to be thy creature:
grant knowledge likewiſe how to learne to put thy lawes in vre.
74 So they that feare thee ſhall reioyce, when euer they me ſee,
becauſe I haue learnd by thy word, to put my truſt in thee.

75 When with thy rods the world is plagu'd, I know the cauſe is iuſt:
ſo when thou doſt correct me Lord, the cauſe iuſt needs be muſt:
76 Now of thy goodneſſe I thee pray, ſome comfort to me ſend:
as thou to me thy ſeruant hetſt, ſo from all ill me ſhend.

77 Thy tender mercies poure on me, and I ſhall ſurely liue:
for ioy and conſolation both, thy lawes to me doe giue.
78 Confound the proud whoſe falſe pretence, is me for to deſtroy:
but as for me, thy heſts to know, I will my ſelfe imploy.

79 Whoſo with reuerence doe thee feare, to me let them retire,
and ſuch as doe thy couenants know, and them alone deſire.
80 My heart without all wauering, let on thy lawes be bent:
that no confuſion come to me, whereby I ſhould be ſhent.

CAPH. The 11. part.

MY ſoule doth faint and ceaſſeth not, thy ſauing health to craue:
and for thy words ſake ſtill I truſt, my hearts deſire to haue.
82 Mine eyes doe faile with looking for thy word, and thus I ſay:
Oh when wilt thou me comfort Lord, why doſt thou thus delay?

83 As a ſkin bottle in the ſmoke, ſo am I parcht and dride:
yet will I not out of my heart, let thy commandements ſlide.
84 Alas how long ſhall I yet liue, before I ſee the houre,
that on my foes which me torment, thy vengeance thou wilt poure?

85 Preſumptuous men haue digged pits, thinking to make me ſure:
thus contrary againſt thy lawe my hurt they doe procure.
86 But thy commandements are all true, and cauſleſſe they me grieue:
to thee therefore I doe complaine, that thou mightſt me relieue.

87 Almoſt they had me cleane deſtroid, and brought me quite to ground:
yet by thy ſtatutes I abode, and therein ſuccour found.
88 Reſtore me Lord againe to life, for thy mercies excell:
and ſo ſhall I thy couenant keepe, till death my life expell.

LAMED. The 12. part.

89 IN heauen Lord where thou doſt dwell, thy word is ſtabliſht ſure:
and ſhall for all eternity, faſt grauen there endure.
90 From age to age thy truth abides, as doth the earth witneſſe:
whoſe ground-worke thou haſt laid ſo ſure, as no tongue can expreſſe.

91 Euen to this day we may well ſee, how all things perſeuere:
according to thy ordinance, for all things thee reuere.
92 Had it not beene that in thy lawe, my ſoule had comfort ſought,
long time ere now in my diſtreſſe, I had beene brought to nought.

93 There-

93 Therefore will I thy precepts aye, in memory keepe faſt:
by them thou haſt my life reſtorde, when I was at laſt caſt.
94 No wight to me can title make, for I am onely thine:
ſaue me therefore for to thy lawes, mine eares and heart incline.

95 The wicked men do ſeeke my bane, and thereto lie in waite,
But I the while conſidered, thy noble vvorkes and great.
96 I ſee nothing in this vvide vvorld, at length vvhich hath not end:
but thy commandements and thy vvord, beyond all end extend.

MEM. The 13. part.

What great delire and feruent loue do I beare to thy law:
all the day long my vvhole deuice, is onely on thy ſaw.
98 Thy vvord hath taught me, farre to paſſe my foes in policy:
for ſtill I keepe it as a thing, of moſt excellency.

99 My teachers vvhich did me inſtruct, in knowledge I excell,
becauſe I do thy couenants keepe, and them to others tell.
100 In vviſedome I do paſſe alſo, the ancient men indeed:
and all becauſe to keepe thy lawes, I held it aye beſt reed.

101 My feet I haue refrained eke, from euery euill vvay:
becauſe that I continually, thy vvord might keepe I ſay.
102 I haue not ſwarued from thy iudgements, nor yet ſhunke any dell,
for why? thou haſt me taught thereby, to liue godly and vvell.

103 O Lord how ſweet vnto my taſte, find I thy vvords alway:
doubtleſſe no honey in my mouth, feele ought, ſo ſweet I may.
104 Thy lawes haue me ſuch vviſedome learnd, that vtterly I hate
all vvicked and vngodly vvaies, in euery kind or rate.

NVN. The 14. part.

Euen as a Lanthorne to my feet, ſo doth thy vvord ſhine bright:
and to my paths vvhere ere I goe, it is a flaming light.
106 I haue both ſworne and vvill performe, moſt certainly doubtleſſe,
that I vvill keepe thy iudgements iuſt, and them in life expreſſe.

107 Affliction hath me ſore oppreſt, and brought me to deaths dore:
O Lord as thou haſt promiſed, ſo me to life reſtore.
108 The offerings vvhich vvith heart and voice, moſt frankly I thee giue,
accept and teach me how I may, after thy iudgements liue.

109 My ſoule is aye ſo in my hand, that dangers it aſſail:
yet doe I not thy law forget, nor it to keepe vvill faile.
110 Although the vvicked laid their nets, to catch me at a bay:
yet did I not from thy precepts, once ſwerue or go aſtray.

111 Thy law I haue ſo claimd alway, as mine owne heritage:
and vvhy? for therein I delight, and ſet my vvhole courage.
112 For euermore I haue been bent, thy ſtatutes to fulfill:
euen ſo likewiſe vnto the end, I vvill continue ſtill.

SAMECH. The 15. part.

THy crafty thoughts and double hearts, I do alwaies deteſt:
but as for thy lawes and precepts, I loued them euer beſt.
114 Thou art my hid and ſecret place, my ſhield of ſtrong defence:
therefore haue I thy promiſes lookt for with patience.

115 Goe to therefore ye wicked men, depart from me anone:
for the commaundements will I keepe, of God my Lord alone.
116 As thou haſt promiſed ſo performe, that death me not aſſaile:
nor let my hope abuſe me ſo, that through diſtruſt I quaile.

117 Uphold me and I ſhall be ſafe, for ought they doe or ſay:
and in thy ſtatutes pleaſure take, will I both night and day.
118 Thou haſt trode ſuch vnder thy feet, as doe thy ſtatutes breake:
for nought auailes their ſubtilty, their counſell is but weake.

119 Like droſſe thou caſt'ſt the wicked out: where euer they goe or dwell:
therefore can I as thy ſtatutes, loue nothing halfe ſo well.
120 My fleſh alas is taken with feare, as though it were benumd:
for when I ſee thy iudgements, ſtraight, I am as one aſtond.

AIN. The 16. part.

I Doe the thing that lawfull is, and giue to all men right:
reſigne me not to them that would, oppreſſe me with their might:
122 But for thy ſeruant ſuertie be, in that thing that is good:
that proud men giue me not the foyle, which rage as they were wood.

123 Mine eyes with waiting are now blinde, thy health ſo much I craue:
and eke thy righteous promiſe Lord, whereby thou wilt me ſaue.
124 Intreat thy ſeruant louingly, and fauour to him ſhow:
thy ſtatutes of moſt excellency, teach me alſo to know.

125 Thy humble ſeruant Lord I am, grant me to vnderſtand,
how by thy ſtatutes I may know, beſt what to take in hand.
126 It is now time Lord to begin, for truth is quite decayd:
thy lawe likewiſe they haue tranſgreſt, and none againſt them ſaid.

127 This is the cauſe wherefore I loue, thy lawes better then gold:
or iewells fine which are eſteemd, moſt coſtly to be ſold.
128 I thought thy precepts all moſt iuſt, and ſo them laid in ſtore:
all crafty and malitious waies, I doe abhorre therefore.

PE. The 17. part.

THy couenants are moſt wonderfull, and full of things profound:
my ſoule therefore doth keepe them ſure, when they are tride & found:
130 When men firſt enter into thy word, they find a light moſt cleare:
and very idiots vnderſtand, when they it read or heare.

131 For ioy I haue both gap't and breathd, to know thy commandement:
that I might guide my life thereby, I ſought what thing it ment.
132 With mercy and compaſſion Lord, behold me from aboue:
as thou art wont to behold ſuch, as thy name feare and loue.

133 Direct

133 Direct my footeſteps by thy vvord, that I thy vvill may know:
and neuer let iniquity thy ſeruant ouerthrow.
134 From ſlanderous tongues and deadly harmes, preſerue & keep me ſure:
thy precepts then will I obſerue, and put them eke in vre.

135 Thy countenance vvhich doth ſurmount, the ſunne in his bright hew,
let ſhine on me, and by thy law, teach me vvhat to eſchew.
136 Out of mine eyes great flouds guſh out, of dreary teares and fell,
vvhen I behold how vvicked men, thy lawes keepe neuer a dell.

ZADE. The 18. part.

IN euery point Lord thou art iuſt, the vvicked though they grudge:
and vvhen thou doſt ſentence pronounce, thou art a righteous iudge.
138 To render right and flee from guile, are two chiefe points moſt hie:
and ſuch as thou haſt in thy law, commaunded vs ſtraightly.

139 With zeale and vvrath I am conſumde, and euen pinde away,
to ſee my foes thy vvord forget, for ought that I doe may:
140 So ſure and perfect is thy vvord, as any heart can deeme:
and I thy ſeruant nothing more, do loue or yet eſteeme.

141 And though I be nothing ſet by, as one of baſe degree:
yet do I not thy heſts forget, nor ſhrinke away from thee.
142 Thy righteouſneſſe Lord is moſt iuſt, for euer to endure:
alſo thy law is truth it ſelfe, moſt conſtant and moſt pure.

143 Trouble and griefe haue ſeiz'd on me, and brought me wondrous low:
yet do I ſtill of thy precepts, delight to heare and know.
144 The righteouſnes of thy iudgementes, doth laſt for euermore:
then teach thou me, for euen in them, my life lyeth vp in ſtore.

KOPH. The 19. part.

WIth feruent heart I cryde and cald, now anſwer me O Lord,
that thy commaundements to obſerue, I may fully accord.
146 To thee my God I make my ſute, with moſt humble requeſt:
ſaue me therefore and I will keepe, thy precepts and thy heſt.

147 To thee I cry euen in the morne, before the day wäxe light:
becauſe that I haue in thy word, my confidence vvhole pight.
148 Mine eyes preuent the watch by night, & ere they call I vvake,
that by deuiſing of thy vvord, I might ſome comfort take.

149 Incline thine eares to heare my voice, and pitty on me take:
as thou waſt vvont to iudge me Lord, leſt life ſhould me forſake.
150 My foes draw neare and do procure my death maliciouſly:
vvhich from thy lawe haue farr'one backe, and ſtraid from it lewdly.

151 Therefore O Lord approch thou neare, for neede doth ſo require:
and all thy precepts true they are, theſe helpe I thee deſire.
152 By thy commaundements I haue learnd, not now, but long ago,
that they remaine for euermore, thou haſt them grounded ſo.

RESH. The 20. part.

MY trouble and affliction, conſider and behold,
deliuer me me for of thy lawe, I euer take faſt hold.
154 Defend my good and righteous cauſe, with ſpeed me ſuccour ſend:
from death as thou haſt promiſed, Lord keepe me and defend.

155 As for the wicked farre they are, from hauing health and grace:
whereby they might thy ſtatutes know, they enter not the trace.
156 Great are thy mercies Lord I grant, what tong can them attaine?
and as thou haſt me iudg'd ere now, ſo let me life obtaine.

157 Though many men did trouble me, and perſecute me ſore,
yet from thy lawes I neuer ſhrunke, nor went awry therefore.
158 And truth it is for griefe I dy, when I theſe traitors ſee:
becauſe they keepe no whit thy word, nor yet ſeeke to know thee.

159 Behould for I do loue thy lawes, with heart moſt glad and faine:
as thou art good and gracious Lord reſtore my life againe.
160 What thy word doth decree muſt be, and ſo it hath beene euer:
thy righteous iudgements are alſo, moſt true and decay neuer.

SCHIN. The 21. part.

PRinces haue ſought by cruelty, cauſeleſſe to make me crouch:
but all in vaine, for of thy word the feare did my heart touch.
162 And certainly euen of thy word, I was more merry and glad,
then he which of rich ſpoiles and prey, great ſtore and plenty had.

163 As for all lies and falſitie, I hate moſt and deteſt:
for why, thy holy lawes do I, aboue all things loue beſt.
164 Seauen times a day I praiſe the Lord, ſinging with heart and voyce:
thy righteous acts and wonderfull, ſo cauſe me to reioyce.

165 Great peace and reſt ſhall all ſuch haue, as do thy ſtatutes loue:
no danger ſhall their quiet ſtate empaire or once remoue.
166 Mine onely health and comfort Lord, I looke for at thy hand:
and therefore haue I done thoſe things, which thou didſt me command.

167 Thy lawes haue beene mine exerciſe, which my ſoule moſt deſired:
ſo much my loue to them was bent, that nought elſe I required.
168 Thy ſtatutes and commandements, I kept thou knoweſt aright:
for all the things that I haue done, are preſent in thy ſight.

TAV. The 22. part.

O Lord let my complaint and cry, before thy face appeare:
and as thou haſt me promiſe made, ſo teach me thee to feare.
170 Mine humble ſupplication, toward thee let finde acceſſe:
and grant me Lord deliuerance, for ſo is thy promiſe.

171 Then ſhall my lippes thy praiſes ſpeake, after moſt ample ſort,
when thou thy ſtatutes haſt me taught, wherein ſtands my comfort.
172 My tongue ſhall ſing and preach thy word, and on this wiſe ſay ſhall,
Gods famous acts and noble lawes, are iuſt and perfect all.

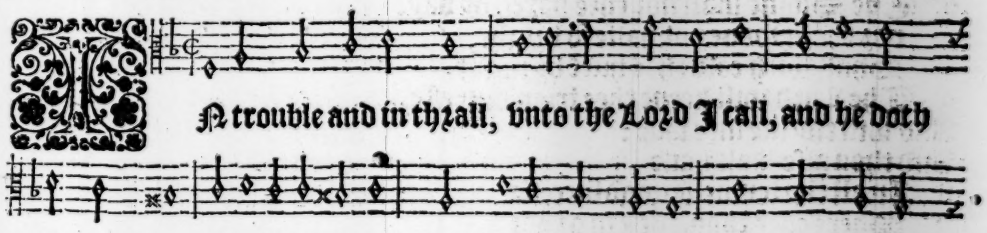
173 Stretch

173 Stretch out thy hand I thee beſeech, and ſpeedily me ſaue:
for thy commaundements to obſerue, choſen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing elſe, I doe delight alone.

175 Grant me therefore long dayes to liue, thy name to magnifie:
and of thy iudgements mercifull, let me thy fauour trie.
176 For I was loſt and went aſtray, much like a wandring ſheepe.
oh ſeek me, for I haue not failde, thy commaundements to keepe.

Ad Dominum cum tribularer. Pſal. Cxx. T. S.

The prayer of Dauid, now baniſhed among the barbarous people of Arabia by the falſe reports of enuious flatterers. And therefore he lamenteth his long abode among the Infidels, who were giuen to all kind of wickedneſs and contention.



IN trouble and in thrall, vnto the Lord I call, and he doth me comfort: deliuer me I ſay, from lyers lips alway, and tongue of falſe repoꝛt.

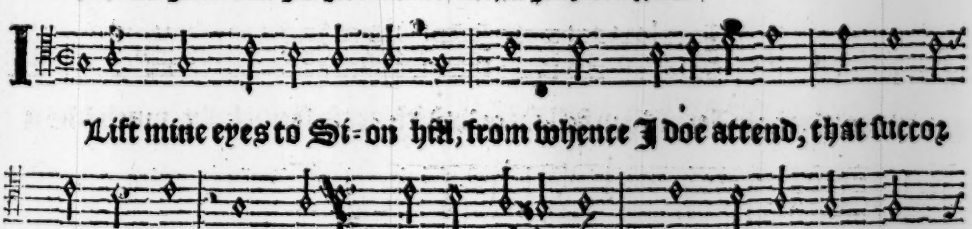
3 What vantage oꝛ what thing,
Getſt thou thus foꝛ to ſting,
Thou falſe and flattering lyer?
4 Thy tongue doth hurt I weene,
no leſſe then arrowes keene,
of hot conſuming fire.

5 Alas too long I ſlacke,
Within theſe tents ſo blacke,
Which Kedars are by name,
By whome the flocke elect,
And all of Iſaaks ſect,
Are put to open ſhame.

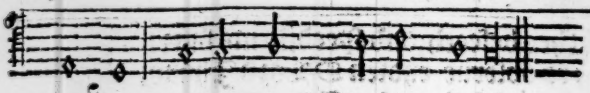
6 With them that peace did hate,
I came a peace to make:
And ſet a quiet life:
7 But when my tale was told,
Cauſeleſſe I was contrould,
By them that would haue ſtrife.

Leuaui oculos. Pſal. Cxxi. W. W.

The Prophet ſheweth by his owne example, that the faithfull ought to looke foꝛ all their ſuccour of God alone, who will gouerne and giue good ſucceſſe to all their godly enterpꝛiſes.



LIft mine eyes to Si-on hill, from whence I doe attend, that ſuccoꝛ God me ſend. The mighty God me ſuccoꝛ will, which heauen and earth framed

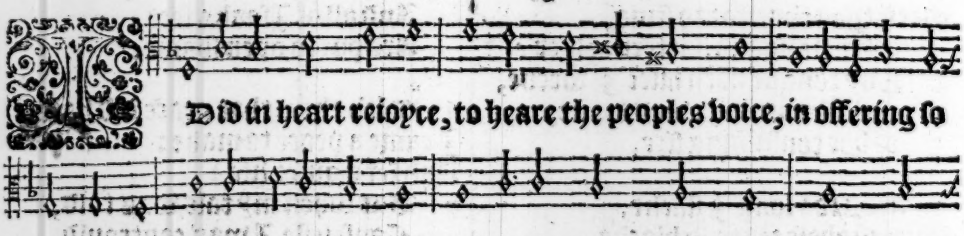


framed, and all things therein named.

3 Thy foote from ſlip he will preſerue,
And will thee ſafely keepe:
For he will neuer ſleep.
4 Loe he that doth Iſrael conſerue,
no ſleepe at all can him catch,
But his eyes do euer watch.
5 The Lord is thy warrant alway,
The Lord eke doth thee couer:
As at thy right hand euer.
6 The Sunne ſhall not thee parch by day,
nor the Moone not halfe ſo bright,
Shall with cold thee hurt by night.
7 The Lord will keepe thee from diſtreſſe,
And will thy life ſure ſaue:
And thou alſo ſhalt haue
8 In all thy buſineſſe good ſucceſſe,
Where euer thou goeſt in or out:
God will thy things bring about.

Lætatus ſum. Pſal. Cxxii. W K.

Dauid reioyceth in the name of the faithfull, that God hath accompliſhed his promiſe, and placed his Arke in Sion, for the which he giueth thanks, and prayeth for the Church.



Did in heart reioyce, to heare the peoples voice, in offering ſo willingly. For let vs vp ſay they, and in the Lords houſe pray, thus ſpake the folke full louingly: Our feete that wandred wide, ſhall in thy gates abide, O thou Ieruſalem full faire, which art ſo ſeemely ſet, much like a Citty neate, the like whereof is not elſe where.

4 The tribes with one accord,
The tribes of God the Lord,
Are thither bent their way to take:
So God before did tell,
That there his Israel,
their prayers should together make.
5 For there are thrones erect,
And that for this respect,
To set forth iustice orderly:
Which thrones right to maintaine,
To Dauids house pertaine,
His folke to iudge accordingly.

6 To pray let vs not cease,
For Jerusalems peace,
Thy friends God prosper mightily:
7 Peace be thy walles about,
And prosper thee throughout,
Thy places eke continually.
8 I wish thy prosperous state,
For my poore brethrens sake,
That comfort haue by meanes of thee.
9 Gods house doth me allure,
Thy wealth for to procure,
So much alwaies as lyeth in me.

Ad te leuaui oculos. Psal. Cxxiii. T. S.

A prayr of the faithfull, which are afflicted by the wicked worldlings, and contemners of God.

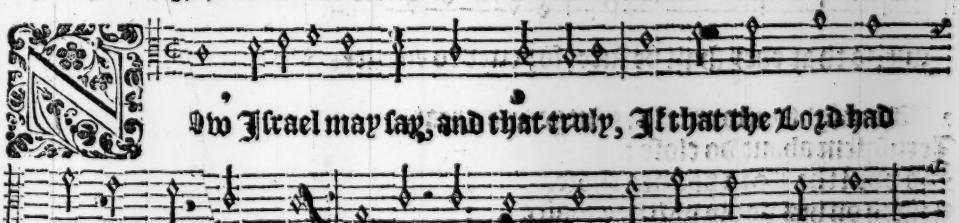
Sing this as the 119. Pselme.

O Lord that heauen dost possesse, I lift mine eyes to thee:
euen as the seruant lifteth his, his masters hands to see.
2 As handmaides watch their mistresse hands some grace for to atchieue,
so we behold the Lord our God, till he doe vs forgiue.

3 Lord grant vs thy compassion, and mercy in thy sight:
for we are filled and ouercome, with hatred and despight.
4 Our soules be stuft with great rebuke, the rich and worldly wise
do make of vs their mocking stocke, the proud do vs despise.

Nisi quia Dominus. Psal. Cxxiiii. W. W.

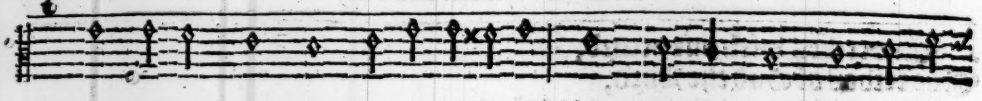
The people of God being deliuered out of great danger, acknowledge not to haue escaped by their owne power, but through the fauour of God, and shew in how great perill they were.



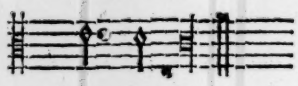
Now Israel may say, and that truly, If that the Lord had

not our cause maintaind, If that the Lord had not our right sustaind,

when



when all the world againſt vs furiouſly, made theſe vproares, and ſaid we



ſhould all die;

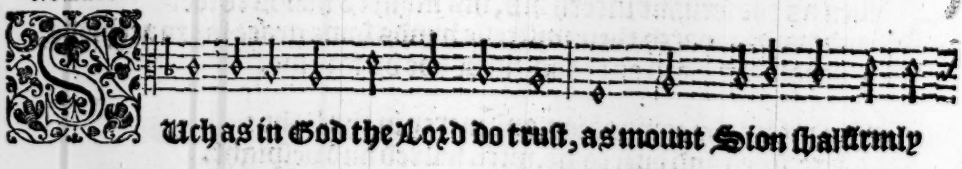
3 Now long agoe, they had deuourd vs all,
And ſwallowed quick for ought that we could deeme,
Such was their rage, as vve might well eſteeme.
4 And as the flouds, vvith mighty force doe fall:
So had they now our liues euen brought to thrall.

5 The raging ſtreames, moſt proud in roring noiſe,
Had long agoe ouerwhelmd vs in the deepe:
6 But loued be God, vvhich doth vs lately keepe
From bloody teeth, and their moſt cruell voice,
Which as a prey to eate vs would reioyce.

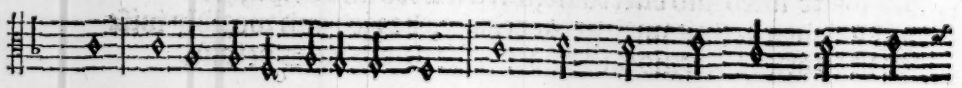
7 Euen as a bird, out of the foulers grin,
Eſcapes away right ſo it fareth with vs:
Broke are their nets, and we haue ſcaped thus.
8 God that made heauen and earth, is our helpe then:
His name hath ſaued vs from theſe vvicked men.

Qui confidunt. Cxxv. W. K.

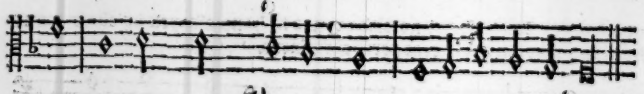
He deſcribeth the aſſurance of the faithfull in their afflictions, and deſireth their wealth, and the deſtruction of the wicked.



Uch as in God the Lord do truſt, as mount Sion ſhall ſtirmly



ſtand, and be remoued at ng hand, the Lord will counſt them ight and



iuſt, ſo that they ſhall be ſure, for euer to endure.

2 As mighty mountaines huge and great,
Ieruſalem about do cloſe:
So vvill the Lord be vnto thoſe,
vvhich on his godly will doe waite.
Such are to him ſo deare,
They neuer need to feare.

3 For though the righteous try doth he,
By making vvicked men his rod:
Leaſt they through griefe forſake their God,
It ſhall not as their lot ſtill be.
4 Giue Lord to thoſe thy light,
whoſe hearts are true and right.

5 But as for ſuch as turne aſide,
By crooked vvaies which they out ſought,
The Lord vvill ſurely bring to nought:
With vvorkes moſt vile they ſhall abide.
But peace vvith Iſrael,
For euermore ſhall dvvell.

Another of the ſame. R. A.

Sing this as the ten Commandements.

THoſe that doe put their confidence, vpon the Lord our God onely,
and flye to him for his defence, in all their need and miſerie,
Their faith is ſure firme to endure, grounded on Chriſt the corner-ſtone,
moued with none ill, but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Ieruſalem the mighty hills do it compaſſe,
ſo that no enemies come to them, to hurt that towne in any caſe:
So God indeed in euery need, his faithfull people doth defend,
ſtanding them by aſſuredly, from this time forth world without end.

Righteouſe and good is our Lord God, and will not ſuffer certainely,
the ſinners and vngodlies rod, to tarry vpon his family,
Leſt they alſo from God ſhould goe, falling to ſinne and vvickednes.
O Lord defend world without end, thy Chriſtian flock through thy goodnes.

O Lord do good to Chriſtians all, that ſtedfaſt in thy word abide.
ſuch as willingly from God fall, and to falſe doctrine daily ſlide,
Such will the Lord ſcatter abroad, with hypocrites throwne downe to hel:
God vvill them ſend paines without end, but Lord grant peace to Iſrael.

Glory to God the Father of might, and to the Sonne our Sauiour:
And to the holy Ghoſt whoſe light, ſhine in our hearts and vs ſuccour:
That the right way from day to day, we may walke, and him glorifie.
With harts deſire all that are here, worſhip the Lord and ſay, Amen.

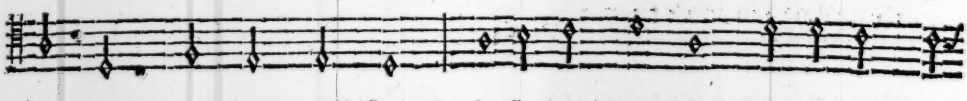
In conuertendo. Pſal. Cxxvi. W. K.

This pſalme was made after the returne of the people from Babylon, and ſheweth that the meane of their deliuerance was wonderfull after the ſeauentie yeares of captiuity, foretſpoken by Ierem. 25. 12. & 29. 10.

WHen that the Lord againe his Sion had forth brought, from

bondage

bondage great, and alſo ſeruitude extreame. His worke was ſuch as did



ſurmount mans heart and thought, ſo that we were much like to them that

vſe to dreame, our mouthes were with laughter filled then, and eke our

tongues did ſhew vs ioyfull men.

2 The heathen folke, were forced then this to confeſſe,
How that the Lord, for them alſo great things had done:
3 But much more we, and therefore can confeſſe no leſſe,
Wherefore to ioy, we haue good cauſe as we begon.
4 O Lord go forth, thou canſt our bondage end:
As to deſerts, the flowing riuers ſend.

5 Full true it is, that they which ſowe in teares indeed,
A time will come, when they ſhall reape in mirth and ioy:
6 They went and wept, in bearing of their precious ſeede,
For that their foes full often times did them annoy.
7 But their returne with ioy they ſhall ſure ſee:
Their ſheaues home bring, and not impaired be.

Niſi Dominus. Pſal. Cxxvii.

It is not mans wit power, and labour, but the free goodnes of God, that giueth riches, preſerueth townes and countries, graunteth nouriſhment and childzen.

Sing this as the Lords prayer.

EXcept the Lord the houſe do make,
And thereunto do ſet his hand:
what men do build it cannot ſtand.
Likewiſe in vaine men vndertake,
Cities and holds to watch and ward,
Except the Lord be their ſafegard.

2 Though ye riſe early in the morne,
And ſo at night goe late to bed:
Feeding full hardly with browne bread,
Yet were your labour loſt and worne.
But they whom God doth loue and keepe,
Receiue all things with quiet ſleepe.

3 Therefore marke well when euer yee ſe,
That men haue heires to enioy their land:
It is the gift of Gods owne hand.
For God himſelfe doth multiplie,
Of his great liberalitie,
The bleſſing of poſteritie.

4 And when the children come to age,
They grow in ſtrength and actiueneſſe,
In perſon and in comelineſſe:
So that a ſhaft ſhot with courage,
Of one that hath a moſt ſtrong arme,
Flieth not ſo ſwift, nor doth like harme.

5 Oh well is him that hath his quiuer,
Furniſhed with ſuch artillery:
For when in perill he ſhall be,
Such one ſhall neuer ſhake nor ſhiuer,
When that he pleadeth before the iudge,
Againſt his foes that beare him grudge.

Beati omnes qui timent. Pſal. Cxxviii. T. S.

He deſcribeth the proſperous eſtate of them that be married in the feare of God, ioyning withall the promiſes of Gods bleſſings to all them that liue in this honourable eſtate, according to his commandement.

Sing this as the 137. Pſalme.

BLeſſed art thou that feareſt God, and walkeſt in his way:
2 For of thy labour thou ſhalt eate, happy art thou I ſay.
3 Like fruitfull vines on thy houſe ſides, ſo doth thy wife ſpring out:
thy children ſtand like Oliue plants, thy table round about.

4 Thus art thou bleſt that feareſt God, and he ſhall let thee ſee
5 The promiſed Jeruſalem, and his felicity.
6 Yea thou ſhalt thy childrens children ſee, to thy great ioyes encreaſe:
and likewiſe grace on Iſrael, proſperity and peace.

Sæpe expugnauerunt. Pſal. Cxxix. N.

He admoniſheth the Church to reioyce, though it had been afflicted in all ages, for God will deliuer it, and the enemies for all their glorious ſhew, ſhall ſuddenly be deſtroyed.

Sing this as the 137. Pſalme.

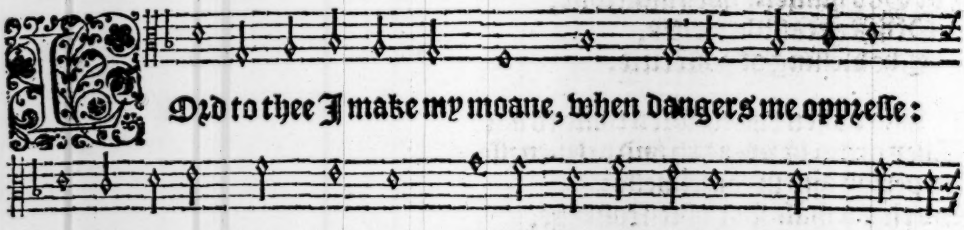
OFt they now Iſrael may ſay, me from my youth aſſailde:
oft they aſſailde me from my youth, yet neuer they preuailde.
3 Upon my backe the plowers plowde, and furrowes long did caſt:
4 The righteous Lord hath cut the cords, of wicked foes at laſt.

5 They that hate me ſhall be aſham'd, and turned backe alſo:
6 And made as graſſe vpon the houſe, which withereth ere it grow:
7 Whereof the mower cannot find, enough to fill his hand,
nor he can fill his lappe that goeth, to gleane vpon the land.

8 Nor paſſers by pray God, on them, to let his bleſſing fall:
nor ſay we bleſſe you in the name of God thy Lord at all.

De profundis clamaui. Pſal. Cxxx. W. W.

An effectuous prayer of him that for his ſinnes had ſuſtained great afflictions, and notwithſtanding hee fully truſteth and aſſureth himſelfe to obtaine mercy, and forgiuenes of his ſinnes, and at length, deliuerance from all euils.



LOrd to thee I make my moane, when dangers me oppreſſe:
I call, I ſigh, plaine and grone, truſting to finde releaſe. Heare now O
Lord my requeſt, for it is full due time: and let thine eares aye be preſt,
vnto this prayer mine.

3 O Lord our God if thou way, our ſinnes and them peruſe:
who can then eſcape or ſay, I can my ſelfe excuſe?
4 But Lord thou art mercifull, and turneſt to vs thy grace:
that we with hearts moſt carefull, ſhould feare before thy face.

5 In God I put my whole truſt, my ſoule waites on his will:
for his promiſe is moſt iuſt, and I hope therein ſtill.
6 My ſoule to God hath regard, wiſhing for him alway:
more then they that watch and ward, to ſee the dawning day.

7 Let Iſrael then boldly, in the Lord put his truſt:
he is that God of mercy, that his deliuer muſt.
8 For he it is that muſt ſaue, Iſrael from his ſinne:
and all ſuch as ſurely haue, their confidence in him.

Domine non eſt. Pſal. Cxxxi. M.

Dauid charged with ambition, and greedy deſire to raigne, proteſteth his humility and modeſty before God, and teacheth all men what they ſhould do.

Sing this as the Lamentation.

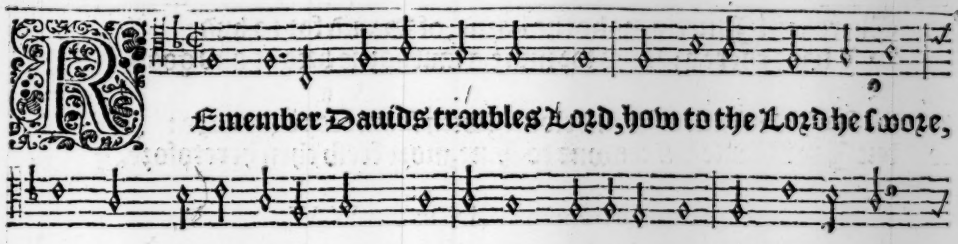
O Lord I am not puft in mind, I haue no ſcornefull eye:
2 I do not exerciſe my ſelfe in things that be too hie.
3 But as the child that weaned is, euen from his mothers breaſt:
ſo haue I Lord behaued my ſelfe, in ſilence and in reſt.

4 O Iſrael truſt in the Lord, let him be all thy ſtay:
from this time forth for euermore, from age to age I ſay.

Memento Domine. Pſal. Cxxxii. M.

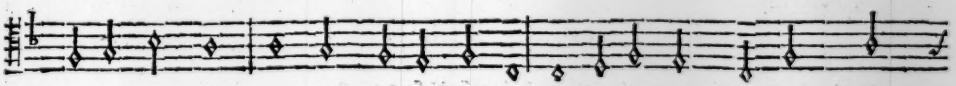
The faithfull grounding on Gods promiſe made vnto Dauid, deſires hat he would eſtabliſh the ſame, both as touching his poſterity, and the building of the Temple, to play there as was foreſpoken.

Remember

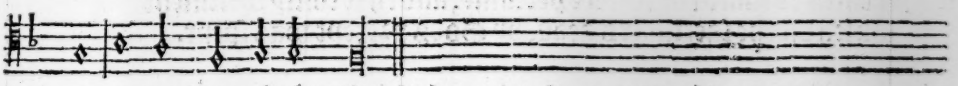


REmember Dauids troubles Lord, how to the Lord he ſwore,

and vowed a vow to Jacobs God, to keepe for euermore, I will not come



within my houſe, nor clime vp to my bed, nor let my temples take their



reſt, or the eyes in my head,

5 Till I haue found out for the Lord, a place to ſit thereon:
an houſe for Jacobs God to be, an habitation.
6 We heard of it at Ephrata, there did wee heare this ſound:
and in the fields and forreſts there, theſe voyces firſt were found.

7 We will allay, and goe in now, his tabernacle there:
before his foote-ſtoole to fall downe vpon our knees in feare.
8 Ariſe O Lord, ariſe I ſay, into thy reſting place:
both thou and the arke of thy ſtrength, the preſence of thy grace.

9 Let all thy Prieſts be clothed Lord, with truth and righteouſneſſe:
let all thy Saints and holy men, ſing all with ioyfulneſſe.
10 And for thy ſeruant Dauids ſake, refuſe not Lord I ſay,
the face of thine anointed Lord, nor turne thy face away.

The ſecond part.

11 The Lord to Dauid ſwore in truth, and will not ſhrinke from it:
ſaying, the fruit of thy body, vpon thy ſeate ſhall ſit.
12 And if thy ſons my couenant keep, that I ſhall learne each one:
then ſhall their ſonnes for euer ſit vpon thy princely throne.

13 The Lord himſelfe hath choſe Sion, and loues therein to dwell:
14 Saying, this is my reſting place I loue and like it well:
15 And I will bleſſe with great encreaſe, her victuals euery where:
and I will ſatiſfie with bread, the needy that be there.

16 Yea I will decke and cloath her Prieſts, with my ſaluation:
and all her Saints ſhall ſing for ioy, of my protection.

17 There will I ſurely make the horne, of Dauid for to bud:
for I haue there ordaind for mine, a lanthorne bright and good.

18 As for his enemies I will cloath, with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh then heretofore.

Ecce quam bonum. Pſal. Cxxxiii. W. W.

This Pſalme containeth the commendation of godly and brotherly amity, which for the excellency thereof, is compared to the moſt precious oyle, wherewith the Prieſts onely, and inſtruments of the tabernacle were anointed. Exod. 30.

Sing this as the 137. Pſalme.

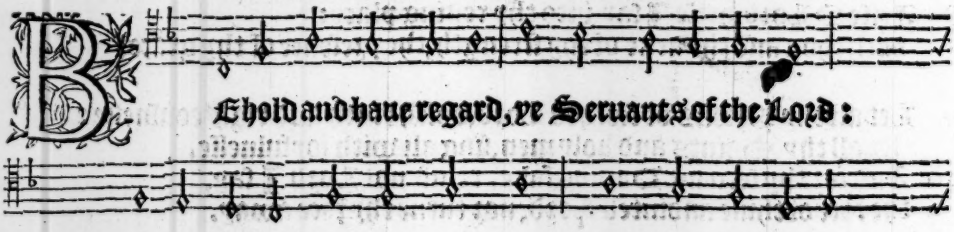
O How happy a thing it is, and ioyfull for to ſee,
brethren together faſt to hold, the band of amity.
2 It calth to mind the ſweete perfume, and that coſtly oyntment
which on the ſacrificers head, by Gods precept was ſpent.

It wet not Aarons head alone, but drencht his beard throughout:
and finally it did run downe, his rich attire about.
3 And as the lower ground doth drinke, the deaw of Hermon hill,
and Sion with his ſiluer drops, the fields with fruit doth fill:

4 Euen ſo the Lord doth poure on them, his bleſſings manifold:
whoſe hearts and mindes without all guile this knot do keepe and hold.

Ecce nunc. Pſal. Cxxxiiii. W. K.

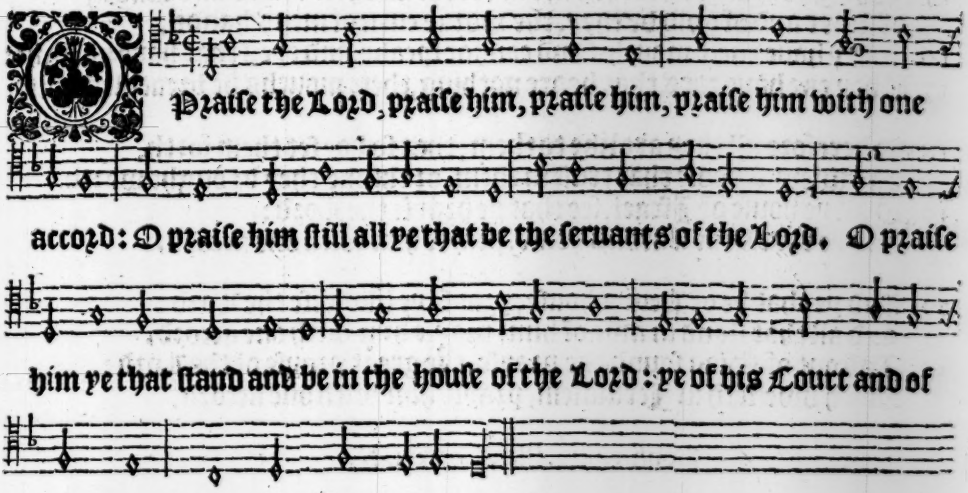
He exhorteth the Leuites that watch in the Temple, to praiſe the Lord.



3 Lift vp your hands on hie, vnto his holy place,
and giue the Lord his praiſes due, his benefits embrace.
4 For why? the Lord who did, both earth and heauen frame,
doth Sion bleſſe, and will conſerue, for euermore the ſame.

Laudate nomen. Pſal. Cxxxv. M.

He exhorteth all the faithfull of what eſtate ſoeuer they be, to praiſe God for his maruailous workes, and ſpecially for his graces towards his people, wherein he hath declared himſelfe mightie, to the confuſion of all Idolaters and their Idols.



3 Praiſe ye the Lord, for he is good, ſing praiſes to his Name:
it is a good and comely thing, alwaies to do the ſame.
4 For why, the Lord hath choſe Jacob his very owne you ſee:
ſo hath he choſen Iſrael his treaſure for to be.

5 For, this I knowe and am right ſure, the Lord is very great:
he is indeed aboue all gods moſt eaſie to intreat.
6 For, whatſoeuer pleaſed him, all that full well he wrought,
in heauen, in earth, and in the ſea, which he hath framde of nought.

7 He lifts vp clouds euen from the earth, he makes lightnings and rain:
he bringeth forth the windes alſo, he made nothing in vain.
8 He ſmote the firſt-born of each thing in Egypt that took reſt:
he ſpared there no liuing thing, the man nor yet the beaſt.

9 He hath in thee ſhewd wonders great, O Egypt void of vaunts,
on Pharaoh thy curſed king, and his ſeuere ſeruants.
10 He ſmote then many nations, and did great acts and things:
he ſlue the great and mightieſt, and chiefeſt of their kings.

11 Sehon king of the Amorites, and Og king of Balan:
he ſlue alſo the kingdoms all that were of Cayaan.
12 And gaue their Land to Iſrael an heritage we ſee,
to Iſrael his owne people, an heritage to be.

The ſecond part.

13 Thy Name O Lord ſhall ſtill endure, and thy memoriall,
throughout all generations that are or euer ſhall.
14 The Lord ſhall ſurely now auenge his people all indeed:
and to his ſeruants he will ſhew fauour in time of need.

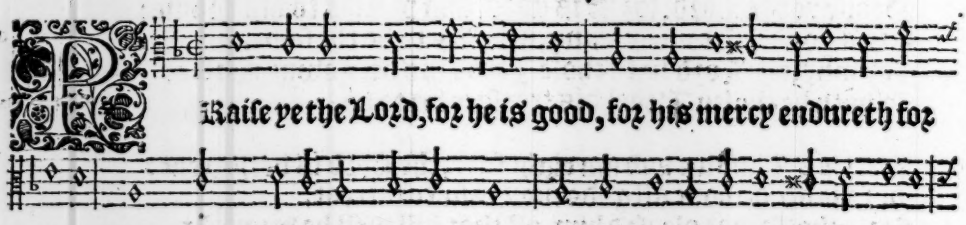
15 The Idols of the heathen are made, in all their coaſts and lands,
of ſiluer and of gold be they, the worke euen of mens hands.
16 They haue their mouths and cannot ſpeake, and eyes that haue no ſight:
17 They eke haue eares that heare nothing, their mouths be breathles quite.

18 Wherefore all they are like to them, that ſo doe ſet them forth,
and likewiſe thoſe that truſt in them, or thinke they be ought worth.
19 O all ye houſe of Iſrael, ſee that ye prayſe the Lord:
and ye that be of Aarons houſe, prayſe him with one accord.

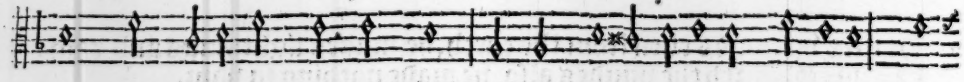
20 And ye that be of Leui's houſe, prayſe ye likewiſe the Lord:
and all that ſtand in awe of him, prayſe him with one accord.
21 And out of Sion ſound the prayſe, the great prayſe of the Lord:
which dwelleth in Ieruſalem, prayſe him with one accord.

Confitemini. Pſal. Cxxxvi. N.

A moſt earneſt exhortation to giue thanks vnto God for the creation and gouernment of all things, which ſtandeth in confeſſing, that he giueth vs all of his meere liberality.



euer. Giue prayſe vnto the God of Gods, for his mercy endureth for euer:



only doth great wonders worke, for his mercy endureth for euer.

5 Which by his wiſedome made the heauens, for his mercy endureth, &c.
6 Which on the waters ſtretcht the earth, for his mercy endureth, &c.
7 Which made great lights to ſhine abroad, for his mercy endureth, &c.
8 As Sunne to rule the lightſome day, for his mercy endureth, &c.

9 The Moon and Stars to guide the night, for his mercy endureth, &c.
10 Which ſmote Egypt with their firſt born, for his mercy endureth, &c.
11 And Iſrael brought out from them, for his mercy endureth for euer.
12 With mighty hand and ſtretched arm, for his mercy endureth for euer.

13 Which cut the red ſea in two parts, for his mercy endureth for euer.
14 And Iſrael made paſſe therethrough, for his mercy endureth for euer.

15 And

15 And drowned Pharao and his hoſt, for his mercy endureth for euer.
16 Through vvildernes his people led, for his mercy endureth for euer.

17 He which did ſmite great noble kings, for his mercy endureth, &c.
18 And which hath ſlaine the mighty kings, for his mercy endureth, &c.
19 As Sehon king of the Amorites, for his mercy endureth, &c.
20 And Og the king of Baſan land, for his mercy endureth for euer.

21 And gaue their Land for heritage, for his mercy endureth for euer.
22 Euen to his ſeruant Iſrael, for his mercy endureth for euer.
23 Remembred vs in baſe eſtate, for his mercy endureth for euer.
24 And from oppreſſors reſcued vs, for his mercy endureth for euer.

25 Which giueth food vnto all fleſh, for his mercy endureth for euer.
26 Praiſe ye the God of heauen aboue, for his mercy endureth for euer.
27 Giue thankes vnto the Lord of Lords, for his mercy endureth for euer.

Another of the ſame by T.C.

Sing this as the 148. Pſalme.

O Laud the Lord benigne,
Whoſe mercies laſt for aye:
Giue thankes and praiſes ſing
To God of Gods I ſay.
For certainely,
His mercies dure:
Both firme and ſure,
Eternally.

3 The Lord of Lords praiſe ye,
Whoſe mercies aye do dure:
4 Great wonders onely he,
Doth worke by his great power.
For certainly,
His mercies dure:
Both firme and ſure,
Eternally.

5 Which God omnypotent,
By his great wiſedome hie,
The heaueuly firmament,
Did frame as we do ſee.
For certainely &c.

6 Yea he the heauy charge,
Of all the earth did ſtretch,
And on the waters large,
The ſame he did out-reteh.
For certainly, &c.

7 Great lights he made to vs,
For why? his loue for aye:
8 Such as the Sunne we ſee,
To rule the lightſome day.
For certainly, &c.

9 And eke the Moone ſo cleare,
Which ſhineth in our ſight:
And ſtars that do appeare,
To guide the darkſome night.
For certainly, &c.

10 With grieuous plagues and ſore,
All Egypt ſmote he then:
The firſt borne leſſe and more,
He ſlew of beaſts and men.
For certainly, &c.

11 And from amidſt their land,
His Iſrael forth brought:
12 Which he with mighty hand,
And ſtretched arme hath wrought,
For certainly, &c.

13 The ſea he cut in two,
Which ſtood vp like a wall:
14 And made through it to goe,
His choſen children all.
For certainly, &c.

15 But there he whelmed then,
The proud king Pharao:
With his huge hoast of men,
And charets eke also:
For certainely, &c.

16 Who led through wilderneſſe,
His people safe and sound:
And for his loue endleſſe,
17 Great kings he brought to ground.
For certainely, &c.

18 And slew with puiſſant hand,
Kings mighty and of fame,
As of the Amorites Land,
19 Sehon the king by name,
For certainly, &c.

20 And Og the Giant large,
Of Basan king also:
21 Whose land and heritage,
He gaue his people tho.
For certainly, &c.

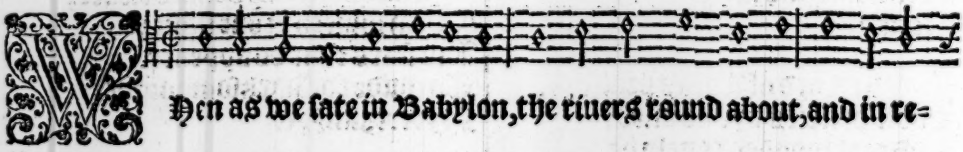
22 Euen vnto Israel,
His seruant deare I say:
He gaue the same to dwell,
And there abide for aye.
For certainly, &c.

23 To mind he did vs call,
In our most base degree,
24 And from oppreſſors all,
In safety set vs free.
For certainly, &c.

25 All flesh in earth abroad,
With food he doth fulfill:
26 Wherefore of heauen the God,
To laude be it your will.
For certainely, &c.

Super flumina Babylonis. Psal. Cxxxvii. W. W.

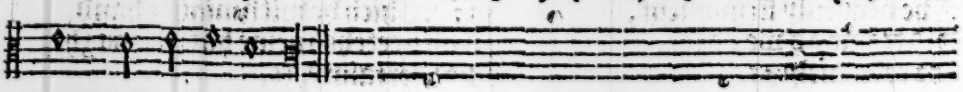
The people of God in their banishment, seeing Gods true Religion decay, lined in great anguish and sorrow of heart: the which griefe the Caldeans did so little pitty, that they rather encreased the same dayly with tants, reproches, and blasphemies against God: wherefore the Israelites desired God to punish the Edomites, who prouoked the Babylonians against them and (moued by the spirit of God) prophesie the destruction of Babylon, where they were vsed so tyrannously.



When as we sate in Babylon, the riuers round about, and in re-

membrance of Sion, the teares for griefe burst out, 2. We hangd our harps

and instruments, the willow trees vpon, for in that place men for their vse



had planted many one.

3 Then they to whom we we prisoners were, said to vs tauntingly:
now let vs heare your Hebrew songs, and pleasant melody.
4 Alas said we, who can once frame, his sorrowfull heart to sing
the praises of our louing God, thus vnder a strange king.

5 But

5 But yet if I Jerusalem, out of my heart let slide,
then let my fingers quite forget, the warbling harpe to guide.
6 And let my tongue within my mouth, be tyed for euer fast,
if that I ioy before I see, thy full deliuerance past.

7 Therefore O Lord remember now, the cursed noise and cry,
that Edoms sonnes against vs made, when they raz'de our City.
8 Remember Lord their cruell words, when as with one accord,
they cried, on, sack and raze their vvals, in despight of the Lord.

9 Euen so shalt thou O Babylon, at length to dust be brought:
and happy shall that man be calde, that our reuenge hath wrought.
10 Yea blessed shall that man be calde, that takes thy children young:
to dash their bones against hard stones, which lie the streets among.

Confitebor tibi. Psal. Cxxxviii. N.

Dauid with great courage praiseth the goodnesse of God toward him, which is so great, that it is knowne to forraine Princes, who shall praise the Lord together with him, and he is assured to haue comfort of God in the time following as he hath had before.

Sing this as the 47. Psalme.

THee will I praise vvith my whole heart, my Lord my God alwaies:
euen in the presence of the Gods, I will aduance thy praise,
Toward thy holy Temple I will looke and vvorship thee,
and praised in my thankfull mouth, thy holy name shall be.

2 Euen for thy louing kindnesse sake, and for thy truth withall:
for thou thy name hast by thy vvord, aduanced ouer all.
3 When I did call thou heardest me, and thou hast made also,
the power of increased strength, within my soule to grow.

4 Yea all the kings on earth they shall, giue praise to thee O Lord:
for they of thy most holy mouth, haue heard the mighty word.
5 They of the vvaies of God the Lord, in singing shall intreate:
because the glory of the Lord, it is exceeding great.

6 The Lord is hie, and yet he doth, behould the lowly spzite:
but he contemning knowes afarre, the proud and lofty wight.
7 Although in midst of trouble I, do vvalke, yet shall I stand,
renewed by thee O my God, thou wilt stretch out thy hand

8 Vpon the vvrath of all my foes, and saued shall I be,
by thy right hand, the Lord God vvill performe his worke to me.
9 Thy mercy Lord endures for aye, Lord do me not forsake:
forsake me not that am the vvorke, vvhich thine owne hand did make.

Domine probasti. Psalme Cxxxix. N.

Dauid to cleanse his hart from all hypocrisie, sheweth that there is nothing so hid, which God seeth not, which hee confirmeth by the creation of man. After declaring his zeale and feare of God, hee protesteth to bee an enemy to all that contemne God.

Sing this as the 137. Psalme.

O Lord thou hast me tride and knowen, my sitting thou dost know:
and rising eke, my thoughts afarre, thou vnderstandst also.

2 My

2 My paths, yea and my lying downe, thou compassest alwaies:
3 And by familiar custome art, acquainted with my waies.

4 No word is in my tongue O Lord, but knowne it is to thee:
5 Thou me behind holdst and before, thou layest thy hand on me.
6 Too wonderfull aboue my reach, Lord is thy cunning skill:
it is so high that I the same, cannot attaine vntill.

7 From sight of thy all-seeing spryte, Lord whyther shall I goe:
or whyther shall I flee away, thy presence to scape fro:
8 To heauen if I mount aloft, loe thou art present there:
in hell if I lie downe below, euen there thou dost appeare.

9 Yea let me take the morning wings, and let me goe and hide,
euen there where are the furthest parts, whyere flowing sea doth slide:
10 Yea euen thither also shall, thy reaching hand me guide,
and thy right hand shall hold me fast, and make me to abide.

11 Yea if I say the darknes shall yet shroud me from thy sight:
loe euen also the darkest night, about me shall be light.
12 Yea darknes hideth not from thee, but night doth shine as day:
to thee the darknes and the light, are both alike alway.

The second part.

13 For thou possessed hast my reines, and thou hast couered me:
when I whithin my mothers whombe, enclosed whas by thee.
14 Thee whil I praise, made fearfully, and whnderously I am:
thy workes are marualious, right well my soule doth know the same.

15 My bones they are not hid from thee, although in secret place
I haue beene made, and in the earth beneath I shaped was.
16 When I was formelesse then thine eye, saw me, for in thy book
were whritten all, nought whas before, that after fashion tooke.

17 The thoughts therefore of thee O God, how deare are they to me:
and of them all how passing great, the endlesse numbers be:
18 If I should count them, loe their summe more then the sand I see:
and whensoeuer I awake, yet am I still with thee.

19 The whicked and the bloudy men, oh that thou whouldest slay:
euen those O God to whom depart, depart from me I say.
20 Euen those of thee O Lord my God, that speake full whickedly,
those that are lifted vp in vaine, being enemies to thee.

21 Hate I not them that hate thee Lord, and that in earnest wise:
contend I not against them all, against thee that arise:
22 I hate them with vnfained hate, euen as my vtter foes:
23 Try me O God and know my heart, my thoughts proue and disclose.

24 Consider Lord if wickednesse, in me there any be:
and in thy whay O God my guide, for euer lead thou me.

Dauid complains of the cruelty, falſhood and iniuries of his enemies: againſt which hee praies to the Lord, and aſſures himſelf of his help and ſuccour. Wherefore he prouokes the iuſt to praiſe him, and to aſſure themſelues of his tuition.

Sing this as the Lamentation.

LOrd ſaue me from the euill man, and from the cruell wight
2 Deliuer me, which euill do imagine in their ſpright.
3 Which make on me continuall war, their tongues ſo haue they whet:
like ſerpents, vnderneath their lips is adders poiſon ſet.

4 Keep me, O Lord, from wicked hands: preſerue me to abide
free from the cruell man that means to cauſe my ſteps to ſlide.
5 The proud haue laid a ſnare for me, and they haue ſpread a net
with cords in my path-way, and gins for me eke haue they ſet.

6 Therefore I ſaid vnto the Lord, Thou art my God alone:
hear me, O Lord, O hear the voice wherewith I pray and mone.
7 O Lord my God, thou onely art the ſtrength that ſaueth me:
my head in day of battell hath been couered ſtill by thee.

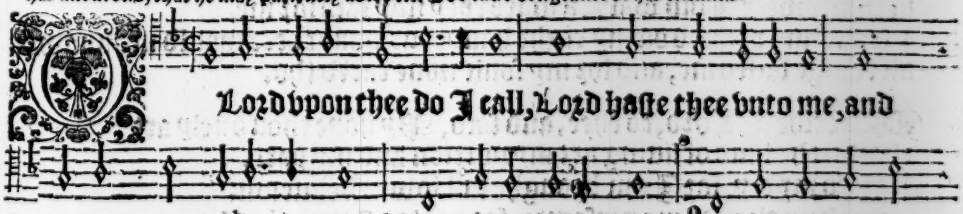
8 Let not, O Lord, the wicked haue the end of his deſire:
perform not his ill thought, leſt he with pride be ſet on fire.
9 Of them that compaſſe me about, the chiefeſt of them all,
Lord let the miſchief of their lips vpon themſelues befall.

10 Let coals fall on them, let him caſt them in conſuming flame,
and in deep pits, ſo as they may not riſe out of the ſame.
11 For, no back-biter ſhall on earth be ſet in ſtable plight:
and euill to deſtruction ſtill ſhall haunt the cruell wight.

12 I knowe, the Lord th' afflicted will reuenge, and iudge the poor:
13 The iuſt ſhall praiſe thy Name, iuſt ſhall dwell with thee euermore.

Domine probaſti. Pſal. Cxli.

Dauid, being grieuouſly perſecuted vnder Saul, onely flyeth to God to haue ſuccour, deſiring him to bridle his affections, that he may patiently abide till God take vengeance of his enemies.



3 My Lord, for guiding of my mouth, ſet thou a watch before:
and alſo of my mouing lips, O Lord keep thou the dore.
4 That I ſhould wicked workes commit, incline thou not my heart:
with ill men of their delicates, Lord let me eat no part.

5 But let the righteous ſmite me, Lord, for that is good for me:
let him reproue me, and the ſame a pretious oil ſhall be.
Such ſmiting ſhall not breake my head: the time ſhall ſhortly fall,
when I ſhall in their miſery make praiers for them all.

6 Then when in ſtony places down their iudges ſhall be caſt,
then ſhall they hear my words: for then they haue a pleaſant taſte.
7 Our bones about the graues mouth, lo, ſcattered are they found:
as he that heaweth wood, or he that diggeth in the ground.

8 But, O my Lord my God, mine eyes do look vp vnto thee:
in thee is all my truſt, let not my ſoule forſaken be.
9 Which they haue laid to catch me in, Lord keep me from the ſnare,
and from the ſubtile grins of them that wicked workers are.

10 The wicked into their owne nets together let them fall,
while I do by thy help eſcape the danger of them all.

Voce mea ad Dominum. Pſal. Cxlij. N.

Dauid, neither aſtonied with fear, nor carried away with anger, nor forced by deſperation, would kil Saul; but with a quiet minde directed his earneſt praier vnto God, who did preſerue him.

Sing this as the 141 Pſalm.

BEfore the Lord God with my voice I did ſend out my cry:
and with my ſtrained voice vnto the Lord God praied I.
2 My meditation in his ſight to pour I did not ſpare:
and in the preſence of the Lord my trouble did declare.

3 Although perplexed was my ſpirit, my path was knowne to thee:
in way where I did walk, a ſnare they ſlily laid for me.
4 I looked and viewed on my right hand, but none there would me knowe:
all refuge failed me, and for my ſoule none cared tho.

5 Then cride I, Lord, to thee, and ſaid, My hope thou onely art:
thou in the land of liuing art my portion and my part.
6 Hark to my cry, for I am brought full lowe: deliuer me
from them that do me perſecute, for me too ſtrong they be.

7 That I may praiſe thy Name, my ſoule from priſon, Lord, bring out:
when thou art good to me, the iuſt ſhall pleaſe me round about.

Domine exaudi. Pſal. Cxliij. N.

An earneſt praier for remiſſion of ſins; acknowledging, that the enemies did cruelly perſecute him by Gods iuſt iudgement. He deſireth to be reſtored to grace, to be gouerned by his holy ſpirit, that he may ſpend the reſt of his life in the true feare and ſeruice of God.

Sing this as the 141 Pſalm.

LOrd hear my praier, hark the plaint that I do make to thee:
Lord in thy native truth, and in thy iuſtice anſwer me.

2 In iudgement with thy ſeruant Lord, oh enter not at all:
for iuſtified be in thy ſight, not one that liueth ſhall.

3 The enemy hath purſued my ſoule, my life to ground hath throwne,
and laid me in the dark like them, that dead are long agone.
4 Within me in perplexity, was mine accombred ſpirite:
and in me vvas my troubled heart, amazed and affright.

5 Yet I record time paſt, in all, thy vvorkes I meditate,
yea in thy vvorkes I meditate, that thy hands haue create.
6 To thee O Lord my God, loe I, do ſtretch my craning hands:
my ſoule deſireth after thee, as do the thirſtie lands.

7 Heare me with ſpeed, my ſpirit doth faile, hide not thy face me fro:
elſe ſhall I be like them, that downe into the pit do go.
8 Let me thy louing kindneſſe, in the morning heare and know:
for in thee is my truſt, ſhew me, the way that I ſhall goe.

9 For I lift vp my ſoule to thee, O Lord deliuer mee
from all mine enemies for I, haue hidden me with thee.
10 Teach me to do thy vvill for thou, thou art my God I ſay:
let thy good ſpirit into the land of mercy me conuay.

11 For thy names ſake with quickning grace, aliue do thou me make,
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercy ſlay my foes, O Lord deſtroy them all,
that do oppreſſe my ſoule, for I thy ſeruant am and ſhall.

Benedictus Dominus. Pſal. Cxliiii. N.

Dauid prayſeth the Lord with great affection and humility, for his kingdome reſtored, and for his kingdoms obtained, yet calling for helpe and the deſtruction of the wicked, promiſing to acknowledge the ſame with a ſong of prayſes, and declareth wherein the felicity of any people conſiſteth.

Sing this as the 141. Pſalme.

BLeſt be the Lord my ſtrength that doth, inſtruct my hands to fight,
the Lord that doth my fingers frame, to battell by his might.
2 He is my goodnes, fort and tower, deliuerer and ſhield:
in him I truſt, my people he, ſubdues to me to yeeld.

3 O Lord what thing is man, that him thou holdeſt ſo in price?
or ſonne of man that vpon him, thou thinkeſt in this vvise?
4 Man is but like to vanity, ſo paſſe his daies to end,
5 As fleeting ſhade, bow downe O Lord, the heauens and deſcend.

6 The mountaines touch & they ſhall ſmoak, caſt forth thy lightning flame,
and ſcatter them, thy arrowes ſhoote, conſume them with the ſame.
7 Send downe thine hand euen from aboue, O Lord deliuer me:
take me from waters great, from hand, of ſtrangers make me free.

8 Whoſe ſubtile mouth is vanitie, and fondneſſe doth entreat:
and their right hand is right hand, of falſehood and deceit.

9 A new ſong I vvill ſing O God, and ſinging vvill I be,
on Viole and on inſtrument, ten ſtringed vnto thee.

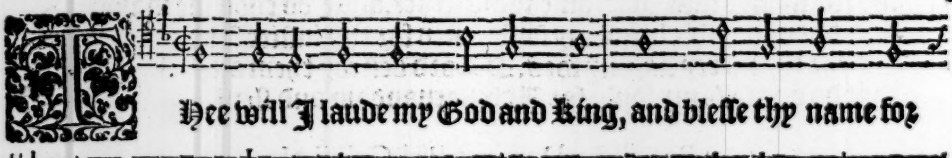
10 Euen he it is that onely giues, deliuerance to kings:
vnto his ſeruant Dauid helpe, from hurtfull ſwoꝛd he bꝛings.
11 From ſtrangers hand me ſaue and ſhield, whoſe mouth ſpeakes vanity,
and theiꝛ right hand is a right hand, of guile and ſubtilty.

12 That our ſonnes may be as the plants, whom gꝛowing earth doth ꝛeare
our daughters as carued coꝛner ſtones, like to a palace faire.
13 Our garners full and plenty may, with ſundꝛy ſoꝛts be found:
our ſheepe bꝛing thouſands in our ſtreets, ten thouſands may abound.

14 Our Oxen be to labour ſtrong, that none doe vs inuade:
there be no going out, no cry within our ſtreets be made.
15 The people bleſſed are that with, ſuch bleſſings are ſo ſtoꝛd:
yea bleſſed all the people are, whoſe God is God the Loꝛd.

Exaltabote Deus. Cxlv. N.

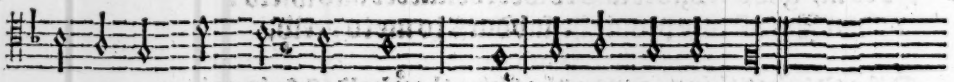
This Pſalme was made when the kingdome of Dauid flouriſhed, wherein he deſcribeth the wonderfull pꝛouidence of God, aſwell in gouerning man, as in pꝛeſeruing the reſt of his Creatures. Hee pꝛaiſeth God foꝛ his iuſtice and mercy, but ſpecially foꝛ his louing kindneſſe toward thoſe that call vpon him, that feare him and loue him.



THee will I laude my God and King, and bleſſe thy name foꝛ

aye: 2. Foꝛ euer will I pꝛaiſe thy name, and bleſſe thee day by day. 3. Great

is the Loꝛd moſt woꝛthy pꝛaiſe, his greatnes none can reach. 4. From



race to race they ſhall thy woꝛkes pꝛaiſe, and thy powꝛ pꝛeach.

5 Of thy gloꝛious Maieſty, the beauty will recoꝛd,
and meditate vpon thy woꝛkes, moſt wonderfull O Loꝛd.
6 And they ſhall of thy powꝛ and of, thy fearefull acts declare:
and I to publiſh all abꝛoad, thy Greatneſſe will not ſpare.

7 And they into the mention ſhall, bꝛeake of thy goodneſſe great,
and I aloud thy ꝛighteouſneſſe, in ſinging ſhall ꝛepeate.
8 The Loꝛd our God is gracious, and mercifull alſo:
of great abounding mercy, and to anger he is ſlow.

9 Yea good to all, and all his worꝛkes his mercy doth exceed:
10 Loe all thy worꝛkes do praiſe thee Lord, and do thy honor ſpread.
11 Thy Saints do bleſſe thee, and they doe, thy kingdomes glory ſhow:
12 And blaze thy power, to cauſe the ſonnes of men thy power to know.

The ſecond part.

13 And of his mighty kingdome eke, to ſpread the glorious praiſe:
thy kingdome Lord a kingdome is, that doth endure alwaies.
And thy dominion through each age, endures without decay:
14 The Lord vpholdeth them that fall, their liding he doth ſtay.

15 The eyes of all doe waite on thee, thou doſt them all relieue:
and thou to each, ſufficing food in ſeaſon due doſt giue.
16 Thou openeſt thy bountious hand, and bountiouſly doſt fill
all things whatſoeuer do liue, vvith gifts of thy good will.

17 The Lord is iuſt in all his waies, his worꝛkes are holy all:
18 Neere all he is that call on him, in truth that on him call
19 He the deſires, vvhich they require, that feare him will fulfill:
and he will heare them vvhen they cry, and ſaue them all he will.

20 The Lord preſerues all thoſe to him, that beare a louing heart:
but he them all that wicked are, will vtterly ſubuert.
21 My thankfull mouth ſhall gladly ſpeake, the praiſes of the Lord:
all fleſh to praiſe his holy name, foꝛ euer ſhall accoꝛd.

Lauda anima mea. Pſal. Cxlvi. I. H.

Dauid ſhewing his great deſire he had to praiſe God, teacheth that none ſhould put their truſt in men, but in God alone, who is almighty, and deliuereth the afflicted, nouriſheth the pooꝛe, ſetteth priſoners at libery, comfoꝛteth the fatherleſſe, and raigneth foꝛ euer.

Sing this as the 137. Pſalme.

My ſoule praiſe thou the Lord alwaies, my God I will confeſſe:
2 vvhile breath and life prolong my daies, my tong no time ſhall ceaſe.
3 Truſt not in vvoꝛldly Princes then, though they abound in wealth:
nor in the ſonnes of moꝛtall men, in vvhom there is no health.

4 Foꝛ vvhy? their breath doth ſoone depart, to earth anon they fall:
and then the counſels of their heart, decay and periſh all.
5 O happy is that man I ſay, vvhom Jacobs God doth aide:
and he vvhoſe hope doth not decay, but on the Lord is ſtaid.

6 vvhich made the earth and waters deepe, the heauens hie withall,
which doth his woꝛd and promiſe keepe, in truth and euer ſhall.
7 vvith right alwaies doth he proceed, foꝛ ſuch as ſuffer wrong:
the pooꝛe and hungry he doth feed, and looſe the fetters ſtrong.

8 The Lord doth ſend the blinds their ſight, the lame to limbs reſtoꝛe:
the Lord I ſay doth loue the right, and iuſt man euermoꝛe.
9 He doth defend the fatherleſſe, and ſtrangers ſad in heart,
and quite the widow from diſtreſſe, and ill mens waies ſubuert.

10 Thy Lord and God eternally, O Sion ſtill ſhall raigne:
in time of all poſterity, for euer to remaine.

Laudate Dominum. Pſalme Cxlvii.

The Prophet praiſeth the bounty, wiſedome, power, iuſtice and prouidence of God vpon all his Creatures, eſpecially vpon his Church, which hee gathered together after their diſperſion, declaring his word and iudgement ſo vnto them, as he hath done to no other people.

Sing this as the 137. Pſalme.

PRaiſe ye the Lord for it is good, vnto our God to ſing:
for it is pleaſant, and to praiſe, it is a comely thing.
2 The Lord his owne Ieruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he binde:
4 He counts the number of the ſtars, and names them in their kinde.
5 Great is the Lord, great is his power, his vviſedome infinite:
6 The Lord releiues the meeke, and throwes to ground the wicked wight.

7 Sing vnto God the Lord with praiſe, vnto the Lord reioyce:
and to our God vpon the Harpe aduance your ſinging voyce.
8 He couers heauen with clouds, and for the earth prepareth raine:
and on the mountaines he doth make, the graſſe to grow againe.

9 He giues to beaſts their food, and to young Rauens vvhen they cry:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lye.
11 But in all thoſe that feare the Lord, the Lord hath his delight,
and ſuch as do attend vpon, his mercyes ſhining light.

The ſecond part.

12 O praiſe the Lord Ieruſalem, thy God O Sion praiſe:
13 For he the bars hath forged ſtrong, vvhere-with thy gates he ſtaies.
14 Thy children he hath bleſt in thee, and in thy borders he
doth ſettle peace, and vvith the flower of vvheat he filleth thee.

15 And his commaundement vpon the earth he ſendeth out:
and eke his vvord vvith ſpeedy courſe, doth ſwiftly run about.
16 He giueth ſnow like vvooll, hore froſt, like aſhes doth he ſpread:
17 Like morſels caſts his yce thereof, the cold vvho can abide?

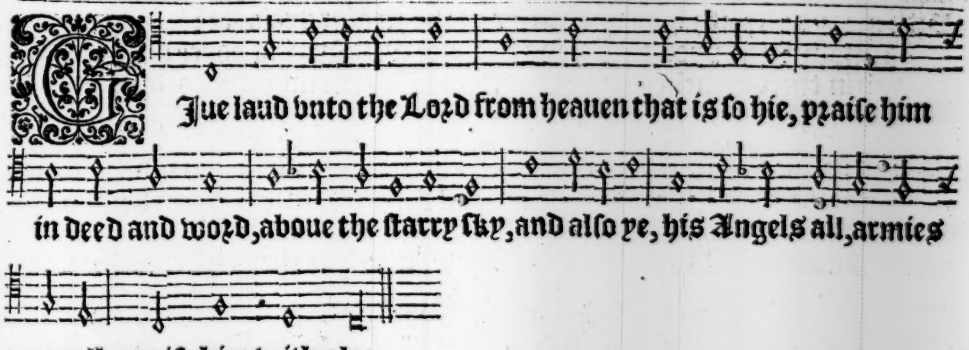
18 He ſendeth forth his mighty vvord, and melteth them againe:
his vvind he makes to blow, and then, the vvaters flow amaine.
19 The doctrine of his holy vvord, to Iacob doth he ſhow:
his ſtatutes and his iudgements he, giues Iſrael to know.

20 With euery nation hath he not ſo dealt, nor they haue knowne,
his ſecret iudgements, ye therefore, praiſe ye the Lord alone.

Laudate Dominum. Pſal. Cxlviii.

He exhorteth all Creatures to praiſe the Lord, in heauen, and in all places, eſpecially for the power that he hath giuen to his people Iſrael, whom he hath taken ſo neere vnto him.

Giue



Giue laud vnto the Lord from heauen that is so hie, praise him in deed and word, aboue the starry sky, and also ye, his Angels all, armies royall, praise him with glee.

3 Praise him both Moone and Sun,
Which are so cleare and bright:
The same of you be done,
Ye glistring Stars of light.
4 And eke no lesse,
Ye heauens faire,
5 And clouds of the ayre,
His laud expresse.
6 For at his word they were,
All formed as we see.
At his voyce did appeare,
All things in their degree,
Which he set fast,
To them he made a law and trade,
For aye to last.
7 Extoll and praise Gods name,
On earth ye Dragons fell:
All deepes do ye the same,
For it becommeth you well.
8 Him magnifie, fire haile, yce, snow,
And stormes that blow, at his decree.
9 The hils and mountaines all,
And trees that fruitfull are:
The Cedars great and tall,
His worthy praise declare.
10 Beasts and Cattell,
Yea birds flying,
And wormes creeping,
That on earth dwell.
11 All Kings both more and lesse,
With all their pompous traine:
Princes and all Judges,
That in the world remaine,
Exalt his name:
12 Young men and maids,
Old men and babes doe ye the same.
13 For his name shall we prone
To be most excellent:
Whose praise is farre aboue
The earth and firmament.
14 For sure he shall
Exalt with blisse, the horne of his,
And help them all.
His Saints all shall forth tell,
His praise and worthinesse:
The children of Israel,
Each one both more and lesse:
15 And also they,
That with good will,
His words fulfill, and them obey:

Cantate Domino. Psal. Cxlix. N.

An exhortation to the Church to praise the Lord for his victory and conquest that hee giueth to Saints against all mens power.

Sing this as the 145. Pſalme.

SIng ye vnto the Lord our God, a new reioycing song:
and let the praise of him be heard, his holy Saints among.
2 Let Israel reioyce in him, that made him of nothing:
and let the seede of Sion eke, be ioyfull in their King.
3 Let them sound praise with voyce of flute, vnto his holy name,
and with the timbrell and the Harpe, sing praises of the same.
4 For why? the Lord his pleasure all, hath in his people set,
and by deliuerance he will raise, the meeke to glory great.

With glory and with honour now let all the Saints reioyce:
and now aloud vpon their beds aduance their singing voyce:
6 And in their mouthes let be the acts of God the mighty Lord,
and in their hands eke let them beare, a double edged sword,

7 To plague the heathen and correct, the people with their hands,
8 To binde their stately kings in chaines, their Lords in yron bands.
9 To execute on them the doome, that written is before:
this honour all his Saints shall haue, praise ye the Lord therefore.

Laudare Dominum. Pſalme Cl. N.

An exhortation to praise the Lord without ceasing by all manner of wayes, for all his mighty and wonderfull workes.

Sing this as the 137. Pſalme.

YEld vnto God the mighty Lord, praise in his sanctuarie:
and praise him in the firmament, that shewes his power on hie.
2 Aduance his name and praise him in, his mighty acts alwaies:
according to his excellency, of greatnes giue him praise.

3 His praises with a princely noyse, of sounding trumpets blow:
Praise him vpon the Viole, and vpon the Harpe also.
4 Praise him with Timbrel and with Flute, Organs and Virginals:
5 With sounding cymbals praise ye him, praise him with loud cymbals.
6 What euer hath the benefit, of breathing praise the Lord:
to praise the name of God the Lord, agree with one accord.

The end of the psalmes of Dauid in metre.

An exhortation to the praise of God, to be sung before
Morning prayer. T. B.
Sing this as the 100. Pſalme.

PRaise ye the Lord ye Gentiles all, which hath brought you into his light:
O praise him all people mortall, as it is most worthy and right.
For he is full determined, on vs to poure out his mercy.
And the Lords truth be ye assured, abideth perpetually.
Glory be to God the Father, and to Jesus Christ his true Sonne:
with the holy Ghost in like manner, now and at euery season.

An exhortation to be sung before euening prayer.
by T. B.

Sing this as the 100. Pſalme.

BEhould now giue heed such as be,
The Lords seruants faithfull and true.
Come praise the Lord euery degree, with such songs as to him are due.
O yee that stand in the Lords house, euen in our owne Gods mansion,
Praise ye the Lord so bountious, which vouchsafeth our saluation.
2 Lift vp your hands in his holy place, yea and that in time of night:
Praise ye the Lord which giueth all grace, for he is a Lord of great might.
Then shal the Lord out of Sion, which made heauen & earth by his power,
Giue to you and to your nation, his blessing, mercy and fauour.
Glory to God the Father, &c.

The ten Commandements of almighty God. Exod. xx. W. W.

Attend

Tend my people and giue eare, of ferly things I will thee tell, See that my wordes in minde thou beare, and to my precepts listen well.

1 I am thy Soueraigne Lord and God,
Which haue thee brought from carefull thrall:
And eke reclaimd from Pharaohs rod,
Make thee no Gods on them to call.

2 Nor fashioned forme of any thing,
In heauen or earth to worship it:
For I thy God by reuenging,
With grieuous plagues this sinne will smite.

3 Take not in vaine his holy name,
Abuse it not after thy will:
For so thou might'st soone purchase blame,
And in his wrath he would thee spill.

4 The Lord from worke the seauenth day ceast,
And brought all things to perfect end:
So thou and thine that day take rest,
That to Gods hests ye may attend.

5 Unto thy Parents honour giue,
As Gods commandements do pretend:
That thou long dayes and good maist liue,
In earth where God a place doth lend.

6 Beware of murther and cruell hate,
7 All filthy fornication feare:
8 See thou steale not in any rate,
9 False witnesse against no man beare.

10 Thy neighbours house with not to haue,
His wife or ought that he calth mine:
His field, his oxe, his asse, his slaue,
Or any thing which is not thine.

A Prayer.

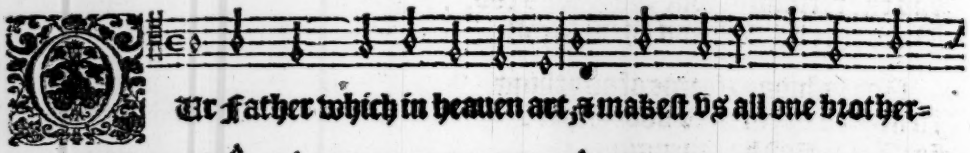
The spirit of grace grant vs O Lord,
To keepe these lawes our hearts restore:
And cause vs all with one accord,
To magnifie thy name therefore.

For of our selues no strength we haue,
To keepe these lawes after thy will:
Thy might therefore O Christ vve craue,
That vve in thee may them fulfill.

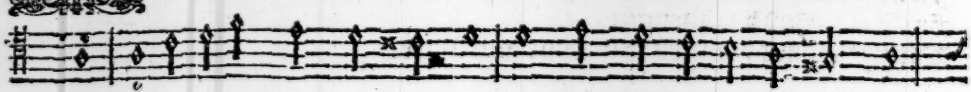
Lord for thy Name sake, grant vs this,
Thou art our strength O Sauiour Christ:
Of thee to speed how should vve misse:
In whom our treasure doth consist.

To thee for euermore be praise,
With the Father in each respect:
And vvith the holy spirit alwaies,
The comforter of thine elect.

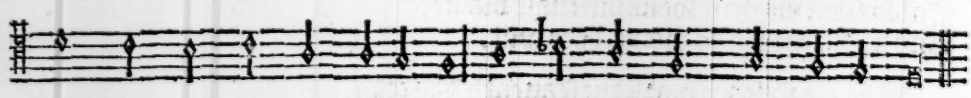
The Lords Prayer.



OUr Father which in heauen art, & makest vs all one brother-



hood, to call vpon thee with one hart, our heauenly father and our God,



grant we pray not with lips alone, but with our harts deep sigh & grone.

Thy blessed name be sanctified,
Thy holy word might vs inflame
In holy life for to abide,
To magnifie thy holy name.
From all errors defend and keepe,
The little flocke of thy poore sheepe.

Thy kingdome come euen at this houre,
And henceforth euerlastingly:
Thine holy Ghost into vs poure,
With all his gifts most plentiously.
From Sathans rage and filthy band,
Defend vs with thy mighty hand.

Thy will be done with diligence,
Like as in heauen, in earth also.
In trouble grant vs patience,
Thee to obey in wealth and woe:
Let not flesh, blood, or any ill,
Preuaile against thy holy will.

Giue

Giue vs this day our daly bread,
And all other good gifts of thine:
Keepe vs from war & from bloudshed,
Also from sickneſſe, dearth and pine:
That we may liue in quietneſſe,
Without all greedy carefulneſſe.

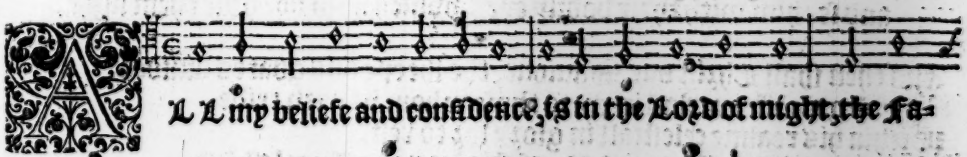
Forgiue vs our offences all,
Releue our carefull conſcience:
As we forgiue both great and ſmall,
Which vnto vs haue done offence.
Prepare vs Lord for to ſerue thee,
In perfect loue and vnity.

O Lord into temptation
Lead vs not when the fiend doth rage,
To withſtand his inuaſion,
Giue power and ſtrength to euery age.
Arme & make ſtrong thy feeble hoaſt
With faith and with the holy Ghoſt.

O Lord from euill deliuer vs:
The dayes and times are dangerous:
From euerlaſting death ſaue vs,
And in our laſt need comfort vs.
A bleſſed end to vs bequeath,
Into thy hands our ſoules receiue.

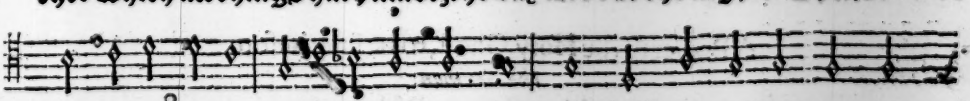
For thou O Lord art King of kings,
And thou haſt power ouer all:
Thy glory ſhineth in all things,
In the wide world vniuerſall.
Amen let it be done O Lord,
That we haue praide with one accord.

The xii. Articles of the Chriſtian Faith.

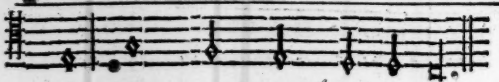


ALL my beliefe and confidence, is in the Lord of might, the Fa-

ther which all things hath made, the day and eke the night. The heauens,



and the firmament, and alſo many a ſtarre, the earth and all that is there-



in, which passe mans reason far.

And in like manner I beleeue, in Christ our Lord his Sonne,
coequall with the deitie, and man in flesh and bone.
Conceiued by the Holy Ghost, his word doth me assure,
and of his mother Mary borne, yet she a Virgin pure.

Because mankinde to Sathan was, for sinne in bond and thrall,
he came and offered vp himselfe, to death to saue vs all.
And suffering most grieuous paine, then Pilate being iudge,
was crucified on the crosse, and thereat did not grudge.

And so he died in the flesh, but quickned in the spright:
his body then was buried, as is our vse and right.
His spirit did after this descend, into the lower parts,
to them that long in darknes were, the true light of their harts.

And in the third day of his death, he rose to life againe,
to the end he might be glorified out of all griefe and paine,
Ascending to the heauens hie to sit in glorie still:
on Gods right hand his father deare, according to his will.

Vntill the day of iudgement come, when he shall come againe,
with Angels power (yet of that day we all be vncertain)
To iudge all people righteously, whom he hath dearely bought,
the liuing and the dead also, which he hath made of nought.

And in the holy Spirit of God, my faith to satisfie:
the third person in Trinitie, beleeue I stedfastly.
The holy and catholick Church, that Gods word doth maintaine:
and holy Scripture doth allow, which Sathan doth disdaine.

And also I doe trust to haue, by Jesus Christ his death,
release and pardon of my sinnes, and that onely by faith.
What time all flesh shall rise againe, before the Lord of might,
and see him with their bodily eyes, which now doe giue them light.

And then shall Christ our Sauiour, the sheepe and goates diuide:
and giue life euerlastingly to those whom he hath tride,
Within his realme celestiall in glory for to rest,
with all the holy company, of Saints and Angels blest,

Which serue the Lord omnipotent, obediently each houre:
to whome be all dominion, and praise for euermore.

A Prayer to the Holy Ghost, to be sung before *the Sermon.*

Sing this as the 119. Psalme.

Come

COme holy ſpirit the God of might, comforter of vs all:
Teach vs to know thy vvord aright, that wee do neuer fall.
O holy Ghoſt viſit our coaſt, defend vs vvith thy ſhield:
Againſt all ſinne and wickednesſe, Lord help vs win the field.

Lord keepe our King and his Councell, and giue them will and might
To perſeuere in thy Goſpell, which can put ſinne to flight.
O Lord that giueſt thy holy word, ſend preachers plentiouſly:
That in the ſame we may accord, and therein liue and die.

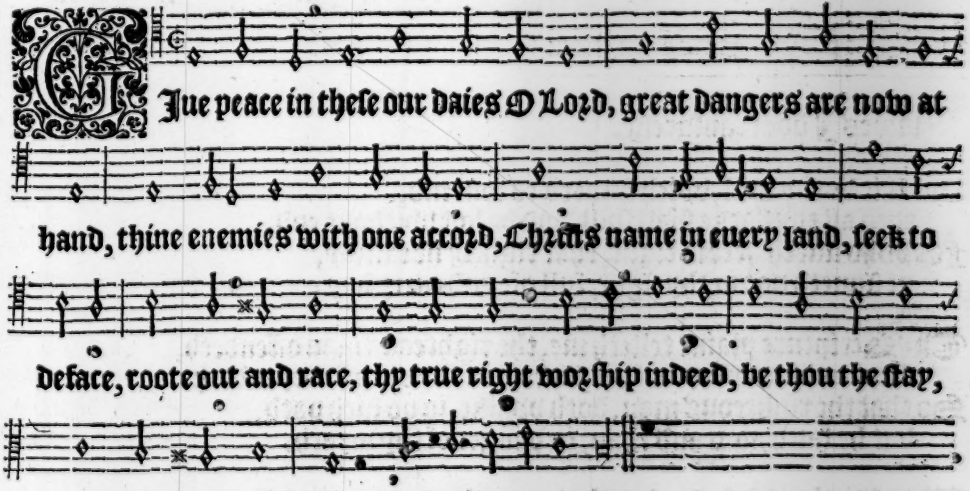
O holy ſpirit direct aright, the Preachers of thy word:
That thou by them maiſt cut downe ſinne, as it were vvith a ſword.
Depart not from thoſe Paſtors pure, but aide them at all need:
Which breake to vs the bread of life, whereon our ſoules do feed.

O bleſſed ſpirit of truth keepe vs, in peace and vnity:
Keepe vs from ſects and errors all, and from all papiſtrie.
Conuert all thoſe that are our foes, and bring them to thy light,
That they and we may all agree, and praiſe thee day and night.

O Lord increaſe our faith in vs, and loue ſo to abound,
That man and wife be void of ſtrife, and neighbours about vs round.
In our time giue thy peace O Lord, to nations farr and nie:
And teach them all thy holy word, that we may ſing to thee,

All glorie to the Trinity, that is of mighties moſt,
The liuing Father and the Sonne, and eke the holy Ghoſt:
As it hath beene in all the time, that hath been heretofore,
As it is now and ſo ſhall be, henceforth for euermore.

Da pacem Domine.



Giue vs that peace which we doe lacke,
Through miſbeleefe and ill life:

Thy

Thy word to offer thou dost not slacke,
which we unkindly gaine-striue:
with fire and sword, this healthfull word,
Some persecute and oppresse,
Some with the mouth confesse the truth,
Without sincere godlinesse.

Giue peace, and vs thy spirit downe send,
with griefe and repentance true
To pierce our hearts our liues to amend,
And by faith Christ renue.
That feare and dread, warre and bloudshed,
Through thy sweet mercy and grace,
May from vs slide, the truth may bide,
And shine in euery place.

The Complaint of a Sinner, who craueth of Christ to be kept vnder his mercy.

Where righteousnes doth say, Lord for my sinfull part, in wrath

thou shouldest me pay, vengeance for my desert, I can it not deny, but needs

I must confesse, how that continually thy lawes I doe transgresse, thy

lawes I doe transgresse.

But if it be thy will, with sinners to contend,
then all thy flocke shall spill, and be lost without end.
For who liueth here so right, that rightly he can say,
he sinneth not in thy sight, full oft and euery day:

The Scripture plain telleth me, the righteous man offendeth,
seauen times a day to thee, whereon thy wrath dependeth.
So that the righteous man, doth walke, in no such path,
but he falth now and than, in danger of thy wrath.

Then sith the case so stands, that euen the man right while
falth oft in sinfull bands, whereby thy wrath may rise:
Lord I that am vniust, and righteousnesse none haue:
whereto then shall I trust, my sinfull soule to saue?

But

But truly to that post, vvhereto I cleaue and shall,
vvhich is thy mercy most, Lord let thy mercy fall.
And mitigate thy moode, or else vve perish all:
the price of this thy blood, wherein merry I call.

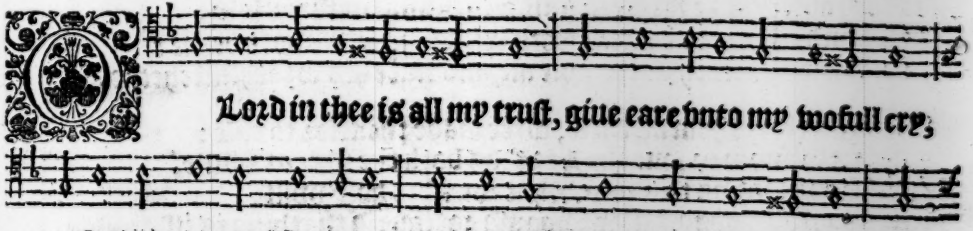
The Scripture doth declare, no drop of blood in thee:
but that thou didst not spare, to shed each drop for me:
Now let those drops most sweet, so moist my heart so dry,
that I with sinne repleat, may liue and sinne may dye.

That being mortified, this sinne of mine in me,
I may be sanctified, by grace of thine in thee.
So that I neuer fall, into such mortall sinne,
that my foes infernall, rejoyce my death therein.

But vouchsafe me to keepe, from those infernall foes,
and from that lake so deepe, whereas no mercy growes.
And I shall sing the songs, confirmed vvith the iust,
that vnto thee belongs, which art mine onely trust.

The Lamentation.

Through perfect repentance, the sinner hath a sure trust in God, that his sinnes shall bee washed away in Christs blood.



No, no, not so thy will is bent to deale with sinners in thine ire:
But when in hart they shall repent, thou grantst with speed their iust desire.
To thee therefore still shall I cry, to wash away my sinfull crime:
Thy blood O Lord is not yet dry, but that it may help me in time.

Hast thee O Lord, hast thee I say, to poure on me the gifts of grace,
That when this life must fade away, in heauen with thee I may haue place.
Where thou dost raigne eternally, with God which once did downe thee send,
Where Angels sing continually, to thee be praise world without end.

A Thankſgiuing after the receiuing of the Lords Supper.

Sing this as the 137. Pſalme.

THe Lord be thanked for his gifts, and mercies euermore,
that he doth ſhew vnto his Saints, to him be laud therefore.
Our tongues cannot ſo praiſe the Lord, as he doth right deſerue:
our hearts cannot of him ſo thinke, as he doth vs preſerue.

His benefits they be ſo great, to vs that be but ſinne:
that at our hands for recompence, there is no hope to winne.
O ſinfull fleſh that thou ſhouldſt haue, ſuch mercies of the Lord:
thou doſt deſerue moſt worthily, of him to be abhord.

Nought elſe but ſinne and wretchednes, doth reſt within our hearts:
and ſtubbornly againſt the Lord, we daily play our parts.
The Sunne aboue the firmament, that is to vs a light,
doth ſhew it ſelfe more cleare and pure, then we be in his ſight.

The heauens aboue and all therein, more holy are then we:
they ſerue the Lord in their eſtate, each one in his degree.
They doe not ſtriue for maſterſhip, nor ſlack their office ſet:
but feare the Lord and do his will, hate is to them no let.

Alſo the earth and all therein, of God it is in awe:
it doth obſerue the formers will, and ſkilfull natures law.
The ſea and all that is therein, doth bend when God doth becke:
the ſpirits beneath do tremble all, and feare his wrathfull checke.

But we alas for whom all theſe, were made them for to rule:
do not ſo know or loue the Lord, as doth the Oxe or Mule.
A law he gaue for vs to know, what was his holy vvill:
he vvould vs good, but we vvould not, auoid the thing is ill.

Not one of vs that ſeeketh out, the Lord of life to pleaſe,
nor do the thing that might vs ioyne, to Chriſt in quiet eaſe.
Thus are we all his enemies, we can it not deny:
and he againe of his good vvill, would not that we ſhould die.

Therefore vvhen remedie vvas none, to bring vs vnto life,
the Sonne of God our fleſh he tooke to end our mortall ſtrife.
And all the law of God the Lord, he did it full obey:
and for our ſinnes vpon the Croſſe, his blood our debts did pay.

And that vve ſhould not yet forget, vvhat good he to vs wrought,
a ſigne he left our eyes to tell, that he our bodies bought.
In bread and vvine here viſible, vnto thine eyes and taſte,
his mercies great thou mayeſt retord, if that his ſpirit thou haſt.

As once the corne did liue and grow, and vvas cut downe with ſythe:
and threſhed out vvith many ſtripes, out from his huſke to driue:
And as the mill vvith violence, did teare it out ſo ſmall,
and made it like to earthly duſt, not ſparing it at all.

And

And as the Quen with fire hot, did close it vp in heate:
and all this done that I haue said, that it should be our meate.
So was the Lord in his ripe age, cut downe by cruell death,
his soule he gaue in torments great, and yeelded vp his breath.

Because that he to vs might be, an euerlasting bread:
with much reproach and troubles great, on earth his life he led.
And as the Grapes in pleasant time, are prested very sore:
and plucked downe when they be ripe, and let to grow no more,

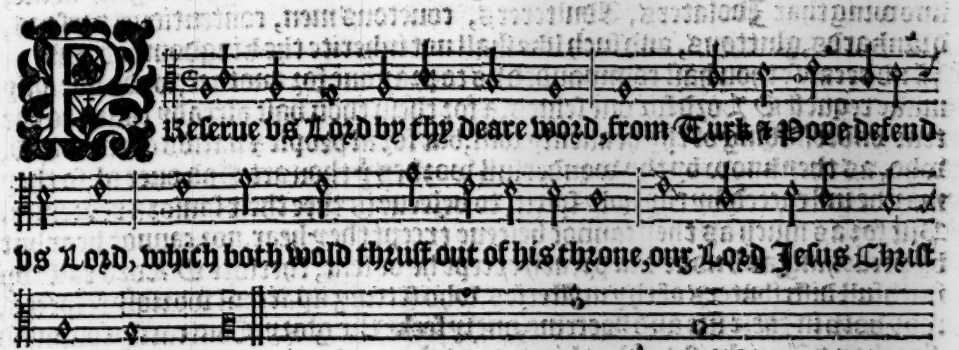
Because the iuyce that in them is, as comfortable drinke,
we might receiue and ioyfull be, when sorrowes make vs shrinke:
So Christ his bloud out prested was, with naile and eke with speare:
the iuyce whereof doth saue all those, that rightly doe him feare.

And as the cornes by vnity, into one loafe are knit:
so is the Lord and his whole Church, though he in heauen sit.
As many Grapes make but one wine, so should we be but one
in faith and loue in Christ aboue, and vnto Christ alone.

Leading a life without all strife, in quiet, rest and peace:
from enuy and from malice both, our hearts and tongues to cease.
Which if we do, then shall we shew, that we his chosen be:
by faith in him to lead a life, as alway willed hee.

And that we may so do indeed, God send vs of his grace:
then after death we shall be sure, with him to haue a place.

R. W.



Lord Jesus Christ shew forth thy might, that thou art Lord of Lords by
thy poore afflicted flock defend, y we may praise thee without end. (tight:
God Holy Ghost our comforter, be our patrone, helpe and succour:
giue vs one mind and perfect peace, all gifts of grace in vs increase.
Thou liuing God in persons three, thy name be praised in vnity,
in all our need to vs defend, that we may praise thee world without end.

A forme of Prayer to be vsed in priuate houses euery *Morning and Euening.*

Morning Prayer.

ALL mighty God and most mercifull Father, we do not present our selues heere before thy Maiesty, trusting in our owne merits or worthinesse, but in thy manifold mercies, which hast promised to heare our prayers and grant our requests which we shall make to thee, in the name of thy beloued Sonne Iesus Christ our Lord, who also hath commanded vs to assemble our selues together in his name, with full assurance that hee will not onely be amongst vs, but also be our mediator and aduocate towards thy maiesty, that we may obtaine all things which shall seeme expedient to thy blessed will, for our necessities. Therefore we beseech thee sweet Father, to turne thy louing countenance towards vs, & impute not to vs our manifould sins & offences, wherby we iustly deserue thy wrath & sharpe punishment, but rather receiue vs to thy mercy for Iesus Christs sake, accepting his death and passion as a iust recompence for all our offences, in whome thou art well pleased, and through whome thou canst not be offended with vs. And seeing that of thy great mercies wee haue quietly passed this night, graunt O heauenly Father, that we may bestow this day wholy in thy seruice, so that all our thoughts, words and deeds may redound to the glory of thy name, and good example to all men, who seeing our good workes, may glorifie thee our heauenly father: and for as much as of thy meere fauour and loue, thou hast not onely created vs to thy owne similitude & likenesse, but also hast chosen vs to be heires with thy deare son Iesus Christ, of that immortall kingdō which thou preparedst for vs, from the beginning of the world: we beseech thee to encrease our faith & knowledge, and to lighten our hearts with thy holy spirit, that we may in the meane time liue in godly conuersation and integrity of life, knowing that Idolaters, Adulterers, couetous men, contentious persons, drunkards, gluttons, and such like shall not inherite the kingdome of God.

And because thou hast commanded vs to pray one for another, we do not only make request O Lord for our selues, & for them thou hast already called to the true vnderstāding of thy heauenly will, but for al people & natiōs of the world, who, as they know by thy wonderfull workes ỹ thou art God ouer al, so they may be instructed by thy holy spirit, to beleeue in thee their sauior & redeemer. But for as much as they cannot beleeue except they hear, nor cannot hear but by preaching, and none can preach except he be sent, therfore O Lord raise vp faithfull distributers of thy mysteries, who setting apart all worldly respects, may both in their life and doctrine, onely seeke thy glory. Contrarily confound Sathan & Antichrist, with al hirelings, whome thou hast already cast off into a reprobate sence, that they may not by sects, schismes, heresies, & errors, disquiet thy little flocke. And because O Lord we be fallen into the latter daies & dangerous times wherein ignorance hath gotten the vpper hand, & Sathan by his ministers seeketh by al meanes to quench the light of thy gospel: we beseech thee to maintaine thy cause against those rauening Wolues, & strengthen all thy seruants whom they keep in prison & bondage: let not thy long suffering be an occasion, either to increase their tyranny, or discourage thy children, neither yet let our sinnes and wickednesse bee an hinderance to thy mercies, but with

speed

speede (O Lord) consider these great miseries: For thy people Israel many times by their sins prouoked thine anger, and thou punishedst them by thy iust iudgement: yet though their sins were neuer so grieuous, if they once returned from their iniquity, thou receiuedst them to mercy. We therfore most wretched sinners bewaile our manifould sins, and earnestly repent vs of our former wickednes, and vngodly behauiour towards thee: and whereas we cannot of our selues purchase pardon, yet we humbly beseech thee for Iesus Christs sake, to shew thy mercies vpon vs, & receiue vs againe to thy fauour. Grant vs deare Father these our requests, and al other things necessary for vs, and thy whole Church, according to thy promise in Iesus Christ our Lord. In whose name we beseech thee, as he hath taught vs, saying. Our Father which art in, &c.

Euening Prayer.

O Lord God Father euerlasting and full of pitty, we acknowledge and confesse that we be not worthy to lift vp our eyes to heauen, much lesse to present our selues before thy Maiesty, with confidence that thou wilt heare our prayers, & graunt our requests, if we consider our own deseruings, for our consciences do accuse vs, and our sins do witnes against vs, & we know that thou art an vpright iudge, which dost not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy commandements: Yet most mercifull Father, since it hath pleased thee to command us to call on thee in al our troubles & aduersities, promising euen then to helpe vs, when we feele our selues (as it were) swallowed vp of death & desperation, we vtterly renounce all worldly confidence and flie to thy soueraigne bounty, as our onely stay and refuge: beseeching thee not to call to remembrance our manifold sins and wickednes, whereby we continually prouoke thy wrath and indignation against vs: neither our negligence & vnkindnesse, which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweete comfort of thy Gospel reuealed vnto vs: but rather to accept the obedience & death of thy Son Iesus Christ, who by offering vp his body in sacrifice once for al, hath made a sufficient recompence for all our sinnes. Haue mercy therfore vpon vs (O Lord) and forgiue vs our offences. Teach vs by thy holy spirit, that we may rightly weigh them & earnestly repent for the same. And so much the rather (O Lord) because that the reprobate and such as thou hast forsaken cannot praise thee, nor call vpon thy name, but the repenting heart, the sorrowfull mind, the conscience oppressed, hungring and thirsting for thy grace, shall euer set forth thy prayse and glory. And albeit we be but wormes and dust, yet thou art our Father, and we thy children, thou art our shepheard, & we thy flocke, thou art our Redeemer, & wee thy people whome thou hast bought, thou art our God, and we thine inheritance: Correct vs not therefore in thine anger (O Lord) neither according to our deserts punish vs, but mercifully chastise vs with a fatherly correction, that all the world may know that at what time soeuer a sinner doth repent him of his sinnes from the bottom of his heart, thou wilt put away his wickednesse out of thy remembrance, as thou hast promised by thy holy Prophet.

Finally, forasmuch as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauell in, graunt deare father that wee may so take our bodily rest, that our soules may continually watch for ỹ time that our Lord Iesus Christ shal appeare for our deliuerãce out of this mortal

like, and in the meane season that we not ouercome by any fantasies, dreames, or other temptations, may fully set our minds vpon thee, loue thee, feare thee, and rest in thee. Furthermore, that our sleepe be not excessiue or ouermuch, after the insatiable desires of the flesh, but onely sufficient to content our weake nature, that we may be the better disposed to liue in all godly conuersation, to the glory of thy name, and profit of our brethren. So be it

A godly prayer to be said at all times.

HOnor and praise be giuen to thee, O Lord God Almighty, most deare Father of heauen, for all thy mercies and louing kindnes shewed vnto vs, in that it hath pleased thy gratious goodnes, freely & of thine own accord, to elect and chuse vs to saluation, before the beginning of the world, & euen like continual thãkes be giuen to thee for creating vs after thine own Image, for redeeming vs with the precious blood of thy deare son, when we were vtterly lost, for sanctifying vs with thy holy spirit in the reuelation and knowledge of thy holy word, for helping & succouring vs in all our needs & necessities, for sauing vs from all dangers of body & soule, for comforting vs so fatherly in all our tribulations & persecutions, for sparing vs so long & giuing vs so large a time of repentãce. These benefits (O most mercifull father) like as we acknowledge to haue receiued them of thy only goodnes, euen so we beseech thee for thy dear son Jesus Christs sake, to graunt vs alwais thy holy spirit, that we may cõtinually grow in thankfulnes towards thee, to be led in all truth & comforted in all our aduersities. O Lord strengthen our faith, kindle it more in feruentnes and loue towards thee & our neighbours for thy sake: Suffer vs not (most deare Father) to receiue thy word any more in vaine, but grant vs alwaies the assistance of thy grace & holy spirit, that in heart, word, and deed, we may sanctifie and do worship to thy name: Helpe to amplifie and increase thy kingdom, and whatsoeuer thou sendest we may bee heartily well content with thy good pleasure & will: Let vs not lacke the thing O Father, without the which wee cannot serue thee, but blesse thou so all the workes of our hands, that wee may haue sufficient, and not be chargeable, but rather helpefull to others.

Be mercifull (O Lord) to our offences, and seeing our debt is great, which thou hast forgiuen vs in Jesus Christ, make vs to loue thee & our neighbours so much the more. Be thou our father, our captaine and defender in all temptations, hold thou vs by thy mercifull hand, that we may be deliuered from all inconueniences, and end our liues in the sanctifying and honour of thy holie name, through Jesus Christ our Lord and onely Sauiour, So be it.

Let thy mighty hand & outstretched arme (O Lord) be still our defence, thy mercy & loning kindnes in Jesu Christ thy deare Son our saluation, thy true & holy word our instruction, thy grace and holy spirit our comfort and consolation, vnto the end, and in the end. So be it. O Lord increase our faith, &c.

A confession for all estates and times.

O Eternall God and most mercifull father, we confesse & acknowledg here before thy diuine maiesty, that we are miserable sinners, conceiued & borne in sin and iniquity, so that in vs there is no goodnes. For the flesh euermore rebelleth against the spirit, whereby we continually transgres thy holy precepts, & commãdements, & so purchase to our selues through thy iust iudgment, death and damnation. Notwithstanding (O heauenly Father) for asmuch as we are displea-

displeased with our selues for the sins that wee haue committed against thee, & do vnfainedly repent vs of the same: we most humbly beseech thee for Jesus Christs sake, to shew thy mercy vpon vs, to forgiue vs all our sins, & increase thy holy spirit in vs, that we acknowledging from the bottom of our harts our own vnrighteousnesse, may from henceforth not onely mortifie our sinful lusts and affections, but also bring forth such fruits as may be agreeable to thy most blessed will: not for the worthines t[h]ereof, but for the merits of thy dearly beloued Son Jesus Christ our onely Sauiour, who thou hast already giuen an oblation and offering for our sins, & for whose sake, we are certainely perswaded, that thou wilt deny vs nothing that we aske in his name, according to thy wil. For thy spirit doth assure our cōsciences, that thou art our merciful father and so louest vs thy children through him, that nothing is able to remoue thy heauenly grace and fauour from vs. To thee therefore (O Father) with thy Son and the holy Ghost, be all honor and glory world without end, Amen.

A prayer to be said before a man begin his worke.

O Lord God most merciful father and Sauior, seeing it hath pleased thee to command vs to trauell, that we may relieue our need, we beseech thee of thy grace so to blesse our labors, that thy blessing may extend vnto vs, without the which we are not able to continue, and that this great fauor may be a witnes vnto vs of thy bountifulnesse and assistance, so that therby we may know the fatherly care that thou hast ouer vs.

Moreouer (O Lord) we beseech thee, that thou wouldest strengthen vs with thy holy spirit, that we may faithfully trauell in our estate & vocation, without fraud or deceit, and that we may indeuour our selues to follow thy holy ordinances, rather then to seeke to satisfie our greedy affections, or desire to gaine. And if it please thee O Lord, to prosper our labour, giue vs a mind also to help thē that haue need, according to that ability that thou of thy mercy shalt giue vs: and knowing that al good things come of thee, grant that we may humble our selues to our neighbours, and not by any meanes lift our selues vp aboue them which haue not receiued so liberal a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to try & exercise vs by greater pouerty & need then our flesh would desire, that thou wouldest yet O Lord, graunt vs grace to know that thou wilt nourish vs continually, through thy bountifull liberality, that we be not so tempted, that we fall into distrust, but that we may patiently waite till thou fill vs, not onely with corporall graces and benefits, but chiefely with thy heauenly and spirituall treasures, to the intent that wee may alwaies haue more ample occasion to giue thee thankes, and so wholly to rest vpon thy mercies. Heare vs O Lord of mercy, through Jesus Christ thy Sonne our Lord, Amen.

A prayer for the whole estate of Christs Church.

Almighty God & most merciful father, we submit our selues, & fall downe before thy maiestie, beseeching thee from the bottom of our harts, that the seed of thy word now sown amongst vs, may take such deep root, that neither the burning heate of persecution, cause it to wither, neither the thornie cares of this life choake it, but that as seed sowne in good ground, it may bring forth thirtie, sixtie, & an hundred fould, as thy heauenly wisedome hath appointed. And because we haue need continually to craue many things at thy hands, we humbly beseech thee (O heauenly father) to grāt vs thy holy spirit, to direct our peti-

petitiõs, that they may proceed from such a feruent mind, as may be agreeable to thy most blessed will. And seeing that our infirmity is able to doe nothing without thy helpe, and that thou art not ignorant with how many and great temptations, we poore wretches are on euery side enclosed & cõpassed: Let thy strength O Lord, sustaine our weaknes, that we being defended with the force of thy grace, may be safely preserued against all assaults of sathan, who goeth about continually like a roaring lyon seeking to deuour vs. Increase our faith O merciful father, that we do not swerue at any time from thy heauenly word, but augment in vs hope and loue, with a carefull keeping of all thy commandements, that no hardnesse of hart, no hypocrisie, no concupiscence of the eyes nor inticements of the world, do draw vs away from thy obedience: & seeing we liue now in these most perilous times, let thy fatherly prouidence defend vs against the violence of our enemies, which do seek by al meanes to oppresse thy truth. Furthermore, for as much as by thy holy Apostle we be taught to make our prayers & supplications for all men, we pray not onely for our selues here present, but beseech thee also to reduce al such as be yet ignorant from the miserable captiuity of blindues and error, to the pure vnderstanding & knowledge of thy heauenly truth: that we all with one consent vnd vnity of mind, may worship thee our onely God and Sauiour. And that all pastors, shepheards & ministers, to whome thou hast committed the dispensation of thy holy word & charge of thy chosen people, may both in their life & doctrine be found faithful, setting before their eies thy glory. & that by them al poore sheep which wander & go astray, may be gathered & brought home to thy fold. Moreouer, because the hearts of al Rulers are in thy hands, we beseech thee to direct and gouerne the hearts of al kings, Princes, & Magistrates to whome thou hast committed the sword: especiall O Lord, according to our bounden duty, we beseech thee to maintaine & increase the honorable estate of the kings Maiesty, & all his noble Counsellers and Magistrates, with all the spirituall Pastors and ministers, & all the whole body of this common-weale. Let thy fatherly fauor so preserue them, & thy wholy spirit so gouerne their hearts, that they may in such sort execute their office, that thy religion may be purely maintained, manners reformed, and sin punished, according to the precise rule of thy holy word. And for that we be al members of the mysticall body of Iesus Christ, we make our request vnto thee O heauenly father, for all such as are afflicted with any kind of crosse or tribulation, as war, plague, famine, sickness, pouerty, imprisonment, persecution, banishment, or any other kind of thy Crosse, whether it be calamity of body, or vexation of mind: that it would please thee to giue them patience & constancy till thou send them full deliuerance of al their troubles: Root out from hence (O Lord) all rauening wolues, which to fill their bellies seek to destroy thy flock: And shew thy great mercies vpõ those our brethren in our countries, which are persecuted, cast into prison, & dayly condemned for the testimony of thy truth. And though they be vtterly destitute of all mans aide, yet let thy sweet comfort neuer depart frõ them, but so inflame their hearts with thy holy spirit, that they may boldly and carefully abide such tryall, as thy godly wisedom shall appoynt: So that at length as well by their death as by their life, the kingdom of thy dear son Iesus Christ, may increase & shine through all the world. In whose name we make our humble petitions vnto thee as he hath taught vs. Our Father which art in heauen, hallowed, &c.

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Quicunque vult
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The ten Commandements

These ye shall haue after the *Psalmes*.

PRayse the Lord O ye
Behold now giue
Attend my people
Our Father which in heauen art
All my beliefe
Come holy spirit
Giue peace in these
Where righteousnesse
O Lord in thée is all
The Lord be thanked
Preserue vs Lord
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FINIS.